Editorial E Coosh EEWA:

Letters to the Editor—

"Spilyay Speaks"





Who do we worship, people or God? There is talk that people don't belong in certain places of worship, because of their tribe or area they live. Some of the younger ones begin to wonder if it is right to attend services at all. They like to participate in the Seven Drum services as well as the older folks.

One of the big draw backs is that people say, "You don't belong here, you have your own longhouse." Just because one has relatives from two tribes and lives in one area does not mean he can't go to the place of worship he chooses.

It's not the longhouse, or the people we go there to worship, its the same God, everyone else worships. What is more important is that the Seven Drum religion be kept in practice and not lost. Encourage the younger ones to learn and practice these traditions from the past.

These traditions are carried on at all ceremonies. Just recently we observed the annual Huckleberry Feast, and the Ceremonies carried out there were superb in every respect. These are things we must not lose to the modern world.

Aid is available

University of California, Berkeley according to program spokesperson, outgoing director, Elaine Walbroek. "Today, more than ever, financial help is necessary for education continuation." The University of California at Berkeley has one of the highest support programs at any University through the Financial Aid Office and the Graduate Minority Scholarship Program. Most of the 126 Indian and Alaska Native students who have received their MPH degrees from Berkeley have had assistance from the Graduate miniority program to help them graduate.

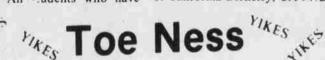
"Students who are working for their Masters in Social Welfare degree in the School of Welfare at Berkeley also are eligible for special grants." All etudents who have

Financial aid is available to quali- been accepted to graduate school fying Indian students who are have been able to receive financial applying for graduate degree assistance that has made it possible in public health at the for them to go to graduate school.

> duate degree programs at UC, Berkeley are also eligible for financial assistance" concluded Ms. Wal-

> Requirements for graduate school are: A baccalaureate degree from an accredited college/university; an acceptable grade point average received as an undergraduate; graduate record examination (GRE) taken; and applications submitted by February 10, 1987 deadline date, or before.

Information on different graduate To the Editor, programs and on financial assistance can be secured by calling the American Indian graduate Program, (415) 642-3228 (collect) or writing to: American Indian Graduate Program, 140 Earl Warren Hall, University of California Berkeley, CA 94720.



These two guys talking, one said to the other, "My wife ran away with my best friend. Now, I kinda miss him." YIKES

SS SS SS

Confucius Say: "Whiskey sometime make one feel like new person, but soon make one look like old one!" YIKES

SS SS SS

A drunk to a doctor: "Shay Doc. . ., If drinking isshso bad for you, why iss there shoo many old drunks and shhofew old doctors?" YIKES

SS SS SS

Boss to Employee: "What's happening Gal. This is the earliest you've the air around her reassuring her been late." YIKES

SS SS SS

There was this dude who went to the Psychiatrist. He said, "I got suicidal tendencies." The Doc said, "Well, from now on, you pay in advance." as a reflection the mirror is a glass YIKES

SS SS SS

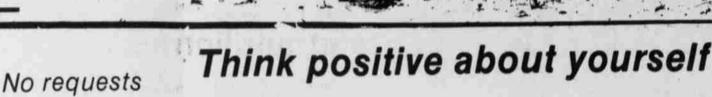
I went to Las Vegas one time in a \$15,000 Cadillac and came home in a \$40,000 Trailways Bus. YIKES

SS SS SS

EDITOR'S NOTE

Spilyay Tymoo welcomes articles and letters from its readers. All letters, preferably 300 words or less, must include the writer's signature and address. Thank you letters and poetry will be published at the editor's discretion.

All letters are the opinion of the writer and do not reflect in any way the opinion of Spilyay Tymoo. Spilyay Tymoo reserves the right to edit all copy OR refuse publication of any material that may contain libelous statements.



To the Community,

A few months ago, a young

person told me that they had pro-

blems that made them feel helpless.

Helplessness is a form of fear, it

can, and will prevent you from

learning positive patterns, it will

even create the inability to recognize

positive success and actions. When

we acquire negative attitudes

towards authority and, even towards

Dear Accountholder:

This is to notify you that as of August 15, 1986, IIM (Individual Indian Monies) office and Social Security department will no longer be accepting telephone requests for withdrawals from adult or minors

accepted at IIM

Requests for withdrawals will have to be in form of a written letter or personal visit to the office. If you do not agree with the supervision of your account, and are a voluntary depositor, you may withdraw your funds. They can be deposited into an account at the local bank. If you have any questions, please contact the IIM office or Social Services. Thank you for your cooperation.

> Sincerely, Bernard Topash Superintendent

Resort stay was special

Dear Andy, Rudy and Warm Springs Citizens:

Our experience at Kah-Nee-Ta on July 17th was so fabulous none of us can stop talking about it.

Our understanding of your beautiful culture was clearly enlightening. We are all changed by the incredible dancing and positive feelings you all shared with us. The letters from students are completed unedited. . .

Please come to Portland. . . Thank you so much. . .

Andy-you have a beautiful Students applying to other gra- and wonderful way about you!

Sincere gratitude, Sonja Grove Peninsula School 8125 N. Emerald Portland, Oregon 97217

Parents are models

Those who are closest suffer most of all. This is not surprising since the literature indicates that the conditions leading an individual to value himself and to regard himself as a person of worth, can be briefly summarized by the terms of parental warmth, clearly defined limits and respectful treatment.

