SPILYAY TYMOO

WARM SPRINGS, OREGON

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Clint Jacks

The Oregon State University Extension Service staff is devoted to extending research-based information from OSU to the people of Warm Springs in agriculture, home economics, 4-H youth, forestry, community development, energy and extension sea grant program with OSU, United States Department of Agriculture, Jefferson County and the Confederated Tribes of Warm Springs cooperating. The Exension Service offers its programs and materials equally to all people. World Wide Web Address change for Warm Springs Extension: http://www.orst.edu/dept/wsext

The Clover speaks-

by Sue Ryan Spring has sprung, and that means 4-H classes are here. The spring quarter covers the months of April, May and June. April has been swept away by camp preparation, although we will be training adult staff in CPR/ First Aid for this summer's Culture Camp session. Tiedying is set for May at Warm Springs Community Center, Hiking for June. Dates for these two series are being confirmed. The tiedying will be done at the Community Center out of Carol's room and no registration will be required.

The hiking series will be a preview of some of the hikes we will be doing this summer. We will be looking for 4-5 youngsters (4th grade and up) to test them out. We will hike past the Early Childhood Education Center in preparation for an August Day Camp, and also an all day hike to Harvey Lake and separate half day hike to Boulder Lake. By the next issue we will have dates/ sign-up confirmed. Camp registration is still set to open May 5th.

Other spring classes include Camp Counselor training June 11th, 12th & 13th. To attend this you must apply at the Extension office. You must be in grades 9th, 10th, 11th or 12th and commit to the training and working at Culture Camp July 7th -20th at Peter's Pasture. At present this is not a paid position, but if you are wanting to gain some valuable work experience this is a good way to do it if you are just starting out in the world of work. Mention this opportunity to your friends and relatives as we are in need of 17 youth counselors to help with this summer's camp. Camp Counselor training will be held at HeHe Longhouse and will cover First Aid/CPR training, Journals & their purpose, outdoor games, Camp fire planning, compass & orienteering, Mentoring, Ages and Stages of Campers and more. Youth will stay overnight at HeHe in tents and be supervised by the O.S.U. Extension staff. Call us today for this chance to learn at 553-3238 or drop by the first floor of the Education Center.

June brings more camps-in the tri-county area. The first sessions of a Central Oregon Hiking camp for 7th-9th graders will be held this month, and also the popular Tri-County camp at Crystal Springs. This camp has two sessions this year-one in August, and the first in June from the 16th-20th. The Madras 4-H office is handling the sign-up for this one, but we do have forms here in Warm Springs for you to pick up. Crystal Springs will be for 4th, 5th & 6th grades.

The final spring class 4-H will teach will be another session of our Babysitting Short

Indian dancing throughout early spring and in the summer months. If you want to join, you need to fill out a 4-H registration form & can pick up one at our office. Myra Shawaway is the leader for the Rainbow Dancers.

Puppy Care publications are on their way from O.S.U. in Corvallis. The 4-H program



will be putting together packets on how to raise & care for dogs that will be available through Nancy Collins office at the Indian Health Service. This information is meant to help people with training dogs as pets for family living.

We are glad to welcome aboard three of our summer camp staff! Rosemary Charley will fill the position of Art director, Tracey Flande the Girls Lead Camp Counselor, and Bruce Jim takes on Male Sweat House Leader for this year's 4-H Culture Enrichment Camp. We still need to fill many more positions, and interested candidates can contact Arlene at 553-3238 or Wilson at Culture & Heritage, 553-3290. Many people may still not be aware that Culture and Heritage has joined O.S.U. Extension this summer in joining efforts to put on our annual youth camp here on the reservation. Wilson Wewa, Jr. and Arlene Boileau are the co-directors for this year's camp.

The teepees are finished! Carol Allison and her faithful crew of painters have finished painting the symbols on the teepees for Kah-nee-ta Vacation Resort. Kudo's to Carol! and Frank, Shirley, Shasta & Shayla Smith, Rence Silversmith, Regan "Toby" Smith and more for their efforts! I even wielded a brush myself! This work means that kids in the summer recreation program will be getting swim lessons for free this year! Yeah! Hurrah! Six teepees total were completed, including a miniature one for the golf course. I

Natural Resource Notables

by Bodie K. Shaw **Illegal Dumping**

One of the main environmental problems here on the Reservation is illegal dumping. I prepared a long "educational" article, however it didn't seem to convey what I wanted it to. This is a very evasive problem within our community and somewhat sensitive to many people. I, in turn, relied on a story provided by a student in our local school system to help convey a message that would be blunt yet extremely more "educational" than my article. Please read the following from a concerned 14 year old:

"Our Trashy Reservation"

Many residents have a lot of trash that does not fit in their trash can. So instead of them taking their excess trash to the dump, they go to a deserted place where no one can see them, and throw their trash there. They do not bother to think of how wrong this action is and how much work they give others. Hopefully, people will read and listen to this article, helping them better understand how serious this problem is. We all need to work together to make our community a beautiful area for all of us.

