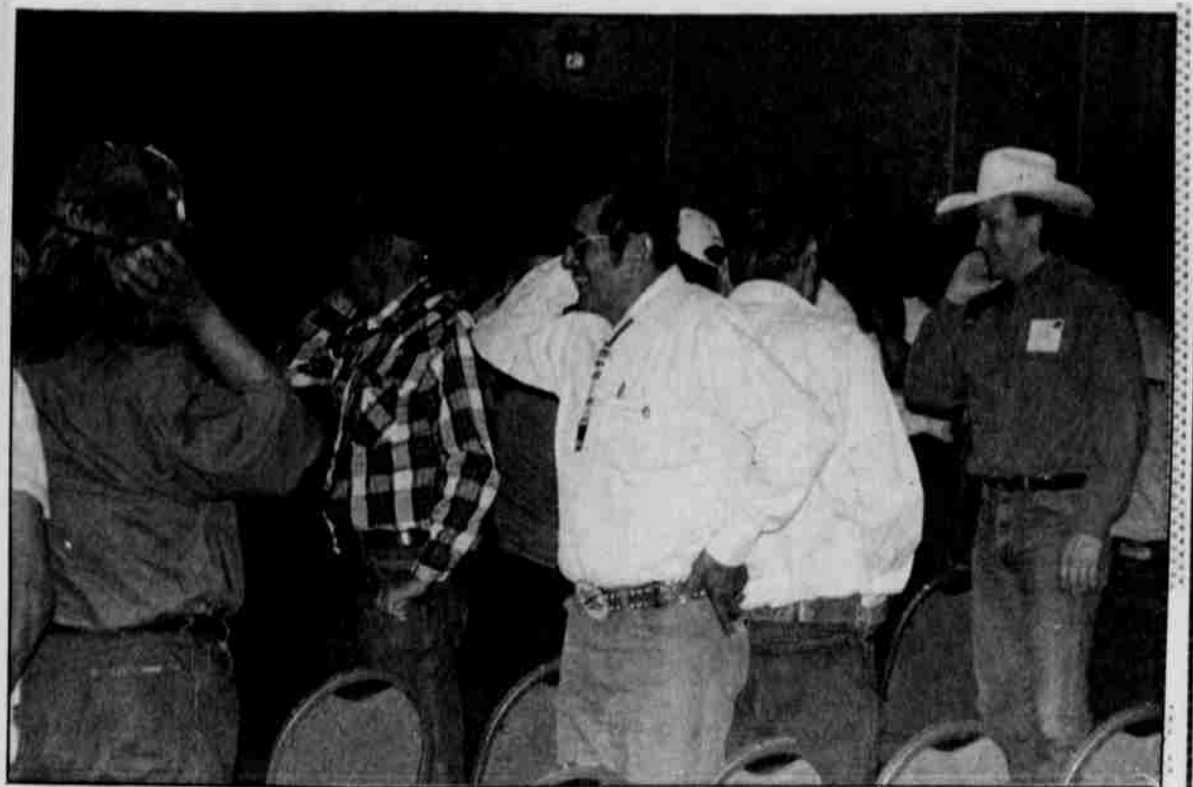
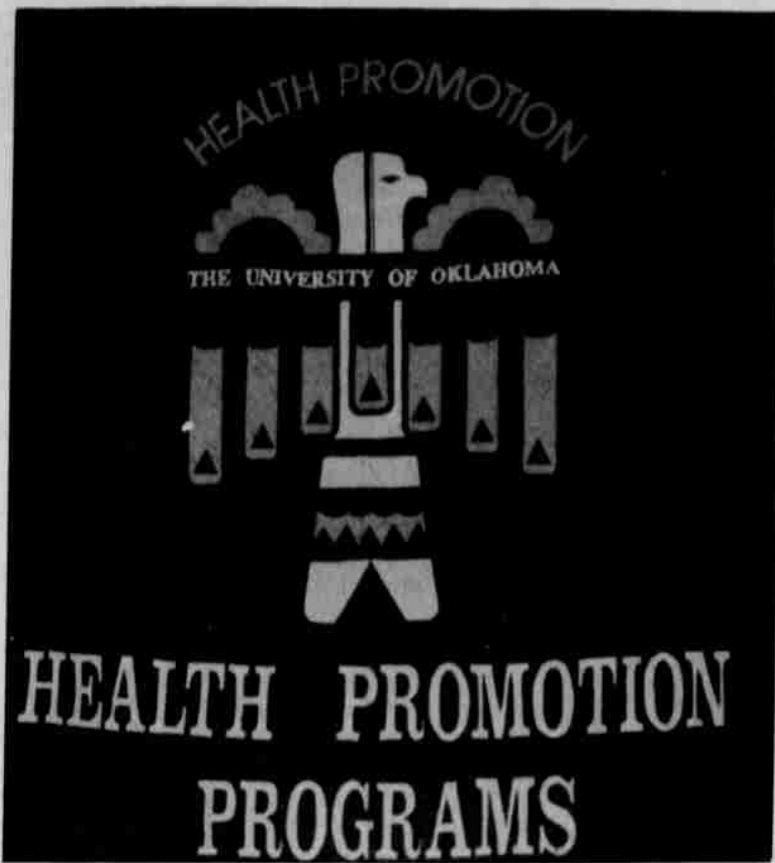


