

Job openings

Job openings as of July 25 are listed below. If you would like to submit an application contact Amelia Tewe at Employment Services, 553-3262/3263. To ask about job details call the contact person listed.

Credit Cashier FT; Credit/Lori Fuentes
After School Coordinator; Early Childhood Education/Julie Quaid
Secretary III; Early Childhood Center/Julie Quaid
Certified Speech-Language Pathologist FT; Early Childhood

Education/Julie Quaid or Jane Kirkpatrick
Substitute Teacher Aides; Early Childhood Education/Julie Quaid or Nancy Kirk
Youth Worker FT; Children Protective Services/Linda Thompson
Resource Planner; Water & Soil/Paula Miller
Matron (3 positions) FT; Police Department/Frank Smith
Special Officer (2 positions); Police Department/Frank Smith
Housing Counselor (HUD);

Housing/Delano Miller
Power Machine Op; WS Clothing/Judy Dickman
Traffic Director/Admin. Ass't Secretary; KTWINS/John Stolz
Sports Producer temp PT; KTWINS/Paul Tilton
Kah-Nee-Ta Resort Openings: Breakfast Cook, Dining Room Line Cook, Golf Course Mechanic, Golf Course Maintenance, Gift Shop Cashier, Coffee Shop waitpersons/buspersons. Contact Scottie Miller at 553-1112.

Mutual Help homes nearing completion



Photo by Saphronia Katchia
 Fifteen Mutual Help Homes are near completion. The first few homes will be ready for move in, in a couple of weeks. This one in particular belongs to John Jr. and Saphronia Katchia, which was taken in June.

Homes being built in the Mutual Help project are due for completion between the third week of August to the last week of September. The project is being funded by HUD, (Department of Housing and Urban Development). Twelve houses are being built in Greeley Heights and three are offsite. They are in Schoolie Flats, Sidwalter and Tenino areas. The Construction Contractors are Tricon, of Sumner Washington. The construction of this project began March 9, 1994. After the inspecting of the homes is complete, families may move in and enjoy their new homes. Housing, the contractor, Tribal Inspector and the architect will be in on the inspection.

The second phase is due to begin at the end of this month, approximately. Thirty-six homes have been approved, although the project was set up for forty homes. These homes are to be built in various areas throughout the reservation.

Panic attacks--Think the easiest, not the worst

by Erin G. Sweeden
 In the last issue, I described the symptoms of panic attacks in which many people suddenly feel terrified for no reason they can name. By popular demand, I've decided to write a second article on suggestions for coping with panic attacks.

If your heart races so fast that you fear you might be having a heart attack, it might be wise to have your heart checked just to be sure. If it's healthy, you'll have one less thing to worry about. Panic attacks usually only last for a few minutes, so if you can find a quiet place to ride them out. They go away by themselves. The panic makes it hard to breathe, and that leads to more and more panic. It helps to concentrate on your breathing, slow it down, and get back

the normal rhythm by inhaling for a count of five and exhaling for a count of five.

Listen to the chatter inside your mind. Is it going a mile a minute about how one disaster is going to lead to another? For example, if driving in the car brings on a panic attack, the mind may chatter like a monkey about how if you pull over for five minutes, someone is going to beat you up and rob you. That isn't very likely, and it sure doesn't help you feel better when you're panicked already. Instead of thinking of the worst thing that could happen, try thinking of the easiest. Give yourself reassuring messages like, "I'll just pull over for a rest spot. In a few minutes I'll be feeling fine. There's nothing to be afraid of."

Relaxation tapes can be very helpful. Try selecting a favorite image from a tape like floating on a colorful cloud or seeing a butterfly coming out of a cocoon and floating on a summer breeze. Carry that image which helps you relax whenever you go into stressful situation like the grocery store, mall or driving in a car. While you're floating, you're less likely to panic. This can help you overcome the fear of having a panic attack in public so that you can get out of the house more.

Finally, for some people, medication can bring relief. The staff at the Community Counseling Center can help determine what would work best for your kind of symptoms. For more information, please call 553-3205.

Al-Anon helps understand substance abuse

Al-Anon: Is it for you?
 Millions of people are affected by the excessive drinking of someone close. The following twenty questions are designed to help you decide whether or not you need Al-Anon.

1. Do you worry about how much someone else drinks?
2. Do you have money problems because of someone else's drinking?
3. Do you tell lies to cover up for someone else's drinking?
4. Do you feel that drinking is more important to your loved one than you are?
5. Do you think that the drinker's behavior is caused by his/her companions.
6. Are mealtimes frequently delayed because of the drinker?
7. Do you make threats such as, "If you don't stop drinking I'll leave you?"
8. When you kiss the drinker hello, do you secretly try to smell his/her breath?
9. Are you afraid to upset someone for fear it will set off a drinking bout?
10. Have you been hurt or embarrassed by a drinker's behavior?
11. Does it seem as if every holiday

is spoiled because of drinking?
 12. Have you considered calling the police because of drinking behavior?
 13. Do you find yourself searching for hidden liquor?
 14. Do you feel that if the drinker loved you he/she would stop drinking to please you?
 15. Have you refused social invitation out of fear or anxiety?
 16. Do you sometimes feel guilty when you think of the lengths you have gone to control the drinker?
 17. Do you think that if the drinker stopped drinking, your other problems would be solved?
 18. Do you ever threaten to hurt yourself to scare the drinker into saying "I'm sorry" or "I love you?"
 19. Do you ever treat people (children, employees, parents, co-worker, etc.) unjustly because you are angry at someone else for drinking too much?
 20. Do you feel there is no one who understands your problems?

If you answered yes to three or more of these questions, Al-Anon or Alateen may help. You can contact Al-Anon or Alateen by looking in your local telephone directory.

Series set

Beginning Tuesday September 13, 1994 a four week information series for women on physical and emotional abuse, will run until October 4, 1994 from 6 p.m. to 8 p.m. at the Community Counseling Center. Following is the schedule of topics.

Week #1 - Introduction and overview of different kinds of abuse.
Week #2 - Patterns of physical abuse
Week #3 - Understanding emotional abuse
Week #4 - Overcoming abuse.

Babysitting is provided. For more information call Erin Sweeden or Urbana Manion at 553-3205.

Housing Improvement Program available

On July 11 the Tribal Council authorized an application to H.U.D. for a block grant to rehabilitate qualifying homes in Elliot Heights and Miller Heights. If approved, the grant will be managed by the Housing Department and Housing Improvement Program (H.I.P.) Coordinator, John McIlwaine. Along with housing rehabilitation, the grant will be used to raise substandard, vacant homes which are creating safety hazards and cannot be brought up to standard condition.

Initial surveys indicated nine households are currently eligible in the two neighborhoods (based on their income) to apply for housing rehabilitation assistance. The H.I.P.

Coordinator will be checking with homeowners to make sure all eligible households are assisted.

Homeowners are encouraged to contact McIlwaine at housing if they think they qualify for housing rehab assistance. Applications are accepted from all eligible households, whether or not they live in Elliot Heights or Miller Heights.

The neighborhood-by-neighborhood approach to housing rehabilitation helps ensure that all needy households are assisted and that multiple resources are obtained. A portion of the H.I.P. budget will be reserved for homes not in the two neighborhoods.

Tom Cat Logging tops all in annual co-ed softball tourney

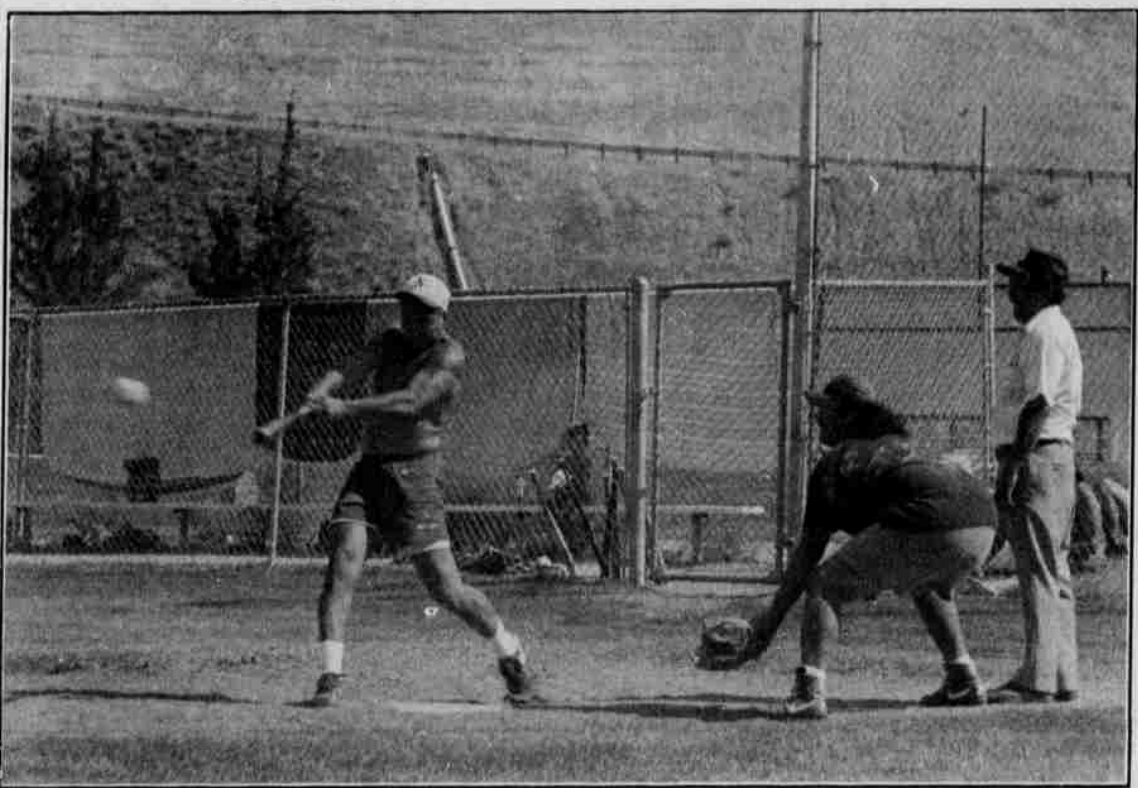


Photo by Saphronia Katchia
 T.C.L. player, Jesse Edwards hits one outfield during championship game last Sunday. Pendleton player, Fox Leonard behind the plate. T.C.L. defeated Pendleton 7-1.

Smith & Greene had their annual co-ed softball tournament last weekend, July 30-31, 1994 in Warm Springs.

T.C. Logging took the championship title of their tourney defeating Pendleton (& Skok) with a 7-1 score. Paula's Crew placed third, while the Trimble team trailed. The Free Spirits were the champs of the At Least We Tried

bracket defeating United Tribes.

At the completion of the tournament, a homerun derby was held for those interested. The winner was Owen Danzuka with four home runs while Andy Leonard followed with three.

The all stars throughout the weekend event were: United Tribes: Frank "Freckles" Reese and Dawn Smith, Free Spirits: Sonya Diaz and

Rick Diaz, Trimble's: Willie Trimble and Latasha Nelson, Paula's Crew: Paula Brisbois and Easton Aguilar, Pendleton: Xavier Brown and Gwen Allen, T.C. Logging: Sandra Danzuka and Jesse Edwards.

Most Valuable Player-Male: Owen Danzuka and Female: Lana Leonard. The Sportsmanship team was Yakama.

Apologies

To the Community of Warm Springs:
 This is to apologize to all relatives and friends for my mistake of driving while intoxicated. It will not happen again.

Julie Govenor

I, Shari Macy, would like to apologize to the community of Warm Springs for being intoxicated in April of this year. Also I'm sorry to Peter Brunoe & Vincent Simtustus for assaulting them also.

Shari Macy

Pumphouse road

Continued from page 6
 time were under the influence of alcohol. The people just ran and didn't even call to report the fire. The fire raced up White Hill and for a time was a threat to the houses in West Hills. People just don't seem to have any regard for the property of others.

I put up a fence closing the road to the Pumphouse and within just 24 hours the fence was cut. Signs were posted showing it was private property. One of the signs was torn down. It is this type of destructive behavior that has led to the closing of the area to public access by vehicles.

We also do not want anymore drinking and drug parties on our land. We have received a number of reports about the parties and people selling and using drugs at the Pumphouse.

People who are caught driving to the Pumphouse on the south side will be reported to the police. We are asking the police to charge these people with Trespassing.

It is sad that it has come to this but people have shown no respect to our property. This property has been in our family since the Treaty of 1855.

Again we want to emphasize that kids are welcome to walk into the area to swim.

Sincerely,
 Milton Holliday and family

Howlak Tichum

Tony Broncheau

Lifetime resident and enrolled member of the Confederated Tribes of Warm Springs, Tony Francis Broncheau "Jinx" drowned in the Deschutes River approximately half a mile north of highway 26 on Wednesday, July 20, 1994.

He was born June 13, 1969 in Madras, Oregon to Manuel and Murial (Greene) Broncheau Carrasco. He attended schools in Warm Springs and Madras.

An all denominational Prayer Service was held Thursday, July 21, at Bel-Air Colonial Funeral Home in Madras. Dressing Ceremonies were Friday, July 22 at the Agency Longhouse in Warm Springs. Overnight services followed and were officiated by Nelson Wallulatum and Larry Dick. Casket bearers were Kanet Wolfe, Austin Greene, Truman Lumpmouth, Jr., Wendall Greene, Ron Bennett, Dorian Tappo, Joseph Boise and Gayland Broncheau.

Honorary casket bearers were Desmond Wheeler, Ted Trujillo, Tommie Hines, Travis Trujillo, David White, Jr., Joe Hines, Norman Wolfe, Avery American Horse, Gail Lawrence, Jr., Cyril Wolfe, Elbroasia Gurno, Philamene David, Philiana David, Ramona, Kelly and Vanessa Smartlowit, Davis Stwyer, Gabe Walker, Otis Johnson, Levi M. Greene II, James Teeman, Jesse Madrid and Ed Graham, Jr. Burial was held Saturday, July 23 at sunrise at Tenino Cemetery.