Purpose

The purpose of this article is to increase awareness on the problem of illegal dumping and realize what they are doing to our environment. There are people who do not stop to see what they are doing to our environment, and these are the ones we want to reach with our message. Solutions are possible, only with people's cooperation.

Problem

Illegal dumping is seen everywhere, but a lot of it is not seen in the deserted areas of our Reservation. There are areas that an individual can drive to and not be seen by any other automobile driver. Maybe they dump illegally because there are not many police around. People who dump illegally are making our environment ugly and dirty, and making life for people who live around this area very hard.

Contributing to this problem is the local landfill fee.....THERE IS NONE!!! People are not charged for each visit to the dump. Maybe if there were fees, this might be explained because many people would rather buy something they need or go out to eat a nice lunch. People would not want to spend money just to throw trash away. Do we need a fee?

Laziness! This is another factor that con-

person about an hour to go to the dump and another hour to come back (depending on where they live). They would rather find an isolated area on the Reservation than waste their "precious time" doing something good for our environment. What they do not think of is how the little time that they take to go to the dump is worth all our lives.

As you take a drive through our Reservation, you see a beautiful environment with its natural plants, jack rabbits, and the beautiful view of mountains. Also seen on the Reservation is trash such as plastic bags, cans, and bottles. Many of these items can be recycled. Irresponsible people trash our areas. The sad thing is that it costs NOTHING to have garbage collection in our community!

Instead, an easy drive and dump for that day will do. Also, there are recycling bins in this area. The reason is because there are people in our community who care about what our environment looks like.

Why

The last and most precious reason is our health. If a dog roams around the neighborhood and smells food that someone dumped. they do not consider how rotten it is or what bacteria is in the food. More than likely the dog will eat it. The dog can get an ugly disease and become very ill. It can become dangerous and bite an individual and spread the disease to them. If this person is not treated on time, the bite becomes deadly. But the people who dump do not think about these consequences. All they want to do is get rid of the trash they just do not want. Solutions

Do we need to have the police department fine or jail anyone caught illegally dumping. The police do not have anything else to do right? The police have to take care of other problems such as domestic problems, accidents, robberies, etc.,,their time is limited when watching out for illegal dumping. Maybe the residents will be intimidated by the police watching them. If individuals would be more responsible of what actions our neighbors take, we could all live in a safer, cleaner environment.

The Reservation is a beautiful place to live. Its full of all the natural things this land offers. People need to start caring about our environment. It is up to all of us to keep our areas clean and safe. Maybe a lot of residents aren't educated on these issues. If we place flyers in our local stores and have them see them periodically, maybe they will wake up tributes to illegal dumping. It would take a and start smelling their on our wonderful

land. We as students need to talk about this issue to our parents and teach them about recycling Education





Education never stops. Regardless of how old we are, we learn different things daily. We learn about hygiene, cooking, cleaning etc. On a daily basis we change our routines to make it easier for all of us. We live simple in order to be happy. The only thing we do not take the time to learn about is how all of these principles have to be used outside of our homes. We need to stop to look at our community and how beautiful it can be if we all just worked together. Unfortunately, students such as us need help from our parents. friends and neighbors. We need to join one another to keep our areas clean just as we work together to enforce crime watcher. Since we the students are the future of tomorrow, it is also our responsibility to enforce such actions from our parents, friends, and neighbors.

Conclusion

As you have read, illegal dumping affects all of us. In the long run, it affects our environment. This issue does not get seen in the local newspapers, even though the problem is there. All of us, regardless of what area of the Reservation we live in, need to pay more attention to our community and look at what this problem causes. We are lucky to have a free country. However, this does not mean freedom to dump illegally. As caring residents of this area, we need to pay better attention to this issue, because who knows, maybe someday this trash will end up in our own backyard. Maybe then we will take action. Our lives are precious, and so is our community. This is a problem that needs to be solved.

Course at Early Childhood Education. We will teach this June 10th, 17th & 24th on Tuesday mornings.

The Rainbow Dancers are holding their first meeting for old members on April 21st at the 4-H Center. New members will be welcome to join at the end of May. Rainbow Dancers is a club that practices and performs

know I have missed some names, but thanks to one and all and the biggest one to Carol at the Community Center for her creativity and drive.

