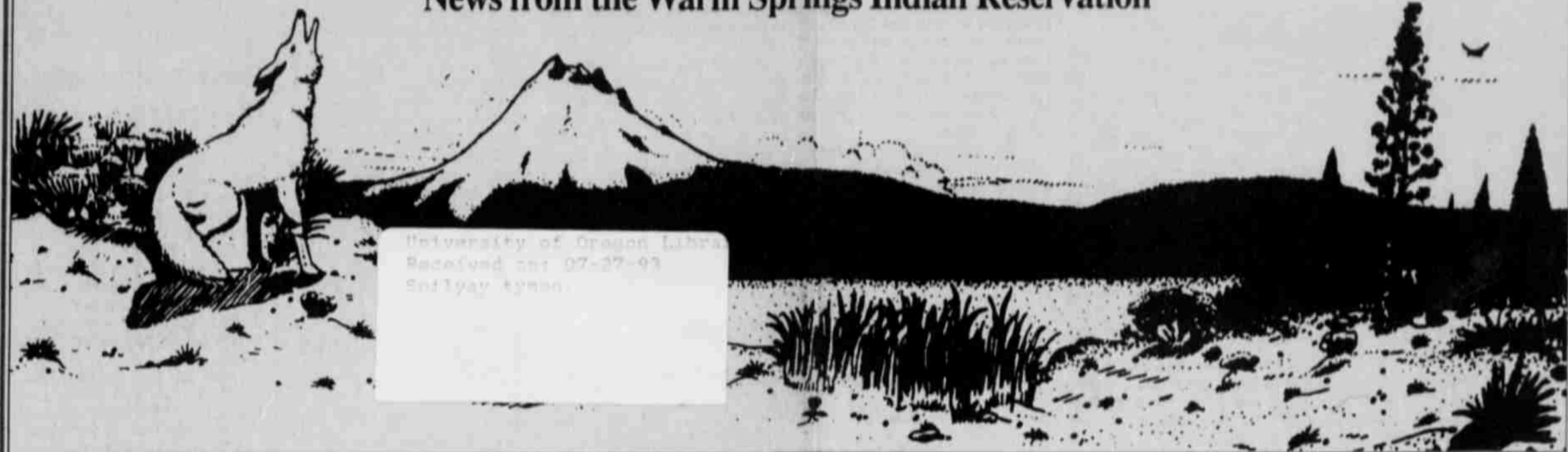


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Spilyay Tymoo

News from the Warm Springs Indian Reservation



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JULY 23, 1993

Coyote news in brief

Top scholars honored
Three Warm Springs higher education students received monetary awards and gift certificates for their academic achievements during the 1992-'93 school year.

Page 2

Hearings to be held
Input is needed for the Northwest Power Planning Council's fish and wildlife program

Page 2

Suicide information given
Signs of suicidal tendencies are sometimes not easily detected.

Page 2

New Wellness Center to open soon
The new Health and Wellness Center will soon open its doors. The building will meld all IHS and some tribal health-related programs.

Page 3

Resort still packs 'em in
Thousands of tourists are expected to visit Kah-Nee-Ta Resort this year. The resort continues to be a favorite get away spot for many.

Page 6

Keep kids comfy
To keep your children happy when traveling, it is advised to keep them comfortable and busy.

Page 7

"On Patrol" offers information about local police activities
The Warm Springs Police Department again submits news concerning reservation police activities.

Page 8

Deadline for the next issue of Spilyay Tymoo is July 30, 1993

Watch for signs announcing the date of the annual Huckleberry Feast to be held at HeHe Longhouse!



Round 'em up!

Boulder area cattlemen had their annual cattle roundup and calf branding at the Boulder Corral July 10 and 11. Also at the same time, they selected their beef cattle for sale at auction.

Clinic short of doctors; area office recruiting

The Warm Springs Indian Health Service clinic is temporarily experiencing a shortage of doctors. They are also having a difficult time recruiting physicians to staff the new Health and Wellness Center.

Dr. Paul Barnett left in mid-July, as he transferred to the Puyallip Service Unit in Tacoma. His departure leaves Dr. Tom Creelman and Dr. Tom Manning the only two full-time physicians at the clinic.

