

Refusal skills good tools to learn

by Ed (Duso) Roley

Recently I had the good fortune of attending a conference which focused on the problem of Alcohol and Drug Abuse.

I'm writing to share how the information covered is being used in the Warm Springs and Buff Elementary Schools.

Of the various workshops offered, titled "Refusal Skills" seemed like it would be the most interesting to me. As this workshop developed, I began to realize how valuable these refusal skills could be as a means of keeping kids out of trouble.

Kids agree that it's easy to say "no" to strangers, but are faced with a real dilemma when their friends are the ones who are asking.

Do they violate their principles and say "yes," there by keeping

their friends, or say "no," and risk rejection?

When people have learned refusal skills they are able to say "no and keep friends at the same time. Here's how it works! A friend approaches you with something to do such as go to a party. You then ask questions like, "What are we going to do at the party?" You decide if it's acceptable. If it isn't, you say, "That's trouble for me." Explaining the consequences of such action. "When my parents hear about it I'll be grounded for the next month and besides they probably wouldn't want me to hang around with you anymore and you're one of my best friends."

Following an explanation of the consequences, you offer an alternative plan. "Instead of that, why don't you come over to my house?"

Some of my friends will be there. "We've got a great video. It'll be a good time."

Next you begin moving away, encouraging your friend to join you. If your friend is determined to go to the trouble party, you remind him of the group getting together at your house later, and let him know that he's welcome if he should change his mind. Then you leave.

You have avoided doing something which may be a violation of your principles, as well as surely lead to trouble, and also are still friends with the trouble maker.

The use of refusal skills has the potential to be just what parents and kids have been looking for quite some time. If you're interested in seeing how it's working in our schools, please come in and see for yourself.



Madras High Electronic Office student Phoebe Suppah earned the highest number of points in class during the first nine weeks of class.

Hints from the Learning Center

A proportion is an equation that says that two sets of related numbers are equal. Proportions are helpful when we know one set of numbers and want to find an unknown number in another set. For example: If it takes 16 yards of material to make three pair of curtains, how many yards are needed to make seven pairs?

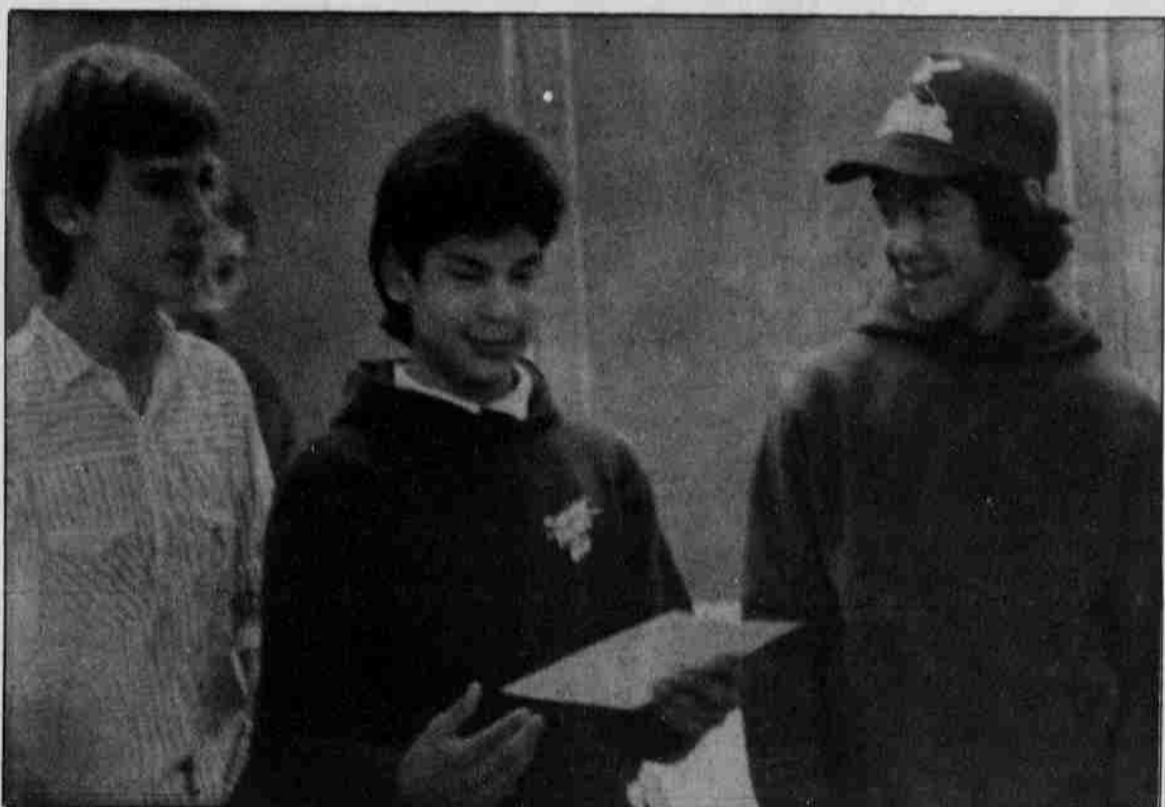
The problem can be solved by setting up a proportion— $16/3 = X/7$ and solving for the X. Solve the problem by multiplying opposite

numbers (3 times X and 16 times 7) and solving for X ($3X = 112$, $X = 37 1/3$).

This same procedure can be used to figure the height of a tree if you know your height and the length of shadows that both you and the tree cast. If you're 6 ft. tall and you cast a shadow of 5 ft., and the tree casts a shadow of 15 ft., then the tree must be 18 feet tall— $6/5 = X/15$, $5X = 90$, X.

Sometimes proportions are written like this— $6:5 = X:15$.

If you would like to know more about using proportions in everyday life, stop by at the Adult Learning Center. The Center is here to help you with your educational needs; it can help you brush up math skills, complete your high school diploma, prepare for the G.E.D. exams or improve other skills. The Center is located in the Training Services Building, 553-1428.



Madras Jr. High students were honored for participation in fall sports. Pictured are (left to right) Chad Schultz, Jaques Martinez and Tony Valde receiving certificates for eighth grade football. Students in cross-country, volleyball and seventh grade football were also recognized.

Raising student's GPA stressed at meeting

At the October 27 509-J school board meeting, several items were discussed including Impact Aid funds for the district. On behalf of the Confederated Tribes of Warm Springs, Education, Training and Employment Manager Jody Calica presented testimony to the board.

Calica stressed the desire of the Warm Springs Education Department to encourage students to raise their grade point averages from the current 1.6 and 1.8 level to 2.5. Board chairman Guff Thorpe felt this could become part of action steps for board goals with the Tribe and district working together.

Calica's statement to the board follows.

"Members of the Board of Directors, administrators, faculty, and patrons of Jefferson County School District 509-J. Thank you for allowing this opportunity to comment on the school programs assisted by Impact Aid (P.L. 81-874) funds. Within our relationship it should be noted that this past year has been inspiring in terms of accomplishments and in identifying both needs and preliminary strategies to accomplish mutual goals, much work still needs to be done.

"In looking back to this past year, since the last public hearing, we can be proud of the intergovernmental agreement, the facilities planning activities, numerous goals within the District's long-range management plan, and other accomplishments as a positive testimony of our relationship. The new 25-year agreement sets a major milestone in intent, form and substance. It sets a guide for the political and service relationships as well as relieving much ambiguity regarding roles and responsibilities. The long-range management goals adopted by the administration and the Board of Directors contain many statements that will enable actions that will advance the educational interests of all our students. The architectural design and capital research for new Reservation education facilities represents an exciting challenge for innovative planning of education programs, facilities and financing

through a cooperative venture. Additionally, there have been innumerable individual, school and smaller group activities and initiatives that are worthy of commendation, for those individuals we extend our gratitude and encourage their efforts, they know they are deserving.

"In looking to the future, we must become more relentless in pursuing strategies, courses of action, making decisions to advance the physical, intellectual, emotional and social well-being of all our schools. They must be intellectually equipped to accept the responsibility to protect and advance the legacy that was entrusted to our generation, they must need the best tools and support to succeed. To this end, we must begin to set expectations and standards for their achievement. As well, we must begin to model the values, attitudes and performance that we want them to emulate. We can identify the modest gains we have made in forging a sense of pride, purpose, and teamwork to see our students succeed in athletic programs, we need to extend that progress in our academic programs.

"Inasmuch as we are concerned about the development of all students, the topic of this hearing focuses on the efficient and effective use of Impact Aid funds. The United States Congress enacted legislation, P.L. 95-561, to guide this process which are to be evaluated in terms of:

1. The existence of policies and procedures to ensure tribal consultation;
 2. The adherence of those locally adopted policies and procedures, and;
 3. The effectiveness of that consultation to produce progress according to locally adopted standards, evaluated annually.
- "Within the tribal organization, we have been working diligently to establish missions, key result areas, and standards of performance to guide our directions and operations. To guide our expectations and relations with the District, we have identified the need for standards in the following areas:
1. Average tribal student grade

2. Tribal student high school graduation rate;
3. Average tribal educational level;
4. Graduates able to meet post-secondary requirements;
5. Tribal students graduating with their class; and,
6. Tribal student achievement within (plus or minus) five percent of District average for each grade.

"Although there are other standards with the Education, Training, and Employment Charter that relate to the District, these are the most specific. The accomplishment of the standards will require the unremitting commitment of the governing bodies, administration, staff, parents and students. We all must be dedicated to translating these standards into strategies, management plans and activities that will produce meaningful success with our students and for our community.

"In closing, we have much that

Marsh receives "Billy Award"

William W. "Bill" Marsh, Senior Counselor for the Rocky/Marsh Public Relations division of the Rocky Co. Inc., received the new "Billy Award" for outstanding leadership in his field. The award was given during the 1986 Spotlight Awards dinner October 29 sponsored by the Columbia River Chapter of the Public Relations Society of America at the Portland Hilton.

Marsh was hired by Pan American Airlines in 1955 to do public relations with Jay Rocky. Marsh still works three days a week at the Rocky/Marsh Public Relations Agency, after Jay Rocky bought out Marsh's shares.

Over the years Marsh has handled accounts for the Confederated Tribes of the Warm Springs Reservation. The Oregon centennial commission, ESCO corp. and Western Aluminum Producers.

we can be proud of and for which we can be thankful. We have been able to establish a working relationship which many communities aspire to create; however, we have not achieved that which we are fully capable. Motivational psychologists normally point out that our attitudes are a principal regulator of our effectiveness and potential.

We must begin to focus our attention on the results we desire and on a vision of a community as we would want it to exist. Our communities are inextricably linked economically, socially, politically and geographically. The major separation is our attitudes. As adults, we have the challenge to instill positive thoughts and values into the cognitive and intellectual development of our youth, as we plan and allocate resources for our children's education. Our effectiveness will be measured by the performance standards and management plan objectives that we mutually adopt."

Marsh's toughest assignment was to manage the campaign for passage of a ballot measure in 1958 to create the Portland Development Commission.

He then became public relations counselor for the commission's controversial South Auditorium Renewal Project.

Marsh was a president of the Columbia River Chapter of the Public Relations Society of America and first Northwest District chairman of the association.

He was also a national director and a past president of the board of trustees of the national Foundation for Public Relations Research and Education.

In 1983 Marsh was awarded the society's Paul M. Lund Public Service Award.

MHS Electronic Fair displays equipment

An Electronic Typewriter Fair was held by Madras High School business department Tuesday, November 18. Students in all business classes were invited to see electronic typewriters demonstrated.

Brands of machines demonstrated were Smith-Corona, Brothers, Xerox, IBM and Cannon. The latest

models ranging in capabilities and features were presented including equipment with electronic memory, microcomputers with word processing and data base software, transcribing machines, electronic office and dedicated word processors.

Businesses participating in this fair included Madras Printing, Auto-

mated Office Systems and Cascade Office Equipment.

Through this display, the business teachers wished students to see the need to know what is available in our new tech world.

Headstart maintains busy schedule

On Thursday, November 20, from 7 p.m. to 8 p.m., the Parent Club will have a guest speaker, Dr. Dean Nyquist, an infants/childrens dentist from Bend. Nyquist specializes in children's dentistry. The Warm Springs community is invited to attend the session at the Community Center, in the Head Start Room, S.E. to ask any question they may have regarding their children's dental care.

The Head Start Program welcomes two new secretaries to our big family: Versa Smith, Head Start secretary and Wilma Picard, tribal preschool secretary.

These past few months have been very busy for our classrooms, with a lot of children attending all preschool programs. The enrollment in each class is at capacity, with a waiting list in our Head Start and Head Start/Day Care rooms. It has been a very successful year and we are very happy with all our "little friends" who come to school each day.

Some of the activities that our children have been involved in are: The annual Bingo fund raiser

was held October 11 at the Community Center. The fund raiser was successful, with proceeds going to the purchase of Christmas items for the children, playground improvements and to increase our funds in the Learning Center. We would like to especially thank Julie Mitchell, Shirley and Jeff Sanders, Nancy Richardson, Charlene White, Oliver Kirk, Leslie Cochran and those parents, grandparents, guardians and friends who donated their time and effort to this event.

Wednesday, November 26 will be Head Start's Thanksgiving Celebration Mini-Powwow, from 11 a.m. to 12 p.m. at the Warm Springs Community Center. Everyone is welcome to join their son or daughters, neices or nephews or grandchildren in dancing.

There are still many Christmas stockings to be sewn for our preschool children. Parents are welcome to come to the Head Start office and get stockings from Nancy Seyler to be sewn for our children.

We hope everyone has a very happy Thanksgiving!

Students produce books

Students in all grades at Warm Springs Elementary are celebrating National Book Week November 17-23 by making their own books.

Under the direction of Warm Springs Elementary reading specialist Carol Bailey, teachers and students in the school stated their book project by reading one of the ABC books in the library.

Each class then decided what type of ABC book to make. Using the letters of the alphabet students selected topics in keeping with their current studies. The fifth grade class used social studies to define

"C, the third letter in the English alphabet, was also Greek, Hebrew and Phoenician third letter of the alphabet. Some scholars say that the gmel represented the head and neck of a camel. Others called it a corner or throwing a stick. The Romans adapted the Greek alphabet during a time when they were very much influenced by the Etruscans."

Each student took a letter to explain and illustrate. When the page was complete, teachers or students copied the page on a duplicating master making enough copies for the entire class.

Classes had publishing parties to assemble the book, color it and autograph pages. The ABC book project was chosen by Bailey to emphasize writing skills in the curriculum as well as bring attention to National Book Week. Books are on display in the Warm Springs school library.



Students in Harry Phillips' fifth grade class use copy machine to print pages of their ABC book in celebration of National Book Week November 17-23.