## Spilyay Tymoo



Madras linemen set up a wall of blocks to open hole for running back.

## Recreation Department sponsors 10 K run


 mame time.
Both races
mit Both races begin at 10:00 a.m. the 3.1 mile mark. Rumners weill Saturday. October 21 , 1989. A pre-- return running westward on the registration fee of $\$ 8.00$ will be
charged and a fee of $\$ 10.00$ will be charged the day of the race.
Deadine for pre-registration is Friday, October 200 at $5: 00 \mathrm{p} \mathrm{p}$.
Registration on the day of the race will be held from 8-9:30 a.m. at
Kah-Nec-Ta Village Patio. Age group categories include: 12
and under 13-18, 19-29, 30-39, 40-
49, 50 and 49, 50 and over, strollers 3 and raffe ticket. Raffle items will be under, both male and female.
The 10 K run will start and finish
Swim passes may be obtained at a
50 percent discount at the Kah-Nee-Ta Village entrance Discounted parking is available
area. 10 K runners will first run in at the northend gravel day parking area. 10 K runners will first run in
an eastward direction on the paved the northend gravel day parking

## Aerobics classes scheduled

Now in session:


Left to right Buct Smith and Jason Smith from Wern S and


September 25: Low impact Aerobics 5:30-6:30
p.m., Monday, Tuesday Wednes p.m., Monday, Tuesday, Wednes-
day and Thursday at the Warm
Spa Springs Elementary gym. October 2 Aerobics (low impact) 12:00-1:00
p. C. Tuesday and Thursday at the Community Center. Early Bird Aerobics 6:00-7:00
a.m., Monday thru Friday at the Community Center.
Aerobics (low impact) 7:00-8:00 Aerobics (low impact) 7:00-8:00
p.... Monday. Wednesday and
Thursdayat the Community Center.
September 27
Areobics leaders workshop 5:00-
7:00 p.... Monday and Wednesday. For anyone interested in lead
ing aerobic exercise classes.

September 27
Stop Diabetes Fun Walk-Run
12:00-1:00 p.m. at the Community
Center.
For more information on any of
the above call the Tribal Well the above call the Tribal Wellines
office, Eva or Lucinda $553-3205$.

Fiegistration open now for St. Pat's
Cowdeo

## Registration is now open for St Pat's Cowdeo to be held October

1 and 22 at the Jefferson Co Fairgrounds. Madras, oregon. Kids
ages 6.14 are eligible. To Register
contact Kathryn Bain at $475-2130$.

Basketball tourney set for October 13, 14


## MHS volleyball, football and cross country schedule

| October 6 | Nyssa * | Volleyball F/JV/V 5 p.m. |
| :---: | :---: | :---: |
| October 6 | Vale * | Football Varsity 7:30 p.m. |
| October 7 | At Burns | Volleyball F/JV/V 2 p.m. |
| October 7 | Gladstone | Cross Country $12 \mathrm{p} . \mathrm{m}$. |
| October 11 | At Redmond Invitational | Cross Country 3:30 p.m. |
| October 12 | Redmond | Football Frosh 4:30 p.m. |
| October 12 | Bend | Football JV 6:30 p.m. |
| October 13 | Forest Grove | Football Varsity 7:30 p.m. |
| October 13 | Baker * | Volleyball F/JV/V 4 p.m. |
| October 14 | Burns * | Volleyball F/JV/V 2 p.m. |
| October 14 | At Scappose Invitational | Cross Country 12 p.m. |
| October 19 | Burns | Football F/So. 3 p.m. |
| October 19 | At Sweet Home | Cross Country 4 p.m. |
| October 20 | Nyssa * | Football Varsity 7:30 p.m. |
| October 21 | Ontario * | Volleyball F/JV/V 1 p.m. |
| October 26 | At LaPine | Football F/So. 4:30 p.m. |
| October 27 | At Vale * | Volleyball JV/V 4 p.m. |
| October 27 | Baker * | Football Varsity 7:30 p.m. |
| October 28 | At Burns (District) | Cross Country 3 p.m. |
| October 28 | At Nyssa * | Volleyball JV/V $12 \mathrm{p} . \mathrm{m}$. |
| October 31 | At Culver | Volleyball JV/V 5 p.m. |
| November 3 | At Mac Hi * | Volleyball F/JV/V 5 p.m. |
| November 3 | At Ontario * | Football Varsity 7:30 p.m. |
| November 4 | At Lane CC (State) | Cross Country TBA |

At Lane CC (State)
Cross Country $\quad$ TBA

* DENOTES LEAGUE COMPETITION. - DENOTES HOMECOMING.


Chief Spirits win Animals Co-ed Slow-pitch soffboll tournament during Labor Day weekend. Paula Smith