Acting Service Unit Director Weldon Roberts stated the Portland Area Office is currently actively recruiting for three full-time board certified physicians.

Roberts added that the plan for extended hours at the new Center will be delayed until all five physicians are on board.

Jefferson County Fair
July 22 through 25
Fair Grounds
Madras
Take part in all the fun activities at this annual event!

New curriculum to include spiritual, emotional, physical, mental aspects

One of the definitions of success in Webster's Dictionary is, "favorable or desired outcome". The goal of the American Indian Association's IF WE TRY project is to ensure that American Indian youth in the sixth, seventh, eighth and ninth grades reach graduation. Bringing together Warm Springs and Portland area families and school officials interested in working toward that goal, the IF WE TRY project held a community building workshop at Kah-Nee-Ta July 15, 17 and 18. Project coordinators have until the end of August to summarize and organize information gathered at the workshop and to formulate middle-school curriculum fitting that goal.

Taking a "holistic" approach to dealing with education needs, the workshop focused on the spiritual, physical, mental and emotional aspects of the issue.

Rudy Clements spoke on spirituality, saying that spirituality is one's most important qualities, without it, people will fail. "Spirituality is a way of life that bring a person's life into balance. Without spiritual help, a person will not succeed....It brings peace, calmness, freedom, the ability to deal with things and it brings strength."

Speaking on physical fitness was

Lucinda Green. She stressed the importance of physical fitness, but added that people should be "well and healthy, not just physically fit and a size 10 as dictated by society....Work on the other three (spiritual, mental and emotional) aspects of your life and wellness will come." She added that "you can be fat and fit and you can be fat and healthy. I'm proof." She has controlled diabetes through her personal struggle for wellness. She said, too, that wellness should be stressed to youth. "These youth have very deep feelings about how they look. We spend a lot of time looking at them and they spend a lot of time looking at themselves. We need to get over how we look....We should close our eyes and ears and open our hearts and pursue wellness and health."

Jeri Brunoe, speaking on the emotional aspect of learning, stated that her success can be attributed to "stability in her family and my belief in the Creator. You cannot succeed without that. My family helped direct my emotions in a positive way. They were constant and consistent." She asked what young people do with their anger, guilt and joy. "Are these emotions being addressed. What is the cause? Are these emotions good or bad?" Not having any of these

emotions can cause dysfunction and "imbalance" in a young person's life, a symptom that too often is carried into adulthood.

Also speaking at the conference was Howard Rainer, a well-known inspirational speaker. Speaking on mental wellness, Rainer cited three values necessary in a person's life. "You must have a vision, you must never quit and you must have belief in traditional values and teachings."

Without a vision, Rainer said, "Indian people will perish....An Indian family must have a vision, because if not, they will separate. When an Indian has a vision, he can help a lot of people." He advised attendees to "discover your talents. You can't do anything until you do this."

He urged people to have a no-quit attitude. "Don't quit because you fail a test. Don't quit because somebody says you can't do it. Don't quit under fire. Your ancestors never quit. Don't go to college if you're only going to turn around and come home. Don't go to high school if you're not going to finish." Finish what you start.

