

## Infant, child CPR training offered

Infant and child cardiopulmonary resuscitation (CPR) training course will be offered on Tuesday, November 7 at Mt. View Hospital and



Madras High School freshmen and their parents became acquainted with the many aspects of life in high school at "Passages 1993," held October 24.

Nursing Home. Persons interested in learning household accident prevention tips, rescue breathing and cardiac compression techniques for infants and children under nine years of age will benefit from attending this class. A certificate of completion will be given to those students who successfully complete the four-hour course. The class, which begins at 9 a.m., will be taught in the facility's basement multi-purpose room. The lead instructor for the pediatric CPR class will be American Heart Association certified instructor, Cathy Luther, R.N.

Class size is limited and pre-registration is required before 5 p.m., Monday, November 6. A tuition of \$5 will be charged to help offset the cost of course materials.

For more information and to pre-register, call Madeline Garcher at 475-3882.

## Shakespearean actors to perform

An Ashland Shakespearean touring troupe, featuring a mixture of Shakespearean and contemporary excerpts from plays performed by the internationally known Ashland Shakespeare Festival, will be presented at Madras High School, Friday, November 3 at 7:30 p.m.

The Regional Arts Council of Central Oregon and Central Oregon Arts in Education present Terri McMahon and Robert Lisell-Frank of the distinguished Ashland Shakespeare Festival company in a three-day series of school perfor-

mances, class workshops, and public programs. The pair will conduct workshops and assemblies in Redmond, Prineville, Madras, and Sisters schools, and evening shows open to the public called "Shakespeare We Know...And Other Fun Stuff."

Tickets will be available at the door the evening of the performance, \$5.00 for adults, \$4.00 for students and senior citizens.

Each season after the Shakespeare Festival's closing, teams of actors visit over 250 schools and organizations, reaching some 170,000 individuals in eight Western states, including Alaska and Hawaii.

Now in its 20th season, the School Visit Program allows students and community members to enjoy the best in live theater on home ground. Requiring only "two sturdy chairs" as stage dressing, the players will bring to life a variety of materials ranging from swordfights to sonnets in assemblies, individual classes, and public performances.

The Shakespeare Assemblies, entitled "Watch What We Can Do With Language," will be selected from the Bard's comedies, tragedies, and historical plays, including "As You Like It," "Julius Caesar," "Romeo and Juliet," and "The Comedy of Errors," a twelve-minute version of the entire play. The Literature Assemblies, called "Bargains," portray dramatizations from such popular classics as J.D. Salinger's "Catcher in the Rye" and John Steinbeck's "Of Mice and Men."

The lively and entertaining evening program offers the community a chance to enjoy first-rate live theater including portions of "Midsummer Night's Dream," "Julius Caesar," and "The Comedy of Errors" as well as other contemporary selections.

The program is funded in part by a grant from Mervyn's Department Stores.



Shakespearean actors will be visiting the Madras area November 3. Actors will work with Madras High School students and present excerpts from various Shakespearean and contemporary plays to the community.

## MJH students earn playday



Madras Jr. High students vs MJH teachers show the teachers to be overpowered by a unified student tug-of-war team during activity day September 29, 1989.

Students at Madras Jr. High may purchase a pass to a scheduled activity day with a Buff Buck. Notebooks kept up-to-date earn a Buff Buck which allows students to purchase various items at a concession, or may be saved to allow them to attend an activity day. Students choose how they want to spend their Buff Buck.

The notebook program, started three years ago, calls for the use of a 3-ring notebook in which students store assignments and their work over a school quarter. This helps students become organized and permits parents a chance to review a student's work. All work and teacher's comments on work are kept in the notebook. Assignments that students are expected to complete are also included.

The next activity day for MJH students is set for November 4. Called the "Rainy Day Extra-

vaganza," students will have the opportunity to participate in board

games, take in a movie, use the computers or go to the library.



Students in the bleachers share the enjoyment of the activity day as students compete against teachers in various outdoor activities.

## International study offered at COCC

The sights and sounds of Mexico are being offered winter term at Central Oregon Community College through the unique International Study Program. Instead of separate courses, the program offers an integrated block of study that combines archaeology, anthropology, sociology and Spanish, taught in Mexico City and Veracruz, on the Mexican Caribbean.

During the 66-day term, students will visit archeological sites, participate in Carnival and conduct field research. They will examine social structure, ideologies, history, pre-history and more.

The cost of the program is expected to be in the range of \$2,000 and include tuition, travel and living expenses. The program offers a block of 17 credits, equi-

valent to credits in archaeology, sociology, anthropology and Spanish and is designed to meet sequence requirements for an associate degree.

For more information on Winter Term in Mexico, contact Dr. Dan Early at 382-6112, ext. 391 or the COCC admissions office at 385-5500.

## Learn to motivate employees

"Our Future Together!" will be the theme of the Central Oregon Hospitality Industry Conference scheduled for November 6 in Bend.

This conference will be an information-packed meeting where businesses can learn more about ways to improve profitability, meet contacts from the hospitality industry, discover resources and explore ways to make Central Oregon the hospitality leader in Oregon. Workshops revealing ways to increase customer service, motivate employees and turn an ordinary staff into a super sales force will make up the day-long event.

Conference speakers have been selected from among hospitality leaders and will include Marty Smith of Marty's Fine Jewelry and Gifts; Tom Currie and Pat Welch of Mount Bachelor Ski and Summer Resort and JoAnn Mann of PREP, Inc. The keynote speaker will be Bob Farrell, co-founder of Farrell's Ice Cream Parlors and the 1972 National Restaurant Man of the Year.

Currently Farrell is the chairman and CEO of Newport Bay Restaurant Seafood Broilers in Portland. His unique approach to hospitality has resulted in much attention from the industry and such honors as the Horatio Alger Award and selection as Portland Marketing Man of the Year.

Conference host and moderator will be Warren Klug, president and

general manager of the Inn on the Seventh Mountain, who will provide opening remarks.

The conference is sponsored by the Business Development Center and Hotel/Restaurant Management program at Central Oregon Community College, as well as the Bend, Redmond and Madras/Jefferson County Chambers of Commerce.

It will be held at the Touch of Class Motor Inn in Bend. For more information or to pre-register for the summit, contact the Business Development Center of COCC at 385-5524 or toll free in Oregon, 1-800-422-3041, ext. 524.

## Impact Aid hearing set for November 13

As specified in School Board policy 911, the District plans to afford Warm Springs residents an opportunity to make comments and recommendations relative to the application and use of P.L. 81-874 Impact Aid funds.

A public hearing is scheduled during a regular School Board meeting beginning at 7:30 p.m., on Monday, November 13, 1989, in the library at Warm Springs Elementary School. Everyone is welcome and invited to attend.

## Warm Springs Elementary news

### A Partnership—A Plan for Success

It is the goal of all the staff at Warm Springs Elementary School to work as partners with all of our parents. Should you have questions or concerns about any matter, please call us at 553-1128. Teachers are available from 8 to 8:30 a.m. and from 3:30 to 4 p.m. on almost every school day. We welcome your calls and want to work with you as educational partners.

### New Staff Members

Two additional staff members at WSE are:  
Mrs. Deanna La Page who comes from Burns. She is our fourth grade teacher.

Mrs. Bobbie Roberts is our school secretary and comes from Madras. She previously worked as Title V secretary.

### Students of the Month

The following students were recognized as WSE's Outstanding Citizens for the month of September.

**Kindergarten**—Jenna Johnson, Camille Clements, Joshua Sohappy and Louis Smith

**First grade**—Adree Herrera, Falena Kentura, Andrew James and Michael Martinez

**Second grade**—Mary Ann Stahi, Denise Clements, Chris Sanders, Charlie Van Pelt and Reina Estimo

**Third grade**—Jesse Wewa, Molly Fuentes and Evaristo Antunez

**Fourth grade**—Charlie Hellon, Kevin Williams and Brian Renfro

**Fifth grade**—Vera Thomas, Dabid Rodriguez and Sean Bruno

Message from the Principal

One of the things that each of us recognizes here at Warm Springs Elementary is what wonderful children we have in our school. These children are the most precious gifts that we have. As we work with them throughout the year it is our hope that we will give them this message so that they will believe it strongly and develop their many gifts and talents to the fullest.  
Helen Elliott

### Public Hearing on P.L. 81-874 Application for FY90

As specified in school board policy 911, the district plans to afford Warm Springs residents an opportunity to make comments and recommendations relative to the application for and use of P.L. 81-874 Impact Aid funds.

We have scheduled this year's public hearing during a regular school board meeting at 7:30 p.m. on Monday, November 13, 1989 in the library at Warm Springs Elementary. You are welcome and invited to attend.

### Bus Policy

Our policy is to allow students off the bus in the afternoon only at their designated bus stop. We do this because of our concern for the safety and welfare of the children.

At times, you will wish the driver to let your child off at another location. In order to do this, the school office staff must receive a written communication from you. Clear, specific wording is very important and routes will not be altered for this purpose. We appreciate your help in this area of child safety.

### Special thoughts on Raising Kids

#### The Gift of Struggle

Are we stealing from our children? Despite our best intentions, we may be robbing them of the opportunity to struggle, leaving them vulnerable to underachievement and suicide.

Schools today face an epidemic of underachievers, yet these children believe with all their hearts that they are incapable of doing the work asked of them. They say school is boring, irrelevant or too hard. They may seem confused, under constant stress or incapable of doing more.

Well-meaning friends may suggest that parents be more understanding, more supportive, more helpful with the studies. Sometimes this is right, but often it is the worst possible suggestion.

**Mom and Dad to-the-rescue:** This same child may have similar problems when it comes to doing other tasks at home. The youngster has learned at an early age that adults will rescue him when the going gets tough. Children quickly become addicted to adult help and begin to believe the adults' unstated message that they succeed only with assistance.

Underachievers often have parents who had to struggle when they were children. They grew up to say, "I don't want my kids to have to struggle like I did. They deserve better." Their children live in a home where struggle is an enemy rather than an opportunity.

The problem was less severe years ago. Parents preoccupied with the Depression, World War II and scratching out a living gave their kids tasks which forced them to help the family. Struggling at home prepared children to struggle at school.

Today's underachievers believe failure is too painful. Yet recent studies tell us that children denied the opportunity to struggle during their early years are at high risk for suicide. They are unable to see themselves solving problems.

**Solutions:** The answer is to give children responsibilities. Children need jobs to do around the house and they need parents who consider this a top priority. The most effective way to do this is to say to the kids, "There's no hurry on the chores. I just want them done before your next meal." Missing a meal is momentarily unpleasant but avoiding a struggle hurts self-concept in the long-term.

I was asked recently if chores should be assigned to a teenager who has lots of studying, as well as many school responsibilities and a part-time job. Teenagers become experts at believing they have more important things to do than chores. They even decide that studying is more important. My answer was, "Absolutely! Chores come first." Say to your teenagers, "I hope you get fast enough at your chores so the rest of your activities won't suffer."

Sylvia B. Rimm, Ph.D., author of *Underachievement Syndrome*, says many learning problems at school are cured when children are given chores at home. One of her twelve tips for helping underachievers is "Children feel more tension when they are worrying about their work than when they are doing their work."

**Struggle produces  
S-T-R-E-T-C-H-I-N-G  
AND  
G-R-O-W-I-N-G**

## School District calendar

November 9	First Quarter Ends—Early student dismissal.
November 10	Veterans' Day—NO SCHOOL
November 16	Parent/Teacher Conference Day—No school for students.
November 22	Early Teacher/Student Dismissal.
November 23, 24	Thanksgiving Holiday.