

**Warm Springs Recreation Department  
Weekend Schedule 1993-94**

|                 |  |
|-----------------|--|
| <b>OCTOBER</b>  |  |
| 16              | Road Warriors Biathlon — 9:00 a.m. at Kah-Nee-Ta Village (22 mile bike — 10K run). |
| 23              | Kah-Nee-Ta Fall Run — 10:00 a.m. (2 mile fun run & 10K Run).                       |
| 29-31           | 17 & Under Boy's Basketball Tournament   |
| <b>NOVEMBER</b> |  |
| 5-7             | 13 & Under Boys/14 & Under Girls Blackhawks Basketball Tournament                  |
| 12-13           | Cougar Classic 12 & Under Boys Basketball Tourney.                                 |
| 21              | Coed Volleyball  |
| 28              | 17 & Under WSAA Basketball Tournament  |
| <b>DECEMBER</b> |  |
| 7               | Girls Frosh vs. Crook County — 4:30 p.m.   |
| 8               | Christmas Tree Lighting — 6:00 p.m.  |
| 9               | November Fitness Challenge Luncheon — 12 noon                                      |
| 11              | Annual Christmas Bazaar — 10:00 a.m.   |
| 14              | Boys Frosh vs. Crook County — 4:30   |
| 17-19           | 13 & 10 Under Girls Tourney  |
| 23              | Last Minute Christmas Bazaar   |
| 29-1            | WSAA Mens Holiday Tournament   |
| 27-9            | Christmas Break Activities (Recreation Dept.)                                      |
| <b>JANUARY</b>  |  |
| 11              | Boys Frosh vs. Sisters — 4:30 p.m.   |
| 14-16           | 30 & Over Men's Basketball Tournament  |
| 18              | Boys Frosh vs. Sunriver — 4:30 p.m.  |
| 25              | Boys Frosh vs. Mt. View — 4:30 p.m.  |
| 28-30           | 12 & Under Boys — 13 & Under Girls Youth Basketball Tournament                     |
| <b>FEBRUARY</b> |  |
| 4-6             | We B.A.A.A.D. Boys 16 & Under Youth Tourney  |
| 11-13           | 13 & 10 Under Girls Basketball Tourney   |
| 15              | Boys Frosh vs. Sisters — 4:30 p.m.   |
| <b>MARCH</b>    |  |
| 4-6             | W.S.C.R. Bears 15 & Under Girls Tourney  |
| 11-13           | Rug Rats 11 & Under Girls Youth Tourney  |
| 25-27           | Warriors Challenge — Boys  |
| <b>APRIL</b>    |  |
| 1-3             | W.S.C.R. Bears 10 & 13 Under Girls   |
| 8-10            | 17 & Under Boys Youth Basketball Tourney   |
| 9               | Kah-Nee-Ta Mini Marathon   |
| 10              | Sunday Easter Program  |
| 15-17           | Blackwolf 6 foot & Under Suicide Prevention Tournament                             |
| <b>MAY</b>      |  |
| 7               | Reservation Relay  |
| 14              | Spring Yard Sale   |

**Notice for proposed project--  
continued from page 1**

Public Works and Economic Development Act of 1965, as amended. The Project conforms with the zoning requirements contained in the Tribes' Land Use Ordinance #56, as amended. The Project will provide short-term employment opportunities during the construction phases and long-term opportunities in the manufacturing facilities.

Any party desiring to comment on the proposed Project and its relationship to the 100 year floodplain and adjacent wetlands of the Deschutes River or immediate tributaries must provide written comments within thirty days from the date of this notice to: Mr. Michael Boyd, Regional Environmentalist, Economic Development Administration, 915 2nd Avenue, Room 1856, Seattle, WA 98174.

Comments or responses to this initial notification will be accepted for a thirty (30) day period following the date of this notice. In the event no substantive responses are received during this initial comment period, EDA may elect to waive further notification requirements.

