

# Don't let gum disease happen to you



by Sandy Boers  
IHS Hygienist

Several years ago, when I was working for a dentist in Illinois, a 50-year-old man came into our office. He hadn't been to a dentist since he was 13 because his teeth never gave him any problems. Sure enough, he didn't have one cavity in his whole mouth. His teeth were good, strong and solid. Unfortunately, they were all loose and had to be pulled. The man didn't complain. He just figured that he was getting old and, after all, it was "just about

time for dentures." I remember thinking at the time how sad it was that this man couldn't keep his teeth. He had teeth that looked better than my own. It was even sadder to think how easily dentures could have been avoided.

This man lost his teeth to Gum (Periodontal) Disease. Gum disease is a slow, painless process in the beginning. Most people aren't even aware they have it. The fact is, 90 percent of people in this country over the age of 35 have some stage of gum disease. There are many more people under the age of 35 that have it. Gum disease can strike anyone at any age.

How can gum disease be prevented? Brushing, flossing and regular cleanings. Even though gum disease is painless, there are still some signs that you can look for:

1. Inflamed Gums: Swollen and red gum tissue is one of the first signs of gum disease.
2. Bleeding Gums: Healthy gums never bleed while brushing or floss-

ing. If your gums are bleeding, something is wrong.

3. Bad Breath: If you have a bad taste in your mouth, especially one that hangs on even after brushing and flossing, it may be due to gum problems.

4. Receding Gums: If you notice that your gums seem to be "riding up" along your teeth or that your teeth are beginning to look longer, gum disease may be the problem. Gum recession can be caused by other things, but gum disease may be the problem especially in the presence of the other symptoms.

More people have lost their teeth as a result of this disease than for any other reason. I can honestly say that if that patient back in Illinois had taken care of his teeth and had gotten them cleaned once or twice a year, he would still have his own teeth today. He probably would have kept them for the rest of his life. Don't let gum disease happen to you.



### Geo-Quiz

Identify the location of this geo-quiz and win a year's subscription to Spilyay Tymoo for yourself or a friend. Call Spilyay with your answer at 553-1644 or 553-1161, ext. 274.

## Vehicles for sale/bid

For sale: 1979 Chevy Malibu, V-184 Sedan Serial #1T19JZ408395. Sale/bid start amount: \$800.

Starting date for Tribal Member only bids: August 21, 1986. Closing Date: September 4, 1986. Bid Opening Date: September 5, 1986. Starting date for general public bids: September 8, 1986. Closing date: September 22, 1986. Bid opening date: September 23, 1986.

### Instructions for placing bids:

1. Name and address of bidder, including phone numbers.
2. Description of item bidding on.
3. Amount of bid. (Bids not meeting minimum starting price are immediately disqualified.)

This information is to be placed in a sealed envelope with the description of the bid item noted on the envelope. This may either be mailed or brought into the Purchasing Office located in the Administration Building. If mailing, please place sealed bid envelope inside a mailing envelope noting "BID" on the outside of the mailer.

All items will be sold "AS IS". All sales are for "CASH ONLY". Individual placing highest bid will be selected. In case of a tie, the earliest bid will be selected. No information will be given out as to the number and amounts of bids, or who received the sale item. Tribal members processing loans for bids through the credit office must have certification from that office.

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### VEHICLES FOR SALE

1981 Chevy Citation V-34; 1XX68; Serial #1G1AX68X8-B6212352; Sale/bid start amount — \$1,000.

1981 Chevy Citation V-35 1XX68; Serial #1G1AX68X1B6212421; Sale/bid start amount — \$1,000.

1977 Ford Van V-161; Cargo Serial#E14BHY74091; Sale/bid start

amount — \$1,000.

1979 Ford Granada V-199; Sedan; Serial#9W827185475; Sale/bid start amount — \$1,000.

1967 Starcraft 16' boat with trailer, 80HP motor; model: Jupiter. Sale/bid start amount — \$1,500.

All items will be sold "AS IS". All sales are for "CASH ONLY".

## Women's group to meet Sept. 8

The Madras Women's Aglow Fellowship invites all ladies to their September 8 meeting to be held at the Circle H Ranch on south highway 97 beginning at 7:30 p.m.

Guest speaker for the evening will be Debbie Zinn of Bend whose sister was involved with the Charles Manson group several years ago in California.

Please come and hear this message of love, forgiveness and hope. For more information contact Barbara Bollenbaugh at 475-2820.

