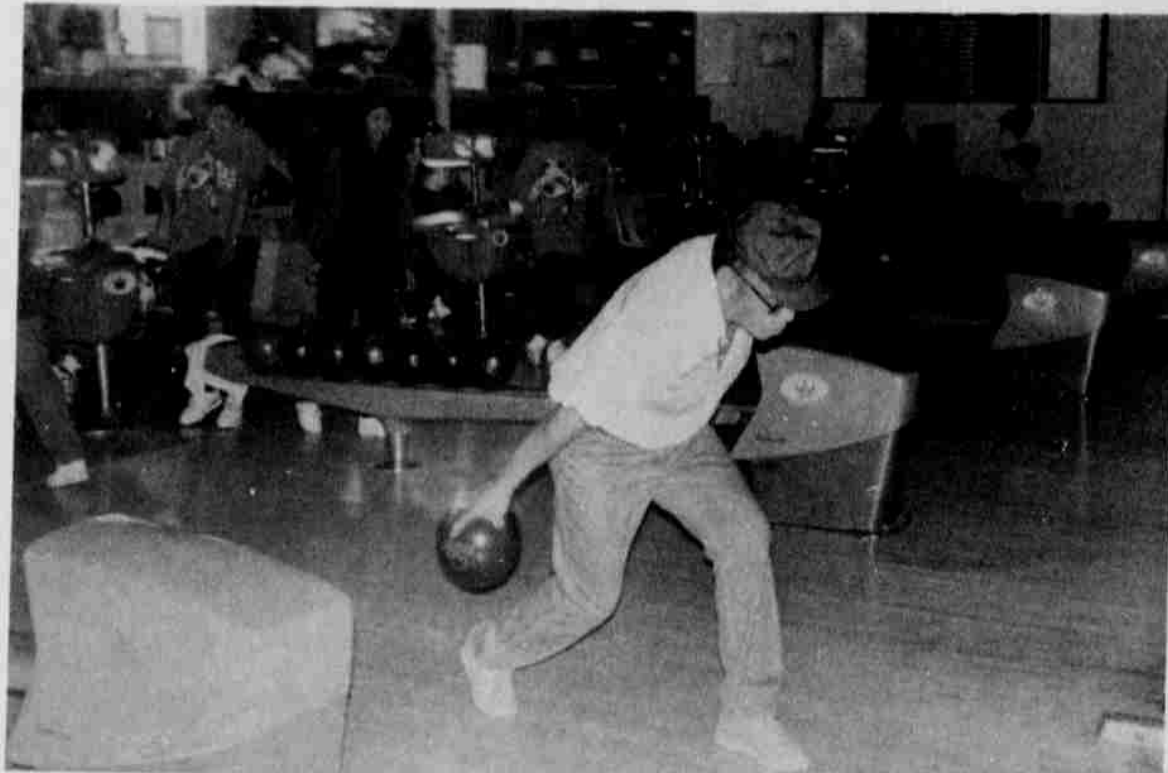




Spilyay Tymoo Sports

Annual bowling tournament goes well for all involved



Ally David shows his form during Holiday bowling tournament

The Annual Warm Springs All Indian Bowling Tournament was held December 27 to 29, at the Madras Pelton Lanes. Tournament director Gene Greene stated "We had a good turn out of bowlers this year, I was pleased with the way things went."

Here are the results for the tournament:

Mens All-Event Winners:

	Total
1st Larry Scott	1894.
2nd Soy Red Thunder	1893.
3rd Satch Miller	1891.
4th Jerry Sampson	1864.
5th Ray Shike Jr.	1856

Womens All-Event Winners:

	Total
1st Birney Greene-Boise	1886
2nd Paula Brisbois	1881
3rd Sharon Jones	1877
4th Anna Clements	1838
5th Bernadine Watlamet	1821

Winners for the YABA Event:

Division	Total
1st Edna David	582
2nd Kenneth Tuckta	447
3rd Aaron Greene	408
4th Daleena Frank	315
5th Irene Boise	254
Bantam Division Total	
1st Sidney Greene	312
2nd Laritta Greene	216
3rd Shelley Greene-Boise	215
4th Tiyanna Tuckta	152
5th Jermayne Tuckta	98
Singles Womens Total	
1st Leslie Cochran	681
2nd Libby Chase	670

3rd Sharon Jones	639
4th Darla Brown	636
5th Arlene Broncheau	634
Total	
1st Soy Red Thunder	709
2nd Danny Scott	664
3rd Ray Shike Jr.	643
4th Satch Miller	642
5th Hobo Patt	635

Womens Doubles Winners

	Total
1st Juliene Smith	1319
2nd Birney Greene-Boise	1225
3rd Sharon Jones	1225
4th Charlotte Shike	1221
5th Serina Wolfe	1221
6th Angie Spino	1221

Mixed Doubles Winners

	Total
1st Sandra Greene-Sampson	1341
2nd Austin Greene	1304
3rd Sherri Smith	1304
4th Clint Smith	1274
5th Birney Greene-Boise	1274

There were three team events, here are the winners:

Womens Team	Total
1st Stormy Normie	2444
2nd Serina Wolfe, Bernadine Watlamet, Sherrie Smith, Norma Smith	2381
3rd Linda & Her Midgets	2381
4th Darla Brown, Linda David, Myra Shawaway, M Miller-Garcia	2366
5th Joni's Team	2366

Mens Doubles Winners

	Total
1st Danny Scott	1423
2nd Lawrence Shike	1286
3rd Satch Miller	1286
4th Mike Clements	1270
5th Owen Danzuka	1270
6th Ray Shike Jr	1235
7th John Katchia Jr.	1235
8th Jose Calica	1219
9th Dale Parker	1219
10th Benny Heath	1219

Girls get tough

The Madras girls used tough defense for the win against visiting Wilsonville last Friday, January 10, at the Buff Dome.

"The girls came out and played great team and individual defense. We needed this win and to play defense the way we did was a good sign for us," stated John Peterson.

Wilsonville had trouble with the White Buffs defense and had 29 turnovers because of the full-court press Madras unveiled for the first time this year. Madras' Amy Hawes had six steals to lead her team in take-aways.

Taralee Suppah lead the way in scoring for the White Buffs with 15 points, with 10 coming in the first quarter. Abby Nyara added 10.

The win brought the Buffs Tri-Valley record to 4-1, and overall record to 7-4.

Pendleton Tourney begins January 31

The Community Center Gymnasium on the Umatilla Indian Reservation will be the site January 31 and February 1 and 2 for an all-Indian men and women's basketball tournament.

The tourney will feature eight men's teams and eight women's teams. Entry fee is \$250 per team (\$100 down for a tourney spot) with the entry deadline set for January 27.

Jackets will be awarded for the championship team, along with all-stars and the tournament most valuable player. Second and third-place teams also will receive awards. The double elimination tournament will feature one-game championships.

To register, or for more information women should contact Julie Taylor at 541-276-4577, men should call Brooker Jones at 541-443-3180 or the Mission Recreation Staff at 541-278-5364.

Warm Springs Cougers to host 5th Annual Cougers Boys & Girls Basketball Tourney, 8th grade and under, January, 31 and February 1, 2, at the Warm Springs Community Center.

Awards will be Championship jackets

Runner-up, 3rd and 4th place awards

Most Valuable players

Mister/Miss Hustle

Tee-shirts or tank tops for non placing teams

For more information contact Austin Greene, Touney director, at 553-3243

(work) or 553-1953 (home)

Entry fee is \$135 send to P.O. Box 1327 Warm Springs,

Oregon 97761 (due by January 25, 1997)

Boys continue winning streak

The second ranked team in the state, the Madras White Buffalo boy's basketball team hosted The Dalles Indians Tuesday 14, at the Buff Dome. Madras came away with a win 83-60. The win improved their record to 5-1 in Tri-Valley and 10-2 overall.

The game was close for one quarter with Madras ahead 20-14 at the end of the first quarter. In the second quarter Madras built a 41-33 lead going into halftime. Scott Riddle did the damage early, scoring 16 of his 18 points in the first half.

In the third Madras pulled away and had an 61-48 lead at the close of the third. In the fourth Madras put the game out of reach and coasted to a 83-60 win.

Brian Miller scored a team high 21 points, with five three pointers and Riddle had 18 points to lead the Buffs. T.J. Moshetti, Jason Cordes

and Jon Klos each scored 11 points. Eric Linerud lead The Dalles in scoring with 23 points.

Madras coach Evan Brown stated, "We forced a lot of turnovers and scored off of them, but when we had turnovers they could not score off of them. This was a great team effort and I thought the kids played well. Klos had a good defensive effort, Cordes passed the ball well and Miller had a great shooting night." Brown added, "We have gotten better as a team, but now we need to stay at that level. The second part of the season is always tough because teams are ready to play you and with us being the second ranked team in the state most of the teams will be up to play us."

Madras will play Gladstone Thursday 16, at the Buffs home court tipoff is at 7:30 p.m.

Double wins for Buff boys

The Madras Boys White Buffs came away with two victories last week. One against fifth-rated Wilsonville and the other against Ringwood, Australia.

On Friday, January 10, the fourth-ranked Madras Boys Varsity basketball team won a key game against fifth-ranked Wilsonville, January 10, at Wilsonville.

Madras used the hot shooting of Michael Kirsch and Brian Miller who didn't miss a shot in the first half. The Buffs had a half-time lead of 47-33 and held on for the win by the score of 85-72.

Kirsch finished with 26 and had 12 first quarter points. Scott Riddle added 23 and Brian Miller scored 19.

Coach Evan Brown stated, "They played an extended two-three zone

and our hot shooting pretty much busted it."

Madras shot 67 percent for the game, making 16 of 24 from the field, including eight of ten from the three point arc.

The win puts Madras, 4-1 in Tri-Valley, and 8-2 overall, right behind first place Wilsonville, 5-1.

On Saturday, 11, the White Buffs hosted Ringwood, Australia, and won.

Madras was behind at half-time, but Scott Riddle and Brian Miller, scored seven and five points, in the third quarter respectfully to give the Buffs an 40-36 lead going onto the fourth.

Madras was lead in scoring by Riddle with 23 points. Gerald Rico had eight points and five rebounds

Hoop Shoot nets winners

On Sunday January 12, at the Madras Senior High School gym local youth participated in the Elks Club Hoop Shoot. The top six winners from each age group will now go on to the district tournament at the Redmond High School, January 25, starting at 1:30 p.m..

Here are the top six finishers from each age groups, 8-9, 10-11 and 12-13 boys and girls.

First place winner-Alternate	
8-9 Girls	Nicole Herksan—Katy Wunsch
8-9 Boys	Seth Webb—Rodney Adams Jr.
10-11 Girls	Kayleen Clements—Turina Wallulatum
10-11 Boys	Ryan Kathrien—Steven James
12-13 Girls	Cecelia Polk—Nicole Main
12-13 Boys	Jacoby Ellsbury—Jason Zarate

Tourney rescheduled

The WEB.A.A.A.D. Girls' twelve and under is rescheduled for February 8, at the Warm Springs Community Center.

The first game has Chief Spirits playing Lady Tigers at 8:30 am. The second game is JCDC against Lil Vols at 9:30 am. The third game has WEB.A.A.A.D. playing Da Brats at 10:30. The fourth pits the Panthers against Yakama at 11:30 am.

For more information contact Tony Suppah, touney director at (home) 553-5836 or (message) 553-3222.

Membership meeting Jan. 23

The annual membership meeting will be held at the Kah-Nee-Ta Resort Deschutes Banquet room on 23 January 1997, topics discussed will be the annual membership fees, officer elections for both men and women's associations, Junior golf program, yearly tournament schedule for men's and ladies association and Pro/Am sign-up for the season. Members and prospective members are encouraged to attend.



Golf Pro Joe Rauschenburg

Exercise motivates Christensen



That's when I noticed Tyrone Ike put up a sign-up sheet for the November Fitness Challenge, I chose November 1, as a date to stop smoking and start to exercising on that date. Since that day I have not smoked and have been working out regularly. Tyrone Ike, Charles Nathan and Pierson Mitchell helped me with efforts in trying to stop smoking, I would like to thank them."

Personal benefits are great for Christensen. "What I have benefited for exercising is that once I started to commit myself to exercise it helped me quit smoking at the same time. The two efforts seem to go hand in hand, I have more strength in my legs, I walk better, my overall health is improving and I have lost five pounds."

Christensen's goal for exercising is to lose ten more pounds so he can reach his ideal weight for his size.

Christensen's stumbling blocks are finding time to exercise when he is tired and has other commitments. Bill's advice on how to avoid those blocks are to stay committed to exercising.

When asked if he had any other hobbies, Christensen stated, "Walking to the Pari-Mutuel window at the race track."

"I prefer to exercise by myself," stated Christensen

Christensen stated, "Although I can't specifically state the reason it has been effective, but I feel that exercising at the same time as quitting smoking has complemented each other and has helped me to stay motivated to stick with both.

"I feel a lot better from exercising and once it becomes a part of your daily routine, it's not hard to motivate yourself to continue each day," concluded Christensen.

Clinic helps youth learn basics

Monte Larson held a basketball camp at the Warm Springs Community Center, December 27, 1996.

Larson, originally from North and South Dakota, now lives in Los Angeles.

Larson has been playing on the Indian basketball tournament circuit for the past twelve years. Larson stated, "I enjoy coming to Warm Springs and playing because this is a great basketball community, and the competition is great." He adding, "The reason I held the basketball clinic was because it was close to the Holiday Tournament and I had some friends who asked if I would play with Swinomish. Then, Andy Leonard asked if I would put the clinic on. My sister lives in Bend, so I said yes.

"My main goal for the clinic was to teach the youth most of the basics like passing, dribbling and shooting. With the clinic being just one day we did not get a chance to work on any defensive drills."

The camp was broken into two sessions with the morning session for nine to 12 year olds and the afternoon session for 13-17 year olds.

There were about 20 to 30 youth participated in the one-day camp.



Monte Larson