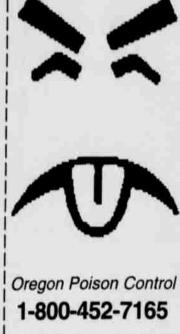
### 2 March 27, 1997

### SPILYAY TYMOO

# Poison proof your home .... Children act fast and so do poisons



National Poison Prevention Week was March 16 through 22. Each year, thousands of children are accidentally poisoned by household chemicals,

plants, prescriptions and over-the-

counter drugs. This is the week set aside each year to make sure that your home and yard are safe for your children, grandchildren, nieces or nephews. The best ways to do this are to properly store, use and dispose of all hazardous materials and to teach children to ask before putting anything in their mouths.

Some good poison prevention rules include the following:

1. Keep poisonous substances properly labeled and in their original containers. (Example: Do not put gasoline in a pop bottle).

2. Avoid taking medications in front of children; they love to imitate adults

3. Do not refer to medication as "candy". They should know that all medication is to be taken only when needed and only when given by an adult.

4. Keep all cleaning materials and chemicals labeled and out of the reach of children and put them away immediately after use.

5. Keep the Poison Control Center phone number at the telephone and make sure all of your child's caregivers know the number as well. 6. Do not use ipecac syrup without

calling Poison Control first. Some substances can cause more harm if the child is made to vomit.

7. Clean out your medicine cabinets and destroy all old medications found in your home. If you are uncomfortable destroying them, bring them in to the pharmacy and we will destroy them for you.

If you should need to contact Poison Control about an accidental poisoning, be ready to answer the following questions:

1. The name of the substance (drug, plant, chemical, etc.).

2. How the victim was exposed (through swallowing, skin contact, eye exposure or inhalation).

3. How much was swallowed or how long was the victim exposed to the substance?

4. How long ago did the "poisoning" occur? The number for the Oregon Poison

Control Center is 1-800-452-7165.

The pharmacists from the Warm Springs Health and Wellness Center in conjunction with the Warm Springs **Community Health Education Team** visited the Early Childhood Education Center and the Warm Springs and Simnasho Elementary schools over the past couple of weeks to spread the message of poison prevention. Please join us in educating children about poison prevention-get your child to help you "poison proof" your home!

ški

The Culture and Heriitage Department recently participated in a Comprehensive Plan orientation. Participants discussed the community and how values contribute to the quality of life on the reservation.

## Medical monitoring for Hanford downwinders

The telephones are ringing at the Hanford Health Information Network

(HHIN). Many callers lived downwind or downriver from the Hanford Nuclear Reservation between 1945 and 1951 when they were age 19 or younger. People who fit this profile may be eligible for a medical monitoring program proposed by the federal Agency for Toxic Substances and Disease Registry (ATSDR).

On March 20, the ATSDR announced its recommendation that the federal government fund a medical monitoring program for thousands of the people exposed to past radioactive releases from Hanford, located in southeastern Washington state.

The ATSDR is responding to questions from the public about the proposed medical monitoring program through the Atlanta office, (404)639-0501. The staff of the HHIN, a separate program sponsored by the state health agencies of Idaho, Oregon and Washington, is respond-ing to callers who have questions

about the health effects of exposure to radiation.

Anyone who would like to know more about the health and experiences of Hanford downwinders can look at information downwinders have contributed to the Hanford Health Information Archives. The Archives, a service of HHIN, offers a data base of health information available on the World Wide Web at http://www.foley.gonzaga.edu/ hhiahome.html.

People may also call the Archives toll-free at 1-800 799-4442. The Archives' database is searchable by location, exposure information, name (where offered), or health condition. The Archives is still seeking contributions of information from downwinders.

The radioactive substance released from Hanford that is of most concern, iodine-131, concentrates in a person's thyroid gland. The greatest exposures came from drinking milk from cows or goats that grazed

mothers with children. If you call

and request that weeds be burned,

remember, they need to be cleared

be some home hazard assessments

done in the rural homes of Warm

Springs and Simnasho. As the Fire

Prevention Officer, Karla Tias will

be coming around and taking a look

at some homes to determine how

In the next two months, there will

away from all structures.

ceived the highest doses. The medical monitoring program ATSDR is recommending would of-fer medical evaluations for thyroid and parathyroid conditions to approximately 14,000 eligible people

with significant radiation doses to the thyroid (10 rad or higher) during two time periods: 1945 and 1946-1951. Individuals eligible for medical monitoring would participate voluntarily: they would be self-identified by age, place and duration and time of residence in the exposure area

on contaminated pasture downwind

from Hanford during the years 1945 through 1951. Individuals who were

children at that time would have re-

Once funding is received the ATSDR estimates that it will take one year for a contractor to develop the monitoring program.

