

Giving your children power

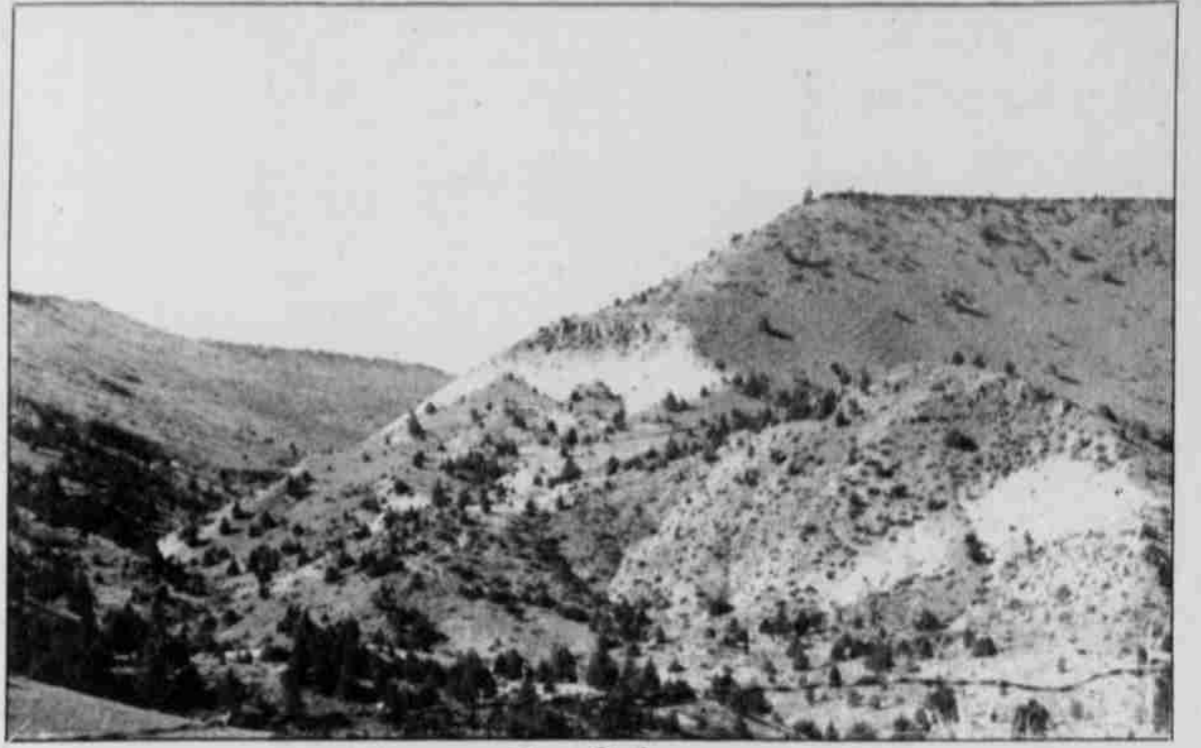
1. Give the child control of her or his own body. Say to the child, "You have a right to your own body, and no one has a right to hurt you in any way."
2. Tell the child to trust her or his own feelings and act on them. Say to the child, "If ANYONE is doing anything you don't feel okay about, say NO to them and TELL somebody what happened."
3. Respect the child's feelings and support them. If kissing grandpa, for example, does not feel good to the child you should support her or him. Let the child know that she/he doesn't have to do it anymore.
4. Give the child permission to tell. Say to the child, "KEEP TELLING until someone believes you and does something."
5. Let there be NO SECRETS within the family. In order for sexual abuse to keep happening it needs secrecy.
6. Let the children know that it is not their fault, if someone touches them in a way they don't like—no matter what.
7. Tell the child that you want to know if something is bothering her/him. LISTEN TO THE CHILD.
8. Let the child know that adults aren't always right. Again, tell the child to trust her/his own feelings.
9. In order to protect our most valuable resource, our tribal children, the tribal government has adopted Tribal Code, Section 305.140 Child Abuse, Obligation to Report, PROTECT OUR FUTURE, REPORT CHILD ABUSE! Warm Springs Victim Assistance Program

Mitigation meeting—

Continued from page 1

Council in October or November. Comments at public hearings will help decide the progress of mitigation. Under the Northwest Power Planning Act, customers of federal hydroelectric dams, through Bonneville Power Administration funding, must pay for the Council's wildlife mitigation efforts. Utilities have complained because of the costs involved. Although utilities feel the cost would reach as much as \$108 million, The Columbia Basin Fish and Wildlife Authority calculates the cost for the entire mitigation effort at no more than 30 cents per month to the average electricity bill.

