Pacific Power & Lights offer tips

Help support search of Don Temarts Sampson

What parenting style do you practice?

Promotes

our cause.

self-control.

It doesn't take long after Christmas rush is over for thoughts to turn past winter toward longer days, warmer temperatures and yard work.

Even now, nurseries are beginning to stock up on new plants and shrubs for the upcoming growing season. In some areas, roses already show new growth and a faint hint of a bud can be seen on some flowering

If planting a new tree seems like a good idea this year, a little advanced planning could save time, money and ultimately the inconvenience of being without electricity due to contact with overhead or underground power

Pacific Power manager Bob McConnell says the operators of local nurseries generally can suggest the right tree for just about any loca-

"At maturity, many trees will grow right into overhead wires,"

We the family of Don Temarts

Sampson are presently selling raffle tickets to help pay for the Search and

Rescue of Don. The search is scheduled to resume when the

The raffle items are numerous and exceed over 50 items. The following

people are selling the raffle tickets in the Warm Springs area: Jerry

Parenting styles form hidden keys to loving relationships. There are four

basic types of parenting styles.

Dominating, Neglectful, Permissive, and Balanced. 1. What are the effects

of a dominant parent? Teaches the

child to engage in disruptive behavior

in order to gain attention. Fosters a lack of self respect. Gives a child reason to withdraw and stop

unwillingness to stick to rules or obey

authority. Results in loud, aggressive

and demanding behavior. 2. What are the effects of a neglectful parent?

Teaches the child to view themselves

as being burdens instead of blessings. Fosters insecurity. Gives a child the felling of being alone and abandoned.

Promotes rebelliousness and

disruptive behavior in a desperate

bid for attention. Results in very little

motivation to succeed in school ... or

life. 3. What are the effects of a permissive parent? Teaches children

to associate "softness" with "weakness:, and they often begin

Hello from Pastor Rick:

communicating.

To the editor:

weather permits.

McConnell said. "Then, regular trimming is required to keep branches from causing service interruptions."

Selecting a tree with a mature height of less than 20 feet is recommended for areas where overhead wires are nearby.

Thank you

To our special family & friends:

There are special people in Warm Springs, Wapato, and Toppenish who were willing to contribute towards the success of putting on a pow wow. These people are the winners. Courtney and I wish to thank each and every one of you for your generosity because without your support she would not have become the new Jr. Miss for Wapato Christmas pow wow. Thank you and may the Great Spirit hear and answer your prayers. Happy Valentines Day!

Sampson, Kristina Sampson, Rosalind Sampson, Owen and Sandra

Danzuka, Kimiko Mitchell, Crystal Winishut, and Millie Colwash.

The raffle drawing was originally set for March 11, 1995, but the family

has rescheduled the drawing to March

and assistance you can give to help

search of a balance. Fosters insecurity. Gives children low self-

esteem by teaching them a lack of

manipulativeness. Results in children that are unable to take responsibility for their actions. 4. What are the

effects of a balanced parent? Teaches

a child self-respect. Fosters a healthy self-esteem. Gives a child a sense of

security. Promotes open lines of

communication. Soooo.....what does

this mean??? Five basic symptoms

of an unhealthy relationship? 1. Not allowed to think. 2. Not allowed to

talk. 3. Not allowed to feel. 4. Not

connected (alone). 5. Not allowed

boundaries (privacy).

How do I transform unhealthy

behavior? Recognize mistakes and

have wisdom to admit it. Possess the

desire to change and enjoy a healthy relationship. Communicate your

feelings and needs to your mate or a

friend. Persevere through the process,

change is not always easy or instant. See you in church. Warm Springs

Presbyterian Church (on the campus).

Rick R. Ribeiro

Happy 3rd Anniversary

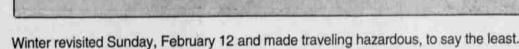
Mike & Mary

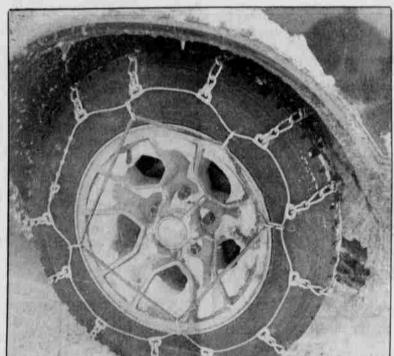
Promotes

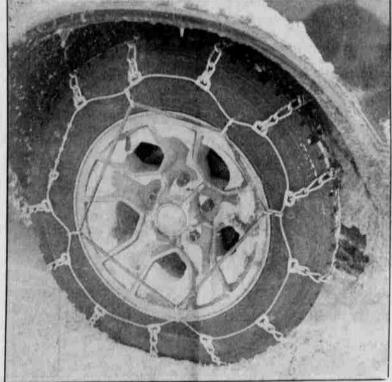
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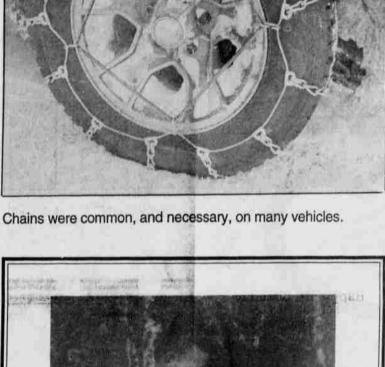
We appreciate all contributions

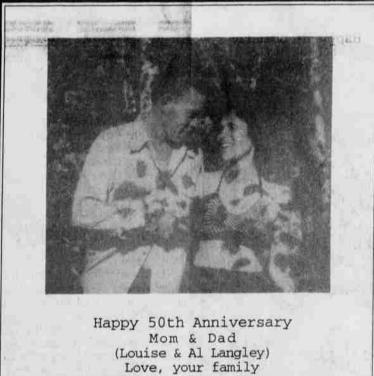
Courtney Jackson & Jana











Appreciation

David & Raynele Andrews

Edna Rose David

February 23, 15-years-old

and Larry

I am writing this letter to express

my concerns that have to do with the

tribe's justice system. It is in bad

Robert Wood Johnson update

A wheel barrow appeared to be poised for anything but snow.

Well, we just got back from San Francisco! I've never been there before and it was pretty fun. The Robert Wood Johnson Foundation that funds Healthy Nations brought together all the grantees, from the Colvilles to the Cherokees of Oklahoma, 15 groups in all. We learn from each other, learn how to get an alcohol and drug prevention-treatment program up and running, and figure out what's ahead from the Foundation. Once I got past airport security, who thought Russ Alger's laptop computer was a bomb because I couldn't turn the darn thing on, the trip got a whole lot better!

First of all, we're going to be running a behavioral risk factor survey, like they did in 1990, and there's a \$500 prize for a man and a woman to those who participate. The survey means you sit down with someone from our community for an hour, answer confidential questions about your health, and your name is entered in the drawing. It'll run March to May, and if you have any questions, just give me a ring.

After that, it's time to wrap up our needs assessment, figuring out what our community needs, phase and get

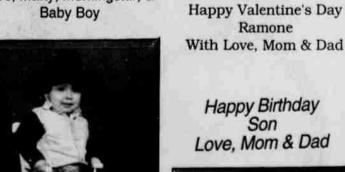
onto the action part of this project We have community meeting scheduled for the first week in March at each longhouse, and this will be your opportunity to put in your ideas and thoughts on what we need in the community. Remember, we're looking for groups of community members who say they've got a great idea or two to reduce alcohol and drug abuse on the reservation to stand up and say, given a little support, we can get the job done. We're open to ideas outside of the normal program "mainstream." We're interested in local community groups who can take charge, and I'll help out with the paperwork stuff, but it be your show We've got four years to really try some new and inventive ideas. Come to the community meetings, call Valerie or I at #4914, or stop by the top floor of the girl's old dorm.

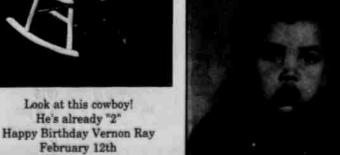
Finally, I'd like to ask you another question: Do you think our community laws and norms are favorable towards drug use, firearms, and crime? What's been your experience? Get a hold of us or leave a message and we'll come to you, 553-4914. Russ took care of his own computer on the way home!





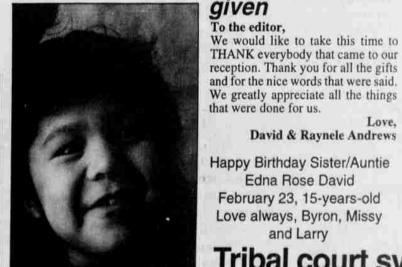
Happy 16th Birthday Charly! love, Marty, Morningstar, & Baby Boy



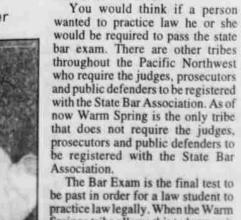




Happy Valentine's Day Wilfred, Jr. With love, Mom & Dad



Happy 5th Birthday to Samantha Pennington February 17 Love you, Mom, Dad & Brother



To the editor,

need to be reformed.

practice law legally. When the Warm Springs tribe allows this to happen it not only threatens the tribes standing as a sovereign nation but it also hurts the people emotionally. The people's "Civil Rights" are being violated on a mass scale when they let the justice system operate under these

Tribal court system needs new guidelines

In the white man's world this is

called "organized crime." The people of this tribe have the power to make the changes that are needed to set the system right. Make it mandatory for the judges, prosecutors, be registered with the 'Oregon State Bar Association," make the tribe hire lawyers who are registered with the Oregon State Bar Association to be public defenders so when a person is to stand trial you are given the civil right to adequate council, not just left with legal aide

department. If this tribe is truly to be a sovereign nation it needs to get caught up with the rest of the world.

A lot of the cases that are handled in the tribal court should be sent to the federal court in Portland. The Tribal Court wants to be recognized as a "Federal Court," but in the Federal Court system the judges, prosecutors and lawyers are all members of the Oregon State Bar Association. So if the Tribal Court wants to be a Federal Court than why not follow the Federal Court

guidelines too.

In this tribes court system a person is guilty until he or she proves themselves innocent. That is wrong to let this happen. When the justice system is run in this manner it will give the Government a reason to come in and take the power away from the tribe to govern itself freely. Because the tribe is allowing its people civil rights to be violated repeatedly.

The only way to keep this from happening is to reform the tribe's justice system, set similar guidelings is State and Federal Courts follow By setting these guidelines the tribe would be protecting the civil rights

of its strongest resource, "the people." By protecting the people's "civil rights" it would be making this tribe a stronger nation. To allow further violations of the "civil rights" only weakens the tribes' powers of being a sovereign nation. Think about this it can be you looking out from the

inside wondering why? Thank you for your time and space! Bennie J. Martines