That said about the teepees, don't forget the raffle at the Warm Springs Community Center for kids! Winner will be the first kid to go down the water slide at Kah-nee-ta on their reopening day May 20th .

drying temperature to 145 degrees also failed

For some time now, OSU Extension has

to eradicate the strain."

Librarians visit Warm Springs

by Norma L. Simpson

Two OSU Librarians came to Warm Springs April 16 to guide the development of the Warm Springs Library. Bonnie Avery is the OSU librarian who provides cooperation for the Extension Service and Cherie Rusk is the former Multicultural Librarian at OSU who was recently promoted to the position of Team Coordinator but who still provides much multicultural activities at OSU. Rusk is a tribal member from Eastern Canada.

In addition, the Jefferson County Librarian, Tami Pancraft came to look at the planned facilities and think of the ways that the library can cooperate with the New Warm Springs library. Pancraft knows and will share the links that have already been established with other libraries in the state and nation.

The temporary library in Warm Springs is in the northwest corner of the Community Center. The aim is to open by June 1, so that the facility will have things to offer during the summer months as well as during the school months.

The visiting librarians will help us plan the policies that make a library run smoothly and keep the books, tapes and videos available to all local people. We think of ways to protect old valuable books, and ways to enlarge the books about tribal people all over

the country, the treaties, the Indian Laws and resources on tribal land

The library committee is made up of Julie Quaid, Shirley Sanders, Andy Leonard, and NormaL. Simpson. Volunteers are needed to make this dream come true for all the community. Already I hear that one tribal woman is ready to volunteer.

Many activities will be aimed at the Children's Corner for new readers as well as comfy chairs for older people who want to read books, magazines and reference books. Plans are just beginning on the potential of video documentaries and educational tapes like the video in the OSU/Warm Springs Extension office.

One of the future goals is to have more computers which have Internet capabilities. At the moment the 4 computers to be in the future library do not have the capability. One goal is to have more Warm Springs parents and their children who are exposed to computers.

One activities with computers will be the cataloguing of the books in the Temporary Warm Springs Library.

Another goal is to have a full-time trained librarian who serves the community in every way that libraries can. In the near future we will be seeking funding to such a trained person.

Strawberry scare linked to frozen berries

by Norma L. Simpson

Last week, before writing this story, I took advantage of The Alliance of Food and Fiber's number 1-800-266-0200 to check on the present status of the strawberry hepatitis scare of '97. That was one toll free number devoted in California to Food Safety.

Another specific number is for Hepatitis A is 1-800-262-4189. The message reminds consumers that Fresh Strawberries are not affected by the scare! I was so happy, because the sweet tempting berries are so plentiful, and more berries are coming.

Ann M. Veneman, Secretary of the California Department of Food and Agriculture (CFDA) praised the California Strawberry Commission for approving a voluntary Quality Assurance Program aimed at educating farmers and shippers about pest practices and responsibilities governing food production and employment.

The Quality Assurance Program recommends more intense record-keeping for farms to ensure the safety of their crop. Specifically, the program provides verifiable information on soil testing, water testing, product trace-backing capabilities, field sanitation compliance, and pesticide use documentation ... providing retailers and food service operators of further assurance of quality and safety of strawberries

That's important because California produces more than 80% of the nation's strawberries

The strawberry scare was about Frozen Strawberries processed last year and distributed only in Michigan, Los Angeles, Arizona, Georgia and Tennessee.

As you know, food vendors or demonstrators in Warm Springs have been vaccinated against Hepatitis A. That means that fewer if any bouts of local Hepatitis A can be expected during the coming months. The 1-800-242-189 message gives the list of symptoms what you will want to watch for in your family. Hepatitis A is characterized as a sudden onset of mild fever, nausca, abdominal discomfort and jaundice of the skin or eyes. If you have these symptoms in your family, it's wise to contact your doctors.

The OSU Extension staff would like to honor & thank our secretary Deanie Johnson for all her effort & hard work. The same goes to all the Education secretaries in honor of Secretary's week.

E. Coli linked to venison jerky

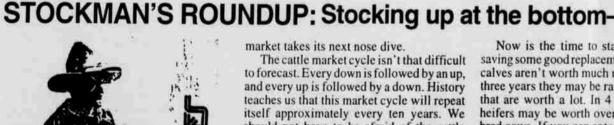
by Norma L. Simpson,

The Bulletin of Wednesday April 16, 1997 reported details about a family in Oregon which had E. Coli 0157:H7 in 1995. As you may recall, this strain of E.Coli is an especially bad illness caused by poorly processed and cooked hamburger from beef meat or transmitted from one sick person to another.

