

Senior Citizens' Corner

Table with columns for dates (Tuesday, Thursday) and food items (Sliced Tomatoes and Cheese, Fruit, Orange Juice, etc.) and a separate section for September Birthdays.

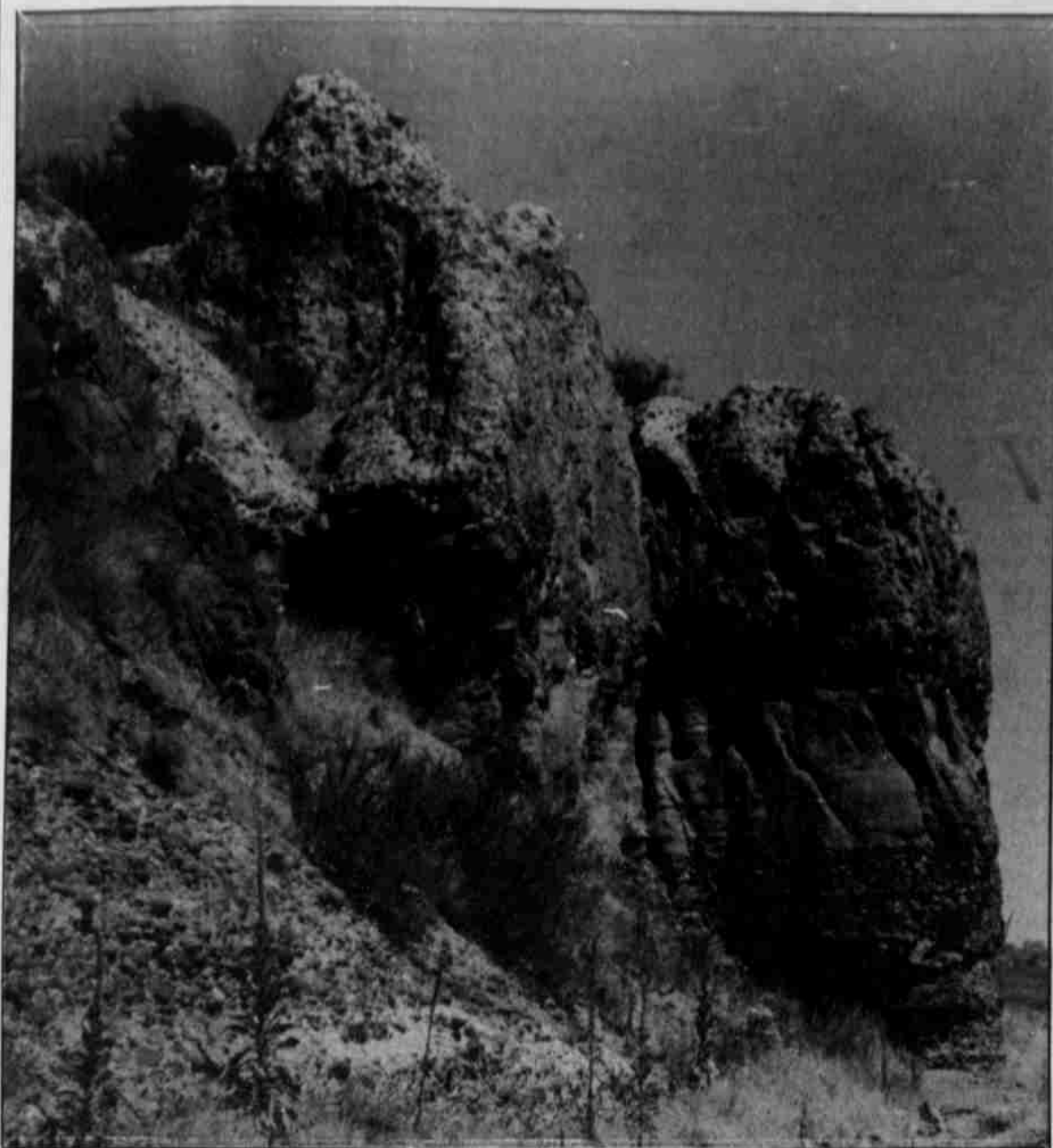
Pacific Power reduces rates to customers

Pacific Power's Oregon electricity prices dropped an average of 2.3 percent recently, the third such reduction in the past two years. Officials of the energy services company said the latest price change reflects savings resulting from its merger with Utah Power earlier this year, as well as a successful cost-reduction program.

competitive in the future. The company has pledged not to raise overall prices through 1992. Overall, the company's prices for electricity have dropped by eight percent in the past two years. An average residential customer, who uses about 1,000 kilowatt hours

per month, will be paying about \$2 less per month for electricity than in 1985. "That means about \$145,000 will remain in the Madras area to stimulate the local economy," the manager concluded.