## Clinic schedule

**Diabetic Clinic:** Every second and fourth Thursday 8:00 a.m. to 11:00 a.m.

**Otology Clinic:** Every second Tuesday, Dr. Lee—9:30 a.m. to 4:30 p.m., Months of January, March, May, July, September and November. Dr. Schleuning—9:30 a.m. to 4:30 p.m., Months of February, April, June, August, October and December.

**Audiology Clinic:** 1:00 p.m. to 4:30 p.m. Every second Tuesday in conjunction with Otology Clinic.

**Prenatal Clinic:** Every third Tuesday—11:30 a.m. to 2:30 p.m.

**Well Child Clinic:** Every first and third Thursday 8:30 a.m. to 11:00 a.m.

**Pediatric Clinic:** Third Thursday—Dr. Dee Robertson, 10:00 a.m. to 4:30 p.m.

**Senior Citizen's Clinic:** Friday—9:00 a.m. to 11:00 a.m.

## Court Notices

### Confederated Tribes of the Warm Springs Reservation of Oregon

vs. Willard Nanpooya, Sr. Defendant

Order to Show Cause For Public Notice Case no. CR210-86

To: Willard Nanpooya, Sr.

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for a show cause hearing at 2:00 p.m., on the 25th day of September, 1986.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown, to show cause why the suspended sentence of 6/23/86, should not be imposed for your failure to comply with the sentence imposed against you. This hearing will not be a full hearing on the merits of the case; you must appear and defend against a complaint that you failed to obey the Order of the Court.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest. If you have any questions, you should seek legal assistance immediately.

Dated at Warm Springs, Oregon on this 19th day of August, 1986.

Richard G. Frederick Judge, Warm Springs Tribal Court

### Robert and Patricia Speakthunder Petitioner

vs. Marissa and Walter Cooper, Sr. Respondent

Summons for Publication Case no. D0115-86

To: Marissa and Walter Cooper, Sr.

You are hereby notified that a Petition for name change has been filed with the Warm Springs Tribal Court.

By this notice you are summoned to appear in this matter at a hearing scheduled for 10:00 a.m., on the 23rd day of September, 1986, at the Warm Springs Tribal Court. All of the facts of the case will be heard at this hearing, including evidence you wish to present.

You must appear to present your argument or the other side will automatically win. The Petitioner, N/A, may then be given all that is asked for in the Petition for name change.

The Petitioner will be present at the hearing. If you desire to personally argue your side of the case, you may have a legal aide, spokesperson or attorney appear on your behalf at your expense.

If you have any questions, you should seek legal advice immediately.

Dated at Warm Springs, Oregon, this 19th day of August, 1986.

Rickard G. Frederick Judge, Warm Springs Tribal Court

### Confederated Tribes of the Warm Springs Reservation of Oregon

vs. Doyle K. Scott Defendant

Order to Show Cause For Public Notice Case no. TR599-86

To: Doyle K. Scott

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for a show cause hearing at 2:00 p.m., on the 25th day of September, 1986.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown, to show cause why the suspended sentence of 6/23/86, should not be imposed for your failure to comply with the sentence imposed against you. This hearing will not be a full hearing on the merits of the case; you must appear and defend against a complaint that you failed to obey the Order of the Court.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest. If you have any questions, you should seek legal assistance immediately.

Dated at Warm Springs, Oregon on this 19th day of August, 1986.

Richard G. Frederick Judge, Warm Springs Tribal Court

### Confederated Tribes of the Warm Springs Reservation of Oregon

vs. Myron Hannigan Defendant

Order to Show Cause For Public Notice Case no. CR207-86

To: Myron Hannigan

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for a show cause hearing at 2:00 p.m., on the 25th day of September, 1986.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court, at the time and date shown, to show cause why the suspended sentence of 6/23/86, should not be imposed for your failure to comply with the sentence imposed against you. This hearing will not be a full hearing on the merits of the case; you must appear and defend against a complaint that you failed to obey the Order of the Court.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest. If you have any questions, you should seek legal assistance immediately.

Dated at Warm Springs, Oregon on this 19th day of August, 1986.

Richard G. Frederick Judge, Warm Springs Tribal Court

### Confederated Tribes of the Warm Springs Indian Reservation

vs. Catherine Watah George Respondent

Summons for Publication Case no. D0139-85

To: Merle George

You are hereby notified that a Petition for custody review has been filed with the Warm Springs Tribal Court.

By this notice you are summoned to appear in this matter at a hearing scheduled for 9:00 a.m., on the 24th day of September, 1986, at the Warm Springs Tribal Court. All of the facts of the case will be heard at this hearing, including evidence you wish to present.

You must appear to present your argument or the other side will automatically win. The Petitioner, N/A may then be given all that is asked for in the Petition for custody review.

