### SPILYAY TYMOO

# Cross Cultural experience teaches the value of sharing

#### by Norma L. Simpson

My congratulations to the young children at the Warm Springs Community Center. They displayed a great deal of interest in People, Places and Things from many countries where I had visited or where I had worked. It started on Monday, July 18, when I was a substitute speaker showing slides of life in Peru. I had to keep reminding them that the slides were taken more than 30 years ago when I represented the USA as a member of the International 4-H Youth Exchange to Peru. Those were my skinny days but my hairdo looked much like the one I wear today.

Seventy children looked at the dry sea coast valleys of Peru where water is precious, and the mountains are very tall. They learned that most of the children were not in school, because only the rich children went to school to learn to read and write. All other children worked even at 4 or 5 years of age. While more children go to school today, there are still many children who would never have a chance to go to school.

One of my host families had two young daughters in their twenties who taught in schools. One worked in a rich private school where supplies were plentiful and the other in a public poor school where even chalk was scarce and the teacher had to hold "tombolas" or school fairs to raise money

for paper, pencils and chalk. Most of the time the emphasis in the slide presentation was about the joy of getting to meet new people and to share their life. Children in Warm Springs have the same opportunity to have cross-cultural experiences that enrich their lives. And as important that they learn the value of sharing their cultural values and beliefs with people from other places. The Museum has given the summer work students and the 4-H Rainbow dancers the chance to share with young students from Taiwan during the past week. And more opportunities will come to them.

Around the World Style Show

On July 20, twelve summer youth workers and a few volunteers put on clothing and carried flags from the Philippines, Papua New Guinea, Nigeria, Paraguay, Peru and Mexico for the Around the World Style Show. About 60 children looked at the traditional regalia and daily clothing of these countries, as well as saw baby bags, bows and spears, baskets, bean pounders (mortar and pestle) and charcoal irons that are part of the everyday living. Then the Summer Youth Workers presented a skit about things they had learned about these countries.

Hats and Drums from Around the World The third day, the children at the community center had the chance to model hats and to see and hear musical instruments from Mexico, Cuba, Paraguay, Peru, Kenya, Nigeria and Papua New Guinea. The session opened with the Nigerian Talking Drum with flexible thongs that makes it possible for the drummer to change the tones of the drum like you do with your voice when you talk. Another small 8-inch drum fro Nigeria has a clay neck that holds the skin in a most unusual manner. The large drum from Kenya in East Africa had a soft surface covered with goat hair.

It was amazing to see how much the tones of the drums changes as the air-conditioner make the possum skin change from taunt and vibrant while the lizard skin of the "fish drum" hardly changed at all. Its red and black decoration was hand painted on the hand carved balsa drum. Artwork can be seen at the OSU Extension office. One small drum from South America has a scratching with the drum stick, to give the should of "chacha-cha" of a Latin rhythm. The young people at the Community Center performed with castanets, maracas, guiro sticks and scrappers and clavos sticks that set the pace of the Latin Music.

Later 15 children modeled hats from flexible straw hats of Ecuador and Paraguay and Nigeria. And elegant "Hi Style" gold-

Keeping your pool at a safe chlorine level

by Norma L. Simpson A family called the office to see how to treat the water in a child's swimming pool. The grandmother was concerned about slimy surface on the bottom of the 2 feet high pool. The father was concerned about daily having to replace the 300 gallons of wather in this large but shallow pool. And the mother was concerned about the irritation to the eyes and skin when chlorine was added to the water. Testing Kit

The pool salesman from Bend tells me that the most important aid for keeping the water safe and clean, is to have a testing kit. As you add disinfectant to the pool, the kit will tell you when it is enough disinfectant, and also if the pH level of the water is ok. More on that later. The least expensive kit sells for \$9.

If you test the water every day when the

liquid, powder and tablets to sanitize the pool. The products used for large swimming pools have about 60% chlorine in the product, compared to 3-4% chlorine in the bleach bottles.

pH Level of Acidity In The Water

When the mother was concerned about the irritation to eyes and skin, it probably is not the amount of chlorine in the water, but what the Acidity of the Water is. If the pH level is too acidic, the skin will itch and the eyes will burn.

Leaves, Pollen and Other Things That Contaminate The Water

If you are a beginner at caring for the new pool, you should be sure to scrub the tub with hot soapy water, and rinse with water with chlorine bleach. Then you know that you are filling a clean tub, rather than a tub that just looks ok.

thread cloth hats and brilliant caps from Nigeria and canvas and leather-tooled cowboy hats from Paraguay. One headband from Papua New Guinea is covered with cowery shells resembling a nose and eyes and the other headband depicted the ways green betel shells use to be sewn into the strip along with tufts of cuscus fur. One shawl from Ethiopia that showed the delicate handwoven fabric with bold green Coptic Crosses of the people who have been Christians since the 4th Century. On the radio before the Community Center

presentation, I heard that 50 percent of the people in the American could not find the USA on a world map. To my surprise, several older children could not find it either. While we marvel at the excitement of Jupiter on television and in magazines, there are too many of us who don't know where we are on the map. That is almost unbelievable when we consider ourselves to be "the best educated in the world." We can do better, and still make it fun as in the ideas of the International Year of the Family: Family Fitness.