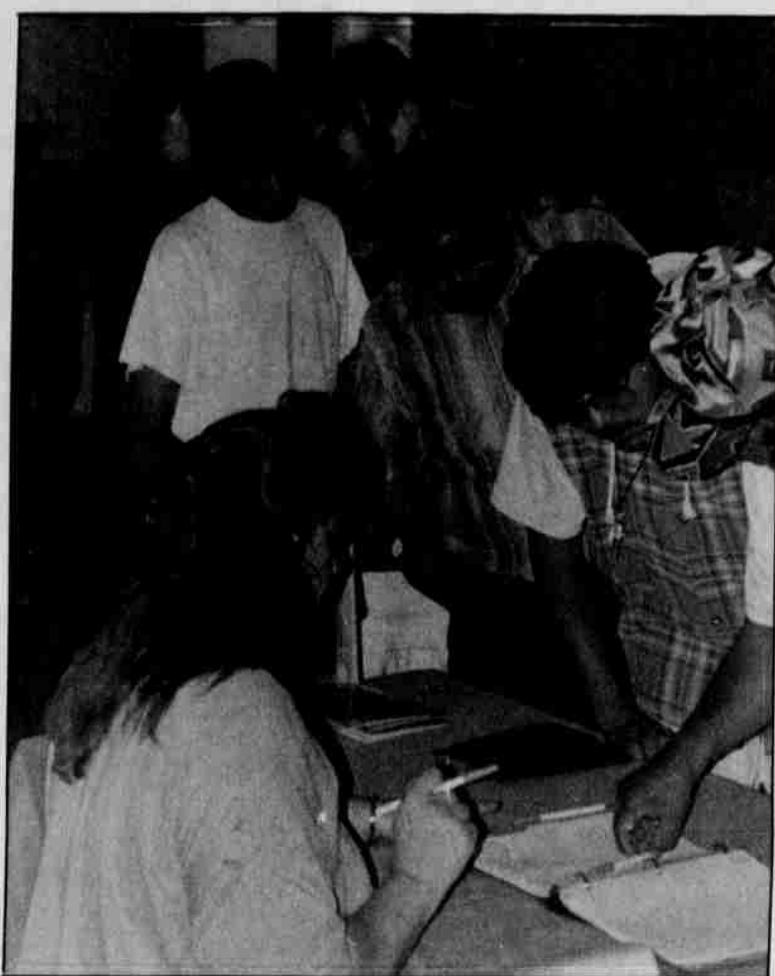
## Local men expand horizons during Albuquerque wellness conference



During a session, men attendees were required to pose like women.



Lucas Ike receives a massage.



Warm Springs residents await registration.

Photos and text by Bob Medina

Giving The Gift Of Life is the arm of the Native American Marrow Recruitment Bone Marrow Donation Project. There is a desperate need for Native Americans on the National lists because each year many Native American children and adults develop fatal blood diseases.

The best chance of a match is with a donor who is a family member. Unfortunately 70 percent of patients cannot find a match in their own families. The next best chance is with a person of the same racial heritage. You may be the one person in a million who can save a life.

This idea and many others were shared at the Wellness and Native Men Conference Honoring and Sharing The Gifts Of Brotherhood May 22-25, 1995 in Albuquerque, New Mexico. According to University Of Oklahoma Health Promotion Programs Director, Billy Rogers, 532 Native American people from the United States and Canada were present at the conference. Thirty were from Warm Springs.

Warm Springs resident Wilfred Jim was given the honor of giving the opening prayer and song at the beginning of the conference May 22.