The Petitioner will be present at the hearing. If you desire to personally argue your side of the case, you may have a legal aide, spokesperson or attorney appear on your behalf at your expense.

Dated at Warm Springs, Oregon on this 19th day of August, 1986.

Lola Sohappay Tribal Court Judge

### Confederated Tribes of the Warm Springs Indian Reservation

vs. Tiffany Tonya Andrews Petitioner

Leah Henry Petitioner

Notice of Hearing for Name Change Case No. D0109-86

To: Corwin Andrews, Rt. 3, Box 31312, Wapato, Washington 98951

The above individual has filed a Petition with this Court to change his/her name from Tiffany Tonya Andrews to Tiffany Tonya Henry.

A hearing on this matter has been set for 11:00 a.m., on the 22nd day of September, 1986, at the Warm Springs Tribal Court. Any person who may show cause why this Petitioner should not be granted must file such objection in writing on or before the 22nd day of September, 1986. This shall be done in writing and filed with the Court.

Dated this 21st day of August, 1986.

Lola Sohappay Tribal Court Judge

### Confederated Tribes of the Warm Springs Reservation of Oregon

vs. Zachary Sampson Defendant

Order to Show Cause For Public Notice Case no. TR601-86

To: Zachary Sampson

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for a show cause hearing at 2:00 p.m., on the 16th day of September, 1986.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown, to show cause why the suspended sentence of 6/25/86, should not be imposed for your failure to comply with the sentence imposed against you. This hearing will not be a full hearing on the merits of the case; you must appear and defend against a complaint that you failed to obey the Order of the Court.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest. If you have any questions, you should seek legal assistance immediately.

Dated at Warm Springs, Oregon on this 12th day of August, 1986.

Anita Jackson Judge, Warm Springs Tribal Court

### Confederated Tribes of the Warm Springs Reservation of Oregon

vs. James E. Dumont Defendant

Order to Show Cause For Public Notice Case no. CR206-86

To: James E. Dumont

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for a show cause hearing at 2:00 p.m., on the 25th day of September, 1986.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown, to show cause why the suspended sentence of 6/23/86, should not be imposed for your failure to comply with the sentence imposed against you. This hearing will not be a full hearing on the merits of the case; you must appear and defend against a complaint that you failed to obey the Order of the Court.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for contempt of court and issue a warrant for your arrest. If you have any questions, you should seek legal assistance immediately.

Dated at Warm Springs, Oregon on this 19th day of August, 1986.

Rickard G. Frederick Judge, Warm Springs Tribal Court

### Confederated Tribes of the Warm Springs Indian Reservation

vs. William Centre Defendant

Notice of Trial/Hearing for Publication Case no. TR 704-86

To: William Centre

You are hereby notified: That the above cited case(s), as filed in the Warm Springs Tribal Court, has been scheduled for trial/hearing at 1:30 p.m., on the 24th day of September, 1986.

You are hereby ordered: To be and appear at the Warm Springs Tribal Court at the time and date shown to defend against the charge(s). You may be represented by yourself, by an attorney, or by a spokesman, at your own expense. You may bring any documents you believe are relevant to this cause, and you may bring witnesses to testify on your behalf. You may request the Court to subpoena your witnesses, however, you must submit your list of witnesses no later than two weeks prior to trial; failure to do so will not be considered sufficient reason to postpone the trial. If you have any questions, you should seek legal advice immediately.

If you fail to appear as so ordered, the Tribal Court shall enter a complaint for Contempt of Court and issue a warrant for your arrest.

Dated at Warm Springs, Oregon on this 19th day of August, 1986.

Richard G. Frederick Judge, Warm Springs Tribal Court

### Confederated Tribes of the Warm Springs Indian Reservation

vs. Richard G. Frederick Judge, Warm Springs Tribal Court

Order to Show Cause For Public Notice Case no. D0139-85

To: Merle George

You are hereby notified that a Petition for custody review has been filed with the Warm Springs Tribal Court.

By this notice you are summoned to appear in this matter at a hearing scheduled for 9:00 a.m., on the 24th day of September, 1986, at the Warm Springs Tribal Court. All of the facts of the case will be heard at this hearing, including evidence you wish to present.

You must appear to present your argument or the other side will automatically win. The Petitioner, N/A may then be given all that is asked for in the Petition for custody review.

The Petitioner will be present at the hearing. If you desire to personally argue your side of the case, you may have a legal aide, spokesperson or attorney appear on your behalf at your expense.

Dated at Warm Springs, Oregon on this 19th day of August, 1986.

Lola Sohappay Tribal Court Judge

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vs. Tiffany Tonya Andrews Petitioner

Leah Henry Petitioner

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A hearing on this matter has been set for 11:00 a.m., on the 22nd day of September, 1986, at the Warm Springs Tribal Court. Any person who may show cause why this Petitioner should not be granted must file such objection in writing on or before the 22nd day of September, 1986. This shall be done in writing and filed with the Court.

Dated this 21st day of August, 1986.

Lola Sohappay Tribal Court Judge

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Dated this 21st day of August, 1986.

Lola Sohappay Tribal Court Judge

## Court administration relates changes

The Court Administration department has been busy for the past weeks finishing out KRA's and 1987 budget.

The Appeals Court has received two resignations (one from Louie Pitt, Jr. and one from Billy Jo McConville). One of the vacancies has been filled by Council appointing Daniel Martinez. The other is still

vacant pending Council action.

We had one vacancy created by the resignation from Carmel Squiemphen which has just been filled by Berna Tufti. We are in the process of advertising the vacant Legal Aide Advocate position and will be filling it soon. We have been working with Benson Heath in filling the Probation Officer position.

## Obituary Laura Lynn Madden

Lifelong resident of Madras Laura Lynn Madden, 21, died August 18, 1986 at the Central Oregon Health Care Center in Bend following a long illness.

Laura was born to Shirley and Zeke Madden May 30, 1965 in Redmond, Oregon. She attended grade and high schools in Madras,

graduating in 1983. Many Warm Springs people will remember her for the time she worked at the Rainbow Market.

Services were held at Madras Evergreen Chapel Saturday, August 23. The family suggests contributions be made to the Mt. View Nursing Home, 1070 A St., Madras, Oregon 97741.

## Howlak Tichum Andrew "Tu ut awaisa" David

Andrew "Tu ut awaisa" David, aged 84, died August 24 at his home in Dry Creek. He was born April 30, 1902 in Wishram, Washington to Johnny and Molly David.

In 1941, Andrew married Edna Brown, who preceded him in death March 26, 1979. Andrew fished the Columbia River until 1957 when he moved to the reservation to farm wheat. He was a religious leader who respected all denominations and faiths. He actively taught children, especially his grandchildren, tradition. He was selected Elder of the Year by the National Indian Education Association.

Surviving Andrew are six daughters, Elizabeth "Betty" Smith, Amelia Spino, Ernestine Stevens, Arlene David, Lucinda Green and Roma Cartney; one step-daughter, Allegra Tufti and a son, Ellison David, Sr. Other surviving relatives include numerous grandchildren, nieces and nephews.

Dressing ceremonies were held at his home at 3 p.m., Tuesday, August 26. His body was then taken to the Agency Longhouse at 4 p.m., Wednesday, August 27. Rex Robinson, Fred Muniz and Levi George conducted Seven Drum ceremonies. Burial was at 9 a.m., August 28 at the Simnasho Cemetery.

## Community Church Services

**Blessed Kateri Takakwitha**  
Reverend Leo F. Weckerle  
Confession prior to Mass  
Sunday Mass: 8:30 a.m.

**Reorganized Church of Jesus Christ of Latterday Saints**  
Clint Jacks, Elder  
Worship: 10 a.m.  
Telephone: 475-6616

**Warm Springs Baptist Church**  
Allen Elston, Pastor  
Sunday School: 10 a.m.  
Morning Worship: 10 a.m.  
Bible Study:  
Wednesdays, 8 p.m.  
Telephone: 553-1267

**Warm Springs Full Gospel Church**  
Orin Johnson, Pastor  
Sunday School: 10 a.m.  
Worship Services: 11 a.m.  
Sunday Evening: 7:30 p.m.  
Bible Study:  
Wednesdays, 7:30 p.m.  
**Warm Springs Presbyterian Church**  
Rick Ribeiro, Pastor  
Sunday School and  
Sunday Worship: 10 a.m.  
Bible Study:  
Wednesdays, 7 p.m.  
Alcoholics Victorious:  
Tuesdays, 7 p.m.  
Presbyterian Men's Group  
2nd and 4th Sunday 7 a.m.  
Deschutes Crossing  
Telephone: 553-1237

**SUBSCRIPTION TO SPILYAY TYMOO**  
SEND SUBSCRIPTION TO  
SPILYAY TYMOO P.O. Box 735 WARM SPRINGS, OR 97761

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

**SUBSCRIPTION RATES: ONE YEAR \$6.00**

All Warm Springs tribal members will receive the Spilyay Tymoo at no cost. Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs.