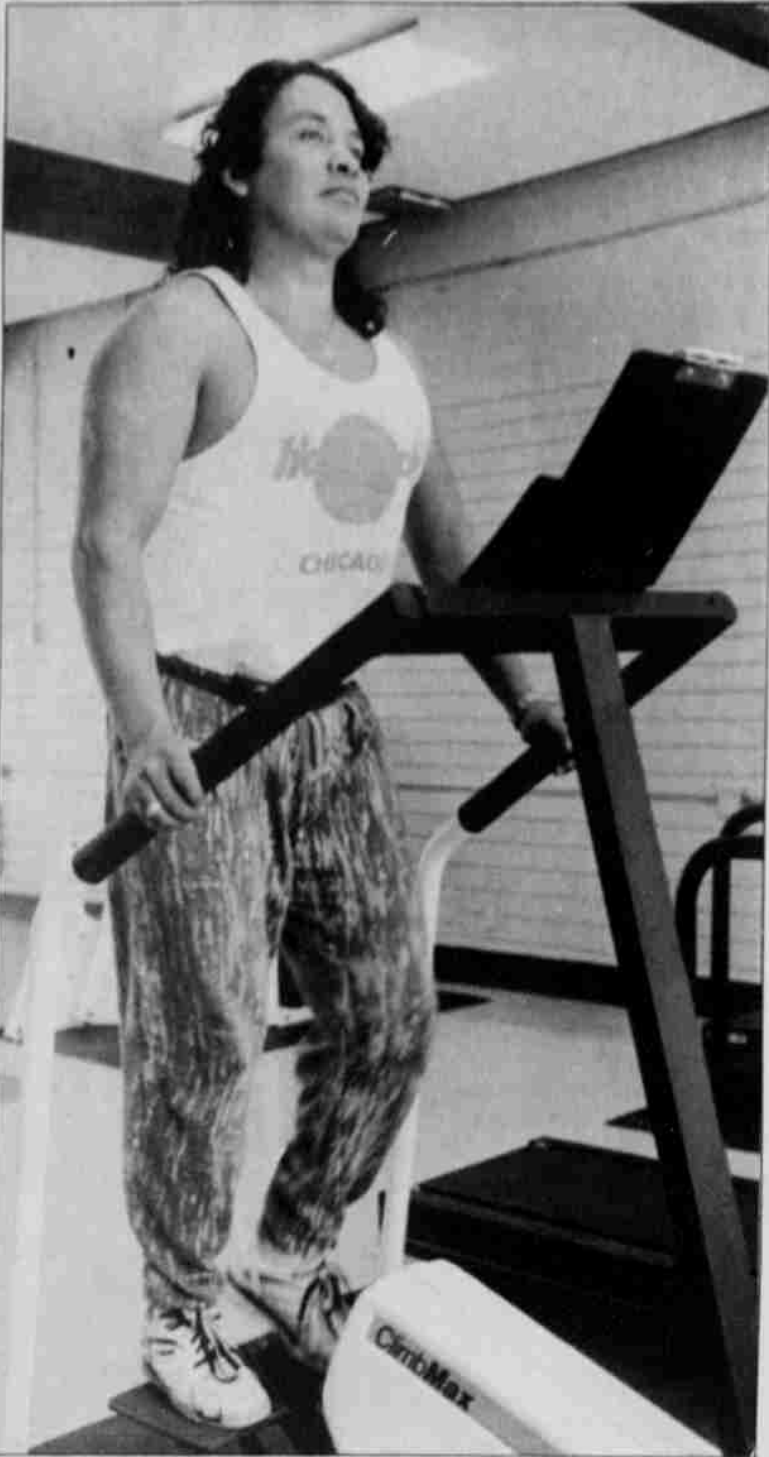


Spilyay Tymoo SPORTS



Wellness coordinator Joey Ortiz invites community members to visit with him so he can help set up personal training programs.

