

Cultural depression needs resolution

(The following is an excerpt from a written testimony by JoAnn Kauffman, Executive Director of Seattle Indian Health Board, before the U.S. Senate Select Committee on Indian Affairs hearing held July 7, 1988.

While aggression against Indian culture is well documented in American history books, far too little has been discussed concerning its multi-generational effects on the mental status of Indian people today.

Treatment programs designed in separation from the culture often ignore the grief and depression resulting from acculturation, the effects of stigma on the culture, as well as ignoring one of the most powerful tools in the healing process, the strength of the values of Native American and Alaskan people.

Often not considered as well, is the powerful impact of peer pressure on the native person. Programs which remove the individual from his/her kinship network are destined to make statistics of self-fulfilling prophecy.

A memo from the Commissioner on Indian Affairs to the Indian of the United States prohibits the open practice of Indian dances, ceremonies, feasts, giveaways, or other such cultural/spiritual activities, and threatens the removal of basic survival tools (food and shelter) unless these rules are followed. This committee has undoubtedly heard accounts of Indian children beaten for speaking their language in early government and religious

boarding schools. The Christian missionary campaign worked hand in hand with the federal government at the turn of the century to stamp out the remnants of organized Indian religion and its leadership and, in effect, drove underground traditional spiritual practices.

The effects of cultural oppression are multi-generational. We cannot presume that the entirety of the physical, emotional and spiritual trauma experienced by our grandparents have gone to the grave with them. On the contrary, a legacy of unresolved grief exists with us today.

Indian people who have grown up in communities with cultural depression received mixed and often contradictory messages about their Indian-ness:

- Be proud of your heritage.
- Leave this reservation if you want to become somebody.
- Get a good education and come

back and help your people. We can't hire an Indian person to run our program; we need a white person to run our program; we need a white person to do the job right.

I could never work for my own tribe; they're too crazy. Shame on you for not knowing your own language.

We don't talk about our beliefs in public. You shouldn't ask. He's just a heathen.

Cultural depression follows cultural oppression for the next generation and the next until the cycle is broken. Cultural depression is anger turned inward, hatred turned toward ourselves, toward our own people, toward our own identity as Indians.

In a national demonstration program...it was discovered that in addition to the family dysfunctions caused by alcoholism and its abuse...cultural depression was a major factor in their childhood and one which needed resolution.

Summer schools available

Smithsonian offers internships

The Smithsonian Institution is offering five-week internships to 40 students who will graduate from high school this year. Seniors may apply for positions in various departments and offices in the Institution, in areas including archaeology, biology, journalism, photography, history, veterinary science, art, carpentry, library science and computer science.

Students chosen for the program will receive a living allowance of \$550. In addition to their duties as interns, the students will tour sites that many visitors to Washington, D.C. do not see, such as the Organization of American States and the World Bank. As part of the program, the interns will hold seminars to explain to the group both their assignments and the functions of the host offices.

Acceptance is based not as much on academic achievement as on a demonstrated interest in a particular subject area or career; the program has been designed to enable students to pursue their special interests while working with museum professionals.

In addition to the living allowance, interns who come from outside the Washington area will receive housing in a nearby dormitory. The Institution will also provide their transportation to and from Washington.

Intern '89 will offer two separate

session of the program. Session one will run from June 4 through July 8. Session two will run from July 9 through August 12.

For an application and complete information, high school seniors should write to: Intern '89; Office of Elementary and Secondary Education; Arts and Industries Building, Room 1163; Smithsonian Institution; Washington, D.C. 20560 or call (202)357-3049.

Applications must be requested by March 10 and completed applications must be postmarked by March 17.

Berkely journalism program set

The University of California at Berkeley is accepting applications for its 1989 Summer Program for Minority Journalists.

Sponsored by the Institute for Journalism Education, the program trains individuals who desire to become reporters for daily newspapers. Applicants must demonstrate a command of the English language and be able to type 35 words per minute. Professional experience is not required, but applicants should demonstrate that they have tried to pursue a career in print journalism.

The program, which will run from July 4 to August 11, is run under the direction of a faculty comprising veteran journalists representing newspapers across the country. Participants write for the program newspaper, which is distributed throughout the San Francisco area.

Applications are sought from

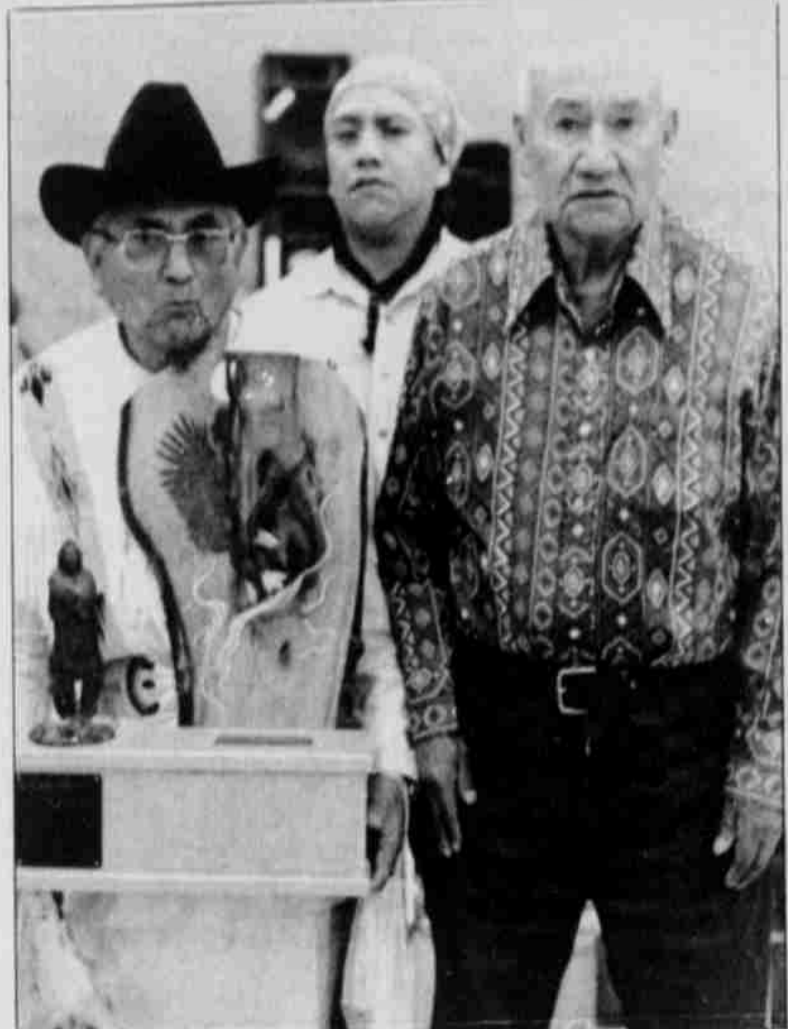
Wood options available to Seniors

by Barbara Yaw

The Warm Springs Senior Citizens Program has two options to assist tribal elders with getting wood for these cold winter days.

One is to sign a check voucher at the Senior Citizens Center or Vern Jackson Home in which the elder will receive a check for \$120 to purchase their own wood. Seniors can also notify Wilson Wewa, at the Senior Center, or Gayle Rodgers, at the Vern Jackson Home, and arrangements will be made through the Senior Program to have wood delivered to the elders' homes.

Please note that the wood delivered or check will be the equivalent to two cords of wood or \$120.



Grant Wahenka, left, was the recipient of the Herb Stwyer Recognition Award at the Lincoln's Birthday Powwow. Stwyer's son, Herb, Jr., (center) created the bronze statue that decorates the trophy. This is the third year the trophy has been awarded.

Apportionment petition being reviewed

The petition concerning apportionment has been referred to the solicitor's office for review by the BIA area office. If the solicitor finds that the petition is in order,

the Secretary of the Interior will then authorize an election.

An announcement concerning the petition's propriety is expected soon.

Dead batteries don't save lives—check!

Recent research on smoke detectors indicates that 20 percent of the devices purchased are never installed. Furthermore, the research shows that over half the detectors installed have dead batteries that have not been replaced.

A detector with a dead battery may give a family a sense of security, but a dead battery never warned anyone of a fire.

Perhaps you can share the following message with your family and friends.

Check your smoke detector. Is it working or are the batteries dead?

Batteries should be changed annually whether they need it or not. Involving family members in the testing process can provide a regular opportunity to discuss what should be done when the alarm goes off.

If your family doesn't have a fire emergency plan, make one!

Court notices

The Confederated Tribes of the Warm Springs Reservation of Oregon

vs. Charles E. Frank Defendant

Order to Show Cause for Public Notice Case no. CV270-88

To: Charles E. Frank

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for show cause hearing at 4:00 p.m., on the 1st day of March, 1989.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown to show cause why the suspended sentence of 11/3/87, should not be imposed for your failure to comply with the sentence imposed against you. This hearing will not be a full hearing on the merits of case; you must appear and defend against a complaint that you failed to obey the Order of the Court.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest. If you have any questions, you should seek legal assistance immediately.

Dated at Warm Springs, Oregon, on this 1st day of February, 1989.

Donald Costello Judge, Warm Springs Tribal Court

1st day of March, 1989, at the Warm Springs Tribal Court. All of the facts of the case will be heard at this hearing, including evidence you wish to present.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest.