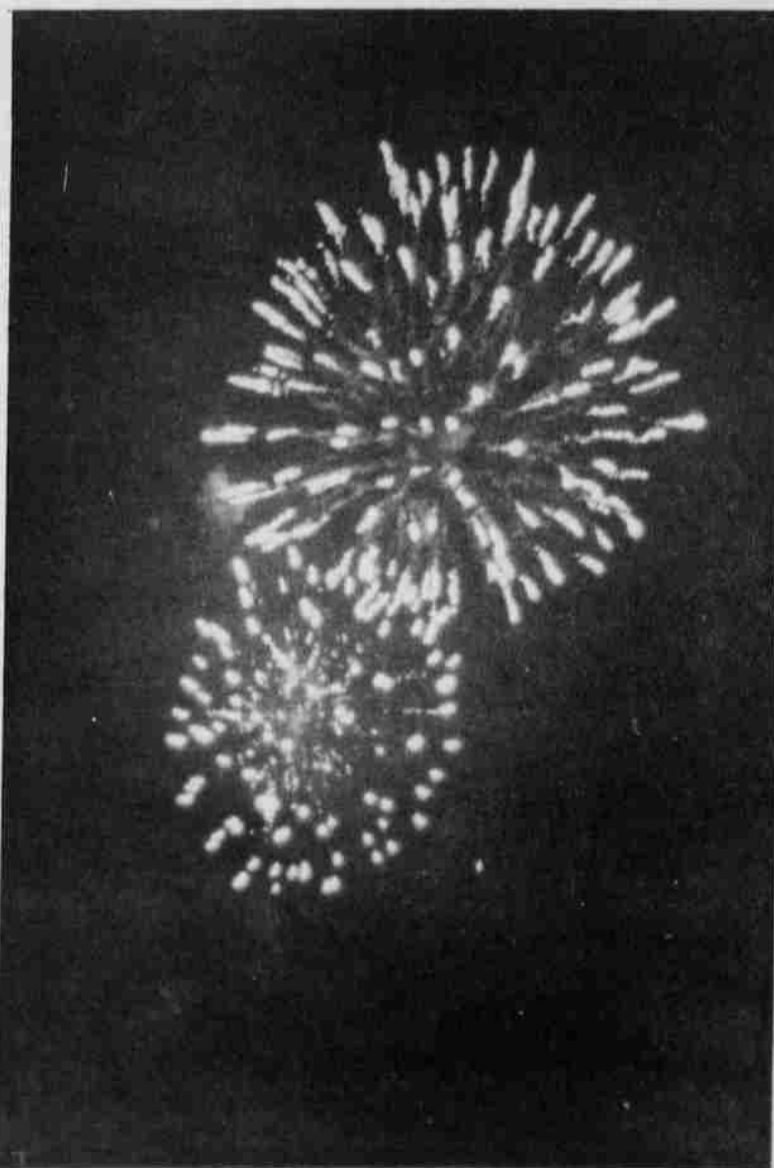
Rainer said, too, that "you can not go through life alone. You must have spiritual strength. Many have it, many don't. You better have it.

"We're here not just to talk. We're here to create change and plan for the

future. We must get a commitment from kids to achieve and excel. There is no excuse....Knowledge is power, information is power, skill is power. The more you have, the more freedom and options you will have."

Once organizers have outlined information gathered at the workshops, a final report will be prepared. Watch Spilyay for further information concerning curriculum development and interviews with school-aged children and families in future editions.

BOOM!



The 4th of July fireworks were brought to Warm Springs by Bill Dohl of Pyro Presentations from the Eugene-Springfield area. Pyro Presentations has been bringing their fireworks shows here for the past two years free of charge. This year they received a donation from Tribal Council to purchase the fireworks.

Community's help needed for resources

Out there in the woods and rural area are our natural resources. And it is up to all of us to protect them, not just the men in uniform, but you too, the owners of the land and all on it. So we are talking about watching and protecting by reporting and maybe doing something yourself to protect it.

We have deer and elk out there as well as the fish in our streams and our domestic animals such as cattle and horses to watch over and protect....the real point we are aiming at is that in order for all these resources to be there when they are needed and ready to harvest is that we should always protect and preserve those resources. The woods watch program is a reporting type program that the Tribal

members and members of the community can get involved in. We the Fish and Game Division cannot be in all areas at the same time. So we need your help to watch over our resources and report any one who violates or damages the existence of our resources.

If you truly believe that it is your traditional right to take the deer or elk, then do it by the letter of the law, it's all our law, it's a law that you the people voted for and approved. Which is the seasons of hunting, fishing. It is up to you to help preserve the natural resources.

Reporting someone close to you is hard, but if you like deer and elk meat and fish and rely on that resource for food, then it is important to help

protect it. All reports of any activity will be held strictly confidential. We hope to get as much help as possible to help protect our resources.

To report any activity, please call the police department and they will notify a Fish & Game Officer to handle the call, please contact Sgt. Oswald "Bear" Tias. Please feel free to contact him on any matters or concerns that you may have at the following phone number: 553-3272 or 553-3273.

After a long and hard winter, we the fish and Game Division hope you enjoy the nice weather of the summer soon to come, enjoy and be safe and cool.

From Tribal Fish and Game