**Impact Aid topic of meeting**

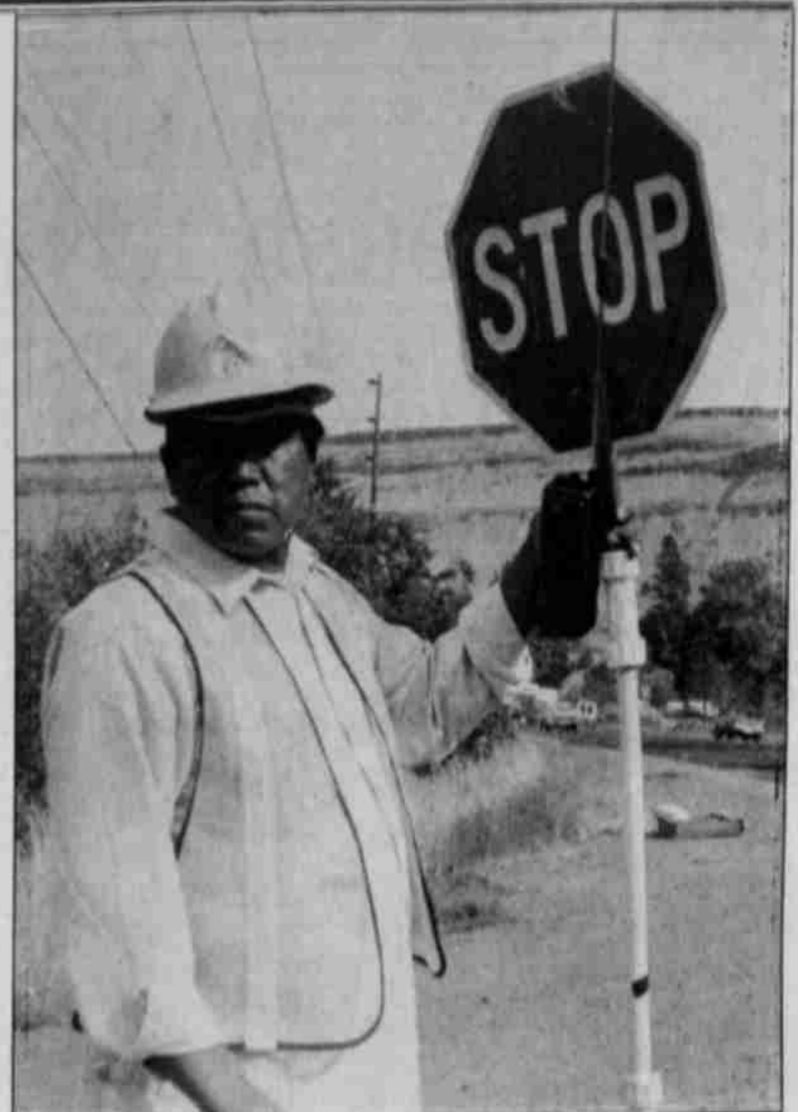
As specified in School Board Policy 911, the District plans to afford patrons an opportunity to make comments and recommendations relative to application for and use of P.L. 81-874 Impact Aid funds.

A public hearing has been scheduled during a regular school Board

A copy of the proposed Project plan is on file at the Business and Economic Development Department Office, P.O. Box 1359, 1103 Wasco Street, Warm Springs, OR 97761. Any party desiring additional information may contact Mr. Robert Macy by telephone at 503/553-3468 or in writing through the Tribe's Development address above.

**Chapter I families invited to feed**

The School District 509-J Chapter I Program is sponsoring a free spaghetti feed for all Chapter I families on Monday, October 25. The annual meeting will take place at Madras Senior High School cafeteria from 5:30 p.m. to 7:30 p.m. If you need a ride from Warm Springs, free transportation to the high school will leave the Warm Springs Community Center parking lot at 5:00 p.m. Entertainment will be provided for the children. For further information, contact your child's Chapter I teacher.



Winston Wewa was one of many tribal member flaggers that helped control traffic during Highway 26 renovation. Heavy construction work is completed with only shoulder work and markers to be placed.

**Student Leaders-Continued from page 2**

community by way of commitment to projects to help Warm Springs and its people.

Andy Leonard, FFC project coach, attended the workshop this year with students. The students shared the project they are working on in Warm Springs including gift baskets for the senior citizens, junior high study hall and a tutoring project.

Leadership exercises for the FFC

students will range from the Holiday Career Fair in December 1993 and the Eastern Oregon Career Fair to participation in the Oregon Indian Education Association conference.

When students once again return to Albuquerque they are expected to deliver a speech in Indian Charlotte Herkshan has volunteered to help students with the language and their presentation.