Parents are models whether they want to be or not.

It is in the give and take of his relationships with his parents and others that the child finds a sense of security, self-esteem and an ability to deal with complex inner problems he is facing. They seem incapable of expressing themselves or defending their indequacies. No matter how much we explore motives or lack or motives, we are what we do.

Searching eyes, Questioning all corners of the

room in split seconds. Brows which aspire to the heights of the forehead; darting, cool and somewhat unsure fingers examining doubtful mind of the truth of her existence;

Seeing herself in the mirrors of others minds.

She rarely believes her existence and her soul is bare

Does she know that she is her own for real

> Jolene Pitt 343 SE 30th Pl Portland, Oregon 97214

our own abilities, it becomes difficult to recognize our positive successes because they contradict our best being a winner. talent. Any negative factor in our life can become ingrained in our life

build First you must be aware of your abilities, be aware of your reactions towards positive goals and situations, your reactions towards nega-

Helplessness and fear prevent us

from moving towards our personal goals. Self-Esteem takes time to

tive goals and situations. Next, develop a positive assumption of yourself, have a positive mental picture. Know what your limits are, and don't put yourself

down because of them.

Have a goal idea of your selfcontrol, by telling yourself that "I can do it." Then, realistically, it will happen.

It is natural to desire friendship, acceptance and approval of something that identifies with our sense of needs. That could be a relationship with a church, Longhouse or some cultural identity or something that is special and fulfills our sense or satisfaction. It will become a positive experience, you will have a sense of

Next, feel and believe that you are special and unique. Everyone has some very special quality or talent about them. Self-respect is the result of feeling special and that you are unique.

The next step is to recognize and accept your limitations. It will

increase your sense of self-esteem. Values that are goal oriented are important to have, they offer controlled behavior and develop a sense

of purpose, direction and self-worth. Self-esteem and pride are related, but the difference is that self-esteem create values, helps you to believe in yourself, (self confidence) and

offers a positive self-identity and self-worthy image. These are the positive life patterns self-esteem

Pride is the pleasure one takes in their past achievements and quali-ties. Pride says, "I have done this." Self-Esteem says "I can do, and I will do."

You will not experience the same positive emotional feeling in pride as you would in self-esteem. Pride depends on successes and failures, self-esteem does not, it's a force that is always reaching out for positive experiences and realistic

Self-esteem is the basis for human relationships with reality.

It takes time to meet your needs for self-esteem, but once you head in that direction, your self-esteem will mature as you mature as a person, then you will say that it is a good experience to feel good about

> Researched and written by, Reggie Poor Bear **Nelson Zomont Tribal Group Home**

Office advises care on skateboards

To the Editor,

We would like to bring the following information to the attention of the Warm Springs Commu-

Our concern is for the Health and Safety of our young tribal members who are endangering themselves and others by riding their bicycles and skateboards recklessly and at inappropriate times and places. One recent incident involving an automobile, logging truck and skateboarder that could have ended in tragedy. This incident occurred at West Hills Drive and Tenino Road intersection. This is one of the main intersections of concern and there are many others that bear watching.

Parents are urged to use their authority to influence their children to maintain safety standards in

their lives. The parents are held responsible for their child's actions.

The Warm Springs Tribal Code 360.110 Section 11 (d) involves this offense. Section 11-Neglected Juvenile; (d) Is in a situation or occupation which causes or threatens Juvenile coordinator's office staff, to cause injury to the health, safety, welfare or morals of the juvenile.

We hope this letter will help the community become aware of this potentially hazardous situation and to take action against it.

Daisy Ike

Input needed for calendar

There are only 124 days shopping days until Christmas. That means there are even fewer days until the annual Warm Springs Christmas bazaar which all means that the Spilyay Tymoo staff is preparing to typeset and layout their calendars.

People who have pictures of the past that they would like to share

can bring them to the Spilyay office. At this time the staff will be taking information for the calendars that are of interest to the community, example-tournament dates, feasts, powwow, rodeos, etc.

With an early start, the staff will be able to get the calendars ready by the end of September

Fire season at high point



Range fire raging out of control in the Charley Canyon fire just north of Kah-Nee-Ta on August 2. The fire destroyed about 800 acres of grazing land in that area. A 20-man crew and equipment brought the fire under control.

The fire season is at a high point and things are pretty dry and could be very easy to become "hot to

burn. To the present time there have been about 35 forest and range fires with the majority lightning caused. The largest fire has covered around 800 acres in the Charley Canyon area. Grazing range burned on August 2, where a tanker crew. and the helicopter and crew and a 20 man crew brought the fire under

Most of the fires were lightningcaused, however there were several man-caused fires ranging from 5 acres and up. At the present time Helitack crew is on stand-by, along with a three man tanker crews,

ready for action. Fire Management has sent a 20 man crew to help fight fires at Baker, John Day, and LaGrande and other parts of Eastern Oregon. where the fire danger is at a high point and several fires still remain

So far, here on the reservation, we have been pretty lucky that no major fire has swept the range and timbered areas. When a fire is

out of control.

uncontrollable the bomber is called in. Also called in are the smoke jumpers to get the stubborn flames under control.

There have been several volunteers to fight the fires but because they lacked firefighting certification they were turned away. Fire Management does have fire training work shops during the off season periods such as the fall months or the early spring months. These workshops offers a chance for a person who might want to get a certificate to fight fires for the coming season.