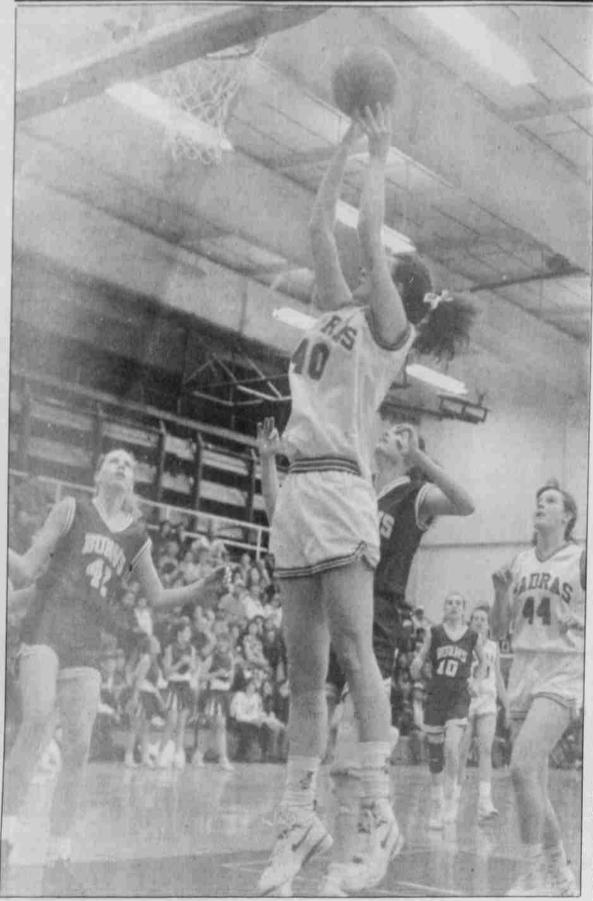


# Spilyay Tymoo SPORTS



Heather Clowers goes for basket in game against Burns February 5. Buffaloes defeated Hilanders 55-43. Buffalo girls also defeated Riverside last weekend.

#### Annual Wellness Conference set for February

The fourth annual Wellness and Women Conference for Native Americans will be offered February 22 through 26 in Phoenix by the University of Oklahoma.

"Strengthening the Circle," which will be held at the Hyatt-Regency and Omni hotels, is sponsored by Health Promotion Programs, a division of the OU College of Continuing Education.

The four-day conference will provide participants with the feeling of empowerment and energy that comes from sharing and gaining new knowledge, said Charlotte Hewitt, conference planning committee member.

"Not only will participants gain renewed physical, mental, emotional and spiritual wellness, but they will learn new strategies for coping with today's pressures and responsibilities," she said.

Workshops to be conducted at the conference include "My Sister -

Myself: Strength Through Tradi-tion"; "Fun in Recovery for Adult Children of Alcoholics"; "Effective Grant Writing"; "Men and Women: Merging Paths Toward the Year 2000"; "AIDS and Dating"; and "The Truth About Women and Heart

Disease. More than 1,250 women from across the nation and Canada attended the 1992 conference.

Cost of the conference is \$140 for each participant until February 9. After that, the cost will be \$250. Special group rates of \$110 per person will be offered to organizations registering six or more participants at the same time. The registration fee covers all conference sessions, resource materials, 3.0 continuing education units, a canvas tote bag, breaks, a reception and dinner. Lodging and meals will be the responsibility of the participant.

"This conference provides an opportunity for participants to network with other women nationwide about health issues and wellness programs that have had a positive impact in their lives or communities," Hewitt

To request a brochure or for more information, contact Health Promotion Programs, OU College of Continuing Education, 555 E. Constitu-tion, Norman, OK 73037-0005; telephone (405) 325-1790. Accommodations on the basis of disability are available by calling the number listed above.

Boy's Basketball February 19 at Ontario

Wrestling February 19, 6:00 at Madras

Mini Marathon April 24th Kah-Nee-Ta Resort

#### Cowboys hold **Jamboree**

The Central Oregon Fellowship of Christian Cowboys are holding a Cowboy Jamboree at the Powell Butte Grange Hall, February 27 at 7:00 p.m. There will be country gospel music provided by The Warriors, with Christian Cowboy members providing cowboy poetry and other enter-tainment. Coffee, cold drinks and a "dime-a-dip" dessert will be available. For more information, call 447-7590 or 548-4723 in the evenings.

Meetings are held the second uesday of each month at Terrebonne Grange Hall in Terrebonne at 7:00

# White Buffaloes rolling along in the GOL It was an impressive win over the sure on the Hilanders right from the hump in league play boasting a

Burns Hilanders on their home floor Saturday, February 6, 1993. The Hilanders, a highly rated team according to the experts, were set back by the determined Buffalo team, beating them 75-66. This was one of the big steps by the Buffs winning on the road. If the momentum continues as most of the tougher games will be on the home floor. All except for the encounter with the Ontario Tigers where they have to travel to meet them on the 19th, on their home floor. On the following night they play at

It's always hard to get a win on the road especially at Burns, as they seem to always rise up to the occasion and are tough, but the Buffs put the pres-

start and led after one quarter 17-15, and as the half time buzzer sounded the Buffs still held the lead 34-28. After three quarters the Buffs held on to the lead 55-46, and in the final quarter both teams scored 20 points apiece which gave the Buffs 75-66, win over the Hilanders.

Leif Suppah led the scoring for the Buffs with 22 points as he was hot again burning the nets and building the lead. It was the shooting of Leif Suppah and the Hustle of Tom Norton who also had a Whale of a game, Norton contributed 11 points for the winners and had a superb game on defense that really sparked the Buff team.

The Buffs are almost over the

hump in league play boasting a 5 win, 1 loss record. On Saturday, the Bulldogs of Baker will come to town and if the Buffs should win the game they will have the handle on the league lead. Along with Suppah and Norton's fine play Christensen, K.C. Ring, and Shane Barnes each had 8 points apiece while Mark Harris Scott Delamarter each had 7 and Phiefer 4.

Adair of the Hilanders topped all scorers with a total of 25 points, Baker 17, Shields 11, Peasley 7, Gram 2, Hayes 2, Wells, Taylor and Turner.

On Friday the 19th the Buffs travel to Ontario to meet the Tigers on a return game, with game time at 5:45 MST. On Saturday the Buffs travel to Nyssa with game time at 1:00 p.m.

### We BAAAD plays in Mt. Hood CC tournament

We BAAAD participated in a tournament held at Mt. Hood Community College February 6-7, 1993. The teams participating in their bracket were Albany Southern Or-egon, The Dalles, Klamath Falls, North Albany, Salem, Kalama, Washington, Cedar Park Beaverton, and Bend, Oregon who made it late to the tourney

We BAAAD drew a bye in the first round. In the Second Round they surprised our opponent and the crowd with a run away 55-27 victory over Cedar Park Beaverton, who came into the game over confident. The coach was surprised when he found out 8 kids on the Roster were 7th graders, complimented them on their game.

In the third round the team played a well coached and disciplined team, Kalama Washington. The team took them in a full court press. Man-man defense, and a run gun offense, which threw them off for awhile, enough to hold on to a narrow victory 55-53. The lead changed six different times. Once Kalama got into their game, We BAAAD had to play harder.

In the fourth round the director ced if the team would be willing to scrimmage another Bend team, making it the third game of the day. They were very tough and a quick

It turned out to be a crowd pleaser from start to finish. Going into overtime, with Bend pulling off a victory with a last shot 55-54. This gave the team experience, recognition, and good exposure to other coaches and teams. In the championship game We BAAAD played against the Bend Lava Bears, who had just won their semi's by 50 points in another bracket, played at Park Rose High School. Both teams were undefeated in both brackets.

The Bend Lava Bears front line was 6'6", 6'4", 6'3" with some very quick guards, We BAAAD matched up with them in a full court press, and man-man defense. They surprised the

crowd, and their opponent. Trading leads through out the game. In the last 50 seconds We BAAAD pulled out in to a 4 point lead. Bend put on a press of their own, throwing them off. We BAAAD tried to change to a stall and ball control causing turnovers, Bend came back beating them in the last 8 seconds, 53-51.

The team couldn't believe it. Having the game then losing it. Their coach told them they played great, keep their heads up, and use this as a stepping stone for improvement for rest of the season. Thanks to the sponsors for the transportation to the tourney and to the assistant coaches. Submitted by Tony "Big Rat" Suppah

## Congratulations are in order

by Tony "Big Rat" Suppah All the teams who participated in the Cougars tournament January 29-31, 1993, deserve a hearty congratulations. By participating, all team members showed they were dedicated to not only the game, but to practice, effort and stick-to-it-tiveness.

You can do anything you want, with a lot of hard work, depending on how bad you want it. Nothing comes overnight. It takes time and a lot of disappointments to get to the top, as it did out team. We were no power by any means in youth basketball, but were recognized as a competitive team. That came with a lot of hard work, and with great parent support for our players.

A young atmete can be taught, in practice, the fundamentals of the game, team work, sportsmanship, responsibility, enjoyment of the

game, but they always perform best when they know someone in the crowd is supporting them, giving them that extra push. It's good to be recognized, but it's hard on the team, because everyone gives that extra hard effort to beat you.

It's a great feeling that all young athletes do enjoy at one time or another, knowing they did it as a team, and to be considered number one for awhile. Congratulations to the Blackhawks for coming up like they did. They're a very strong, competitive team.

The "We B.A.A.A.D" roster con-sisted of: Lil' Bull Owl Suppah, Jessie Gilbert, Doug Blodgett, Seth Ring, Ryan Jacobs, Donnie Jackson, BJ Malarie and Jackie Coversup. Coaches are Big Rat and Lucy Suppah. Team manager is Valerie

#### Buffs take league lead

The Madras White Buffaloes went right to work on the visiting Baker Bulldogs on Saturday, February 13, as they got the jump and never looked back to roll on to a 75-61 win and sole first place in the Greater Oregon League standings.

Leif Suppah's sharp shooting, adding 27 points with several three pointers, helped lead the Buffs to victory. Suppah was all over the floor on offense and defense, getting rebounds, getting steals and assists and even blocking the shots of much taller players. The whole team turned in a superb performance out-rebounding

the taller opponents under the basket. One thing about it, the Buffs can run the ball if the opposing team is careless and they did get a lot of lay ups in the game. They also worked the ball well, getting into scoring points. This was the second meeting between the two schools and Madras came away with the win both times. The Buffs are the only team to beat Baker so far this year.

Next, the Buffs make their swing to the East where they meet the Ontario Tigers on Friday, February 19 and the Nyssa Bulldogs on Saturday, February 20. Both games are on Mountain Standard Time.

#### effort enjoyed at games girls develop the dances and choreto purchase costumes and they spend Dance team

The Madras High School Dance Team began performing with the high school theater. Now, the team practices its own dances and performs during half-time at basketball games.

Although Jenny Weinert says she works with the girls at their request, she admits she doesn't do much. The

ography themselves.

The team was started last year,

but didn't show as much enthusiasm as it does this year. "The right com-bination of girls has made all the difference," says Weinert.

The team members raised money

five to six hours each week practic-

Team members include: Cathy Williams, Jennifer Mollman, Sunmiet Minnick, Danielle Creekmore, Sheylene Greene-Boise, Melissa Thompson, Jenny Williams and Nicole Alexander.



Madras High School Dance Team includes: (left to right) Cathy Williams, Jenny Williams, Sheylene Greene-Boise, Nicole Alexander, Melissa Thompson, Sunmiet minnick, Jennifer Mollman and Danielle Creekmore.



Thirteen-and-Under Tournament was held February 13 at the Warm Springs Community Center. Teams throughout Central Oregon participated.