

Warm Springs Elementary news—

Principally speaking

There are practical benefits of figuring out who really owns every problem. In fact, psychiatrist Dr. Foster Cline once commented, "Parents who have trouble figuring out who has the problem keep all of the child therapists in bread and butter!" When parents do not figure out who has the problem, they raise an irresponsible child.

There is a useful concept called "units of concern." Every problem has a given number of units of concern. And you can bet nobody wants to carry those units of concern around—least of all the kid causing the problem! Most kids would rather teachers and parents carry units of concern. But if the parent insists on worrying about whether a child does his homework, for example, then the child is free to drop that concern.

If parents carry their kids' concerns, it works about as well as trying to solve another nation's concerns. Let us suppose for a moment

that on the television news this evening we see a green Martian with antennas waving and yellow eyes bulging, the Martian might declare, "Earthlings, you are a very warlike species. You could wipe each other out! From now on, we are not going to let you hurt each other. We're going to step in! The missiles of any nation being fired at another nation will immediately be destroyed. We are doing this because we love you!" Can you imagine the response? You bet. Within fifteen minutes, the U.S. and the Russians would both be shooting at the Martians, who would end up saying, "Well, we were only trying to help!" Yet it never helps (it doesn't work!) to take on someone else's problem. First of all, the list of problems that kids cause parents directly is a very short list. Mainly it covers:

- *How the kid relates to parents.
- *How the child does chores.
- *What life support systems the child requires from the parent (bread and butter, board and room.)

On the other hand, the list of problems that children need to solve for themselves is very long: getting to school on time, getting to school at all, dropping out of school, being hassled by friends, hassling friends, harassing teachers, being harassed by teachers, and more. Frankly, it's an unending list. Parents who get involved in their kids' problems can keep themselves busy for a lifetime.

In summary, if everyone figured out "Who really has this problem?" most problems between nations would be quickly solved. Most battles on the homefront would be solved. Would we be bored!

Solving my children's problems meets my own needs. Then I feel like a good parent. Allowing them to find their own solutions meets their needs. Then they learn to problem solve.

Attendance recognition

On Friday, February 23, 1990 sixty-nine students were awarded a special prize for attaining perfect attendance for the month of January. Thank you students for coming to school on time and everyday the entire month of January, and thank you parents for making this happen!! You are the greatest!

Air band contest

Several students participated in Lip-sync air bands in February for a noon-time activity. The winners were:
 First place—"Hanging Tough," Scott Riddle, Dabi Rodriguez, Jonas Miller, Ronnie Culps, Ricky Walker, Aaron James and Tyrone Lewis.
 Second place—"Straight up," Jessie Esquiro, Nicole Garcia, Angie Stacona-Berman, Mariss Kalama, Juanita Spring Majel, Jolene Simtustus, Ida Banda and Kelli miller.
 Third place—"Hanging Tough," David Fuentes, Melvin Tewe, Phillip Tewe, Elliot Lawson, Brandon Smith and Vernon Smith.

Martinez, Holiday elected to office

Madras High School juniors Jacques Martinez and Tony Holliday recently began serving the MHS student body as president and assistant president. The two were elected to serve a one-year term from January 1990 to January 1991.

"I was overwhelmed" when my name was announced over the loudspeaker, says Martinez. "It was a great feeling."
 The jobs the students have accepted are time consuming and thought provoking. Many lunch hours are filled with meetings and the students are approached throughout the day with ideas for a better operating school and with ways to better accommodate the 609 students attending the school. Working with the Student Council the officers plan activities and hope to increase school spirit among students.

In their positions Martinez and Holliday "are learning to be role models," says Martinez. He adds, "We're taking a look at what's around and trying to make it better."

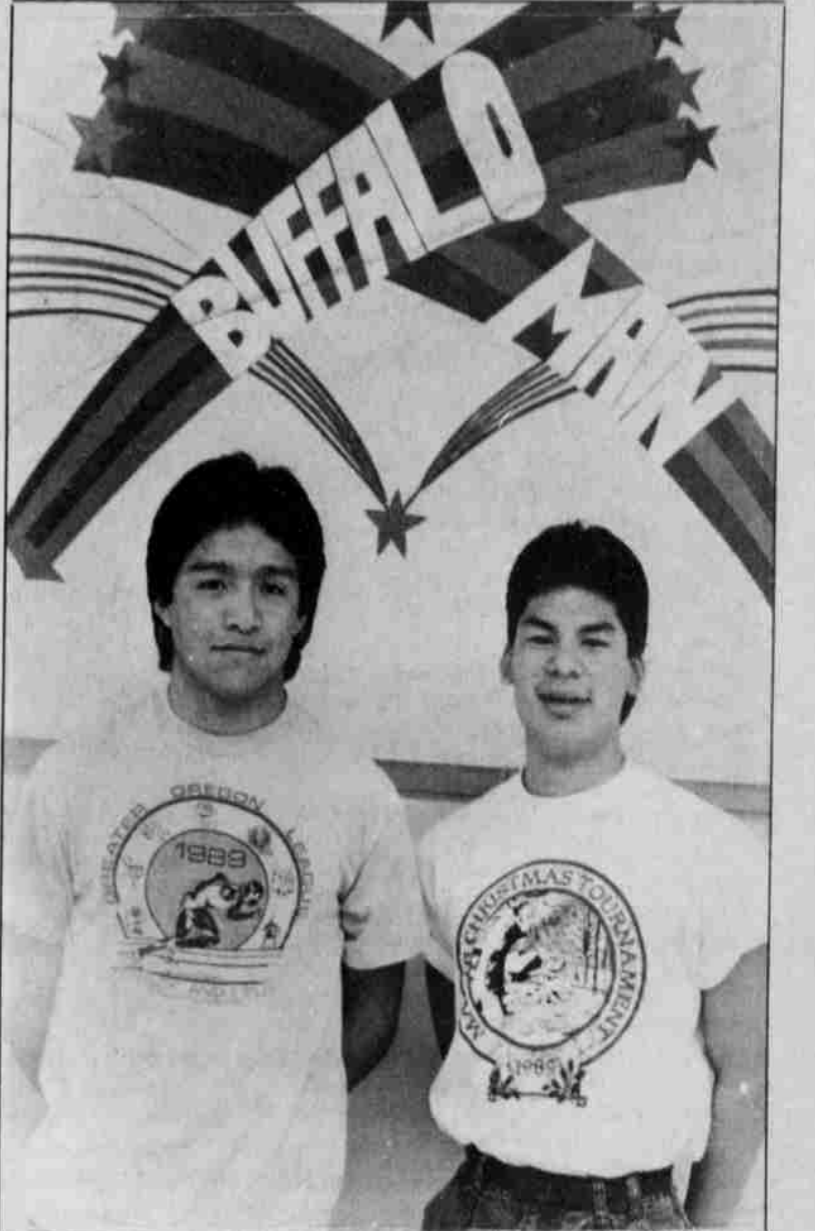
The students have a special concern for drug and alcohol problems at the high school. They recognize that some students are involved with these and would like to see them helped to overcome the problem.

Holliday recently attended a drug and alcohol conference where he learned to recognize signals from students using drugs and alcohol and he also became familiar with ways to help students. He hopes to see more action taken in the direction of student assistant programs.

Martinez has more intimate knowledge of drug and alcohol problems, having once been a student who used alcohol and drugs frequently. He says, he was "involved with drugs, alcohol and the party life." He was jailed for driving while intoxicated and during that time he evaluated his life. After his release he entered a treatment facility and continues to attend counseling sessions. Martinez gladly

proclaims that his self-image has improved and "I'm looking forward to the future." He hopes to attend college following high school and eventually become a commodities broker in a large city. "All my life I've wanted to make it big," says the student body president.

Holliday, who has been involved in athletics throughout his high school career, also has plans following high school. He would like to find a job and "hopefully go on to college." He has some good advice for students of all ages: "Never give up on what you do and keep trying."



Tony Holliday (left) and Jacques Martinez (right) were recently elected student body officers at Madras High School.

Ethnic percentages noted

Total District enrollment was 2391 on December 31, 1989. The December ethnic report indicated the following percentages of enrollment by group: Caucasian—50.9%; Indian—38.2%; Black—0%; Hispanic—10.5%; Black, Asian and East Indian (combined)—4%. The District received \$2,273,644.78 under Public Law 874 for the 1989

fiscal year. Funds received under this program are in lieu of local property taxes that would be received if the property was not exempted by the Federal Government. These funds are included in the District's general fund budget and are used for regular operating purposes.

COCC scholarships available

Applications for scholarships through the Central Oregon Community College Foundation are now available at the Financial Aid Office at COCC.
 To be eligible applicants must be permanent residents of Central Oregon, be enrolled full-time at COCC, have a minimum grade

point average of 2.00 and demonstrate financial need. The deadline to apply for the 1990-91 school year is Friday, March 16, 1990. For more information or to apply, contact the Financial Aid Office at COCC, 385-5521, or toll-free, 1-800-422-3041.

Outstanding students selected

Outstanding citizens for the month of February at Warm Springs Elementary are: **Kindergarten**—Naomi Brisbois, Shawndell Johnson, Sergio Rodriguez; **First grade**—Antonia Wahsise, Falena Kentura, Francis Sorrelhorse, Billie Suppah, Lula Ann Smith; **Second grade**—Lucinda Tufti, Phyllis

Shawaway, Foster Sahme, Elizabeth Earl, Cecil Bruno; **Third grade**—Phillip Squiemphen, Desirae Smith; **Fourth grade**—Darlene Frank, Glenn Brunoe, Brian Renfro; **Fifth grade**—Shadrack Martinez, Ronnie Culps and Reggie Heath.

Whole Language: Toward a positive cross cultural self concept

What: A workshop that explores the concept of "whole language" approach to learning. Discover ways you can help your students engage all of their senses in a learning process using cultural and personal experiences as a medium. Examine various language techniques for teaching the Native American child.

Who: Jerry Brown is a Salish, Kootney and Sioux Indian from the Flathead Reservation in Montana. He has worked as a school teacher, and now is employed as the training and education specialist for Interface Network, a private educational consulting firm. Jerry is known throughout the Northwest as a pleasant and dynamic public speaker.

When: Tuesday, March 25, 1990. The workshop will begin with dinner at 6:00 p.m., and conclude about 9:15 p.m. with Jerry's presentation.

Where: United Methodist Church, 12th and B St., Madras, Oregon.

Who is invited? Parents, teachers, Tribal education, and JOM Committee members, Early Childhood Education Teachers and all other interested adults.

How to register: Register by phone by calling 553-1428, or contact your building principal if you are a Madras School teacher. Registrations will be first-come-first-serve. Register early to assure yourself a seat at the workshop.

This workshop is the result of a cooperative effort between the 509-J Jefferson County School District, COCC, The Confederated Tribes of Warm Springs, the Northwest Regional Educational Laboratory, and the Interface Network. Funding is provided by the Johnson O'Malley Committee.



Madras Jr. High science instructor David Vick advises student who is setting up his display for the annual Science Fair. Approximately 166 students participated.

1990 Spring Term Schedule

Central Oregon Community College

Warm Springs Center

Community Education Classes

Spring Golf: Improve your putting, pitching and driving skills with P.G.A. certified golf pro Bruce Jones. Lots of practice on the Kah-Nee-Ta course. Meets Wednesdays 6 to 8 p.m. April 25 to May 30. \$22.00 includes green fees. Section #4300.

Distance Running Clinic: This two day clinic will help you improve your running style and race times. Learn uphill, downhill and starting techniques. Discover the best strategies for team running relay races. Build your confidence and self-esteem as a runner. Develop diet and weight training goals. Learn how to prevent or rehabilitate injuries. Instructor Rob Lathan is an experienced runner and coach. He was selected as Oregon high school coach of the year in 1987, and has coached teams in China and Australia. Recently Rob coached his high school cross country team to the state AAA championship. Friday May 11, 7 to 9 p.m. and Saturday May 12, 9 a.m. till 1 p.m. Old Boys Dorm. \$20.00. Section #5090.

Steam Cast Jewelry: Design and complete two of your own beautiful sterling silver pieces. Use the centuries old Egyptian lost wax method. Saturday April 14, 9 a.m. to 4 p.m. Old Boys Dorm. \$9.00 registration plus \$30.00 silver supply fee to instructor Frank Rippy. Section #4245.

Using Your Calligraphy: Practice italic lettering with pen and ink. Create beautiful cards, certificates, brochures, etc. For beginners and "rusty" calligraphers. Tuesdays 1:30 to 3:30 p.m. April 10 to May 15. Old Boys Dorm. Dorothy Zimmerman is the instructor. \$14.00. Section #4250.

Healing through Dreams: Explore the ancient heritage of dreams and visions. Learn how to remember your dreams and interpret them. Learn how to deal with nightmares. Let Sister Pauline Igoe show you how dream therapy can bring wisdom to your life. Discover your own "vision quest". Thursdays 7 to 9 p.m. April 5 to May 10. \$12.00. Old Boys Dorm Section #4320.

Great Political Thinkers: Compare and contrast the philosophies of Plato, Aristotle and Cicero to Native American social and political thought. Examine the classic arguments of Machiavelli, Hobbes, Marx, Jefferson and others as they relate to stateism and collectivism, liberalism and reason. Enjoy lively discussion and idea sharing. Gordon Shadburne. Mondays 7 to 9 p.m. April 9 to May 14. Old Boys Dorm. \$12.00. Section #4315

Speak Easy: Become a persuasive and relaxed public speaker. Feel the pleasure of speaking with confidence in front of others. Lee Barker will keep you smiling with his wit and humor as he demonstrates public speaking techniques. Sit back and enjoy others or get up and say a few things yourself. Wednesdays 7 to 9 p.m. April 18 to May 30. Senior Citizen Center. \$16.00 Section #4325.

Exploring Educational Pathways: Set your course toward educational success! Look at a variety of options to earn a college degree. If you are unsure about your educational future or if you

want to find out how to earn a college degree without quitting your job then this is the class for you! Let Eli Johnston help you to clarify educational needs and set goals. Mondays 7 to 9 p.m. April 16 to May 21. Senior Citizen Center. \$12.00. Section #4265.

Computer Open Lab: Explore different uses for the IBM Computer. Bring your own projects or examine new software. This "LAB" allows you the independence to work on your own and still get assistance from the instructor, John Anderson. Thursdays 7 to 9 p.m. April 5 to May 31. Old Boys Dorm. \$25.00. Section #4280.

Using Word Perfect: Learn the most widely used software program on the Reservation. For beginners. Should be familiar with the keyboard. Tuesdays 6:30 to 8:30 p.m. April 3 to May 8. Boys Dorm. Laura Cailloux is the instructor. \$20.00. Section #4285.

Credit Classes

Basic English 1: Prepares students for college writing. Emphasizes sentence and simple paragraphs. 3 credits. Wednesdays 6:30 to 9:10 p.m., March 28 to June 6. Boy's Dorm. Eli Johnston. Tuition is \$70.50 plus \$24.10 for the text. Course 0.5256, Section 2472.

Math Lab: Four classes offered on an individualized basis from Pre-algebra through Intermediate Algebra. Each is offered for 4 credits. Instructor Steve Heydon will assist students with assignments. Requires some homework outside of class time. Tuesdays and Thursdays, 5:30 to 7:30 p.m., March 27 to June 7. Boy's Dorm. Tuition is \$94.00 plus approximately \$37.00 for text. Mth 20, Section 1575; Mth 60, Section 1580; Mth 65, Section 1589; Mth 100, Section 1598.

Word Perfect: Become proficient at using Word Perfect and get 3 credits that will transfer as general business electives to any in-state university. Instructor is full-time professor Gene Taylor. Wednesdays 6 to 8:50 p.m. Boy's Dorm. Tuition is \$70.50 plus \$10 lab fee and \$24.95 for text. BA 199, Section 0484.

Adult Learning Center

Anyone who did not complete high school is invited to attend the Adult Learning Center. We will help you study to become a better reader, writer and mathematician. Then you can pass your GED exams or earn your high school diploma and be on your way to better employment opportunities. You'll also feel better about yourself and your accomplishments. You may attend the Adult Learning Center at the following times:

Tuesday, Wednesday, Thursday from 9:00 a.m. to noon or Monday and Wednesday from 6:30 to 8:30 p.m.

To register: Stop by in person from 8:00 a.m. to 5:00 p.m. Monday through Friday or telephone 553-1428 or use the mail to register at the COCC Center, P.O. Box C, Warm Springs, Oregon 97761. Registration begins March 26.