During the 4-H Enrichment Camp at Trout Lake the children will learn to see how they fit into the Northwest and to locate places they have visited.

# Discussion of finances early increases options

It's often difficult for adult children to discuss finances with their parents. But open communication in a friendly, respectful atmosphere can mean decisions that are best for both parents and children, points out Vicki Schmall, Oregon State University

(OSU) Extension gerontology specialist. "Talking With Aging Parents About Finances" is the title of a publication by Schmall, now retired, and Marsha Goetting, Montana State University Extension family economics specialist. The publication is now available from the OSU Extension service.

"Many families don't discuss finances until a crisis occurs and then it may be too late," the specialists point out. Planning ahead helps families avoid crisis decision-making, reduces emotional and financial upheaval and increases the options available to children and parents.

The publication offers three suggestions for talking about family finances. The first is "Planning Ahead," the second is "Talk Among Family Members," and the third is holding a "Family Meeting."

No matter how the subject is approached, it's important to show respect for parents' choices and be willing to compromise, the specialists explain.

Although the bulletin is designed for use by adult children and older parents, it may also be useful to parents who must persuade their children to talk about future financial arrangements, they add.

"Talking With Aging Parents About Finances," EC 1435, is available by mail for 75 cents from Publications Orders, Agricultural Communications, OSU Administrative Services A422, Corvallis, OR 97331-2119.



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The above individuals are devoted to extending research-based information from Oregon State University to the people of Warm Springs in Agriculture, Home Economics, 4-H Youth, Forestry, Community Development, Energy and Extension Sea Grant programs. Oregon State University, United States Department of Agriculture, Jefferson County and the Confederated Tribes of Warm Springs cooperating. The Extension Service offers its programs and materials equally to all people.

EDUCATION THAT WORKS FOR YOU

Exchange:

# **Clover speaks**-



Oregon 4-H families are getting ready to host nearly 125 Japanese teenagers and their chaperones for a month during the annual 4-H Japanese Exchange Program July 13 to August 22, reports Duane Johnson, Oregon State University (OSU) Extension 4-H youth specialist.

At the same, another 12 Oregon 4-H members are becoming familiar with life with Japanese families. The young people left Oregon July 13 and will return August 11.

## FTC seeks consumer views on care labeling

Do you use the care labels found on most wearing apparel? Do you follow them? How do you feel about instructions in symbols instead of words?

The Federal Trade Commission (FTC) is seeking consumer views on these and other questions concerning care labeling, reports Ardis Koester, Oregon State University

formulations, the time is short for response, she cautions. The FTC wants comments no later than September 15, 1994.

Accompanying them is Kathleen Flynn, volunteer leader from Coquille, OR.

come from three different programs in Japan, Johnson explains. UTREK International

Exchange includes environmental education

in its program of language and travel. The other two are LABO International

Exchange Foundation and LEX, the institute

for Language, Experience, Experiment and

Benton, Linn, Polk and Yamhill counties

will stage a welcome party for the visitors Monday evening, July 25, on the OSU campus. The exchangees will leave the next

day for their host counties, except for the

UTREK delegation which will spend two

days in a camp setting at the Oregon 4-H

Other counties hosting exchangees this

year are Baker, Clackamas, Coos, Crook,

Douglas, Grant, Harney, Jackson, Josephine, Klamath, Lincoln, Tillamook and Union.

Perhaps in the future Jefferson Co. & Warm

Springs can be a part of the exchange.

Camp and Conference Center near Salem.

Oregon 4-H members and families from

Japanese young people in the exchange

In addition to comments about current care labeling regulation and symbols, the FTC is also interested in knowing if consumers want information about whether a garment can be both washed and dry cleaned.

weather is very hot, you will know if the chlorine in the pool is strong enough to be healthy. Hot temperatures mean that the chlorine will heat up and become a gas again, and evaporate with the water. Rather than emptying out the water every day (in which case the chlorine will damage the lawn) after you test it, you can add the amount of chlorine product to make the pool safe.

Concentration of Chlorine In Different Kinds of Chlorine Products

Start early to train your youngster not to urinate in the pool. It may be very important to the health of all the children and adults who are in the pool.

On windy days and nights, it is better to keep a cover over even the small pools. You can buy the large clear plastic sheets that painters use to protect furniture or shrubs. Or you can buy the bubble plastic sheets that keep out the dust, pollen and twigs as well as hold the heat in the pools keeping water the Stores who sell swimming pools will have right temperature when nights turn cold.

# Recycling program to expand in Warm Springs

Due to an Oregon Department of Environmental Quality grant and some hard work by some folks here on the Reservation, the Warm Springs Community Recycling Program will be expanding. This means that soon community members will be able to recycle more than newspapers locally.

When newspaper recycling was first introduced several months ago the response by the people of the community was very positive. This showed that the people of Warm Springs have a desire to be responsible and properly care for the earth. With the expansion of the recycling program each of us will have an opportunity to recycle more materials and do our part to conserve natural resource.

In addition to newspapers we soon will be able to recycle white office and computer paper, clear glass and scrap metal, including cans. The paper will have collection points in Reservation office complexes and there will

be a central location for collection of household recyclables. Learning to recycle may take some time. All of us are used to just throwing things out but soon recycling will seem like just another thing we do in every day life. If materials that we have no further use for can be used to make new products, isn't that better than burying them in a landfill? Our earth deserves at least that much respect.

We are not a large community, as far as population goes, but our efforts can make a difference and the pride we have in our home will be an example for other small communities. By participating in the recycling program and making it a success we will be honoring the traditions of caring for the earth.

Specific information on the expanded recycling program will be available soon and that information will be going out in the newspaper, on the radio and through the mail.

(OSU) Extension textiles and clothing specialist.

Although this is an opportunity for consumers to participate directly in rule

The full text of the re uest for comments is available from the Federal Register, Vol. 59, No. 114, Wednesday, June 15, 1994, pages 20733-30735.

# The making of Jam and Jelly publication available at Extension office

In the past we have generally offered the JSDA Home and Garden Bulletin #56 on How to Make Jam and Jelly. But this year the publication has been deleted from the available publications. The last recommendations available are from Oregon State University Extension fact sheet SP 50-536 on Wild Berries and Fruits is available in the Warm Springs Extension Office in the Education Center.

Here is the section from that publication that may help you until you get a copy. Making Jam and Jelly

Because the processing time is short, use sterilized jars for the following products. To sterilize, place jars right-side-up on a rack in a boiling water canner. Fill the canner and jars with hot (not boiling water) to 1 inch above the tops of the jars. Boil 10 minutes. Leave 1/4 inch head space when pouring jelly into sterilized jars. Blackberry, Huckleberry and Wild Plum

Jam & Jelly

The instruction sheets in commercial pectin packages will give good recipes for wild blackberries. For huckleberries, use blueberry recipes; for wild plum, use our sour cherry recipes.

Salal and Oregon Grape Jelly

1 quart red salal berries 1/3 cup Oregon grape berries

1 1/4 cups water lemon juice sugar Wash berries and place in large kettle;

crush berries with a potato masher; add water and simmer slowly for 5 minutes or until soft. Let juice drip through a dampened jelly bag. Measure juice; to each 1 cup juice, add 1 cup sugar and 1 teaspoon lemon juice. Boil rapidly until jelly sheets from a metal spoon. Skim well, pour into hot, sterilized jars. Adjust lids and process half-pint jars 5 minutes in a boiling water canner. Salal Jelly

Use equal parts of salal juice and tart apple juice, bring to a boil and add 1 cup sugar for each cup of juice and let boil until jelly stage. Pour into hot sterilized jars. Adjust lids and process half-pint jars 5 minutes in a boiling water canner.

**Oregon Grape Jelly** 

Select firm ripe Oregon grapes, wash, leaving on stems. Place in large preserving kettle, covering with water. Boil s10 minutes, then mash and boil 5 minutes longer. Drain through jelly bag. Measure juice into large preserving kettle and boil 10 minutes. Add 3/ 4 as much sugar as juice. Stir until sugar is dissolved. Boil rapidly until lit sheets from spoon. Remove from heat, skim at once and pour into hot sterilized jars. Adjust lids and

process 5 minutes in a boiling water canner. Blue Elderberry Jelly 4 to 5 lb., blue elderberries

1/2 cup lemon juice

71/2 cups sugar

2 packets liquid pectin

Remove stems from berries. Place in kettle and crush. Heat gently until juice flows. Simmer covered 15 minutes. Strain juice through jelly bag. Measure 31/2 cups juice. Add lemon juice and sugar. Bring to a boil. Add pectin at once, stirring constantly. Bring to a boil again and boil hard 1/2 minute. Remove from heat. Skim. Pour into hot sterilized jars. Adjust lids and process halfpint jars 5 minutes in a boiling water canner.

### Components within you family

Like physical fitness, family fitness has three main components: flexibility, strength and endurance. If your family is flexible, you can adapt to the many changes that occur in the world around you and to the changes that occur within your family. If your family is strong, you will stick together through tough times as well as times when things are going well. Your family will also support each member's efforts and interests. If your family has endurance, you will always be there for each other.