If you have any questions, you should seek legal advice immediately.

Dated at Warm Springs, Oregon, this 1st day of February, 1989.

Donald O. Costello Judge, Warm Springs Tribal Court

The Confederated Tribes of the Warm Springs Reservation of Oregon

vs. Gay Lynn Charley Defendant

Notice of Trial/Hearing for Publication Case No. CR096-88

To: Gay Lynn Charley

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for trial/hearing at 1:30 p.m., on the 1st day of March, 1989.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown to defend against the charge(s). You may be represented by yourself, by an attorney, or by a spokesman, at your own expense. You may bring any documents you believe are relevant to this cause, and you may bring witnesses to testify on your behalf. You may request the Court to subpoena your witnesses, however, you must submit your list of witnesses no later than two weeks prior to trial; failure to do so will not be considered sufficient reason to postpone the trial. If you have any questions, you should seek legal advice immediately.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest.

Dated at Warm Springs, Oregon, on this 1st day of February, 1989.

Donald O. Costello Judge, Warm Springs Tribal Court

The Confederated Tribes of the Warm Springs Reservation of Oregon

vs. William Enick Defendant

Order to Show Cause for Public Notice Case no. CR538-88

To: William Enick

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for show cause hearing at 4:00 p.m., on the 1st day of March, 1989.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown to show cause why the suspended sentence of 10/19/88, should not be imposed for your failure to comply with the sentence imposed against you. This hearing will not be a full hearing on the merits of case; you must appear and defend against a complaint that you failed to obey the Order of the Court.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest. If you have any questions, you should seek legal assistance immediately.

Dated at Warm Springs, Oregon, on this 1st day of February, 1989.

Donald Costello Judge, Warm Springs Tribal Court

The Confederated Tribes of the Warm Springs Reservation of Oregon

vs. Charles E. Frank Defendant

Order to Show Cause for Public Notice Case no. CR482, 483, 484 and 485-87

To: Charles E. Frank

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for show cause hearing at 4:00 p.m., on the 1st day of March, 1989.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown to show cause why the suspended sentence of 12/9/88, should not be imposed for your failure to comply with the sentence imposed

against you. This hearing will not be a full hearing on the merits of case; you must appear and defend against a complaint that you failed to obey the Order of the Court.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest. If you have any questions, you should seek legal assistance immediately.

Dated at Warm Springs, Oregon, on this 1st day of February, 1989.

Donald Costello Judge, Warm Springs Tribal Court

The Confederated Tribes of the Warm Springs Reservation of Oregon

vs. Gene O. Sahme Defendant

Order to Show Cause for Public Notice Case no. CR241-88

To: Gene O. Sahme

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for show cause hearing at 3:30 p.m., on the 1st day of March, 1989.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown to show cause why the suspended sentence of 10/12/88, should not be imposed for your failure to comply with the sentence imposed against you. This hearing will not be a full hearing on the merits of case; you must appear and defend against a complaint that you failed to obey the Order of the Court.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest. If you have any questions, you should seek legal assistance immediately.

Dated at Warm Springs, Oregon, on this 1st day of February, 1989.

Donald Costello Judge, Warm Springs Tribal Court

The Confederated Tribes of the Warm Springs Reservation of Oregon

vs. Stacy Lawrence Respondent

Summons for Publication Case no. JV114-88

To: Stacy Lawrence

You are hereby notified that a Petition for Custody Review has been filed with the Warm Springs Tribal Court.

By this notice you are summoned to appear in this matter at a hearing scheduled for 9:00 a.m., on the 14th day of March, 1989, at the Warm Springs Tribal Court. All of the facts of the case will be heard at this hearing, including evidence you wish to present.

You must appear to present your argument or other side will automatically win. The Petitioner, the Confederated Tribes, may then be given all that is asked for in the Petition for Custody Review.

The Petitioner will be present at the hearing. If you desire to personally argue your side of the case, you may have a legal aide, spokesperson or attorney appear on your behalf at your expense.

If you have any questions, you should seek legal advice immediately.

Dated at Warm Springs, Oregon, this 14th day of February, 1989.

Donald Costello Judge, Warm Springs Tribal Court

Success tips noted by award winner

The winner of the 1988 Avery Secretary Achievement Award, Donna Shumar, offers these tips for success to other office professionals who would like to excel in their work.

1. Develop and constantly cultivate a positive, enthusiastic attitude, remembering that this more than anything else will determine your success. A Dale Carnegie Course can be invaluable help in this regard.

2. Always dress and behave in a professional manner—not 80 percent of the time, but 100 percent of the time. An occasional bad day can ruin your image.

