

Spilyay Tymoo



SPORTS



The elimination basketball tournament held over the Thanksgiving weekend saw the Black Wolf team take the championship by downing the Community Minutemen by the score of 120 to 97. Players from left to right are Sean McConville, Gene Senator, Max Mitchell, Jay Keys, Donny Bagley and Vernon Smartlowit.

Black Wolf wins elimination tourney

The Thanksgiving Elimination tournament was held of November 23, 24, and 25, 1989 with six teams vying for a spot in the Warm Springs Nation Holiday Invitational Tournament.

The first game for the Minute Men was a bye. The next game was played by the Duffers against Chiloquin, with the Duffers being beat with a score of 107 to 72.

Game three was played by South Junction Wolves against Portland, Oregon. Portland came out on top with a score of 91 to 52. James "Buckwheat" Scott was the high point man for Portland with a total of 33 points. Richard Brisbois scored a total of 16 points for the South Junction Wolves.

The first game for day two was the Minute Men against Chiloquin. The Minute Men beat Chiloquin by six points, final score being 87 to 81. Don Bagley was the high scorer of the game with a total of 25 points made for the Minute Men. Bret Witcraft following close behind with a total of 22 points.

Game two was Portland against Columbia River Blackwolf. Blackwolf toppled Portland with a score of 92 to 82. Jerome Davis and Roman Suppah of Blackwolf shared the high point scores of the game with a total of 27 points. Eugene Big Back was top scorer for Portland.

Portland was warmed up to play the Duffers in the following game and finished with a score of 98 to 62, eliminating the Duffers from the tournament.

Chiloquin was up against South Junction Wolves and won with a score of 85 to 70. Bret Witcraft tallied a total of 18 points for Chiloquin with two players sharing high scorer for S. Junction Wolves.

The last day of the tourney was winding down to the first place teams. Portland was ready to play Chiloquin and proved it by beating them 81 to 78. Bret Witcraft and James Scott tied with high points for their teams with a total of 31 points.

The Minute Men and Columbia River Blackwolf were playing for the number one spot, with Blackwolf beating Minute Men with a

score of 120 to 97. High point scorer of the game was Roman Suppah with a total of 33 points. For the Minute Men the high point man was Bob Main with a total of 28 points.

The final results are as follows:

1st Place—Blackwolf

2nd Place—Minutemen

3rd Place—Portland

All-Stars were Chad Wilder, Allan Dawson, Jerome Davis, Wayne Miller, Roman Suppah, Jay Keys, Bob Main, Donnie Bagley, James Scott and Harold Pennington. MVP was Jerome Davis.

Community Center Calendar

December

- 1-3 Roadrunners 40 and over tourney
- 5 MHS basketball
4:15 p.m. Fr. Boys vs Hood River
6:00 p.m. JV Boys vs Hood River
- 7 Community Christmas Tree lighting
- 9 Warm Springs Christmas Bazaar
- 14 MHS basketball
4:15 pm. Fr. Boys vs Mt. View
- 15 Ron's 18 & Under Boy's Tourney
- 18-19 Gym closed
- 19 W.S. Elementry Christmas Program
- 25 Christmas Holiday
- 27-3- Annual Holiday Men's Tournament

Jackson exerciser of month

Louise Jackson is the "Exerciser of the Month" for November. Jackson has been exercising on a regular basis for two years about three to four times per week at four to five hours per week.

At present, Jackson does chair aerobics three times per week, occasionally low-impact aerobics and walking two miles per week. She says that Wellness Coordinator, Eva Montee and others inspired her as her physical well-being is important to her.

Jackson feels that she benefits by keeping fit physically as well as mentally. Her specific goal is to be mobile as long as her body and mind will allow. She says "I work hard to avoid getting old and decrepate." Some of her stumbling blocks when it comes to exercising is doing it on a regular basis, getting up on cold mornings because it's getting more and more difficult. Her secret way of handling this is

"Just beating myself up to get out and at it."

Other active hobbies Jackson enjoys are gardening, keeping her own house, baby-sitting and other little "old-lady" activities. She prefers to exercise with others and her family. Most things done with the family are "eating", and walking with some family members.

If she hadn't any limitations she would like to swim regularly, dance often, walk instead of driving but lives too far out from civilization to do that. Jackson says that Eva's exercising is usually the most exciting happenings because she makes it fun and worthwhile.

Jackson's words of wisdom is "Hang in there and have fun doing it. I am a poor example outwardly but I feel so much better physically and mentally, it's worth all the effort it takes. I'd recommend it to all ages (especially the Seniors). It keeps your outlook on living on the top shelf."

Final standing for the first third of bowling

| TEAMSTANDINGS | WON | LOST | TOTAL PINS | SCRATCH | AVERAGE |
|----------------------------|-----|------|------------|---------|---------|
| 1 Warm Springs Ath Assn | 31 | 13 | 32839 | | 995 |
| 2 Snuff-Butch Logging | 27 | 17 | 33132 | | 1004 |
| 3 V F W | 25 | 19 | 32214 | | 976 |
| 4 Madras Auto | 24 | 20 | 32382 | | 981 |
| 5 3N-Livestock | 23 | 21 | 32642 | | 989 |
| 6 Inter-Tribal Sports | 23 | 21 | 32582 | | 987 |
| 7 Warm Springs Forest Prod | 23 | 21 | 32424 | | 982 |
| 8 Bramco | 19 | 25 | 32593 | | 987 |
| 9 Deschutes Crossing | 18 | 26 | 32169 | | 974 |
| 10 McPheeters Turf | 18 | 26 | 31801 | | 963 |
| 11 Rogers Drug | 17 | 27 | 30996 | | 968 |
| 12 Insurance Mart | 16 | 28 | 32198 | | 975 |

| TEAMS IN ROLL OFF FOR 1ST THIRD | 1st High, Team Game | 2nd High, Team Game | 3rd High, Team Game | 1st High, Ind. Game | 2nd High, Ind. Game | 3rd High, Ind. Game |
|---------------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| Warm Springs Ath Assn | 3132 | Rogers Drug | 1105 | | | |
| Snuff-Butch Logging | 3108 | Inter-Tribal Sports | 1077 | | | |
| V F W | 3069 | 3N-Livestock-V F W | 1074 | | | |
| Snuff-Butch Logging | 3069 | Jeff Toms | 267 | | | |
| C. Dix-M. Vizenor | 665 | Curt Dix | 248 | | | |
| Jeff Toms | 657 | F. Alby-J. Yahr | 247 | | | |
| Tim Yahr | 607 | | | | | |

| INDIVIDUAL AVERAGES | | | | | | | | | |
|------------------------|------------|-------|---------|------------------------|--------------------------|-------|---------|-----|-----|
| NAME | TOTAL PINS | GAMES | AVERAGE | NAME | TOTAL PINS | GAMES | AVERAGE | | |
| Inter-Tribal Sports HC | | | | Snuff-Butch Logging HC | | | | | |
| Satch Miller | 4632 | 24 | 193 | Claude Smith | 21 | 5810 | 33 | 176 | |
| Frank Alby | 21 | 4764 | 27 | 176 | Ron Clements | 24 | 4679 | 27 | 173 |
| Don Winishut | 29 | 5010 | 30 | 167 | Joe Badoni | 32 | 5420 | 33 | 164 |
| Ralph Minnick | 16 | 6019 | 33 | 182 | Guy Wallulatum | 40 | 2793 | 18 | 155 |
| Cliff Walker | 3 | 6476 | 33 | 196 | John Wright | -2 | 6096 | 30 | 203 |
| | | | | Frank Silvia | 33 | 1962 | 12 | 163 | |
| Insurance Mart | | | | V F W | | | | | |
| Paul Stevenson | 31 | 4970 | 30 | 165 | Dale Parker | 42 | 5062 | 33 | 153 |
| Jim Hurt | 33 | 5407 | 33 | 163 | Sid Miller | 45 | 4508 | 30 | 150 |
| Nathon Monroe | 14 | 2209 | 12 | 184 | Benny Heath | 45 | 4486 | 30 | 149 |
| Lonnie Ogilvie | 28 | 5558 | 33 | 168 | Bob Macy | 35 | 5324 | 33 | 161 |
| Curt Dix | -2 | 6716 | 33 | 203 | Jeff Sanders | 18 | 3786 | 21 | 180 |
| Deschutes Crossing | | | | 3N-Livestock | | | | | |
| Alley David | 30 | 5499 | 33 | 166 | Rudy Clements | 21 | 2653 | 15 | 176 |
| Butch David | 45 | 3163 | 21 | 150 | Conrad Queahpama | 36 | 3857 | 24 | 160 |
| Ray Calica | 35 | 5332 | 33 | 161 | Joe Tuckta | 29 | 5021 | 30 | 167 |
| Sabe Redthunder | 33 | 3763 | 23 | 163 | Andy Leonard | 47 | 2659 | 18 | 147 |
| Jerry Sampson | 9 | 6241 | 33 | 189 | Austin Greene | 16 | 5470 | 30 | 182 |
| | | | | Lawrence Shike | 10 | 5664 | 30 | 188 | |
| Bramco | | | | Madras Auto | | | | | |
| Jim Bean | 54 | 4203 | 30 | 140 | Ray Shike Sr | 14 | 5530 | 30 | 184 |
| Luke Huskey | 72 | 3940 | 33 | 119 | Dino Jones | 40 | 1395 | 9 | 155 |
| Scott Taylor | 58 | 2566 | 19 | 135 | George DeJarnatt | 16 | 5484 | 30 | 182 |
| Wendell Wade | 31 | 2487 | 15 | 165 | Elton Greeley | 26 | 4636 | 27 | 171 |
| Jim Yahr | -4 | 5334 | 26 | 205 | Ray Shike Jr | -12 | 6223 | 29 | 214 |
| Warm Springs Ath Assn | | | | Bruce Fones | 62 | 2366 | 18 | 131 | |
| Rodney Adams | 32 | 4941 | 30 | 164 | McPheeters Turf | | | | |
| Tim Smith | 56 | 4133 | 30 | 137 | Dick Kurz | 61 | 3578 | 27 | 132 |
| Owen Danzuka | 53 | 4653 | 33 | 141 | Kirk Holcomb | 36 | 3863 | 24 | 160 |
| Chet VanPelt | 29 | 5021 | 30 | 167 | Mike Walters | 33 | 3434 | 21 | 163 |
| Miles Vizenor | 16 | 6036 | 33 | 182 | Chuck Schonneker | 36 | 3348 | 21 | 159 |
| Rogers Drug | | | | Jim Brown | 55 | 3320 | 24 | 138 | |
| Ray Lengele | 31 | 4954 | 30 | 165 | Bob Ringering | 18 | 5415 | 30 | 180 |
| Randy Sample | 11 | 5802 | 31 | 187 | Warm Springs Forest Prod | | | | |
| Jeff Toms (203) | -2 | 657 | 3 | 219 | Loyd Thurman | 36 | 5312 | 33 | 160 |
| David Lacey | 32 | 4929 | 30 | 164 | Rex Osborne | 38 | 5185 | 33 | 157 |
| Vic Yahr | 18 | 5908 | 33 | 179 | Irv Raines | 45 | 4785 | 32 | 149 |
| (SUBS) | | | | Roger Holcomb | 69 | 4072 | 33 | 123 | |
| Dan McCool | 34 | 1463 | 9 | 162 | Les Gann | 54 | 4492 | 32 | 140 |
| Steve Marlatt | 52 | 1563 | 11 | 142 | | | | | |
| George Snow | 20 | 1596 | 9 | 177 | | | | | |
| Jim Durglo | 80 | 1340 | 12 | 111 | | | | | |

At the end of the first third the Warm Springs Athletic Association were winners with a 31-13 record. Snuff-Butch Logging came second with a 27-17 record. Both teams qualify for the final roll-off at the end of the regular season.

Walking burns lots of calories

Walking is taking great strides to become one of the most popular forms of exercise. Evidence indicates mile per mile, walking burns as many calories as running. Walking burns stored body fat, lowers blood pressure, increases bone density, and lowers blood cholesterol. The faster the pace, the better conditioning overall. Walk-on!

Wapato wins Magpie tourney

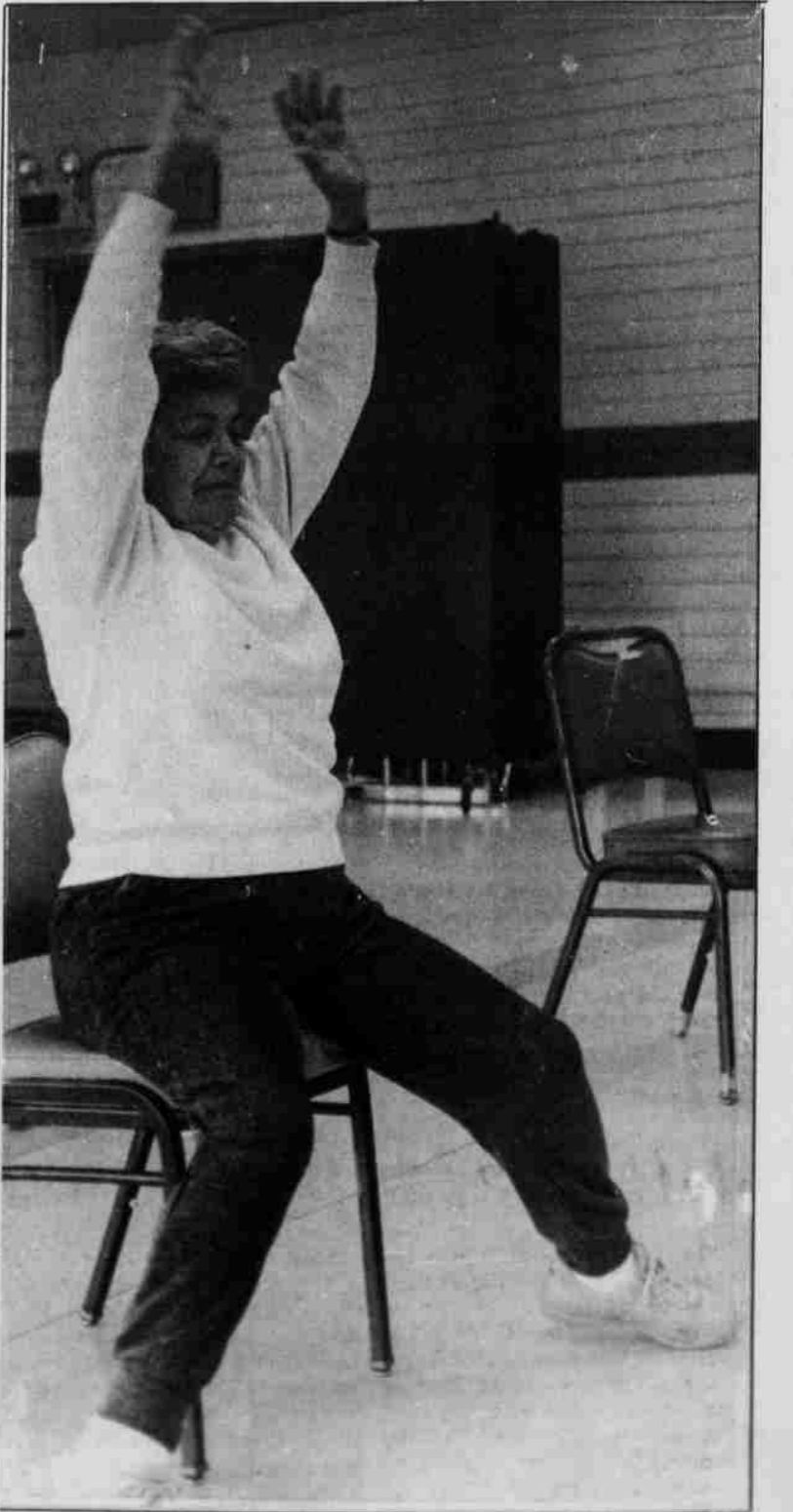
The Warm Springs Magpies hosted a Six foot and under basketball tournament November 10, 11th and 12th. A total of eight teams came to play for the championship jackets.

The final results are: Champions-Wapato, Washington; Runners-Up-Oregon Nation; third place-Northwest Chiefs and fourth place went to the host team, the Magpies. They all received plaques.

The Team Sportsmanship plaque went to I.B.A. "Magic" and the Mr. Hustle sweatshirt went to Ralph Andrews of Central, Washington. The Most Valuable Player sweatshirt went to Bud Herrera of Wapato, Washington.

The all-stars received sweatshirts and they are: Dean Jackson-I.B.A. "Magic", Warm Springs, Oregon; Lester Wahisise-Central Washington, Yakima, Washington; Bryson Bronson-Oregon Nation; Ryan "Smitty" Smith-Oregon Nation; Jay Keys-Wapato, Washington; Glenn Jones-Wapato, Washington; Dan Brisbois-Northwest Chiefs; Willie Stacona-Warm Springs Magpies; Tray Leonard-Northwest Chiefs; and Owen Danzuka of the Warm Springs Magpies.

Other teams that played were Northwest Roadrunners, Simnasho, Oregon; Columbia River "Blackwolves", Portland "Wolfpack", and Macy's Market, Warm Springs, Oregon.



Louise Jackson, exerciser of the month, demonstrates a chair exercise.