Professor BodyWise Traveling Menagerie Thursday, September 21, 1989 10 a.m.—Warm Springs Elementary 7 p.m.—Community Center



Geo-Quiz Because of a little "mix-up" in communications, this photo was not identified. So, here is another chance for someone to guess its location and win a year's subscription to the Spilyay Tymoo. If you already receive the paper, you can have it mailed to a friend. Call 553-1644 with the proper identification.

County, Tribe, IHS receive outreach funding

The seed was planted in 1981 for coordinated maternal child health services between Jefferson County and the Confederated Tribes of Warm Springs when the Jefferson County Health Department director and a representative of the tribe were invited to funding discussions convened by the Oregon Health Division. The seed began to really take root six years later when the Indian Health Service agreed to become a member of the three-agency partnership and the County Court, then made up of members Hershel Read, Helmer Wallan, and Gordon Shown, agreed

that funding should be explored for the coordinated effort. The county's commitment was reaffirmed in January 1989 when Judge Dan Ahern encouraged the Health Department to resume the funding search. A grant was submitted to the Children's Trust Fund in spring 1989 and word was subsequently received that the project—now called the Native American Outreach Clinic—was one of 13 projects selected for phased-in funding. The next step involved an interview by the CTF Executive Directors which included Linda Allen, Jefferson County Health

Department, Lee Loomis, Indian Health Service, and Sal Sahme, Human Services Department of the Confederated Tribes of Warm Springs. The good word was finally received this week that the funds have definitely been allocated for the project effective October 1, 1989. The Outreach Clinic will function as a satellite clinic of the county's Family Planning Program. Available services will include: comprehensive Family Planning services; information and referral to other counseling and treatment programs; prenatal care; parenting education; and, general medical care. It is anticipated that this alternative service provider will address the growing need for confidential preventive services in the Native American population.

Russell photographs to be shown in Bend

The High Desert Museum will present "Westward to Promontory: The Photographs of A.J. Russell" from September 15 to October 22, 1989. It is the third major exhibition in the Museum's changing exhibits program scheduled for the new, 1000-square foot Brooks Gallery. The exhibit of 60 black and white photographs documents the building of the Transcontinental Railroad from Omaha to Promontory Summit in Utah during the years 1868-1869. It is said that Russell's photographs were among the first attempts to illustrate the linking of man, nature and machine as they capture the multitudes of people and equipment involved in the complex challenges of that historic event. This exhibition and its two-year North American tour are organized by the Oakland Museum His-

tory Department in collaboration with the International Center of Photography, New York, and made possible by a grant from Union Pacific Corporation. The High Desert Museum is located at 59800 South Highway 97, six miles south of Bend, Oregon. The Museum is open 9:00 a.m. to

5:00 p.m. every day except Thanksgiving, Christmas and New Year's Day. Admission to the Museum is \$4.50 for adults, \$4.00 for seniors and \$2.50 for children 6 to 12 years of age. Members and children 5 years of age and under may enter free of charge.

Wood permits now available

The Bend Ranger District of the Deschutes National Forest will be selling separate one-time personal-use firewood permits for four cord units. The firewood offered for cutting is decked logs which resulted from site preparation activities in the Bend-LaPine vicinity. Logs were skidded and decked in the summer and fall of 1988 and consist primarily of lodgepole pine with small amounts of ponderosa pine and white fir. Permits will go on sale at 7:00

a.m., August 29, 1989, at the Bend Ranger District, 1230 N.E. Third Street (Red Oaks Square). Permits will cost \$40.00 (\$10.00 per cord), and will be valid for only fourteen (14) calendar days from the date of issue. No extensions of the permit will be allowed. Permittees will be assigned a specific log deck within a specific unit and will only be authorized to cut on that deck. Approximately one-third of the decks are a remote distance from any roads, so it is recommended that four-wheel drive vehicles or vehicles with high ground clearance be used to access them. All other decks are readily available by forest roads. Access to the units has been signed at major road junctions and each deck has been signed by unit and deck number to assist permittees in locating their assigned cutting location. Maps of the routes to the units and maps of the relative location of the decks within the units will be issued with the permits. The permittee will be required to have these maps and their permit with them while cutting.

Ensure child's success

Children of all ages enjoy attention. Compliments can win a child's heart almost everytime. But what do people say to children whose clothes are unkept, faces and bodies dirty, and hair maybe infested by lice. Often times nothing. Being chosen last, having no one willing to stand next to them in line, and similar not so subtle messages tear at the hearts of neglected children

everyday. The least that can be done by parents is to ensure that their child has clean, comfortable clothes, a clean body and healthy skin. Children are our pride, joy and hope for the future. This message brought to you by the Jefferson County Council on Child Abuse Prevention. "People working to keep families together."

