

Assault, year-end statistics reported **Patt participates in DARE training**

On patrol



Assault reported

A January 19 assault landed a 28-year-old tribal member man in St. Charles Medical Center and his assailant in jail.

Michael Meanus and his 29-year-old brother Marcal were involved in an argument at 7400 Schoolie Flat when Marcal Meanus allegedly struck his younger brother with a poker, causing a depressed skull fracture and a fractured wrist. The victim was taken to St. Charles where he underwent surgery the following morning. He is currently in satisfactory condition.

According to a BIA investigator, the incident is still under investigation.

Year-end statistics

Thirty-seven major crimes were reported to by the BIA and Warm Springs law enforcement officials during 1989. A total of 3,087 minor crimes were reported during the same period. Detoxifications consisted nearly half of the minor crimes; most detoxifications occurred to individuals between the ages of 20 and 40. A total of 137 fish and game violations were reported in 1989. Nearly half of those were fishing violations. Juvenile offenses totaled 362. Major traffic offenses totaled 253 while minor traffic offenses totaled 1,055.

Following are the actual police statistics for 1989.

Major Crimes—

Murder	1
Manslaughter	0
Rape	1
Assault with intent to kill	0
Arson	1
Burglary	1
Robbery	0
Larceny	1
Carnal Knowledge	0
Statutory Rape	0
Assault with a dangerous weapon	2
Assault with intent to commit rape	0
Assault resulting in serious bodily harm	0
Child Molestation	0
Kidnap	2
Treason	0
Riot	0
Ex-Con in Possession of a Firearm	0
Promoting Prostitution	0
Forgery	2
Fraud	0
Criminal Mischief I	0
Theft of Services	0
Sexual Abuse	2
Sodomy	2
Custodial Interference	0
Assault I	0
Assault II	1
Assault III	0
Contempt of Court	0
Escape I	0
Escape II	0
Bribery	0
Agency Assists	2
Incest	0
Parole/ Probation Violation	1
Other	18
Minor Crimes	
Abduction	0
Assault	42

Assault and Battery	68
Sexual Abuse—Child	32
Child Abuse	35
Child Abuse—Obligated to Report	0
Contributing to Delinquency of a Minor	17
Extortion	0
Forgery	4
Negligent Wounding	0
Negotiating a Bad Check	2
Reckless Endangering	22
Harassment	2
Assault of a Police Officer	8
Assault IV	5
Menacing	1
Forgery II	0
Arson	5
Breaking and Entering	30
Embezzlement	1
Injury to Public Property	14
Malicious Mischief	68
Receiving Stolen Property	40
Theft	84
Theft (Over \$200)	37
Trespass	3
Criminal Mischief II	0
Criminal Mischief III	1
Theft of Services	0
Theft of Service (Over \$200)	1
Adultery	1
Carnal Knowledge	0
Fornication	3
Illicit Cohabitation	2
Prostitution	0
Rape	0
Unnatural Sex Acts	8
Sexual Misconduct	1
Aiding and Abetting	4
Bribery/Fail to Report	0
Carrying a Concealed Weapon	4
Carrying Weapons when Prohibited	5
Child Neglect	79
Contempt of Court	332
Cruelty to Animals	2
Custodial Interference	13
Discharge of Weapon	6
Disorderly Conduct	33
Escape	39
Domestic Violence	4
Fail to Send Child to School	0
Failure to Support	0
Dependent Person	0
False Identification	10
False Imprisonment	0
Gambling	0
Initiating a False Report	0
Liquor Violation	241
Littering	2
Maintaining a Public Nuisance	5
Narcotics, Dangerous Drugs, Hallucinogens and Delerians	60
Possession of a Controlled Substance	16
Drug Paraphernalia	1
Obstructing Justice	7
Perjury	0
Refusing to Aid a Police Officer	0
Resisting Arrest	26
Riot/Unlawful Assembly	0
Throwing Away Light Material	0
Unlawful Meetings, Parades, Gatherings	0
Violation of an Approved Ordinance	0
Wounds/Rep. Required	0
Pointing a Firearm at Another	0
Unlawful Possession of a Firearm	0
Range Violation	0
Livestock Violations	10
Parole/Probation Violations	10
Detoxifications	1,334
Agency Assists	282
Other	28
Fish and Game Offenses	
Game Violations	12
Fishing Violations	60
Woodcutting Violations	14
Trespassing	38
Other	4
Agency Assists	9
Juvenile Offenses	
Runaway	162
Curfew	22
Juvenile in Possession of Intoxicants	137
Firearm Violations	0
Beyond Parental Control	13
Other	8
Agency Assists	20
Major Traffic Offenses	
DUI	176
Hit and Run	15
Reckless Driving	14
Attempting to Elude	17
Driving while Suspended	28
Agency Assist	3
Minor Traffic Offenses	
Moving Violations	744
Non-Moving Violations	305
Agency Assists	6
Non-Criminal Activities Investigated and/or performed	
Suicide	2
Attempted Suicide	12
Natural Death Investigation	3
Govt. Vehicle Accident with injury	1
Govt. Vehicle Accident without injury	1
Tribal Vehicle Accident without injury	2
Police Vehicle Accident without injury	2
Other Vehicle Accidents	2
With injury	38
Without injury	85
Fatality	2
Abandoned Vehicle	21
Fire Investigation	12
Ambulance Assists	4
Loose Livestock	0
Other Animal Complaints	8
Public Services	6
Restraining Order Service	69
Emergency Custody Order	1
Service	20
Agency Assist-Paper Service	72
Agency Assist-Other Services	10
Other	47
Stolen Property	
Total items taken	623
Total items recovered	93
Value of Property	\$91,421
Value of Property Recovered	\$63,630

Howie Patt is a reserved, quiet kind of guy...until he starts talking about the Drug Abuse Resistance Education (DARE) training he recently completed. His eyes light up when he speaks about the training...he's eager to share his newfound knowledge.

Armed with enthusiasm and information, Patt is ready to introduce to area fifth and sixth graders, the unique education program offered through DARE. The intense two-week course, held in Morana, Arizona, touched only briefly on actual drug abuse. Emphasis, says Patt, is on life-building skills, peer pressure, stress, self-esteem and assertiveness. Positive discipline techniques were also offered in training. "I wish I had had this (kind of program) when I was in the fifth and sixth grades," said Patt.



Howie Patt is anxious to introduce the DARE program to local students.

DARE originated in 1983 with the Los Angeles Police Department and is now a nationwide program, sponsored by the U.S. Department of Treasury and BIA, with 5,000 police officers involved. Patt says now that the training is over, "the easy part is out of the way." Now comes the hard part...developing an education program that will fit into 509-J curriculum.

Patt says this anti-drug education is unique in that uniformed police officers will present the information. "Kids will see the police in a more positive light," he added. Patt will work cooperatively with Warm Springs police, 509-J and possibly Madras city or Jefferson County law enforcement officials in initiating the 17-week education program. The program includes a workbook and entails 45 minute to one hour weekly sessions. Students must meet class objectives and successfully complete the workbook before they pass the class. "The more they participate, the more fun they'll have and the more they'll learn," said Patt.

At 22 years of age, Patt was the youngest officer among the 36 who attended the recent DARE training. He is the only Warm Springs police officer to participate in the training.

Appellate judge positions open

The Warm Springs Tribal Council announced recently that three Appellate Judge positions remain vacant.

Following are requirements established in the Warm Springs Tribal Code, Sections 203.001 (1) and (2).

WSTC 203.001 (1): "The Warm Springs Court of appeals shall consist of judges appointed for a term of three years by the Tribal Council. The judges shall be adult members of the Confederated Tribes. One of the judges shall be appointed as Chief Appeals Judge by the Tribal Council and shall be responsible for administering the

Court of Appeals."

WSTC 203.001 (2): "At least three judges assigned by the Court Administrator and approved by the Chief Appeals Judge shall sit as the Court of Appeals panel on each case. The court Administrator shall rotate assignments so that each judge sits on an approximately equal number of cases."

If you are interested, please submit a RESUME and a LETTER OF INTEREST before: February 5, 1990 to:

Tribal Council Office
Attn: Doris Miller
P.O. Box C
Warm Springs, OR 97761

For Sale: Viking sewing machine. If interested, call 553-3278 and ask for Sonja.

Artifact purchase scheduled

The Middle Oregon Indian Historical Society purchase for 1990 has been scheduled.

Forms may be picked up at the MOIHS Museum office and must be completed and returned along with artifact to the Museum office by January 31, 1990.

Only artifacts listed below will be accepted for appraisal, and will be limited to one (1) object/artifact per applicant/family household. Artifact must be old, an antique with 50 years of family history. Artifact should be in excellent condition.

1. Historical photographs/documents with 50 years of family history.
2. Old beaded bag with 50 years of tribal family history.
3. Old cornhusk bag—root storage of hand bag or side purse, made of all natural material—Taux and cornhusk weave, with 50 years of tribal member family history.
4. One (1) artifact submitted by tribal member who has not submitted object for purchase before. Artifact must be antique, old with 50 years of family history.

Questions may be directed to the MOIHS Museum staff: Liz Cross, Beulah Calica or Mico Chase at 2148 Kota St., or Phone 553-3331/3338/3386.

Election—Continued from page 1

Center," said Julie Mitchell, Director of Education.

Tribal members who are at least 18 years of age before February 20, 1990 must register to vote. Deadline for registration is Wednesday, January 31 at 5 p.m. Registration forms were mailed to all eligible members in early January. However, additional registration forms are available at the BIA Superintendent's office in the Administra-

tion building.

Thirty percent of the registered voters must cast their ballots to validate the election. As of January 23, 184 eligible tribal members had registered for the election.

A list of eligible registered voters will be posted February 9 at the Administration building, Macy's, the Portland Area Office, Simnasho Longhouse, Tribal Council office and at the IHS clinic.

Wellness lifestyle decreases risks of serious illness

Wellness is more than not being sick—it's an approach to health that aims to reduce your risk of serious illness. Why wellness? Because the way we live has a lot to do with our health. Unhealthy lifestyles can cause life-threatening conditions such as heart disease, cancer and stroke. Yet 80 percent of these "lifestyle diseases" can be prevented. By recognizing and reducing your health risks, you can start making wellness a way of life.

Recognizing Health Risks
Health risk factors are habits or conditions that increase your chances of developing a lifestyle disease. A single risk factor—like smoking—can be dangerous to your health, but when combined with other risk factor—high blood pres-

sure, unsafe use of alcohol and other drugs, stress, poor nutrition, or lack of fitness—your health risk rises. You can take charge of your health by recognizing and reducing risk factors one at a time.

Reducing Health Risks

Wellness doesn't happen overnight—it's a gradual process. You can reduce your health risk by working on one risk factor at a time. If you're a smoker who's overweight and unable to manage stress, don't try to change everything at once. You can start by concentrating on quitting smoking. Once you've broken the habit, you'll feel confident that you can take charge of your health and be ready to tackle the next risk factor.

How Well Are You?

The goal of wellness is to reduce

your health risk, and you can start by finding out what your own risk factors are. By answering some simple questions, you can discover which of your personal habits may be a risk to your health.

- About smoking...**
Y/N/D Do you smoke?
Y/N/D Are you a non-smoker?
- About your blood pressure...**
Y/N/D Do you have your blood pressure checked annually?
- About alcohol and drugs...**
Y/N/D Do you know your drinking "limit"?
- About stress...**
Y/N/D Do you avoid nonprescription drugs?
- About eating and nutrition...**
Y/N/D Do you take time each day to relax?
- About eating and nutrition...**
Y/N/D Do you take minor hassles in stride?

Y/N/D Are you presently at your ideal weight?

Y/N/D Do you limit dietary fats, cholesterol and low-fiber foods?

About fitness...
Y/N/D Do you actively exercise three to five times a week for 20 minutes each time?

Y/N/D Do you do muscle strengthening/conditioning exercises?

Your Wellness Evaluation
Evaluating your health risk is simple. Each "no" answer indicates a personal health risk factor.

Free blood pressure, glucose and cholesterol screenings will be held Thursday, January 24 at the Administration Building from 9:30 to 11:45 a.m.

For more information contact the Wellness office at 553-3205.



Relieving tension, relaxing and laughing are all good reasons for employees of Warm Springs Apparel Industries to participate in exercises three times each week. Employees say the stretching feels good and

it is a time to which they look forward. Lucinda Green, Wellness training coordinator, leads the exercise group. Exercising are (left to right) Michelle Bristow, Carla Connors-Greene and Colleen Arthur.

Spilyay Tymoo

Staff Members

MANAGING EDITOR SID MILLER
ASSISTANT EDITOR DONNA BEHREND
PHOTO SPECIALIST/WRITER MARSHA SHEWCZYK
REPORTER/PHOTOGRAPHER TINA AGUILAR

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Spilyay Tymoo, PO Box 870, Warm Springs, OR 97761

PHONE:

(503) 553-1644 or (503) 553-3274

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