

## Shanina wins tiny tot competition



Shanina Made

Congratulations! Competing from a field of ten little girls, five years and younger, three-year old Shanina Marie Made, daughter of Esmade and Toni (Smith) Made of Warm Springs, recently won 1st Place in the "Tiny Tot All-Around Competition" at the Black Lodge Powwow at the White Swan Pavilion in Washington, April 3-5, 1992. The group was required to dance in full regalia for all three styles: traditional, fancy and jingle. For her efforts, Shanina received \$150 cash, a wing dress, an applique top, and a special jacket. Shanina would like to give special thanks to her sisters, Estomina and Ori, for their guidance and patience, to Bridgette Scott, also of Warm Springs for her beautiful example of dancing, and special words of encouragement, and to all her grandmas in Warm Springs for their hugs, kind words, teachings and guidance. "There are many people who had a hand in my gift of dancing. Thank you everyone for wishing me well."

## Chemeketa powwow scheduled

The Chemeketa Community College Native American Club will sponsor "In honor of all", a powwow with drumming, singing and contest dancing, Saturday, May 9, 1992, at the Chemeketa Community College

Gym (building 7), 4000 Lancaster Drive NE, Salem, Oregon. Sessions will be from 1 p.m. to 4 p.m. and 7 p.m. to midnight and will include drumming, singing and contest dancing and a raffle.

## Reach for Success April 18

Nearly 300 people throughout Oregon are expected to participate in the sixth annual "Reach for Success" visitation day for 10- to 14-year-old students of color and their parents, scheduled for Saturday, April 18, at the University of Oregon.

The free program is designed to encourage Native American, African American, Chicano/Latino and Asian/Pacific American students from Oregon middle and junior high schools to consider higher education, according to Allison Davis-White Eyes, an academic advisor in the UO Office of Multicultural Affairs.

"We are very excited about this year's visitation day," said Davis-White Eyes, "because we think this is a stepping stone for students who might not otherwise explore the opportunities of college."

This year's visitation day will provide sixth- through eighth-grade students of color with an opportunity to experience life on a university campus. As part of the hands-on introduction to the variety of courses and other activities available at the university, the students will sample a college-level chemistry mini-class, visit an art studio, examine biological science research and visit a residence hall where they will eat lunch.

"Our program is particularly exciting," said Davis-White Eyes, "because we also invite parents to participate in the day's events by offering them information and advice regarding preparation of their children for college."

Workshops for parents will address topics pertinent to the '90s such as financial aid, motivation toward college, health, employment opportunities and up-to-date information on educational trends.

Community members and UO faculty will guide the parent work-

shops. At the same time, UO students and faculty will act as teachers, mentors, group leaders, and discussion facilitators for the students.

Check-in will start at 9 a.m. in the Ballroom of the Erb Memorial Union (EMU), 1222 E. 13th Ave. Activities will conclude at about 4 p.m.

Bob Bolden, principal of Jefferson Middle School in Eugene, will welcome participants and give the keynote address at 9:45 a.m. in the EMU Ballroom.

The event is sponsored by the UO Office of Multicultural Affairs and the Office of Admissions.

Translators and limited child care for children ages 30 months to 7 years will be provided on a space-available basis. Bus transportation will be provided from central points in Portland, Salem and Woodburn.

For further information, contact Rebecca Pardo, Office of Multicultural Affairs, 314 Oregon Hall, University of Oregon, Eugene, Oregon 97403, or call 346-3479.

## Early Childhood program offers parenting advice

**PARENTS!!!**  
You are your child's first and best teacher. Children learn in many places & many ways. Learning at home is important to your child's development. As a parent/guardian, you have an opportunity to make an enormous difference in how much and how well your child learns.

### Reading to Your Child

- Show delight and enthusiasm as you read. Never turn reading into a chore.
- Try to read to your child each day.
- Find a time when you and the child are relaxed and interested in reading, such as at bedtime or after a nap.
- Let your child choose the books and pages to read.
- Point to the pictures as you talk about them.
- Let the child help hold the book and turn the pages.
- Tell a familiar story, but leave out words or parts of sentences for your child to fill in.
- Let your child describe the pictures and tell the story to you.
- If your child periodically does not show an interest in reading, continue to read to the child as he/she plays quietly. Eventually the child will again be eager to participate in reading.

For more information about read-

ing to your child and a list of good books for preschool age children, stop by the Head Start Office. New Early Childhood Center Update

The latest tentative date for the Day Care and Head Start/Day Care Programs to move into the new Early Childhood Education Center is the week of 5/11/92. Notices will be posted as soon as the definite date for moving week is known. Parents/Guardians with children in those programs will need to make alternate plans, for child care, during moving week, as the programs will be shut down. The Head Start and Tribal Preschool Programs will move to the new center the week of 6/8/92. The Dedication Ceremony for the new facility will be June 24, 1992.