3. Attain as much formal education as you possibly can. A college education will not be too much for the secretary of the future. Also commit yourself to a lifetime of informal learning (e.g.; seminars, reading, continuing education courses and office site visits).

4. Select good bosses—ones who will challenge and help you grow. Once you have such a boss, always keep the relationship on a professional level. To do otherwise weakens the effectiveness of the team.

5. Become an expert at anticipation. Don't just do, think. Whenever your executive requests something, ask yourself, "Could I have already had that done?"

6. Overcommit yourself to new and challenging activities. Never say, "I'm too busy" for a job that will help you grow. Once you say yes, you'll strengthen your time management skills and find a way to get things done. The old adage "If you want something done, give it to a busy person" is especially true in the office.

7. Don't get involved in pettiness, gossip, griping and jealousy that are prevalent in many offices. These are all self-defeating activities, and they can drain you of energy and enthusiasm.

8. Learn everything you can about your company and profession so you can become an expert resource. When someone says to you, "I didn't know who else to ask," consider it a high compliment.

9. Become a well-rounded indi-

vidual with a rewarding life outside the office. Resist the temptation to consistently work overtime. In the long run, you will be a more interesting, effective and successful employee if you work overtime only when there is a special need.

10. Join and become involved in a professional organization such as Executive Women International or Professional Secretaries International. You'll learn from the networking and educational opportunities and develop your leadership skills.

11. Give something back to your profession. That's the true hallmark of a professional. Serve on school advisory boards, be a mentor, join speakers bureaus and serve as a role model.

12. Take every opportunity to explain, clarify and promote to managers and others what a challenging and rewarding career can be created in the secretarial field. Tell them how the job has been evolving. It is a well-documented fact that as organizations have become more competitive, secretaries have been assuming more and more middle management functions. Always project pride in your career choice.

Howlak Tichum

Marlo Derise Polk-Adams, Jr.

Marlo Derise Polk-Adams, Jr., three-month old son of Marlo and Dempna Polk Adams, Sr., died Tuesday, February 21, 1989. Cause of death has been attributed to Sudden Infant Death Syndrome (SIDS). Marlo was born November 9, 1988 at Mt. View Hospital.

Surviving him are his parents, a sister, Sallie, grandparents Victo-

ria and Fred Muldrow and great-grandmother Ada Polk, all of Warm Springs.

Dressing ceremonies, conducted by Alexander Tohet, were held at the Merne Polk residence. Overnight ceremonies were conducted by Wilson Wewa, Jr. Burial was at the Agency Cemetery February 23, 1989.

Harriett Daisy (Greeley) Williams

Harriett Daisy (Greeley) Williams, died February 18, 1989 at Mt. View Hospital. She was born December 12, 1918 to Willie and Helen (Schoolie) Greeley.

She married Hilbert Williams in April, 1929 in Warm Springs. They had seven children. Her husband preceded her in death. Surviving her are her children, Peggy Poitra, Silas, Douglas, Jack, George, Thomas and Robert Williams; three brothers, Lamont Brown, Butch Gilbert and Laslo Gilbert; and four sisters, Eliza Brown, Neda Wesley, Charlotte Shike and Ellen Squimphen. She

is also survived by numerous grandchildren and great-grandchildren.

An all-denominational prayer service was held at the BelAir Colonial Funeral Home in Madras. Dressing ceremonies were conducted at the Agency Longhouse February 21 with Velma Frank and Prunice Williams officiating. Overnight ceremonies were also held. Burial was February 22, 1989 at the Agency Cemetery.

Mrs. Williams enjoyed crocheting and traditional beadwork. At one time she was a jockey. She always welcomed homeless people to her home for shelter.

Leslie "Chunky" Bryant Robinson

Leslie "Chunky" Bryant Robinson, Jr. died of an apparent heart attack February 17, 1989 near Beatty, Oregon while horse back riding. He was born September 26, 1927. He was a member of the Klamath tribe. He first moved to Warm Springs in 1958.

He is survived by daughters Darlene Melendras, Gidget Isadore, Tammy, Rhonda, Amanda and Laura Robinson and sons Marcus, Lester, Leslie, Samuel, Randy and Rex Robinson and stepsons Joe and Terry Tuckta. A sister, Anna

Foster, also survives as do numerous grandchildren, nieces and nephews.

Dressing ceremonies were held at the Ward Funeral Home in Klamath Falls February 20. Burial was at the Friends Cemetery in Chiloquin, Oregon.

Chunky enjoyed hunting and fishing and horseback riding. He was a rodeo announcer and participated in calf and team roping. At one time he worked at the Eagle Butte Lookout in Warm Springs.

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All members of the Confederated Tribes of Warm Springs will receive the Spilyay Tymoo at no cost. Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs.