

Editorial
E Coosh EEWA: The way it is
 Letters to the Editor



You're Invited

to a feisty, hyper, FAS/FAE child behavior management workshop and Thanksgiving lunch!

Friday, November 18, @ 9 a.m. - 3 p.m.
 Warm Springs Community Center

Featuring guest speaker: Dr. Pat Tanner-Halverson from the Tohono O'odham Reservation in AZ, an internationally recognized speaker on learning and behavioral

characteristic, practical methods of teaching children with FAS/FAE and survival skills for parents.

Learn about Fetal Alcohol Syndrome/Fetal Alcohol Effected children and how to develop more goal directed behavior, spend more time on task, enhance leaning, have fewer invasions of other people's space, less physical activity, easier transitions between activities and less impulsivity.

Educators, parents, relatives, counselors, friends,
ALL ARE WELCOME

No fee or pre registration required

sponsored by Warm Springs Early Intervention Advisory Board, Early Childhood Education, Community Counseling and Central Oregon Regional program

Steps lead to recovery

Hello from Pastor Rick,
 Remember my first article on A.A. and the twelve steps. Here are steps five through eight.

Five. To admit our shortcomings. We take our list we made from step four, (the list of who am I), and we share with someone else. We set ourselves free from shame when we let someone else into our world. This is a very powerful step in reclaiming life. Now, you have God, and a friend, who know you. Now, you are not alone.

Six. Removing character defects. Now, as a team, your God and yourself, you take your list of step four and begin to work on the part of your list that name your weaknesses. As a team, you take your list of strengths and with more added tools from God, you reduce your list of shame. Now, you are strong.

Seven. To remove our shortcomings.

This is a step that asks the team of you and God to not only to reduce the list of step four, but also to work in smoothing out the emotional rough edges of our life. Doing step six can make you a grump; step seven knows that and makes it a step to ask the team to keep you sweet, not sour.

Eight. The second list. You are now standing tall with self-respect and humility in your heart. But the past stands ready to bite you in the leg. So, with strength in your heart, you turn and face your past in order to take its teeth out. You make a list of persons you had harmed in the days of shame.

Remember, the first Sunday of each month is a special Church service at the Presbyterian Church. It is a communion service followed by a potluck lunch.

See you in Church.
 Pastor Rick.



Happy 25th Halloween Birthday Twins
 Love your mom, Gram, sister, brother, aunts, uncles, cousins. Best wishes always

Museum award--
 Continued from page 1

organizations receiving awards from the American Association for State and Local History reflect the outstanding work that is currently taking place in the field," noted Patricia Gordon Michael, executive director of AASLH. "It is their ongoing dedication that enables the preservation and promotion of our diverse history."

The AASLH is a not-for-profit professional organization of individuals and institutions working to preserve and promote history. AASLH publishes books, technical publications, coordinates regional workshops and serves as a networking source for individuals in the history field.

House for sale: Three bedroom, two bath home on seven acres 10 miles out of Warm Springs in Miller Flat area on Trout Lake Road. Call Priscilla at 553-3232 8 a.m. to 5 p.m. Monday through Friday for more information.

Happy Birthday Sonny
 I love you
 October 27

Mom



Where's my wood?

To whom it may concern;

I bought several raffle tickets for the Pi-Ume-Sha fund raising and won a cord of wood. Would someone please see me about this. Much appreciated.

Lamont Brown

P.S. Funds would even be better, we have an all electric home.

Happy birthday, Tina
 Dear!
 Many happy more from
 all the gang at Spilyay

Catholic Native American Mass and Potluck
 Thanksgiving: November 20, 1994
 Christmas: December 18, 1994 at 2:00 p.m.
 St. Francis Church
 S.E. 11th and Pine
 Portland, OR
 For more information call 503-257-9714

Beginning with Vol. 19 No. 23 (our next issue), Spilyay will be charging a nominal fee for birthday wishes. We will charge 50 cents per wish and \$1 for wish with photo. All proceeds will be donated toward a local Christmas project.

Have good thoughts

To Beulah,

I know this day (November 4,) is a very difficult day for you and your sons, but I just want you to know, "Think 'good' & memorable thoughts throughout the day."

Our prayers are with you, Raymond, Cyril, Kanet and Gary. We love you all dearly.