The Confederated Tribes Of Warm Springs has assisted the Health Promotion Programs for the past two years, says Rogers. "We greatly appreciate it and hope everyone who came enjoyed themselves at the conference."

During the week, Clan Sharing Workshops were developed and everyone was encouraged to participate in as many as they thought they needed during the week. Clan Sharing Workshops included Recovery and Discovery, The Circle of Life and Wellness, How to be a Good Parent, Fitness Wise Healthy Knowledge, Sex, Sexuality, and Spirituality and Son to One, Father to Some, Brother to All, were just a few of the topics. There were also AA meetings daily and nightly sweat lodges, Fitness walks and runs, Talking Circles And weight training. On Tuesday night a social powwow in the New Mexico Ballroom and lunch was served Mexican buffet style outside the Hiltons pool and patio area. Everyone enjoyed the Dinner and talent show on Wednesday night and by three p.m on Thursday afternoon the conference came to an end with closing ceremonies.

**Happy Father's Day  
from the Riverside Cafe  
Bring in this coupon for  
\$1 off any entree**

The place to dine while at Kah-Nee-Ta Village



## Oregon Symphony brings music to community



The Oregon Symphony performed at the Warm Springs Community Center Sunday, June 4.

## Enter to win a brand new car

A brand new 1995 Geo Metro will be given away this Fourth of July during Indian Head Gaming Center's Fourth of July Chevrolet Giveaway! One lucky person will drive away in a baby blue Geo Metro that is now on display at Indian Head Gaming Center. Individuals who cash out \$100.00 or more will be given an official entry form, and on July Fourth we will pick one lucky winner. Be sure to stop by Indian Head Gaming Center today and every day to see this dynamite car that could be yours this Fourth of July!

Indian Head Gaming Center is located at Kah-Nee-Ta Resort on the Confederated Tribes of Warm Springs Reservation of Oregon. The Gaming Center is 10 miles from Highway 26, and 30 minutes from Madras. It is only two hours from the Portland Metropolitan area.

Indian Head Gaming Center's temporary facility, offers its customers a variety of gaming choices: quarter, nickel, and dollar slot machines including: Red, White and Blue; Double Diamond; Jackpot Jungle; Spin 'til You Win and more! Free soft drinks and coffee available, and hot dogs are only \$1!

The permanent facility will also include: over 300 quarter, nickel, and dollar slot machines, Live Keno; Poker Tables; 150 seat buffet dining area; Valet Parking; Coat Room; and Gift Shop.

Don't forget that Indian Head

Gaming Center is located at beautiful Kah-Nee-Ta Resort, an enterprise also owned by the Confederated Tribes of Warm Springs. Kah-Nee-Ta offers a 139 room lodge, RV park, golf, lounge, three dining areas, swimming, riding stable, and many more activities for the entire family!

You can enjoy playing slot machines from 7:00 a.m. to 3:00 a.m., seven days a week.

Indian Head Gaming Center in conjunction with Kah-Nee-Ta offers three shuttle vans to better serve our customers.

More than 55 people are currently employed at Indian Head Gaming Center. Approximately 65 percent, are Native American; 35 percent, non-Indian. It is expected that 150 people will be employed at Indian Head Gaming Center by fall of 1995.



A 1995 Geo Metro will be won by some lucky gaming patron during drawing July 4.

Miss Warm Springs 1994 welcomed the Oregon Symphony for its first-ever concert in Warm Springs on Sunday, June 4 at 10 a.m. when she performed the Lords Prayer (sung a capella by Anita Davis) as the first half of a cultural exchange between the Warm Springs Confederated Tribes and members of Oregon Symphony under the direction of Resident Conductor Murry Sidlin.

Following the ceremonies, Sidlin recognized retiring Chief Executive Officer Ken Smith before conducting a community education concert which featured Tchaikovsky's "Romeo and Juliet" Overture, Bernstein's "Candide" Overture, movements of Beethoven's Symphony No. 5 and Dvorak's Slavonic Dances.

Sidlin visited Warm Springs several weeks before the tour to tape oral program notes for KWSO Radio, and several advance copies of the Oregon Symphony's recording of the work were also forwarded for airing prior to the concert. In addition, Education Director Patricia Vemer shared "teachers' guides" with the Confederated Tribes to allow schools and the community to prepare for the free concert.

The concert was presented by the Warm Springs Confederated Tribes and was sponsored by Indian Head Gaming, Kah-Nee-Ta Resort, Warm Springs Forest Products and Warm Springs Power Enterprise.



Murry Sidlin, resident conductor for the Oregon Symphony