## Stockman's Roundup: Conform to standards



### **Bob Pawelek OSU Extension Agent** Livestock and Range

Traditionally, the beef industry has been built on an animal oriented management system based on production traits. A change is now taking place whereby producers are either paid a premium or penalized for the end product. All cattlemen must now become better informed on beef carcass and product traits and consider them in the herd

#### management and production plan.

This change means an expanded role for cattlemen. It forces selection based on both breeds and crosses for reproductive, maternal,

growth and carcass traits. The National Beef Quality Audit which took place a few years ago focused management emphasis on genetics. Now, cattlemen have to look for

herd sires and mother cows that yield a consistent product.

Beef product quality and consistency have become standard language in the industry now. The following tables show some of the current data used by cattlemen across the nation. Those conforming to the "standards" will no doubt be paid premiums for their end product.

Table 1. The "Top Ten" of the Cattle Breads and Crossbreds for Cartain Carcass/Meet Traits.				Table 2. Breed Group Averages For Factors Identified With Meat Quality.						-	Table 3. Means for Pure Breeds and Composity Program at MARC Growth and Caroa				
MUSCLING	MARELING	COMBINED YIELD	COOKED BEEF TENDERNESS	Bread group	Marbling US	Percent Warner- USDA Bratzler Choice sheet"	Tendemesa	y panel acor Juiciness		Bread		Average daily	Final weight	-	
Balgian Blue Piedmontasa Limousin Blonde O'Aquitaine Marchigiana Romegnole Cherotais Galbyseh Simmental Braunvieh	Wegyu Jersey Guensey Angus Red Angus Gallowey Holistein Friesen Red Pol Shorthorn South Devon	Charolais x Angus Simmanosi x Angus Limousin x Angus Red Angus Heaton x Angus Hotatein x Angus Hotatein x Angus Hotatein x Angus Hotatein x Angus Hotatein x Angus Hotatein x Angus	Weygu Jersey Guerney Angus Red Angus Heartord Gallowey Shorthom Shorthom Piedmontese	Chanina-X Limouain-X Bratiman-X Sativest-X Sativest-X Simmental-X Maina-Antou-X Tarentaise-X Charolais-X Braumah-X Progeser-X South Devon-X Heartford-Angua-X	8.3 9.0 9.3 9.3 9.5 9.5 10.1 10.2 10.3 10.4 10.8 11.3	24374034488488488888888888888888888888888	7.8 7.7 8.4 7.8 8.1 7.8 8.1 7.5 8.1 7.2 7.7 7.4 8.8 7.3	6.9 6.9 6.5 6.8 6.8 7.1 6.7 7.3 7.2 7.1 7.4 7.3	73 7.4 7.2 7.4 7.1 7.3 7.3 7.3 7.4 7.4 7.4 7.3 7.3 7.3	7.2 7.3 6.9 7.2 7.0 7.3 7.2 7.0 7.3 7.2 7.2 7.2 7.4 7.3	Group Pure breede: Red Polt Hereford Angus Umousin Braunsish Braunsish Simmertal Calovieh Simmertal Calovieh	No. 114 148 148 142 139 118 150 127 128	2.8 2.7 2.6 2.7 2.8 2.7 2.8 2.7 2.8 2.7 2.9 2.8 2.7	8 1187 1118 1138 1138 1138 1250 1281 1263	
name Brith, Gary C. 7 pas of Gette, Proceeding only, pp. 18-22		ny and non-participants of had			13.2			7.3 7.4	7.4 7.5	7.1 7.8	Composite populations:	172	H	1241	

Bread Group	No.	Average daily gain (b)		Dress. pct.	Martsling"	USDA Choice or Nigher	USDA Select or higher
Pure breeds:							
Red Poll	114	2.8	1187	60.	830	71	10
Hereford	146	2.8 2.7 2.8 2.7 2.8 2.7 2.8 2.7	1118	60. 61. 53. 58. 58. 58. 58.	521 541 443 454 515 453 453	71 60 77 14 42 88 18 34 34	10
Angus	118	2.8	1138	61.	841	77	10
Limousin	142	2.6	2144	63.	443	14	
Braumvieh	139	2.7	1250	89.	484	42	
Pinzgauer Galbvish Simmental	118	2.6	1228	89.	516	88	
Gelbyieh	150	2.7	1250	88.	483	18	
Simmerris	127	1.9	1261	89. 60.	480	34	
Charoleia	126		1263	80.	471	24	
Composite populations:							
MARCI	178	2.8	1241	81.	479		
MARC I	148	2.8	1263	61.	478	4	10
MARC III	155	2.7	1226	58.	831		10