### Head Start Preregistration

Preregistration for Head Start to begin May 1. Registration packets for the 1992-1993 school year will be available by May 1, 1992. Please stop by the Head Start Office to pick one up. Children born between 9/2/87 and 9/1/89 are eligible for enrollment in the 3- and 4-year-olds programs.

Head Start's goal for 1992-1993 is to serve 100% of the 4 year olds in the Warm Springs Community; to provide them with a positive preschool experience for a successful transition into kindergarten and elementary school.

Physicals and updated Immunizations are required for children entering Head Start and Kindergarten. As a community service, Health Screenings will be provided by the IHS Clinic staff in the Community Center Social Hall on the following dates:

For Pre-K's — May 7, 8:30 a.m. to 4 p.m.

For Pre-3's — June 4, 8:30 a.m. to 4 p.m.

Please mark those dates on your calendar. If your child is not seen on the appropriate date above, you will need to take him/her to the IHS Clinic and go through the procedures there. Children need updated physicals and immunizations before they can be enrolled for the fall school year. If you have any questions please contact Linda Knight, IHS Public Health Nurse or the Head Start Office. Working Parents and Sick Children

When both parents or a single parent works, they often find it difficult to manage when their children become ill. Although there is a larger system of sick-child care in communities than ever before, the number of places is still quite small. Here are the issues that arise:

-Finding a caregiver for children is difficult in many communities. Either the cost is high, the people unqualified or do not stay long.

-Parents' choice of caregiver may differ from the children's. Do parents keep a caregiver they like in hopes the children will adjust or do they let the caregiver go?

-When there is a regular sitter or child care center, neither may want to care for children who are sick, especially if the children have communicable diseases.

-Substitute care is sought for sick children at a time when they need the most stability and a familiar face caring for them.

-Children who are frequently ill require one of the parents, usually the mother, to leave work pick up the child from school, sitter or day care center and stay home with the children.

-Some mothers leave their jobs because the employer is not supportive of having to leave work for children. Some employers understand time off to fix a car or train in the Army Reserve much more than they understand the need to be with sick children.

-Mothers whose children are left with others while ill think of the child during the day, sometimes to the point of distraction, without getting quality or quantity of work completed.

-Some families invite a grandmother or aunt to live with them and care for their children. That creates a different family system to which everyone must adjust.

-Children who are ill with flu or colds can easily infect others in the family, who also become ill. Or, they infect siblings with communicable

diseases. That creates a longer period of time in which caregivers are needed.

-When children are sick at home in the care of someone outside the family and then become so sick they have to be brought to emergency or to the hospital, parents may feel guilty they were not there for them. They may feel they could have prevented the illness from getting worse if they had been there themselves and could give care that "only parents" can give.

-Neighbors or relatives may not want the responsibility of caring for others' children. Mothers who do not go out to work may not want to be called upon as though they had time. As one mother said, "First it was 'Could you accept my packages?' then 'Could you open my house for the repairman?' and then 'Could you care for my sick child?' This mother continued, 'I am staying home to give time to my own children and home, not the neighbors children and home.'"

Forty-two percent of all American households now consist of a two-paycheck couple with children. "More than half of all mothers with infants under one year of age are currently employed, and research suggests that by 1995, 14.6 million preschool children will have mothers in the out-of-home workforce." (Zigler, E. What is the case for a national infant care leave policy. Zero to Three, 1991 (Jun), 11,24.) Although congress passed a Family and Medical Leave Act in 1993, it was vetoed by the president. Now a new bill is actively under discussion.

The United States is "the only industrialized nation in the world without a national infant care policy. Seventy-five other nations offer an average of 4-5 months leave, and benefits averaging between 60% and 90% of the woman's wages," says Dr. Zeigler.

The passage and fulfillment of such a bill would enable families to offer their children more consistent, reliable caregiving, especially at times of stress such as illness.

(Pediatric Mental Health, Mar/Apr 1992)

### Buy your raffle tickets

Raffle tickets are now available for the Warm Springs Early Childhood Education Parent Club "Made in Warm Springs" raffle.

The drawing will be Friday May 1, 1992. All proceeds will go to the new Early Childhood Center playground and riding toys fund. Tickets are available in the Head Start office and from some program parents.

## Easter Egg Decorating Workshop



Thursday, 4/16 at 6:30 p.m., in Geneva's room at the Community Center.  
Bring your own hard boiled eggs.

## The Big Easter Egg Hunt

Easter Sunday at 10:30 a.m., Community Center Fields  
Prizes, Eggs & Fun for Everyone!!!



## Head Start Family Services bridges gaps between family, program, community

Family Services is also known as Social Services, a Head Start component. This component represents a method of supporting families and individuals in using their own strengths to resolve whatever conflicts or problems they are confronted with in their lives.

The Head Start Performance standards states that the "process of getting families to utilize their strengths to make maximum use of community resources is one of the primary aims of the Social Services component in Head Start." This can be interpreted many ways but in Head start this means that the social services component is concerned with supporting families in their efforts to:

- become more aware of their individual strengths;
  - maintain a strong sense of family pride and self-worth;
  - improve their ability to identify and assess their needs;
  - remove obstacles preventing parents and family members from entering into meaningful activities with their children; and
  - increase their capacity to find and utilize community supports and resources to the family.
- The family Services component attempts to meet needs through the

- following activities:
- community outreach
  - recruitment and enrollment of children
  - family needs assessment
  - providing information about available community resources and how to obtain and use them
  - referrals
  - emergency assistance and/or crisis intervention
  - follow-up
  - recordkeeping
  - advocacy
- Services to the family can be both direct or indirect. We assist in the outreach, recruitment and enrollment

activities in bringing families into the program. We make families aware of the community resources available.

Examples: arranging for additional medical assistance for a child in Portland or Bend, conducting a clothing drive for a family who lost their personal belongings in a fire.

Coordination of family services activities with other Head Start component activities is important. Family Services must be involved in the classroom, parent involvement, nutrition, and health component activities in the center in order to have a complete picture of the child and

family. It is the role of family services in Head Start to promote community commitment to the goals of Head Start by serving as a bridge between the center, the family and community resources so that the needs of the Head Start children and families will be met.

### Designs available

Jim Scott has over 100 beadwork design patterns for sale. The largest he has is 18x24 and has various smaller sizes.

You can view his artwork at 4452 Upper Dry Creek Rd. Or call Jim at 553-1847.

## Warm Springs Elementary news

### APRIL EVENTS:

- 16—April birthday lunch
- 27-30—CAT Tests
- 30—April awards assembly - 1:45 p.m. - WSE Gym

### APRIL LUNCH MENU

- 17—Chili burgers w/cheese, carrot & celery sticks, peach slices, chocolate milk.
- 20—Pronto pups, french fries, corn, fruit, milk.
- 21—Spaghetti w/meat sauce, garden salad, buttered french bread, peach slices, milk.
- 22—Pork burrito, herb rice, carrot sticks, mixed fruit, chocolate milk.
- 23—Oven fried chicken, potato salad, baked beans, wheat rolls, fruit & nut mix, milk.
- 24—Fish nuggets, hashbrowns, cornbread, coleslaw, jello w/topping, milk.
- 27—Weiner wraps, tater gems, green beans, peach slices, milk.
- 28—Beef/cheese taco, herb rice, corn, strawberry ice cream, milk.
- 29—Chicken & noodles, popeye salad, cornbread, fruit salad, milk.
- 30—Cooks choice, chocolate milk.

### PARENT SURVEY

The 21st Century Schools Council would like to thank all parents who responded to our parent survey. An excellent return of 80 questionnaires representing 170 children was received.

Here are some of the results: On class size, 75% of the parents felt class size did affect their children's education.

On the vision for WSE: parent replies ranked: 1st self-esteem; 2nd graduate from high school; 3rd (tied) self-motivated & achieve academic success; 4th have high expectations about learning; and 5th have strong study skills.

Being involved in your child's education: 81% of parents said they helped with homework; 83% said they read to or listened to children read; 60% replied they attended conferences, programs, and other school activities; and 39% said they would like to meet with school people to help plan the education of WSE students. If you checked this item, please call the school and leave your name with Judy Keane. We will be planning some joint community/parent/staff/student activities; potlucks, fun runs, academic fairs, cultural month, activities, make-it-and-take-it classes...and we would like to have you serve on committees. Even if the HB 2020 grant should not be funded by the state, we can do many of these activities.

In the subject areas to be improved: 1st—math; 2nd—reading; 3rd—spelling; 4th—writing; 5th—language.

Here are a smattering of comments:

**Class Size**  
...."Smaller classes provide more individualized instruction."

...."We don't want a class size to be too small because it would eliminate a competitive drive in each student or too large that it would cause the teacher confusion."

**Warm Springs is doing a fine job in the following areas:**

...."Giving awards for attendance, citizenship. Giving kids incentives."

...."Providing positive reinforcement."

...."Provide quality teaching and provide extra help."

**If I could change one thing at WSE, it would be....**

...."Teachers being more patient."

...."Upgrade the school standards. Children need a challenge."

...."Become more creative, by teaching subjects in a less structured environment."

**Additional comments**  
...."We feel our son is getting an excellent education and lots of special attention to meet his needs."

...."Our community is still working on parent involvement other than parties."

...."Be objective when a student is trying to talk to you about their concerns, problems, or instruction direction."

...."Make meaningful change, and community participation will most likely increase. Take the long view."

We only had room for a few of the many thought provoking comments. A full compilation of the parent surveys will be used by the 21st Century Schools Council to help us plan the HB 2020 grant application. Again, thank you for the frank, informative answers. We can work together and make meaningful changes for the children's benefit.

### A SPECIAL REMINDER

There are times that parent(s) ask to make a special request for a specific teacher. Should you wish to do this, you are asked to make the request, in writing, prior to May 15. Staff members will try to honor all requests; however, if we are not able to do this, you will be notified and asked to a conference with us regarding the decision that is made.

### OUTSTANDING CITIZENS

The following students were outstanding citizens of the month for March:

Kindergarten: Tashayla Martinez, Johanna James, John Howe/Aiyana Jackson, Pearl Jack.

First Grade: Sonny Berry, Antonio Becerra, Sam Jackson/Pamela Kalama, Felipe Brito/Khenyen St.

Germaine.  
Second Grade: Felicia Bennett, Ellen Jackson, Eliza Kalama, Alycia Aguilar.

Third Grade: Robert Allen, Jr., Chris Suppah, Eugene Greene, III.

Fourth Grade: Mia Spino, Tashina Smith, Gary Katchia, Jamie Tohet.

Fifth Grade: Nicole Charley, Lillian Heath/Jesse Wewa, Paulette Henry.

### CLEAN-UP WEEK

Clean Up week for the Warm Springs Community is set for the week of April 27 through May 2. During this week, students at Warm Springs Elementary School will be helping to clean up the school campus areas.

They will also help clean up surrounding areas. We will all take pride in making our community a more beautiful place to live in harmony with nature. We urge you to take some time in helping to clean up our community. Get into the swing for a good spring!!

### Superintendent delivers annual budget message

The following are major highlights of Superintendent Phil Riley's 1992-93 Budget Message delivered to the District's Budget Committee at its first meeting on Tuesday, March 10, 1992. Unless otherwise noted, the comments relate to the District's General Fund for operations.

### Expenditures

1.0—The District's 1992-93 spending plan of \$14,284,721 is to maintain existing programs of the current school year. Three additional full-time equivalency teachers have been proposed to help reduce classroom crowding created by continued growth in enrollment over the past year. In addition, 1.5 counselors have been added for the elementary levels.

2.0—The proposed budget also

## U of O plans spring powwow

The University of Oregon's, Native American Student Union sponsored, 24th Annual Spring Powwow is scheduled for May 16 & 17, 1992, at Mac Arthur Court, University of Oregon, Eugene.

The host drum will be Northern Winds, of Whitefish Bay, Ontario, Canada and Mockingbird, San Francisco Bay Area. Master of ceremonies will be Allan C. Neskahi, Cortez, Colorado. And the arena director is

Vaughn Baker of Poplar, Montana. All drums are welcome.

For further information call or write: NASU, Rm 15-A, EMU, University of Oregon, Eugene, OR 97403, (503) 346-3723.

NASU is not responsible for theft, accidents, divorces and/or stranded guests.

Alcoholic beverages and illegal drugs are prohibited.

## Apprenticeship program completed

A tribal member employee of Warm Springs Forest Product Industries for seven years, Joseph (Joe) Winishut age twenty-seven, just



Joe Winishut

completed a four year apprenticeship program, where he has received on-the-job training hours and attended classes two nights a week, each session lasting three hours, for six months out of the past four years at Central Oregon Community College in Bend. He studied welding, basic math, took machine shop, electrical hydraulic pneumatics classes.

Winishut is now a journeyman millwright as of mid-March on dayshift at the planer department of WSFPI. He has gone about achieving this position on his own, got himself signed up for classes and also, being accepted by the Bureau of Industry and Labor to begin his four year apprenticeship. During which time he has purchased his own tools that are needed to do repairs.

His title as journeyman millwright is to oversee and troubleshoot any mechanical/electrical problems that arise with the machinery. He does welding pre fab to build or repair machinery.

Winishut enjoys his job because it is a learning experience for him and he likes working on a different task all the time. And it keeps him cautious.