Survivors include his mother Murial "Mico" Carrasco, his uncles Levi Greene and Eugene Greene, Sr., his aunts Agnes Lumpmouth and Laurel Greene and numerous cousins all of Warm Springs.

He was preceded in death by his grandparents Francis and Cecelia (Stacona) Greene, his uncles David, Harold and Perry Greene, and his father Manuel Broncheau.

Norman Wolfe

Twenty-three year old Norman McKai Wolfe of Warm Springs died at his home in Warm Springs on Friday, July 29, 1994. The cause of death is under investigation at this time. He was a lifetime resident of Warm Springs as well as an enrolled member of the Confederated Tribes of Warm Springs.

He was born November 4, 1970 in Madras, Oregon to Beulah (Switzler) and James Lee Wolfe, Sr. He attended schools in both Warm Springs and Madras.

A traditional dressing ceremony was held Saturday, July 30 at the Simnasho Longhouse. Overnight services will follow Saturday and Sunday. Pallbearers were Lenni Miller, Avery Americanhorse,

Chris Heath, Truman Lumpmouth, Jr., William Begay, Lester Begay, Wendall Switzler and Victor Switzler.

Final disposition was held Monday, August 1 at sunrise at Wolfe Point Cemetery at Warm Springs. Survivors include his mother Beulah Calica and brothers Cyril, Kanet and Lee James Wolfe, Kosie Wolfe and Gary Switzler, his surviving sisters include Marina, Marissa, Leann and Lucy M. Wolfe, along with numerous aunts, uncles, cousins and friends.

He was preceded in death by his father James Lee Wolfe on December 21, 1993 and his brother James Lee Wolfe, Jr. on May 31, 1985.

HAPPY 1ST BIRTHDAY!
 JAYLON CLEMENTS
 from your auntie
 and uncles the Holliday
 family luv ya

Have a GOOD one,
 D.Paul,
 8/9/94 ??
 From: 11/12 ??

August 1, was Alexina Davis
 Birthday.
 HAPPY DAY OF BIRTH!
 your bud,
 R.C.G.

Computer Center Classes for August 1994

TOPIC	TIMES	DAYS	DATE	COST
Keyboard/Typing	8:30-12	M,W,M,W	1,3,8,10	\$50
Intro to WP 5.1	1-4:30	M,W,M,W	1,3,8,10	\$50
Must have Intro to Computer and Keyboard skills.				
Intro to Windows	8:30-12	T,Th,T,Th	2,4,9,11	\$50
Intro to Lotus	1-4:30	T,Th,T,Th	2,4,9,11	\$50
Intro to Dbase	8:30-12	M,W,M,W	15,17,22,24	\$50
Lotus is recommended-design, create, modify database				
Advanced WP 5.1	1-4:30	M,W,M,W	15,17,22,24	\$50

If there is a class you are interested in, please call and let us know. We will put you on a waiting list and create the class.

Call 553-1428 and leave a message as COCC is on summer hours and here only part time, so don't be afraid to talk to the message. We appreciate it.

Please call 553-1428 to confirm attendance.
 Check this schedule closely and call immediately so classes don't get cancelled.

Court notice

Vanessa Wilkinson
 Petitioner
 vs.
 Jose Morales, Sr./Lorna LeClaire
 Respondent
 Case No. DO207,208-83

To: Jose Morales, Sr. & Lorna LeClaire
 You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for trial/hearing at 9:00 a.m. on the 12th day of August, 1994.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown to defend against the charge(s). You may be represented by yourself, by an attorney, or by a spokesman, at your own expense. You may bring any documents you believe are relevant to this cause, and you may bring witnesses to testify on your behalf. You may request the Court to subpoena your witnesses, however, you must submit your list of witnesses no later than two weeks prior to trial; failure to do so will not be considered sufficient reason to postpone the trial. If you have any questions, you should seek legal advice immediately.

If you fail to appear as so ordered, the tribal court may enter a complaint for contempt of court and issue a warrant for your arrest.
 Dated at Warm Springs, on this 13th day of July, 1994.

Lola Sohappay
 Judge, Warm Springs Tribal Court

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All members of the Confederated Tribes of Warm Springs will receive the Spilyay Tymoo at no cost. Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs.

Happy 23rd Birthday
 Saphronia Katchia
 (Sunday, August 7)

Happy 39th Birthday
 Sid Miller
 (Friday, August 12)

From
 SPILYAY TYMOO