Copies of the Council's proposal to establish a Wildlife Mitigation Program may be obtained from the Northwest Power Planning Council. Testimony will be taken at public hearings and reservations to testify may be obtained by calling 1-800-452-2324 in Oregon. Public hearings are scheduled for September 13 in Coeur d'Alene Idaho; September 20 in Idaho Falls; September 21 in Boise; September 20 in Seattle; September 25 in Kalispell, Montana; and September 27 at 9:30 a.m. in Portland at the Northwest Power Planning Council Office, 851 S.W. 6th Ave, Suite 1100.



Geo-Quiz

If you can guess where this is you can win a year's subscription to Spilyay Tymoo. If you already receive the paper you can have it mailed to a friend. We have had a couple of winners so far. Here's your chance to star.

Metolius committee seeks conservation designation

A proposal is being made for national legislation to establish the Metolius National Conservation Area. Incorporating Deschutes National Forest land in the northern end of the Sisters District, the National Conservation Area would cover approximately 120,000 acres, including the Metolius Basin, Green Ridge, Black Butte and Suttle Lake. The proposal is being made by a Camp Sherman based association named "Save the Metolius." Association member Toni Foster is an area resident who teaches at the Black Butte School in Camp Sherman. "The key concept of this proposal is conservation," explained Foster. "While current Forest Service plans call for intensive recreation and intensive timber management in the area, we want conservation recreation and conservation timber management. We want these resources to last for

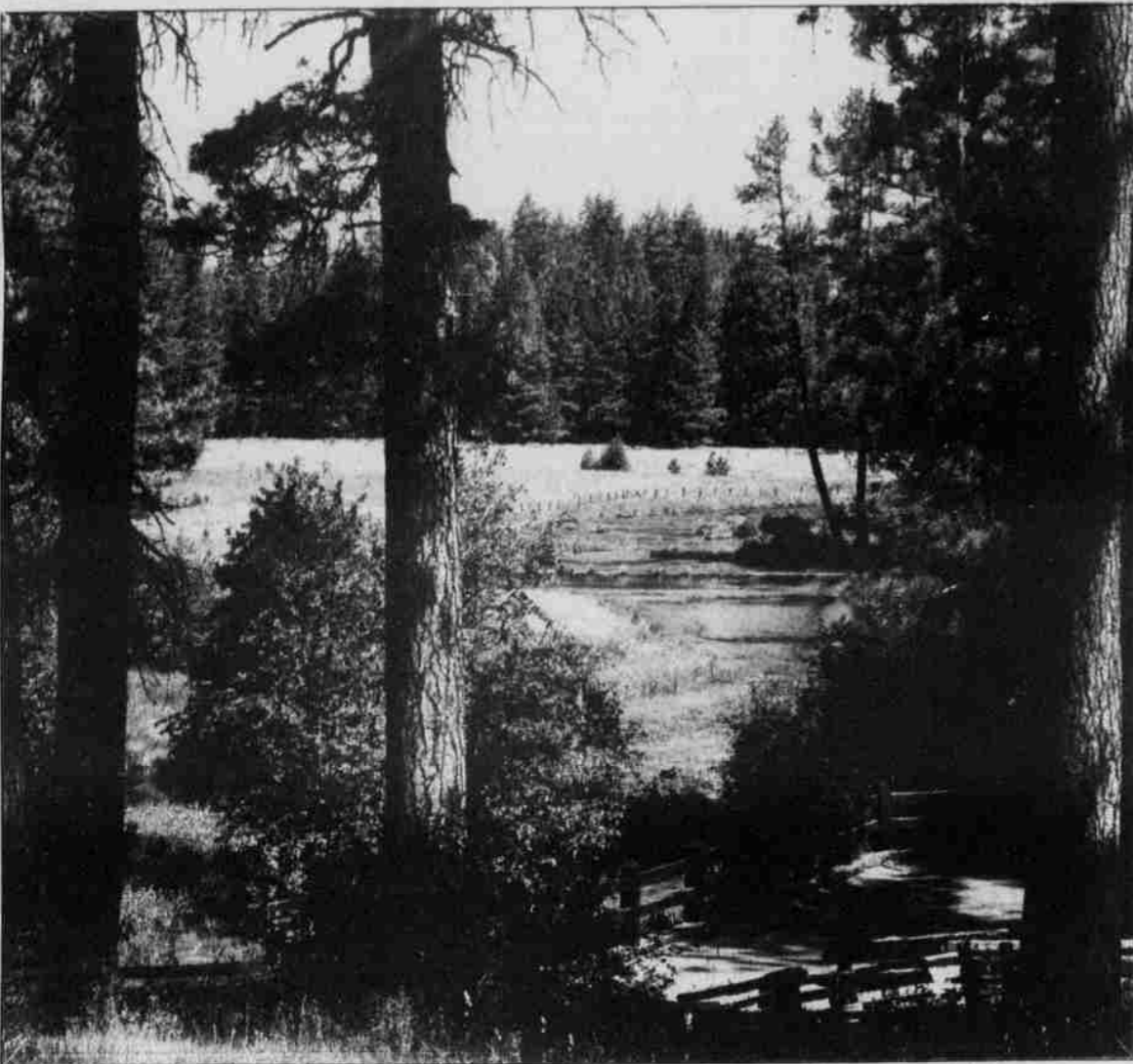
more than just our generation. We want quality dispersed recreation and quality timber harvesting instead of quantities of deteriorating resources." The proposed National Conservation Area would be managed by the Forest Service and would not impact private land. It would be bordered on the north by the Warm Springs Reservation, on the west by the Mt. Jefferson Wilderness and Santiam Pass and on the east by the National Forest private land boundary east of Green Ridge. "The southern boundary is not yet precisely defined," explained another member, Steve Prince. Prince has spent summers on the Metolius for the past fifty years. "At this point we are looking at the Cache Mountain-Black Butte Ranch area as a southern boundary. We want the NCA to include all the tributaries and watersheds

of the Metolius River and the key recreation resources in the area," Prince said. In the past decade there have been several major public disputes over Forest Service management of the Metolius Basin. In 1983 the Little Buck Consensus Committee opposed plans to extensively log along the Metolius River. After two years of negotiations, a compromise was worked out between the Consensus Committee and the Forest Service. Then in 1987 the Sisters Forest Planning Committee appealed the Wizard Timber Sale, claiming that the sale would overlog visual and recreation areas. The appeal ended with another compromise in 1988. Just this summer, another major controversy erupted, this time over the Forest Service's surprise "Recreation Design and Development Strategy for the Metolius River."

The Forest Service Development Strategy called for the expansion of Riverside Campground from a capacity of 80 to 400 people, the building of multiple footbridges across the pristine Metolius River, the development of a 100-mile mountain-bike trail system, the construction of multiple river-viewing platforms along the River and several other projects which seemed to funnel hordes of users into the River corridor. In all, 21 high, medium and low priority projects were identified in the Development Strategy. "Already the Metolius River corridor needs rehabilitation from over-use," said "Save the Metolius" member Bill Edwards, a former superintendent of Sisters Schools. "The Forest Service's reclamation plans were very appropriate, but not their development plans." The Forest Service's Development Strategy for the Metolius actually hastened the creation of "Save the Metolius" as well as the group's proposal for the Metolius National Conservation Area. "We realized that we were steadily losing ground to never-ending Forest Service recreation and logging plans," says Sisters writer and "Save the Metolius" member Penny Allen. "We decided it was time to take the initiative and create a vision of what we want the Metolius to be in 20 years, in 100 years."

Aerobics scheduled

- Now in session:**
 Diabetic Chair Aerobics 8:00-9:00 a.m., Monday, Wednesday and Friday at the Community Center.
 Aerobics (High impact) 12:00-1:00 p.m., Monday, Wednesday and Friday at the Community Center.
 Handweight Body Conditioning 12:00-1:00 p.m., Tuesday and Thursday at the Community Center.
 Low impact Aerobics 5:30-6:30 p.m., Monday, Tuesday, Wednesday and Thursday at the Warm Springs Elementary gym.
 Aerobics (low impact) 12:00-1:00 p.m., Tuesday and Thursday at the Community Center.
- September 27**
 Aerobics leaders workshop 5:00-7:00 p.m., Monday and Wednesday. For anyone interested in leading aerobic exercise classes.
- September 25:**
 Stop Diabetes Fun Walk-Run and 12:00-1:00 p.m. at the Community Center.
- October 2**
 Aerobics (low impact) 12:00-1:00 p.m., Tuesday and Thursday at the Community Center.



Committee is working to create the Metolius National Conservation Area.

Replacement harnesses available

Toddler Model 410 carseat harness replacement for 1988 and 1989 IHS carseat recipients. Evenflo, the company that produces the Toddler Model 410 carseats that are issued through the MCH program at the IHS clinic, has informed our program that the strap slide of the upper harness on the carseats may slip. We have been sent replacement harnesses for the units in question. The manufacture dates and

the model numbers are visible on the side of the carseats. If you received a Model 410 toddler carseat with a manufacture date indicated above, or received a toddler carseat from our program during June 1988 through June 1989, please contact Rhonda Green or Kathleen Moses at 553-1196 extension 35, or stop in and see Rhonda or Kathleen at the MCH office in the IHS clinic to receive a replacement harness. Your urgent attention to this matter is very important for the safety of your child.

Court notices

The Confederated Tribes of the Warm Springs Reservation of Oregon
 vs.
 Merris Wallulatum, Jr.
 Defendant

Notice of Trial/Hearing for Publication
 Case No. JV92-88 & DO67-87
 To: Merris Wallulatum, Jr.
 You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for trial/hearing at 9:00 a.m., on the 9th day of October, 1989.
 You are hereby ordered: To be and appear at

the Warm Springs Tribal Court at the time and date shown to defend against the charge(s). You may be represented by yourself, by an attorney, or by a spokesman, at your own expense. You may bring any documents you believe are relevant to this cause, and you may bring witnesses to testify on your behalf. You may request the Court to subpoena your witnesses, however, you must submit your list of witnesses no later than two weeks prior to trial; failure to do so will not be considered sufficient reason to postpone the trial. If you have any questions, you should seek legal advice immediately.
 If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest.
 Dated at Warm Springs, Oregon, on this 7th day of September, 1989.

Lola Sahppa
 Judge, Warm Springs Tribal Court

day of September, 1989.
 Lola Sahppa
 Judge, Warm Springs Tribal Court

The Confederated Tribes of the Warm Springs Reservation of Oregon
 vs.
 Jim Sahme
 Defendant

Order to Show Cause for Public Notice
 Case No. DO193-81
 To: Jim Sahme

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for show cause hearing at 11:00 a.m., on the 5th day of October, 1989.
 You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown to show cause why the suspended sentence of 11/28/88, should not be imposed for your failure to comply with the sentence imposed against you. This hearing will not be a full hearing on the merits of case; you must appear and defend against a complaint that you failed to obey the Order of the Court.
 If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest. If you have any questions, you should seek legal assistance immediately.
 Dated at Warm Springs, Oregon, on this 5th day of September, 1989.

Lola Sahppa
 Judge, Warm Springs Tribal Court

the Warm Springs Tribal Court at the time and date shown to defend against the charge(s). You may be represented by yourself, by an attorney, or by a spokesman, at your own expense. You may bring any documents you believe are relevant to this cause, and you may bring witnesses to testify on your behalf. You may request the Court to subpoena your witnesses, however, you must submit your list of witnesses no later than two weeks prior to trial; failure to do so will not be considered sufficient reason to postpone the trial. If you have any questions, you should seek legal advice immediately.
 If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest.
 Dated at Warm Springs, Oregon, on this 1st day of September, 1989.

Barbara Haslinger
 Judge, Warm Springs Tribal Court

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