The recent Associate Press article reported on a Journal of American Medical Association research report by lead author, William Keene of the Oregon Health Division. It concludes that some time honored methods for drying venison may be unsafe. The particular batch of jerky was from blacktail deer. "The jerky was made by putting it in a dryer at 125 degrees to 135 degrees overnight. That temperature and length of time did not kill the E.Coli 0157:H7 strain of bacteria. Lab experiments that raised the

recommended that game jerky drying recommendations should reach at least 155 to 160°. Carolyn Raab, OSU Extension Food Specialist says that if the venison does not reach 155 to 160 degrees, "put the jerky on a cookie sheet in a single layer and cook it for 30 minutes in a 200° F.' During the next few weeks, I will be

contacting Keene and the other articles that will no doubt appear on the Internet. I would appreciate receiving copies of any articles that you read in other newspapers, magazines and newsletters or WWW. Since we like venison very much, it is important to keep track to see if any processing or cooking techniques put us at risk of eating this traditional food.



for the next "down" market.

by Bob Pawelek **OSU** Livestock Agent

Sometimes we get so bogged down in the situation at hand that we forget to look ahead. and plan for the future.

Doing so causes us to miss out on many opportunities that lay before us. This applies to the cattle market and market cycle as well. When the cattle market is down our only concern is to get past it. Therefore, we are seldom able to capitalize on the rising market that follows. When the market is up we become overjoyed and tend to believe there will never be another bad day. This belief causes us to have our pastures overstocked with rapidly depreciating cattle when the

to forecast. Every down is followed by an up, and every up is followed by a down. History teaches us that this market cycle will repeat itself approximately every ten years. We should not have to be afraid of the cattle cycle, instead we should capitalize on it.

As cattlemen we tend to be somewhat shortsighted. We don't plan ahead. Success, however, is available to those who plan for it. Not only should we be positioning ourselves to capitalize on the upcoming "up" cycle, we should also be making some plans

It doesn't take much of a genius to figure out that we should buy cattle during a down market, and destocking we the market is up. Some believe that the problem with this is knowing exactly when we are at the bottom or at the top. Usually the window of opportunity is much wider than perceived. In most cycles the bottom and the top will usually last for at least two years.

Allan Nation, editor of The Stockman Grass Farmer, suggests that we watch the fat cattle market. He says, "This is the engine that pulls the rest of the cattle train." When the fat cattle market has turned the corner the other markets will soon follow. There is usually a significant lag time between the fat market and the cow market, so at this point you should still have plenty of time to take action

So what should we be doing now?

Now is the time to start producing and saving some good replacement heifers. Heifer calves aren't worth much now, but in two or three years they may be raising some calves that are worth a lot. In 4 or 5 years, these heifers may be worth over \$1000 as young bred cows. If you can enter the "up" market with a herd full of young productive cows you should be in the driver's seat. Sell those high priced calves for a few years, and then sell the cow. When your cows are worth more than you'd be willing to pay for them, then it's time to sell most of them. Don't forget to destock at the top of the market!

Put that money in the bank, and then you can sit back and eagerly wait for the next "down" market to start. Be assured that it will come again. While the market is on bottom, invest in cheap stockers. Last spring you could have purchased four head of 400 pound steers for the same money that you sold just one of those high priced cows for. If they gained 300 pounds through the grazing season, then you would have some 700 pound feeder steers with a breakeven price of around \$40/cwt. If my calculations are correct, you could have received a 60% return on your investment, in just 6 months. Who would have thought that it was possible to make that kind of profit in a "down" market?

I believe that the key to success is to take action before the rest of the industry catches on. If you wait until the "experts" tell you to buy or sell, it's probably too late. Sometimes it pays to actually do the opposite of what is

being promoted.

So, is it time to start producing and saving heifer calves? Should we be stocking from the bottom? Absolutely. If you haven't already done so.

Cowboy's Calendar

April Nutrition Provide salt at all times. Introduce cattle into range conditions slowly; turn 'em out only on a full belly Keep cattle out of lupine-infested pasures. Health Vaccinations: (Close to, but not before, 30 lays prior to breeding.) Bulls: BVD (killed virus) IBR Leptospirosis Clostridial bacterins Cows: Vibriosis

Leptospirosis **Clostridial bacterins** BVD (killed virus) IBR

Vaccinations: (Before turn-out) Heifers: Brucellosis Calves: 8-way Herd: Dewormer Preparation for breeding Determine number of bulls needed: Yearling bull -10-18 cows 2-year old -20-25 cows Mature bull-25-30 cows