Ortiz focuses on personal fitness

Innovative fitness activities, weight-training, diet and nutrition are areas of concentration for Joey Ortiz, new Warm Springs Wellness Coordinator. Fitness to him, is a holistic approach, designed for the individual. Based on his own experience along with study in the area of fitness training, Ortiz is interested in making fitness workouts fun. He is looking for ways to renew the enthusiasm in personal fitness programs. He says, the same daily routine "just gets stale."

To help alleviate some of that monotony, Ortiz is adding some new activities including circuit training, boxer size class aerobics "to give women a different idea of working out," says Ortiz, and karatacize, an aerobics program for men which focuses on calisthenics.

Ortiz has been involved in his own personal fitness training for the past eight years. He has always been active athletically, from high school where he ran the 1500 meter for Madras to the track team at Mt. Hood Community College. Most recently he has utilized his experience in work at the Columbia Court Club in Hermiston where he served as fitness director for three years. He is certified by the American Council on Exercise and is a certified fitness trainer.

MHS basketball action noted

The Madras boys and girls basketball teams will share the hardwoods this weekend as the girls and boys varsity and junior varsity teams have games against Nyssa Saturday. Saturday's games begin at 3 p.m.

Weekend action begins Friday when Madras boys meet the Riverside Pirates.

The next boys home games will be against the Ontario Tigers January 29 and February 13 against the Baker City Bulldogs.

The MHS boys varsity won their first league game against Baker City January 15 with the final score of 62 to 52. Unfortunately, Madras girls lost to Baker City at home by a score of 55-47.

First Annual Cougar's 12-year and Under Youth Boy's Basketball Tournament
January 29-31, 1993
Open to first 11 teams
Call Austin Greene at 553-3243 for more information

Bowlers stir up pins in 17th Annual Holiday Tournament

The seventeenth annual Warm Springs Holiday Indian Bowling Tournament was held January 1-3, 1993 at Pelton Lanes in Madras. The results are as follows:

Ladies Team Event

1. The Resolutions—2534
Kelli Muskopf, Carolyn Johnson, Rose Foster, Shirley Rogers.
2. Last Minute Team—2506
Lynn Tanewasha, Libby Chase, Val Fuiava, Sandra Danzuka.
3. 3N Livestock II—2465
Anna Clements, Sena Wolfe, Sheilah Wahnetah, Norene Greene.
4. 3N Livestock I—2425
Angie Greene, Birney Boise, Sandra Greene, Margie Tuckta.
5. The Shikes—2396
Lana Shike, Charlotte Shike, Sandra Danzuka, Helena Jones.
6. Rainbow Market—2354
Sherrie Smith, Norma Smith, Dena Thurby, Paula Brisbois.
7. Guerin's Logging—2283
Linda David, Myra Shawoway, Mariann Smith, Mercie Suppah.
8. Widespot Pounders—2252
Missy David, Joni David, Allee Jackson, Shirley Sanders.

Men's Team Event

1. Jeff's Team—2496
Lloyd Thurman, Jeff Toms, Jim Bean, Lonnie Ogilvie.
2. Satch's Team—2479
Ralph Minnick, Don Winishut, Ev Miller, Satch Miller.
3. Bro's In-Law—2456
Owen Danzuka, Jerry Sampson, Ted Sampson, Ray Shike, Jr.
4. 3N-ITS—2444
Joe Tuckta, Don Winishut, Austin Greene, Satch Miller.
5. Four Horsemen—2440
Buich David, Gene Rednose, Larry Scott, Luke Sanders.
6. WSA—2440
Chet VanPelt, Lawrence Shike, Owen Danzuka, Ray Shike, Jr.
7. WSAI—2434
Bob Macy, Dale Parker, Benny Heath, Jeff Sanders.
8. 3N Livestock—2242
Rudy Clements, Richard Wolfe, Joe Tuckta, Jerry Sampson.
9. Deschutes Crossing—2214
Phillip David, Ray Calica, Hobo Patt, Alley David.

