

## Ideas for student and newlywed gifts offered

by Norma L. Simpson

Between Christmas and New Year Day, the Higher Education Department will hold a Two Careers Days. Unfortunately I will be away for a wedding that week, but I promised to prepare some information sheets about setting up the first dormitory or apartment. The Wedding and first-time dormitory or apartment dwellers put me on the track of cost of getting started. Many small items would make great gifts addressed to the Newly Wed or the New Student.

Dormitory Floors may be tile which means they are cold in the morning, so a rug by the bed would be a nice gift. Or you could add a bedspread to match the rug. Or add decorative pillows to match the spread.

Students always need a loud alarm clock or Snooze Alarm/Radio. A one cup coffee maker or teapot to go with the Bulletin Board to remind you what to take to class.

Storage is always scarce, so think of narrow trunks with locks that will fit under the bed.

A cloth dirty clothes bag will take less space than a clothes hamper or dirty clothes basket, and you can be as plain or as fancy as you feel like. Try applying a pair of dirty socks and a hand holding the nose would give the idea.

Dormitories often have ironing boards, but not irons. If the student likes 100% cotton clothes, they will probably need to be ironed unless "The Grunge" look is desired.

Dormitories may or may not supply the mattress covers, sheets, pillows, pillow cases and blankets. If not supplied, these will add to the costs for the student. Some rooms come equipped with curtains or draperies while you will need to supply the window treatments.

As for newly weds, sheets and pillow cases will be probably be among the wedding gifts.

The mattress pad will not be high on the gift list, so be prepared to buy one. Shoe racks will make closet care easier, and snow shovels will be needed but again not of the Wedding gift list. I received a fantastic window scraper for the van last year and decided to and give two of those with brushes with a telescoping handle this year.

If the newly weds love fry bread, think of buying a cast iron fry pan and useful for a lifetime. You may be able to get along with only one small but heavy fry pan, but if you really cook a lot, it's better to have three sizes. Trim the package with a pancake turner, a frying fork and pot holders. A good can opener also is not glamorous but very helpful for those addicted to cans.

Another gift for newly weds is a bag of the favorite spices in your home - cinnamon, allspice, nutmeg, basal, rosemary and garlic

salt is a good start for the kitchen shelf. Cinnamon sticks gift wrapped in red ribbon makes it more like a holiday gift rather than a bag of groceries, especially if the gift comes in a brightly colored dish pan.

A collection of cooking utensils can be colorful as well as useful for a lifetime.

Three sizes of cooking saucepans, Small Size for cereal and sauces, Medium Size for steaming vegetables and a Large Size for cooking spaghetti and large batches of homemade soup with a soup bone. Trim the gift with a spaghetti spoon, vegetable peeler, and a solid cooking spoon and a slotted spoon.

Finally, you can find less expensive dish sets for under \$15 for 4 plates, 4 cups and 4 bowls. Add a set of glasses wrapped in a table cloth or dish towels and you'll be ready for each other and for guests.

Wise Shopping...But Enjoy the Merry Christmas spirit!

## Juniper topic of February workshop

by Timothy Wojtusik

Western Juniper trees are part of our rangeland landscape here in the high desert of Central Oregon. Suppression of natural fires and historically excessive grazing practices appear to have contributed to the expansion of juniper into what was once a grass dominated landscape. How this expansion effects the productivity of our range land and the rest of the plant community is of special interest to livestock producers and natural resource managers.

Oregon State University, Washington State University and The University of Idaho Cooperative Extension Services are

sponsoring a workshop to address the juniper issue. *Juniper From An Ecosystem Perspective* will be held February 8 and 9 at the Hoke Center of Eastern Oregon State University in LaGrande, Oregon. This two-day seminar will feature rangeland researchers from the Pacific Northwest area that have extensive experience in various aspects of juniper ecology.

Information on the *Juniper From An Ecosystem Perspective* is available at the Warm Springs OSU Extension office. If you would like to find out more or if you need an application form please give us a call (553-3238) or stop in during business hours.

## Books should make excellent gifts this Christmas

by Norma Simpson

If you still have some gifts to buy for Christmas, why not think of buying a book that can have long lasting impact of that special person on your gift list. Keep in mind what the writer Mark Twain had to say: **The man who doesn't read good books has no advantage over the man who can't read them.** That applies to children as well. To support their interest in reading, buy them books about their special interests.

The day I wrote this article, I sent a book to a friend in New Zealand. He is a writer and a teacher of writing and English. I knew that he would be interested because MY LOST MEXICO by James A. Mitchener tells about the 30 years between the day he started writing the book MEXICO and 1992 when the book was published.

Of Mitchener's 40 books or so, I can count more than 25 books of his that I have read. Each is an adventure into another time and place to understand the peoples that are featured in his novels. Mitchener does such amazing research into the characters in the books, that you learn many subtle cues about

the cultures and the places. You feel like you are living in the time and sensing the joys and pains of each person.

Mitchener is now 85 years old. He started MEXICO in 1962 but became disappointed when he could not seem to get the chapters of the book to come together and to make sense. So he packed up the book and the notebooks full of notes about the characters and the events in the book. And set it on the shelf, abandoning the book as a lost cause that he could not write.

But many people knew Mitchener had started the book, and had done lots of research of the history of the Indians, the Spanish and the Southern Americans. He had two, three or even four drawings of the places in each period of history and photographs of the events that he wrote about. He had list of dates about each cultural group, names of characters that gave the special feelings and meanings to the characters. Amazing!!!

I tell you about MEXICO because it tells, in novel form, about the turbulent history of the proud people we call Mexicans. The book is fiction meaning that nearly every

thing is made-up with the exception of several famous real life people who helped him to research the parts of the book. Because Mitchener works so hard to base his books on facts of the people, yet uses fiction to tell the story, we readers feel we have learned history in the most interesting way. His latest book, My Lost MEXICO shows the tremendous amount of work that goes into any novel. What makes this book different from the others is to learn his philosophy of writing and to see his techniques for making his novel become something that millions of people will want to read.

Everything in the book had been sitting on a dusty shelf because Mitchener felt he would never complete the book. Because he was in a unique program at the Library of Congress, he had been asked to send his writing to show the changes in the life of ordinary people. Again amazing because his name was picked at random from millions of people in the USA. He had taken the Library of Congress program seriously, and had prepared the box of details about MEXICO to send to the Library to be opened 25 years after the death of the person. But when the Library staff tried to find the box of notes on MEXICO, it would not be found. Mitchener, his friends and relatives knew that the book would be of great interest to readers if it could be resurrected and completed, only if it could be found.

MEXICO is like many of Mitchener's books. He traces the historical settings and the fictional characters from ancient times to the present, then blends two or three cultural groups together to show the gossamer filaments of this spider web of the story together. You will be surprised to learn how fragile that gossamer filaments are for this writer, in spite of the fact that Mitchener had already had dozens of best selling books to his credit.

If you have an aspiring writer in your household, this would make an excellent gift both to show how to achieve that persons dreams, but also to be honest about the skills and dedication that it takes to be a great writer.

That 30 year odyssey reminds me of the beautiful book by Mary Dodd Schlick about the Basketmakers of The Columbia River. That is another book that would make a magnificent gift for Christmas. Think I'll send that book to another friend in California.

## Make your own bird feeder out of pop bottle



"Merry Christmas" to the birds in your backyard.

- All you need is"
  - 1 2-liter plastic soft drink container
  - 2 feet of strong string
  - Birdseed, pieces of bread, or sunflower seeds
  - Scissors
  - All you do it"
    1. Remove label from clean and empty plastic soft drink container.
    2. Tie one end of string around neck of container and make a knot.
    3. About three inches from bottom of container, punch a hole with scissors—then cut a 3" x 5" opening from hole to allow several birds to feed at once.
    4. Fill container with about three inches of bird food.
    5. Hang feeder on branch of tree near a window so you and your family can watch the birds feast.

Remember, once you start feeding wild birds during the winter, you must continue to do so as they will starve.

## Stockman's Roundup: Feed those critters carefully



lethal levels of nitrate are depressed appetite, slow growth, loss in body weight, lower milk production, and abortions.

Some common symptoms of lethal nitrate poisoning in cattle are violent respiratory movements, frothing at the mouth, labored

breathing, diarrhea, in coordination or convulsions.

If you are at all concerned about the levels of nitrate in grain hay, contact the Extension office and visit with either Tim or me at 553-3238.

### December haygrowers list

Lee Alley	Alfalfa		546-9251
Jay Binder	Alfalfa	\$ 85/ton	475-2952
Adam Brown	Alfalfa		475-7469
Bob Brown	Grass/Alfalfa	\$ 85/ton	475-2654
Don Buckner	Alfalfa		548-7148
Ed Chotard	Alfalfa	CLEANED OUT	475-3615
Dave Campbell	Beardless Barley	\$ 80/ton	475-7327
	Beardless Wheat	\$ 80/ton	
Bill Dowers	Alfalfa/Grass	\$ 95/ton	475-6057
	Orchardgrass	\$ 85/ton	
	Orchard/Timothy	\$ 90/ton	
	CLEANED OUT		
Ron DuRette	Alfalfa		548-4353
Ty Fehrenbacher	Alfalfa		475-3132
Rod Fessler	Orchard/Blue		475-6901
Palmer Grote	Alfalfa	(Wamic)	544-2011
Rick Leeper	Alfalfa/Grass	CLEANED OUT	548-3403
John Mahoney	Bluegrass		475-3354
Jerry Patterson			475-2829
Lowell Patterson			475-2001
Bob Simmons			475-3743
Jim Simmons			553-1471
Vanora Farms	1st Alfalfa	CLEANED OUT	
	2nd Alfalfa	CLEANED OUT	
	Grass	CLEANED OUT	
Lee Waldow	Alfalfa/Grass		475-4370
Bill Zumwalt		CLEANED OUT	475-3548
Frank Cornell	Oats/Alfalfa	(Christmas Valley)	576-2337
Charles Cox	Alfalfa	(Burns)	573-2684
Greg Merritt	Alfalfa	(Prineville)	447-7238
Dave Roth	Oats/Alfalfa	(Christmas Valley)	576-2270
Jeld Wen Ranches	Alfalfa/Oats	(K Falls)	885-7466



Information provided by:  
OSU Extension  
at Warm Springs  
1110 Wasco Street  
553-3238.

### OSU Extension Staff:

- Arlene Boileau ..... 4-H & Youth
- Bob Pawelek ..... Livestock
- Norma Simpson ..... Home Economics
- Crystal Winishut ..... 4-H Assistant
- Tim Wojtusik ..... Agriculture
- Clint Jacks ..... Staff Chair, Madras

The above individuals are devoted to extending research-based information from Oregon State University to the people of Warm Springs in Agriculture, Home Economics, 4-H Youth, Forestry, Community Development, Energy and Extension Sea Grant programs. Oregon State University, United States Department of Agriculture, Jefferson County and the Confederated Tribes of Warm Springs cooperating. The Extension Service offers its programs and materials equally to all people.

EDUCATION THAT WORKS FOR YOU

## 4-H clubs back on schedule soon

The Warm Springs OSU Extension Staff would like to *Wish Everyone a Very Happy Holiday and a Brilliant New Year.*

The 4-H Clubs will be back on schedule in January 1995.

The Warm Springs 4-H Program is looking for a 4-H for a NEW adventure in 4-H the name of the new program is The Cloverbuds a 4-H DISCOVERY PROGRAM for six to eight year olds. All the material is ready to use. The time spent with the 4-H'ers would be from 2:15 (right after school, to 5:00 p.m.) in the 4-H kitchen. Should you be interested please call Arlene Boileau at 553-3238.

Crystal Winishut is out of the office and is searching for her Grandfather who is missing

in the Mt. St. Helen's area. Our prayers are with you Crystal and Family.

The Warm Springs 4-H Wilderness Enrichment Camp Planning Team will be meeting in January

The Holidays are here and the OSU Extension Staff, here at Warm Springs, wish each and every one of you a genuinely joyful and Blissful before and after Christmas time with all your FAMILIES and FRIENDS.

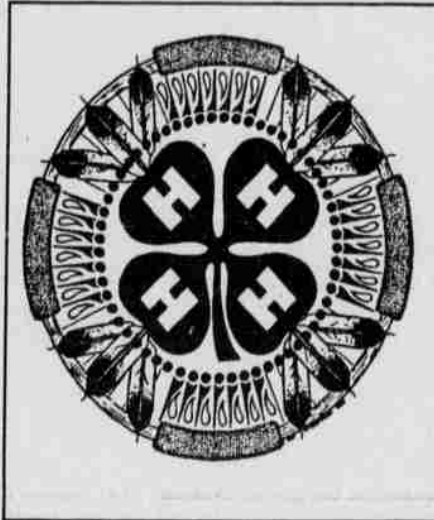
4-H'ers check with your 4-H Leader about your club meetings during the month of December.

### 4-H Record Keeping WHY KEEP RECORDS?

The purpose of record keeping is a way of enhancing the 4-H member to develop the skill of record keeping. *Philosophy of 4-H Record* keeping should reflect the 4-H members projects and life skills development, the skills, attitudes and habits that 4-H members acquire in keeping the records are more important than the completed recorded itself. Records are necessary throughout life and the skill and attitude developed in keeping records during the 4-H experience will assist in the total personal growth of the 4

H member. *Definition:* A record book is a written picture of the 4-H members experience with a project. Continuing through the 4-H Program from Junior and Intermediate to Senior member, this will give the 4-Her a reason of starting and completing a project and seeing a visual trail of how and why they are in 4-H.

Should you have any question about record keeping please call Arlene or Salli at 553-3238



## Misty's Star entertaining for kids

It was late on December 24, and all Heaven was bustling with last minute preparations. Billowing clouds were getting into formation, the stars were polished to their twinkling brightest, and the angels' choir was completing its final rehearsal. Everyone was too busy to pay attention to a tiny angel sitting dejectedly on an equally tiny rain cloud.

Misty had a cold. Her voice was hoarse—too hoarse, the choir director said—to join in the singing so carefully planned for this most glorious of all nights. "You'd better stay home in Heaven and rest," the director told her. "That way you'll surely be ready to sing for the visit of the Magi."

Misty watched the clouds, each one puffed full of importance, swoop up to the main gait and race through. She blinked when the stars turned their switches to high beam. She listened with sorrow to the roar of wings as the angel choir headed for Bethlehem.

Her halo askew, her wings drooping, her heart hurting, Misty sat and tied and untied the tassels of her golden belt. When an angel was too sick to sing a welcome to the Christ child, what could she do? Weave him a blanket of warm sunbeams, decorate his pillow with star dust, bake him an angel cake? No, He should have a very first, and a very best of something.

With a hoarse little "Ha!" of delight, Misty righted her halo, scrambled off her little rain cloud and headed for the kitchen. Tying a patch of blue sky around her waist as an apron, she literally flew about gathering ingredients—cloud soft flour, golden eggs, a dipperful of Milky Way. There was the whir of beaters, the plunk of a rolling pin, the dot, dot, dot sound of the cookie cutter. Out into the sun to bake went the largest cookie ever made.

While her present for the Christ Child baked, Misty polished her halo and brushed the last traces of flour from her wings. Humming happily to herself, she picked up her present and set her compass for Earth. Down, down through the winter blackness she flew, past the sun, through the stars and under the stretched out clouds. Guided by the exultant voices of the angel choir, Misty never lost her way at all. She flew straight to the Inn at Bethlehem.

Misty glided to a stop at the entrance to the stable, suddenly afraid to go in. She saw an infant in the manger, a woman kneeling nearby. Overcome with awe, but still determined to welcome the Christ Child, Misty hung her star cookie on a horseshoe nailed over the stable door. As she did, the Child stirred in his sleep and smiled. The angels stopped singing, a sacred hush went over the world and the manger was filled with a brilliant light which spilled through the doorway, making the sugar crystals of Misty's cookie twinkle radiantly. Her head bowed, Misty's heart sang the words her voice could not.

Through the centuries, as the story of Christmas has been told and retold, there are those who talk of the brilliant star in the East which guided the Wise Men to Bethlehem. There are others who say the star was really a cookie—the only present a voiceless little angle could bring to the Christ Child.

### Misty's Cookies

- 3/4 cup butter
  - 1/2 cup sugar
  - 1 egg
  - 2 1/4 cup flour
  - 1/2 teaspoon vanilla
  - 1/2 teaspoon almond flavor
  - 1 cup find grated coconut
  - Light cream
  - Additional sugar
- Cream butter, add sugar, beat until light and fluffy. Add egg and beat well. Add flour, small amount at a time mixing thoroughly. Blend in vanilla, almond flavor and coconut. Divide dough in half, and wrap in wax paper. Chill 30 minutes. Roll dough 1/2-inch thick. Cut with star or other cookie cutters. Place on ungreased cookie sheet. Brush top with light cream and sprinkle generously with sugar. Bake about 6 minutes at 400 degrees F.

Happy holidays to you and yours!