Mom; sisters Susan, Lee, Syd, Edith & Brothers Biff & Rueben

Not available

At this time, I would love to take this opportunity to give a big Happy Birthday to my 1 & only, my hubby Lupe, also to a dear niece Tina! "God Bless You Both"

Wife, Children, Aunt and cousins,
 Susan, Bina, Gilbert & Christina



Happy Anniversary
 Robin-October 27
 Love Always,
 Janice



Happy Birthday to:
 Carl Kalama-10/16
 Tena Williams-10/28
 Michael Williams-10/31
 Tony Wells-11/1
 Bootsie/Chief-11/4
 Lupe Coronado-11/5
 Henry III-11/6
 Lori Switzler-11/8
 With lots of love, the
 Upper Dry Creek Crew:
 Tina, Easton & kids

To the community:

I am sorry to say but I will no longer be available for housecleaning or babysitting.

I am a full time employee!!
 Thanks for your calls tho!

Susan J. Coronado

Wintertime Forest Products
 wants to buy firewood
 16" rounds delivered to yard in Bend. Call 389-9663 for more information

Antler Buyer

Deer, Elk antlers, any amount, any condition will pay cash.

Will be in Warm Springs November 3, 1-5:30 p.m. Madras, same day 9 a.m. to 12 noon.

For more information write/call Bill Tuck (503) 963-2866; 209 South Aries; LaGrande, OR 97850

Happy Birthday
 Pooopsie
 Friday, October 28
 Love, Sky, Saphronia,
 Toya and Ill

Lost: Western-style wallet, single-fold similar to a checkbook cover. Embellished with Western stamps, including a forest green 'C' on cover. Has brown stitching around edges. Contained identification and money. Lost October 20 either outside Warm Springs Market or in the parking lot of the Health and Wellness Center. Has great sentimental value. If found, call 553-1196, extension 4470 or 553-1865 after 5 p.m.

EDITOR'S NOTE

Spilyay Tymoo welcomes articles and letters from it's readers. All letters, preferably 300 words or less, must include the author's signature and address. Thank you letters and poetry will be published at the editor's discretion.

All letters are the opinion of the author and do not reflect in any way the opinion of Spilyay Tymoo. Spilyay Tymoo reserves the right to edit all copy OR refuse publication of any material that may be libelous statements.

Purple Heart recipients gather at HeHe

The "Gathering of the Purple Hearts, Family, Veterans and Friends" came together at HeHe Longhouse on October 14, 15, and 16. This gathering became a reality of Larson Kalama's dream with help from Foster Kalama and Wilma Picard.

Many friends from Washington traveled to be a part of this get-together. Everyone had an opportunity to share a story or two with all that were present. As each person talked, Larson presented a special made sweatshirt or cap to each one.

The following names are people Larson honored: Tony Suppah, Garland Brunoe, Kirby Heath, Sr., Victor Moses, Claude Smith, Jr., Randy Smith, Henry Demus Martinez, Kathleen Heath, Vesta Johnson, Shauna Queahpama-Mehlberg, Lavena Ike Thomas, Anita Bryant Cole, Tamera Coffee, Ken Jackson Gray Eagle, Phil Red Eagle, Steven Reuben, Gary Bartholomew and James Waller.

AFFIRMATIONS

I now choose to release all hurts and resentments.

I focus on positive thought because the thoughts I think and the words I speak create my experiences.

I now choose to cast out of my mind and my life every negative, destructive fearful idea and thought.

I feel tolerance, compassion, and love for all people, myself included. Every experience I have benefits me. I am in the process of positive changes.

My wonderful thoughts create my wonderful world. I choose my thoughts with care.

I am willing to see where it is I need to change. What I give out, I get back. I give out only goodness and in turn, only goodness comes back to me.

When I create peace, harmony and balance in my mind, I find it in my life. We are all family and the planet is our home.

I speak only words that are loving, positive and constructive. No person, place or thing has any power over me, for I am the only thinker in my mind.

I experience love wherever I go. Loving people fill my life and I find myself easily expressing love to others. All my relationships are harmonious. I see only harmony around me at all times.

I am willing to release the pattern in me that is creating any negative conditions in my life.

I am willing to grow and to change. Every moment presents a wonderful new opportunity to become more of who I am.



Happy Birthday
 WindPatkanim Eagleheart
 Love you, 11-5-94
 Dad, Ryan, Shawn, Preston,
 Kennedy, Leta, Brandon,
 Simone, Rosetta and the rest of
 our family, friends, and Wasco
 clan.

Apologies

To the community:
 I am writing this letter to apologize for my actions which occurred in September. In which I was charged for contributing to the delinquency of a minor. Sorry!
 Deanna Lame Bear

For sale: Washer & Dryer \$150 pair. Call 553-3363 for more information.



Phil Red Eagle, left, admires colorful sweatshirt Larson Kalama, right, presented him during Purple Heart Gathering at HeHe Longhouse. Larson Kalama, Jr., center, was also present for the presentation. Design on sweatshirt was developed by Foster Kalama.