HHIN prepares and disseminates information about the health effects of radiation to health care professions and to people who were or may have been exposed to radiation released from the Hanford Nuclear Reservation from 1944 to 1972. The Network is sponsored by the health agencies of Idaho, Oregon and Washington in concert with nine Indian nations. For information about past Hanford releases and radiation health effects please call the Hanford Health Information line for your state/service area

in Idaho 1-800-793-6113, in Oregon 1-800-248-4446, in Washington 1-800-522-4446, from other states 1-800-959-7660, Tribal service program 1-800-798-0796, HHIN World Wide Web site http://

# Children invited to enter logo contest

Cascade Children's Festival is sponsoring a logo contest for children in 1st through 6th grades. The theme for the contest is "Kids are Sprecial."

Deadline for the contest is April 1997. Please contact Joyce at COBRA, if you have any questions, 541-382-9227.

# Green to hold childrens rootfeast

Lucinda Green will hold her own children's root feast at her home April 13, 1997.

She is inviting all children to participate. The children will dig, peel and prepare the roots for feast on Sunday. Lucinda will be cooking salmon over an open pit and all other traditional foods will be prepared.

## Free support group offered

Spend Easter at Kah-Nee-Ta March 30, 1997 Traditional 7-Drum Worship service at 7 a.m. Easter Brunch from 9 a.m. to 2 p.m. \$15.95 Champagne Brunch \$13.95 without champagne \$6.95 for children Little ones Easter egg hunt at 1 p.m. Watch for the Easter Bunny! For more information call 553-1112

Senior parents to

### The feast will be for the benefit of meet the children who wish to learn more

Parent's of Madras High School Seniors, there will be a general meeting Wednesday, April 9th at 7:30 at the Madras High School Library. This will be the last opportunity to get involved. If interested or need more information please call Judy at 475-3709.

Attention High School Seniors! Are you planning on attending college this fall? Contact the Higher

## Classes to begin

**Begin hazard reduction** projects before summer The last couple of years the Reservation has been hit hard by wildfire. It affected us all in one way or another. There are many things that we can do

Cobra is starting free support groups for survivors of rape or sexual assault. Groups start Monday, April 7, from 6:30-7:30. Sorry, no child care available. For directions, please call Cobra

at 541-382-9227.

Are you planning on attending college this fall? Contact the Higher Education Office and sign up for student success strategies class to begin at 6 p.m. on Tuesday, April 15, 1997 at the Education Service building. If you have any questions please call at 541-553-3311.

Attention High School Seniors!

about the preparation and purpose of

roots for the longhouse but this is

their chance to do this for the

Parent meeting

They may not be chosen to gather

root feast.

children's root feast.

scheduled



A reception was held at the Kah-Nee-Ta Lodge Wednesday March 19 for Bob Hall who served 17 years as a Kah-Nee-Ta Board member. Bob and his wife Jan will be missed by many who knew him and worked with him. Hall plans on taking two months of his retirement before starting on two other hotel projects.

# Spilyay Tymoo

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Founded in March 1976

Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs. Our offices are located in the basement of the Old Girl's Dorm at 1115 Wasco Street. Any written materials to Spilyay Tymoo should be addressed to:

Spilyay Tymoo, P.O. Box 870, Warm Springs, OR 97761

(541) 553-1644 or 553-3274 - FAX NO. (541) 553-3539

### Annual Subscription Rates:

Within U.S. - \$9.00 / Outside U.S. - \$15.00

Spilyay Tymoo 1997 ©

Education Office and sign up for student success strategies class to begin at 6 p.m. on Tuesday, April 15, 1997 at the Education Service building. If you have any questions please call at 541-553-3311.

### Retail space available

The Information/Gift Shop located at the Crossing, 2197 Highway 26, Warm Springs, Oregon has been vacated and is now available. Any Tribal Member interested in leasing this building need to submit a written business proposal outlining their business activity and how they would like to use the building. These proposals need to be received by the Warm Springs Business Development Center by the closing date of April 11, 1997. If you need additional information, please call (541)553-3592.

### Public notice

Subject: Proposed Flood Damage; Prevention Ordinance When: Thursday, April 3, 1997

7-9 p.m. Where: Agency Longhouse (tentatively)

Presenters: Land Use Committee, Water Control Board

Water & Soil Dept., Planning Dept.

Please attend and give your input. The Tribal Council will be reviewing comments about the proposed code on or about April 15, 1997.

### TV-turnoff planned

This April, millions of families will leave their TV sets OFF for seven days from the 24th to 30th. What will they do instead? Create, play and just be together as a family.

To organize a TV-turnoff in your area, contact: TV-Free American at 1611 Connecticut Ave. NE, Washington, DC 20009 or phone: (202) 387-0436.

### Craig chosen

The Warm Springs Composite Products would like to take this time to recognize our Employee Of The Month for February. This award went out to: Eric Craig.

Eric has been selected for the award by the following criteria: Safety in the work place; quality of work, production quantity, attendance, personal initiative, attitude and cooperation with fellow employees, lead people, supervisors and management.

the outside of your home not only beautifies the neighborhood but could mean the difference between whether or not your home survives a wildfire.

to prevent these fires from being so

damaging or from even starting in

This is the time of year when

spring cleaning starts. We want to

remind everyone not to forget about

the outside of your homes. Cleaning

the first place.

All combustible material should be moved at least 30 feet from your home, old cars, wood piles, weeds, ect.... Also removing the limbs on the trees that are close to your house up to approx. four to five feet high will help.

If you are unable to do these things on your own, there are resources that can be utilized to get help in doing these things. The first priority will be senior citizens; the second will be the disabled and the third will be single

### Worms used in vermicompost

Vermicompost is a mixture of worm casting, aka Ca-Ca, poop, queeda or vermicast, organic matter and worm bedding in various stages of decomposition. Most of the vermicompost will be worm castings, that is why the products is thus named vermicompost. Vermi-meaning worm and compost-meaning mixture of decaying organic matter used as a fertilizer.

Worms used in vermicomposting are called redworms, aka, red wigglers, manure worms. Their latin name is Eisonia Fortida. These worms recycle kitchen food wastes (leftovers, but no meats or fat) that have been buried a few inched below surface in a worm bin.

A worm bin is an enclosed box or container which houses the redworms and their associates, (biological organisms).

safe our community's homes are from wildfires. We will be there to help educate home owners and renters on what they can do to reduce the hazards. Homes will be rated in three categories, red, yellow, and green. Red will indicate the high hazard, meaning there is alot of work to be done around the homes. Yellow will indicate minor hazard reduction is needed. Green will indicate no hazard reduction is needed.

If anyone has any questions and would like more information on hazard reduction around your home, contact Fire and Safety at 553-1634 or Fire management at 553-1146.

The redworms are of both sexes having both testes and ovaries. So a person could end up with a lot more worms than they started out with, so ... another result would be fish bait. This is a relatively low-maintenance type of a project. By providing the redworms with the proper environment; preparing bedding in the worm bins, (usually moist shredded newspaper or straw), burying garbage about 2 to 3 inches under (garbage=kitchen leftovers) and separating the redworms from their castings (worm manure). Check them occasionally then leave them alone! The less the redworms are disturbed, the better off they will be!

For more information of vermicomposting, recycling or composting, contact C. Dean Caldera, Environmental Tech. at 553-4943,

www.doh.wa.gov/hanford/

# Deadline near for Tribal Artists

The Confederated Tribes of Warm Springs artists are reminded that the deadline for submission for the Fourth Annual Tribal Member Art Show at The Museum At Warm Springs is Friday, April 18, 1997.

The show is scheduled May 9th through June 29, 1997 in The Museum's Changing Exhibit Gal-lery. Confederated Tribes of Warm Springs tribal member artists, 18 years of age and older, are encouraged to submit their work.

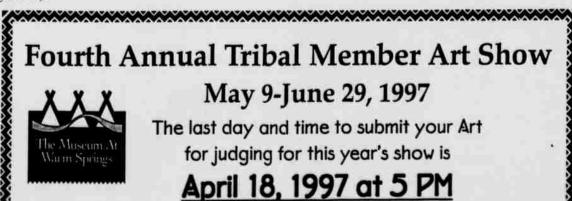
The three award categories include:

-The Judge's Choice Award: a prestigious award that is given to the most outstanding work submitted as selected by the judge. The chosen work will be used as the primary publicity piece and will be featured on the invitations to announce the

show's opening reception. -Honorable Mention Award: will be selected by the judge as outstanding work.

-The Timberline Purchase Award: Recognizing that a career in art may be difficult, Timberline Chief Executive Officer Richard L. Kohnstamm created the Timberline Lodge Purchase Awards to provide a

Continued on page 12



Timberline Chief Executive Officer Richard L. Kohnstamm will offer prize money for: Judge's Choice Award, Honorable Mention Awards, & Timberline Purchase Awards

Applications are available at The Museum and for more information contact The Museum at (541) 553-3331