Mixed Team Event

1. Chet's Team—2633
Chet VanPelt, Lawrence Shike, Becky VanPelt, Arlene Broncheau.
2. All In The Family—2475
Joe Tuckta, Sandra Greene, Angie Greene, Austin Greene.
3. S's and D's—2386

13. Raymond Calica—618
14. Ev Miller—616
15. Bobby Thurby—608
16. Jeff Sanders—604
17. Butch David—597
18. Chet Van Pelt—594
19. Lawrence Shike—592
20. Joe Tuckta—590
21. Gene Rednose—588
22. Richard Wolfe—588
23. Lloyd Thurman—583
24. Jeff Toms—578
25. Owen Danzuka—577
26. Ralph Minnick—577
27. Ray Shike, Jr.—575
28. Jim Jahr—568
29. Rudy Clements—567
30. Jim Bean—545
31. Hobo Patt—534

Singles Ladies Event

1. Sandra Greene—691
2. Becky VanPelt—687
3. Rose Foster—683
4. Sheilah Wahnetah—673
5. Sherri Smith—654
6. Missy David—652
7. Kelli Muskopf—644
8. Arlene Broncheau—637
9. Joni David—631
10. Marie Miles—630
11. Shirley Rogers—624
12. Margie Tuckta—621
13. Lana Shike—610
14. Shirley Sanders—608
15. Norene Greene—602
16. Linda David—597
17. Anna Clements—596
18. Helena Jones—574
19. Charlotte Shike—571
20. Angie Greene—568
21. Deanna Shadley—568
22. Norma Smith—565
23. Allee Jackson—560
24. Sandra Danzuka—557
25. Libby Chase—551
26. Carol George—545
27. Birney Boise—542
28. Carolyn Johnson—529
29. Myra Shawoway—528
30. Mariann Smith—467.

Singles Mens Event

1. Larry Scott—724
2. Harold Pennington—720
3. Ted Sampson—676
4. Benny Heath—671
5. Luke Sanders—660
6. Alley David—658
7. Austin Greene—656
8. Phillip David—646
9. Bob Macy—635
10. Dale Parker—633
11. Jerry Sampson—624
12. Alfred Wolfe—621

8. Jeff Sanders, Lloyd Thurman—1185
 9. Joe Tuckta, Austin Greene—1181
 10. Ralph Minnick, Ev Miller—1181
 11. Richard Wolfe, Butch David—1129
 12. Dale Parker, Jeff Sanders—1124
 13. Ted Sampson, Jerry Sampson—1108
 14. Gene Rednose, Luke Sanders—1106
 15. Chet VanPelt, Lawrence Shike—1093
 16. Hobo Patt, Alley David—1054
- ### Ladies Doubles
1. Norma Smith, Sherrie Smith—1267
 2. Missy David, Allee Jackson—1254
 3. Libby Chase, Deanna Shadley—1244
 4. Sheilah Wahnetah, Carol George—1241
 5. Joni David, Shirley Sanders—1214
 6. Becky Van Pelt, Arlene Broncheau—1213
 7. Norene Greene, Sandra Greene—1201
 8. Sandra Danzuka, Lana Shike—1194
 9. Shirley Rogers, Rose Foster—1193

- ### Mens Doubles
1. Owen Danzuka, Ray Shike, Jr.—1431
 2. Harold Pennington, Larry Scott—1318
 3. Jerry Sampson, Rudy Clements—1261
 4. Benny Heath, Bob Macy—1246
 5. Jim Bean, Jim Jahr—1221
 6. Alfred Wolfe, Bob Thurby—1213
 7. Raymond Calica, Phillip David—1188



Gene Rednose of Warm Springs is one of many participants in the 17th Annual Holiday Bowling Tournament held at Pelton Lanes in Madras.

Go White Buffaloes!

BASIC AEROBIC CLASSES

Morning Glory's - Mondays, Wednesdays & Fridays 8:00 a.m. - 9:00 a.m.

Noon Time Nitro - Monday Thru Fridays 12:15 p.m. - 12:45 p.m.

Afternoon Delight- Mondays & Wednesdays 6:00 p.m. - 7:00 p.m.
If Needed Tues. & Thurs. Need 3 or More
Sign up at Community Center.

Classes: Morning Glory's - Lower Impact Class Very Good for more Mature and Beginners.

Noon Nitro - Higher Impact Class of Stair Stepping (Mondays, Wednesdays & Fridays).
Circuit - Great for Stress Relief (Tuesdays & Thursdays).

Afternoon Delight - Higher Impact Class of Stair Stepping.
Great after a hard day at work or with the kids.

PLEASE NO CHILDREN DURING CLASSES.

TEEN WORKSHOP ON WEIGHT LIFTING

FOR WHO: ALL TEENS GUYS & GALS

AGE: 13 - 18 YEARS OF AGE

WHY: TO TEACH BASIC FORM AND INSTRUCT ON TRAINING TECHNIQUES. GETTING STRONGER SAFELY.

WHERE: COMMUNITY CENTER WEIGHT ROOM

WHEN: JANUARY 18TH. CHEST TRICEPS & SHOULDERS.
JANUARY 19TH. QUADS, HAMSTRINGS & CALVES.
JANUARY 20TH. BACK BICEPS, FORARMS & ABS.

TIME: 7:00 P.M. TO 9:00 P.M.

SIGN UP AT COMMUNITY CENTER. ANY QUESTIONS PLEASE CALL JOEY ORTIZ AT 553-3243.

Local wild horse race team takes national title

Las Vegas is a city of neon, glitter and excitement. The city is a gamblers paradise, brimming with winners and losers. There's a saying, "I'd rather be lucky than good" that could apply to the hundreds of professional cowboys that descend on the city each December. The Cowboys and Cowgirls have to be good to make it to the National Rodeo Finals...however, once there, they might prefer luck to help them compete against the best in the world.

The best wild horse racers in the world joined other world class cowboys for the Professional Rodeo Cowboys Association National Finals last month. When the dust had settled in the arena, one of the perennial powers in the event walked away with the title of 1992 National Finals Wild Horse Race Champion Team. The Jason Smith team won the average, and pocketed \$1,993.75 for their efforts. Hailing from the Timber Region, the Jason Smith Team finished the year as Regional Champions with \$6,287.25 in earnings. At the National Finals, the Jason Smith team won the 2nd Go, and

placed third in the 3rd and 4th Go. Smith commented, "We had to earn it...we didn't place high all the time, but we were consistent." The team is comprised of Jason, Mark Tobiasson of Cottage Grove and Dave Abbott, of Boring, Oregon.

Jason finished third in the final 1992 National standings with earnings of \$11,814.71. The Bill Agin team from Santa Ynez, California won the World Championship title with earnings of \$13,582.52 "We competed in around 18 rodeos this year, winning the wild horse race event in Pueblo, Colorado...Lewiston, Idaho...St. Paul and Molalla, Oregon," Smith said.

The National Rodeo Finals is not new to Jason Smith. Jason's team won the World Championship in 1985 and 1986. His team has placed in the top 3 in the world every year since then. It was the 7th trip to the National Finals for a Jason Smith team. When Jason started in wild and wooly event, he teamed up with his father, Buck Smith.

Jason's dad is still a fierce com-

petitor in the rodeo arena. In his 50s, Buck Smith still competes in the Wild Horse Race event, and still wins his share, often competing against his son. If that isn't enough to keep him occupied, Buck is also a stock contractor, providing "wild horses from the Warm Springs Indian Reservation" for numerous rodeos in Oregon, Washington, Idaho, Nevada, and California. Former World Champion, and World Champion contender Jason Smith says, "My Dad kept me going in the sport."

The Jason Smith team is consistently one of the best in the world. He has refined wild horse racing to a science, and regardless of who is on the team...you can be assured they know what they are doing. But it doesn't hurt to be lucky...and Jason says his trip to Vegas included luck. His team won the average, and was named 1992 National Finals Champion Team... and "I won \$420 at the blackjack table too." Jason not only knows Wild Horse Racing...but he knows how to the end 1992 and bring in the New Year!



Fast-paced wild horse race action is added attraction at many rodeos these days.