**CNA training program to begin**

A Certified Nursing Assistant (CNA) training program is scheduled to begin November 1 at Mountain View Hospital and Nursing Home in Madras. The course consists of approximately four weeks of classroom instruction and clinical experience.

Training as a CNA will prepare students for a health care career. Basic

nursing skills and infection control procedures are taught in the CNA course. Students will also be certified in cardiopulmonary resuscitation.

Interested candidates will be interviewed and selected prior to enrollment in the CNA course. For information call Laurie Barr at 475-3883 extension 2228.

**University Multicultural Affairs office sponsors visitation**

More than 200 people throughout Oregon are expected to participate in the seventh annual "Gateway to the Future" visitation day for high school students of color, scheduled for Thursday, November 18, at the University of Oregon.

The pre-registration deadline is Friday, October 15. Due to limited

space, registration for the program is limited to 10 students per high school.

Sponsored by the UO Office of Admissions and Office of Multicultural Affairs, this free program is designed to encourage African-American, Asian/Pacific Islander, Chicano/Latino and Native American students from Oregon high

schools to pursue some form of post-secondary education, according to Edwina Welch, an academic adviser and assistant director of admissions.

"Gateway to the Future" provides high school students of color an opportunity to experience life on a university campus," said Welch. "Part of this experience includes spending

the day with other high school students and current UO students and faculty members from similar racial and ethnic backgrounds."

The high school students will learn about opportunities in post-secondary education. They also will learn about the admissions process, financial aid and scholarship availability, and campus/community resources at the University of Oregon.

Event registration will begin at 9:30 a.m. in the Ballroom of the Erb Memorial Union (EMU), 1222 E. 13th Ave. Activities will conclude by 2:00 p.m.

Marshall Saucedo, director of the Office of Multicultural Affairs, will welcome students at 10:00 a.m. in the EMU Ballroom.

For more information or to receive a registration application, call Edwina Welch in the office of Admissions, (503) 346-3201, or Phil Reid in the Office of Multicultural Affairs, (503) 346-3479.

**Conference discusses career changes**

Registration is open for "Re-Careering: A Woman's Choice," a conference for women seeking career alternatives. The all-day conference is offered by the Changing Directions program at Central Oregon Community College. It is scheduled

**Look into college scholarships**

Dr. Rosa Minoka Hill Fund assists in the placement through scholarships of capable, motivated Indian students in some of the nation's outstanding private college preparatory secondary schools. Applications are made each year from September through December for entry the following September. Interested students should apply during their 8th, 9th, or 10th grade year. Parents, teachers, counselors and students should contact the: Dr. Rosa Minoka Hill Fund, 1630 30th St., Suite 309, Boulder, Colorado 80301-1000; (303) 492-3108, (303) 494-9476.

from 7:30 a.m. to 5:00 p.m., Saturday, October 23, at COCC. The cost is \$5 in advance (scholarships available) or \$7 at the door and includes continental breakfast and lunch.

Changing Directions is a support services program that provides special assistance to adult students. It is designed to help women who are making life or personal transitions. For more information, call 383-7587 or 1-800-422-3041.

**Musicians wanted for C.O. Band**

The Central Oregon Concert Band, a 50-piece college and community band, is beginning rehearsals for its 1993-94 concert season. Rehearsals are held at 7:00 p.m. on Thursday evenings in room 28 of Pence Hall at Central Oregon Community College. Musicians who are interested in playing in the band are urged to attend.

The band is sponsored by COCC and is conducted by Jerry Yahna,

**IF WE TRY project planning completed**

The planning phase of the IF WE TRY project has come to a close. Over fifty families of middle school age youth from the Portland and Warm Springs Communities filled out an extensive family survey that was used as the basis of the IF WE TRY curriculum design.

The American Indian Association of Portland and the Confederated Tribes of Warm Springs with cooperation from the Portland Public Schools, Jefferson County Public Schools, the Title V Indian Education Projects and other interested persons worked throughout the past nine months to construct a curriculum design that would be tested by ten families in the Warm Springs area and ten families in the urban area. The project would focus on strengthening families in order to help their youth graduate from high school and reduce the absenteeism within both school districts.

Funding for the Planning Project was through the Department of Education Office, Office of Indian Education. Funding for the Pilot Project has not been received.

Staff for the IWT Project included: Ms. Ramona Soto Rank, Klamath, Project Coordinator; Ms. Marie Calica, Wasco, Warm Springs Community Liaison; Mr. Brian Hoffman, Urban Community Liaison; and Ms. Valda Smith, Shoshone, Administrative Assistant. Future funding for the project will be on the agenda for the American Indian Association of Portland.

For further information, please call the American Indian Association Portland office. 249-0296.

**Mišnam s'niwitaša Ičiškin?**  
**Do you want to speak Indian?**  
New Sahaptin language classes begin Tuesday, October 5 through October 28, 1993, every Tuesday and Thursday for 4 weeks in the first floor training room, 5:30 to 7:30 p.m. Come by the Culture & Heritage office (old boy's dorm).

**Parents have opportunities to help children learn in school**

What do parents receive, being involved in their child's school?

1. Enjoyment in being with other adults and children.
2. A chance to get out of the house and expand your horizons.
3. You meet other parents who have similar needs or concerns.
4. You can become informed about the educational process, especially your child's.
5. You can go on field trips.

How do children benefit by having parents involved in their schools?

1. It builds your child's self-esteem.
2. Your child get motivated when parents are involved at school.
3. It can create a better parent-child-teacher relationship.

Ten ways to help your child with math

1. Have your child figure out mileage between towns when you're on a trip. Have him or her estimate how long it will take you to get where you're going.
2. Have your child double a recipe for you or cut it in half.
3. Have your child compute a time problem. For example, "You need to get up at 7:00 a.m., what time should you go to bed to get eight hours of sleep?"
4. Take your child grocery shopping and figure out some costs. For example, "Is it cheaper to buy two cans of soup for 89 cents or three cans for \$1.39?"
5. Keep a record of your children's growth in height, perhaps on a closet door. Ask them to figure out how many inches they have grown since the last time they were measured.
6. Buy a pocket calculator and practice using it with your child.
7. Have your child figure out what gas mileage you're getting in your car. If you use public transit, ask your child to figure out what one week's or one month's fares would be.
8. When you're at a restaurant, have your child figure out the bill and the tip.
9. Have your child figure out win/loss percentages for the school team or other favorite team.
10. Help your child figure out a budget for allowance or money he or she earns. Work with your child to keep track of how much is spent and how much is saved.

progress? How well does my child handle taking tests?

7. Find out specific ways that you can help your child perform better in school. At home, discuss these strategies with your child and let him or her know that you and the teacher care what happens. Then, start working on your plan immediately. Finally, remember to follow up with the teacher to discuss your child's progress.

Ten ways to help your child learn to read

1. Encourage your child to read aloud to you and listen.
2. Have your child look up phone numbers for you. It's one way to show that reading is both useful and necessary.
3. Play word games with your child.
4. When you're in a restaurant, have your child read the menu to you.
5. Writing is part of reading. Get some inexpensive postcards for your child to write notes on to send to relatives or friends.
6. Encourage your child to keep a diary and write about special experiences, such as a trip to the zoo.
7. When you're in the car, have your child read signs along the road.
8. Encourage library visits. Let your child choose his or her own books. Have a place in your child's room where the books can be kept.
9. Read yourself! Your example is the best way to let your child know that you think reading is a good idea.
10. Be positive! Give your child lots of praise and encouragement. You can never make a child do better by making him feel bad.

Seven ways to assure a successful parent/teacher conference

1. Write notes to yourself before the conference about important topics to cover. You might want the teachers to know about your child's home life, personality, problems, habits or hobbies. Or, you may want to address your concerns about school policies or programs or your child's progress.
2. Ask your children what they would like you to talk about with their teachers. Also, ask your kids what they think are their best and worst subjects and have them explain why.
3. Stay calm during the conference. Remember, you're there for only one reason: to help your child.
4. Ask for an explanation if the teacher uses a term, or talks about something that you don't understand.
5. Ask important questions first, in case you run out of time.
6. Try to ask such questions as: Is my child in different groups for different subjects? Why? How well does my child get along with others? What are his or her best subjects? Is my child working up to his or her ability? Does my child participate in class discussions and activities? Has my child missed any classes other than the ones I contacted the school about? What kinds of tests are being done? What do they tell about my child's

**Warm Springs Elementary  
Parent-Teacher  
Conferences  
are set for  
Nov. 4 -- Kindergarten  
Nov. 5 -- Grades 1-5**