Respite caregivers needed

The Easter Seal Society is actively recruiting caregivers for their Respite Care Program for Central Oregon. Respite caregivers provide short-term relief to families caring for a family member experiencing disabilities. The caregivers provide companionship and a watchful eye. We are looking for patient, compassionate and caring individuals for these paid (\$4.25/hour), part-time positions. Active Seniors are especially welcome. For an appli-

cation, please call the Easter Seals Office at 389-8388.

Questions about the Clinic and appointments can be answered by calling the Jefferson County Health Department, 475-2266.

Hillcrest a co-educational facility aimed at troubled youth

Hillcrest School of Oregon is a State co-educational correctional residential treatment facility for juveniles ages 12 to 21 who have been adjudicated by the juvenile courts. The mission of Hillcrest is to provide services that will reflect a balance of concern regarding the protection of community imposition of accountability for offenders and the development of competencies and life skills that encourage a productive and responsible return to the community. Located on a site south of Salem, the institution's nine residential cottages are situated around a central administrative and education complex.

The educational component of Hillcrest School is an accredited high school. All credits accrued are acceptable at public schools. Along with the academic courses offered through the high school, there are also vocational courses such as cosmetology, food services and maintenance trades including carpentry, plumbing, appliance repair and electrical. Hillcrest uses intensive therapeutic groups, individual and family treatment approaches that have been influenced by several different theories and modalities. These include Guided Group Interaction

(GGI), Positive Peer Culture, Reality Therapy, Quest Life Skills and Behavior Modification. Therapeutic strategies with a group or an individual may be changed from hour to hour, day to day and week to week, without losing consistency. The cottages are living units with individual rooms for residents. A treatment description for each cottage at Hillcrest is as follows: (Sigma) offenders are provided the opportunity to resolve their problems in a group setting using Guided Group Interaction (GGI). Daily behavior is confronted and problems solved using the peer group as a primary method of treatment. Groups meet daily for one and a half hours.

Alpha Cottage (male) uses the GGI process with an emphasis on drug and alcohol issues. The students in Alpha have been identified as chemically dependent and drug and alcohol abusers. Alpha students participate in daily group meetings which are problem solving in nature as well as providing education on drug- and alcohol-specific issues.

Kappa Cottage is for male students, and provides a program for younger sex offenders who are likely to have committed sex offenses against younger children. In a group setting, the students explore their sex offending behavior, their own victimization and how their actions affected others.

Iota Cottage receives all male students who are committed to the training schools and provides a

two-week orientation prior to a decision being made to placement within the close custody system. While in Iota, each boy receives medical and dental examinations and educational testing is completed.

Zeta Cottage is the only co-educational cottage in the closed custody system. It provides one-on-one counseling and individualized programming for students who exhibit multiple problems (suicidal behaviors, emotional disturbance, hostile, destructive behavior, and excessive negative peer problems). Specifically focused groups include peer relationships, anger management, living skills and human sexuality.

Theta Cottage serves girls and is designed to work with the older, more sophisticated student, many of whom are returnees as parole violators. This program relies on the treatment modality of Reality Therapy.

Gamma Cottage provides programs for younger boys who generally range in age from 12 to 14. Individual programs are developed which emphasize ongoing treatment goals and feedback on social expectations. The Quest program developed by Lions Clubs International has recently been introduced both in the educational and cottage living programs.

In the nine specialized cottages, staff capitalize daily on opportunity to teach, process and focus on why the student is there. Waking up, greating a new morning, working, playing, eating and schooling

become as important as individual, group and family therapies. How these young students daily interact with others, how they relate to authority figures and how they deal with their feelings are primary group therapy issues. It is through the processing of such group living situations that the environment is created, in which the student can take risks, change and grow.

Staff are convinced that for the juvenile offenders at Hillcrest, effective treatment can occur only in an environment where spontaneous and group therapy, based on current individual and group needs, takes place 24 hours a day. These students require more than what traditional behavioral or cognitive approaches alone have to offer. They require a safe, warm, nurturing and "healthy family" environment in which needed changes can occur.

The cottage staff team develops into a "surrogate parental" role model for the youth. The students develop into "the children," and the program becomes a family.

The Hillcrest philosophy is that every youth committed has the potential to change, to stop hurting others and to become a contributing member of society.

At the very least, the change expected of students committed to Hillcrest is that they 1) will be able to assimilate and practice group values and group behaviors and 2) will develop and practice socially acceptable ways of meeting their needs.

Directory notice

Unless dialed within the tribal business system, all extension numbers must have a 553-prefix. With this prefix most people may be dialed directly.

SUBSCRIPTION TO SPILYAY TYMOO

SEND SUBSCRIPTION TO:

SPILYAY TYMOO, PO BOX 870, WARM SPRINGS, OR 97761

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SUBSCRIPTION RATES: \$9.00 PER YEAR IN THE U.S. \$15.00 PER YEAR OUTSIDE THE U.S.

All members of the Confederated Tribes of Warm Springs will receive the Spilyay Tymoo at no cost. Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs.