

### Job openings

Job openings as of November 5, 1992 are listed below. To submit applications see Frances Allen at Employment Services. To ask about job details call the contact person listed.

**Title/Department/Contact Person**  
 Financial Svs. Clerk/Finance/  
 Miles King  
 Govt. Affairs Planning Director/  
 CEO/Ken Smith

Chief Finance Officer/Finance/  
 Ken Smith  
 Dispatcher/Police Dept./Teeny  
 Tappo  
 (2) Correction Officers/Police  
 Dept./Teeny Tappo  
 Juvenile Officer/Police Dept./  
 Teeny Tappo  
 CRITFE Patrolman/Columbia  
 River PD/Teeny Tappo  
 Biological Technician Aid/Fish &

Wildlife/Terry Luther  
 Water & Waste Water Engineer/  
 Water & Waste Water/Herb Graybael  
 Waste Water Operator/Water &  
 Waste Water/Herb Graybael  
 Crime Investigator Juvenile/Police  
 Investigation/S. Thompson  
 Power Machine Operator/WS  
 Clothing/B. Courtney  
 Seamstress/WS Clothing/B.  
 Courtney

### New bus schedule in effect

The new activity bus schedule as of November 9, 1992 is:

**Bus #1**  
 Leave Jr. High School, 5:30 p.m.  
 Leave Sr. High School, 5:40 p.m.

**Bus #2**  
 Leave Sr. High School, 7:45 p.m.  
 Leave Jr. High School, 7:55 p.m.  
 No buses will run on the following early release/no school days:  
 November 11, 25, 26, 27, December 18 through 31.



### Geo-quiz

Identify the location of this week's geo-quiz and win a years subscription to Spilyay Tymoo for yourself or a friend and a special Spilyay Tymoo mug. Call 553-1644 after 1:00 p.m. Monday, November 16 with your answer.



Happy Birthday  
 T.J. Foltz  
 November 13, 1978  
 Love, Mom and sister Jamie



Happy Birthday  
 Tia Bean  
 November 16, 1982  
 Love, Mom and sister Jamie

### Actions were wrong; I'm sorry

**My apology to the Confederated Tribes of Warm Springs:**

I was charged with a DUI and two traffic infractions on May 24, 1992. After reading the reports of the officers at hand, I realized I didn't remember three-fourths of the incident.

After waking up in the detox room I thought to myself, "not again!" But, there I was.

From that day on I started going to AA Meetings and a Treatment Program through Native American Rehabilitation Assoc. I had a lot of anger, denial, resentment and I wanted to drink.

I fought this so-called disease every day. I went to treatment classes Monday-Friday plus six to seven meetings of AA a week. The first thirty days were the hardest, even one day is hard. Then there was sixty days of sobriety. The best one for me was ninety days, because of the hardship and frustration. You hear people talk about "90 meetings in 90 days", believe it or not, it does work. I tried it.

I have learned to like myself with the help of the "Great Spirit". I have

made lots of new friends and have a great sponsor who is also Native American. My life today is better and I continue to find answers by going to AA meetings. I never thought there was a better life. There is because I'm living it.

I still have bad days, everyone does. We are not perfect. I still have problems taking it a day at a time. For today only, I don't have to take that drink. I might tomorrow but I will deal with it then.

I have two wonderful boys who I know are grateful I don't have to drink. I am sorry for what I did and I'm just thankful no one was seriously hurt. I know the Great Spirit is watching over me.

Today I am still sober and I am proud to say it has been five months. I still go to treatment in what you would call "After Care". I still attend AA meetings and I am involved with the District Monthly Meetings as an alternate GSR for my home group.

Thanks, and once again I am  
 Sorry,  
 Eaglefeather  
 Tony Bryant

### Treat headlice promptly, effectively to prevent spreading

Head lice are more prevalent among American children than all other communicable childhood diseases combined. There is nothing to be embarrassed about when you discover head lice on your child. Anyone can get head lice. They are passed from person to person by direct contact or on shared objects such as combs, towels & hats. Here are some common questions and answers about head lice and simple steps you can take to eliminate them and keep them from coming back.

Lice are small, wingless insects, usually light brown or grayish, with

six legs, and are about the size of a sesame seed. They need to feed off the human body to survive, once they make their way to the scalp they begin to feed and this causes persistent itching. Lice move quickly and shy away from light. Lice cannot fly or jump from one person to another; they can only crawl. Lice do not live on dogs, cats or any other animals - only humans.

Nits are the eggs from which head lice hatch. They are usually grayish-white or yellowish-white and are shaped like tear drops. Nits are about the size of a pin head and often hard

to see. They are attached to the hair shafts, most often, behind the ears, at the back of the neck or the crown. They cling to the hair and are hard to pull off.

Before one family member is treated, all should be examined. Those showing signs of infestation need to be treated. Head lice can be treated with one of a number of lice shampoos and lotions available at the Warm Springs IHS Clinic or any pharmacy. If your child has extensive cuts or scratches on his/her head or neck - consult a doctor before treating them. Read all the information on the treatment packaging and follow the directions. Although it can take time and sometimes be difficult, you need to remove all the nits to insure complete treatment. Lice products do not kill all the nits and survivors will hatch into crawling lice within 7-10 days, generating a cycle of self-reinfestation. Even dead nits will cling to the hair and cause uncertainty about reinfestation. Nit removal can be accomplished with a special combing tool or by picking them out with your fingernails. Nit combing is best accomplished with hair which is slightly damp. Check your child's hair daily for nits for at least 10 days after treatment.

- \* Wash all combs and brushes.
  - \* Take sheets, pillow cases, blankets and bedspreads off beds of all infected persons--wash and dry it all on the HOT setting.
  - \* Put pillows and non-washable bedding in the dryer for 30 minutes or hang in direct sun for 6-8 hours.
  - \* Thoroughly vacuum all mattresses, carpets, furniture, throw pillows and seats in the car.
  - \* Wash all jackets, sweaters, hats and other clothes that have come in contact with anyone infested in the past three or four days.
  - \* Notify everyone who was in contact with an infested person and your child's school.
- After you treat your child for infestation completely follow the after treatment "clean up" as previously described. Do routine head checks for lice/nits on your child. Teach your children not to share personal belongings such as combs, brushes, hats, scarves, coats or clothing with friends. Encourage your child to come to you if their scalp itches and the itch just won't go away.
- Everyone knows what a pain in the neck cleaning a child's head can be, but it's well worth going through the whole treatment to avoid having to do it again in the future.

### Powwow committee extends thanks

**To the editor,**

The Veteran's Day Powwow Committee would like to thank all the sponsor's and people who participated in our 3rd Annual Veteran's Day Powwow, which was held in honor of all war veterans.

Committee members are: Lucas Ike, Chairman; Tyrone Ike, Vice-Chairman; LaVena Ike-Thomas, Sgt at Arms; Leona Ike, Secretary/Treasurer; Lena Ike-Edwards; and Dwayne Edwards. Advisory Board is: Daisy Ike, Fred Ike, Jr., and Patricia

Ike. And the Honorary member is Fred Ike, Sr.

Our sponsors were: VFW, honorable Judge Langnese, Ken Smith, Tribal Council, Charles Jackson, Buck/Susie Smith - Deschutes Crossing, Bob Finch, Howie Arnett, Luana & Jim Macy, Gordan Cannon - BIA, Pierson Mitchell, Inter-Tribal Sports, Sheriff Mike Throop, Capt. Don Courtney, WSPD, Officer Jack McClelland, WSPD.

**Veterans Day Powwow Committee and Advisory Board**

### On patrol



**By Captain Don Courtney**  
**Officers complete testing**

Local officers of the Warm Springs Police Department completed their fourth quarter of physical fitness testing that has shown significant overall improvement in stamina, endurance, and morale. The other major area of noticeability has been in the area of taking annual sick leave. Over past years, sick leave was noted to be quite high until officers started to become more aware of the importance and need to be in top physical condition for meeting everyday challenges of their positions.

Each quarter, officers test their abilities in the areas of running 1.5

miles, the bench press, sit-ups, the agility course for speed, and keeping a handle on their blood pressure. Formal announcement of the most improved physically fit officer will be made at this years Law Enforcement awards ceremony & banquet.

**'92 "DARE" program underway**

Within the past month, Officer Larry Holliday has begun his second year of teaching our young students at the Warm Springs Elementary School fifth grade level. The thrust of the program involves the eight ways to say no to alcohol and drugs with student participation making the quality and learning more fun.

With more students in the school system, Truancy Officer, Mary Calica is currently undergoing the intensive two week training at the Oregon Police Academy which she is scheduled to graduate by this Friday giving Warm Springs two certified instructors.

Long range plans include completing the training of officers for Warm Springs under the "DARE" program which will bring the final number to three. Officers Calica and Holliday will soon be joined by officer Harry Hintsala as certified "DARE" instructor's as we enter 1993.

**November Fitness Challenge**

Fast approaching the mid-point of this month, 23 employees of the Public Safety Branch have been sweating it out as the minutes are calculated for this years November fitness challenge.

With today's emphasis on health

and fitness, Public Safety takes no exception to wanting our name on this years fitness challenge T-shirt. Challenges will be excepted.

**Fish & Game:**  
**Winter Elk Hunting**

Officers in the fish & game division have been quite busy as the elk hunting season is almost at it's mid-point. With this, some or most hunter's go out into the field with the intention that they will get home before dark and only carry items that they know they will use. The hunter might get stuck, break down, or even get into a minor motor vehicle accident that may prevent them from seeking immediate help. The Fish & Game division offers these ideas:

- 1.) Make sure your vehicle is in good repair and the equipment is functioning properly.
- 2.) Carry cold weather clothing, an extra coat, and blankets.
- 3.) Have available flashlights, matches, road flares, and anything to burn for warmth or cooking.
- 4.) Carry some canned food or dried food from a sporting goods store, water for drinking and/or cooking.
- 5.) Have a spare tire, high lift jack, some tools, wiring, a rope shovel, section of boards, pulling chain, and tire chains.

**Illegal kills & waste game**

The Fish & Game division is seeking any information regarding poacher's of illegal kills. With four officers in this division, area coverage is still a major concern in the protection of our natural resources.

With the recovery and disposal of several kills that were found out in the field, a deer and a partial elk were reported along the Shitike Creek area that was found spoiled of most recent. Persons responsible for this act are only making it worse for the rest of the community hunters. Help put a stop to this kind of activity by getting involved. We need your help, the community should point out the violators and help us as well as help yourself to preserve the natural resources on our reservation.

**Lost or overdue hunters**

Of most recent when officers respond to a lost or overdue hunter, usually the person or overdue hunter's have been located or found in a different area while the search is being done. In several cases, the person is located safe & sound at home with no notice given that the person had been located. Please consider the following:

- 1.) Inform family or someone close of what areas you plan on hunting.
- 2.) Give an estimated time of return and a grace period after the given time before calling the Police.
- 3.) Let someone know who you are hunting with and what type of vehicles you are in with possibly the plate number and/or color.
- 4.) Note the clothing description of all the hunters. This will benefit the search party if it comes down to a search.
- 5.) If your loved one returns, notify the police as soon as possible.

### Points offered concerning life

- The following is printed at the request of Guy Wallulatum. These are excerpts from "The Measure of Our Success—A Letter to My Children and Yours" by Mirian Wright Edelman, founder and president of the Children's Defense Fund.
- ✓ There is no free lunch. Don't feel entitled to anything you don't sweat and struggle for.
  - ✓ If you see a need, don't ask, "Why doesn't somebody do something?" Ask instead, "Why don't I do something?" This world needs more shepherds and fewer sheep.
  - ✓ Never work just for money or power, they won't save your soul or build a decent family or help you sleep at night.
  - ✓ Don't be afraid of taking risks or being criticized. If you don't want to be criticized, don't say anything, don't do anything and don't be anything.
  - ✓ Don't be afraid to fail. It's the way you learn to do things right.
  - ✓ Raise your children to be fair to your own and other people's children. Teach them to clean up their own messes, take their dishes off the table and put things back where they belong for the next person.
  - ✓ Be honest. Struggle to live by what you say. Be moral examples for your children. If you lie, they will lie, too. If you snicker at racial jokes, so will they.
  - ✓ Teach them good manners. "Please" and "Thank you" are very important words. Being considerate will take them further in life than any college degree.
  - ✓ Be confident that you can make a difference. Don't get overwhelmed. Sometimes when I become frantic about all I have to do, I remind myself to take each day as it comes.
  - ✓ Never think life is not worth living, no matter how hard it gets. Harriet Beecher Stowe wrote, "When you get into a tight place and everything goes against you and you think you can't hang on a minute longer, don't give up, for that is the time and place the tide will turn."
  - ✓ Choose your friends carefully and stay out of the fast lane. You were born God's original. Try not to become someone else's copy.
  - ✓ Remember that you are in charge of your own attitude. The only person you can control is yourself.
  - ✓ You have a role to play every minute of the day. Have you ever noticed how one example, good or bad, can prompt others to follow? How one illegally parked car can give permission for others to do likewise? How one racial joke can fuel another? How one sour person can ruin a meeting? Well, the opposite is also true.
  - ✓ An anonymous sage correctly said, "The world needs more people who do not borrow from integrity to pay for expediency, whose handshake is an ironclad contract, who are as honest in small matters as in large ones, who know how to win with grace and lose with dignity."
- From Ann Landers Advice Column, July 1992

### You're invited

You are invited to a unique experience in holiday shopping, "Bayberries and Holly", November 21, 8:00 a.m. to 6:00 p.m., and November 22, 9:00 a.m. to 2:00 p.m., 1992 at St. Francis Parish Center, 740 NW Bond, Bend, Oregon 97701.

Come and browse through a variety of handcrafted items from folk art to fine art.

Questions may be directed to Rita Davidson at 388-2232.

Happy Birthday  
 "Tiger" VanPelt!!  
 November 11, 1992  
 Sky, Saphronia & Toya

Happy Birthday  
 Pamela Saunders!!!!  
 11 yrs old, November 11  
 Hope you have more!  
 Love, Mom, Dad,  
 sisters-Willie & Lisa,  
 Nieces, Nephews

Sheilah;  
 Congratulations!  
 We're proud of you.  
 Hang in there!  
 love, Irma & Connie

**Legal Notice**

Confederated Tribes of the Warm Springs Reservation of Oregon

**Defendant**  
 Gary Walker/Lily Ann Walker  
 Case No. JV 67, 68 & 69-92

**To:** Gary Walker & Lily Ann Walker

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for trial/hearing at 3:00 p.m. on the 24th day of November, 1992.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown to defend against the charge(s). You may be represented by yourself, by an attorney, or by a spokesman, at your own expense. You may bring any documents you believe are relevant to this cause, and you may bring witnesses to testify on your behalf. You may request the Court to subpoena your witnesses, however, you must submit your list of witnesses no later than two weeks prior to trial; failure to do so will not be considered sufficient reason to postpone the trial. If you have any questions, you should seek legal advice immediately.

If you fail to appear as so ordered, the tribal court may enter a complaint for contempt of court and issue a warrant for your arrest.

Dated at Warm Springs, on this 22nd day of October, 1992.

Lola Sahappy  
 Judge, Warm Springs Tribal Court

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 Birth Control, STD Treatments, Counseling,  
 and Pregnancy Tests.

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Tuesdays 2:00 - 4:45 p.m.  
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Warm Springs Childrens Protective Service Building  
 A cooperative effort between Confederated Tribes of  
 Warm Springs and the Jefferson County  
 Health Department.

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