

Teeth cleaning is important



by Sandy Boers
IHS Hygienist

by Sandy Boers, R.D.H.

Every day in our clinic, several patients are scheduled to get their teeth cleaned. When I tell someone that they're going to have their teeth cleaned, I usually get one of these four reactions:

1. "O.K."
2. "Great!" They really need it!"
3. "Oh well, at least I won't have to be numb."
4. "Just a cleaning? But I have cavities that need filling!"

That fourth reaction is the one

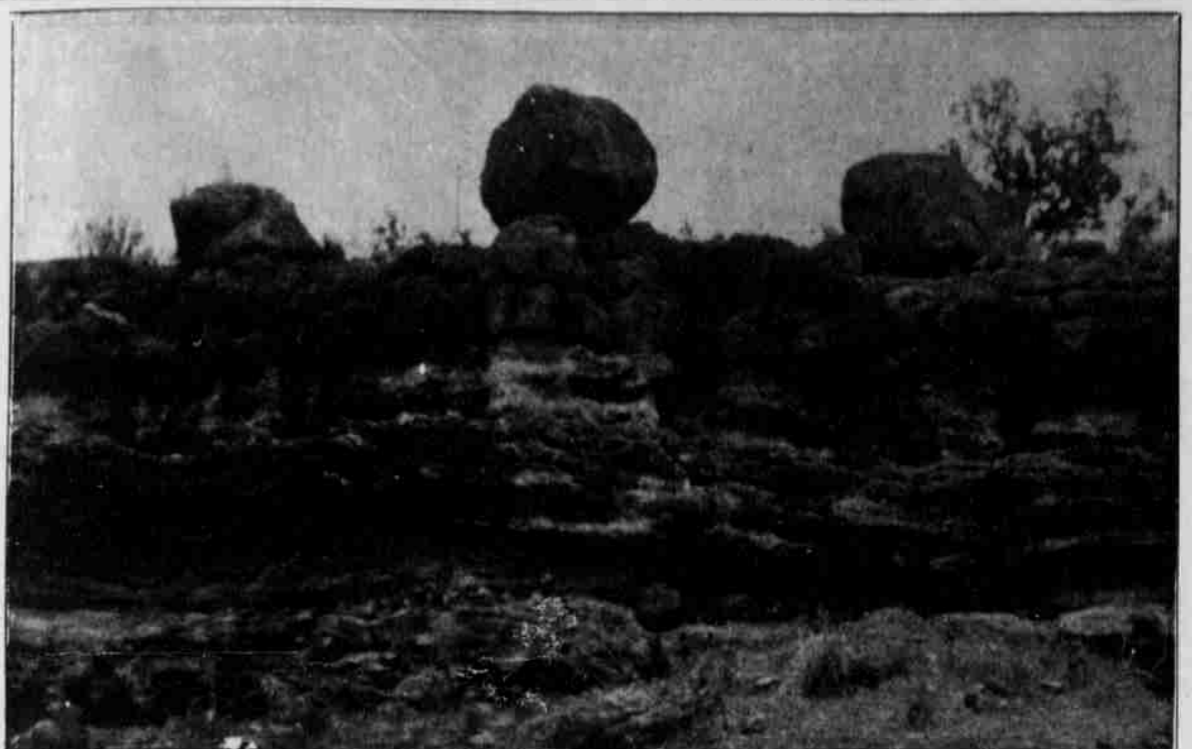
that I get most often, and it's the one I hate to hear. The patient telling me this is usually under the impression that cleanings are not important, just for looks, or probably a waste of time. I can even think of one man who didn't want his teeth cleaned because that was "for women." (I wonder if he thought dentures were "macho"?)

Cleanings are important! They are just as important as a new filling, and sometimes, even more important. A good, thorough, professional cleaning gets off dangerous calculus (tartar) that builds up under the gumline. Calculus is a hard deposit that will build up in areas of the mouth that aren't cleaned often enough. (For example, if you never floss, chances are you have calculus between your teeth right now.) The rough surface on a clump of calculus makes a real good breeding ground for plaque and its bacteria. The calculus becomes like a splinter that never gets removed. Soon, the gums start to swell, bleed, and eventually pull away from the

teeth. If it's left to continue, the bone around the tooth starts to dissolve also. Soon the teeth get loose, painful, and need to be removed. The worst part about all of this is that it's all painless until it's too late. People who have gum disease usually don't even know it until they're told. Usually, the only sign is bleeding gums.

Gum disease (also called periodontal disease) is the leading cause of tooth loss in the country, probably the world. That's kind of amazing since gum disease is almost entirely preventable. All it takes is some effort on everyone's part to take care of their teeth. Brushing, flossing and getting the teeth cleaned once at least once a year is all it takes.

It makes as much sense for a dentist to put a new filling in a mouth with gum disease as it does for someone to put a new window in a burning building. Dentists can do a lot to make a great smile, but without a good foundation, the effort will be wasted. Remember, even a professional cleaning can only go so far. Prevention is up to you!



Geo Quiz

Spilyay Tymoo photo by Shewczyk

This is the third and last time this geo-quiz will appear. The rock formation is unique. It is located on a waterway. Call Spilyay Tymoo with your answer at 553-1644 or 553-1161, ext. 274 and win a year's subscription for yourself or a friend.



Prevention Speaker

Spilyay Tymoo photo by Shewczyk

Dr. Robert Tyan spoke to participants of Alcohol and Drugs Community Workshop held June 3 at the Agency Longhouse. Ryan focused on treatment for adolescents, roles of families and teenage drug abuse.

Citizens may take action on trespass

The Warm Springs Reservation with its abundant resources is privately owned by the Confederated Tribes of Warm Springs. It sometimes happens that non-Indians who utilize water or lands bordering the Reservation will accidentally or sometimes purposely enter Reservation lands.

There is a gap in federal and state laws relating to trespass by non-Indians on Reservation land. No federal statute prohibits trespass

on Indian lands. Federal and State officials have, however, taken the position that only federal courts have jurisdiction over trespass by non-Indians on Reservation land. State laws does not apply.

The Oregon State Police has indicated that its policy is not to cite for trespass upon private lands. The Wasco County district attorney indicated that he would not prosecute non-Indians cited for trespass

upon the Reservation.

Trespass on Reservation lands has contributed to some problems including: range and forest fires; injury to or destruction of fish spawning beds; intrusion on privacy of Reservation residents; loss of reservation and resident resources such as firewood, timber, fish, houses, cattle and other livestock.

Because Tribal Council is concerned about the Reservation

resources they enacted Warm Springs Tribal Code Chapter 306, "Trespass." It states "A person commits the civil infraction of trespass if he enters or remains unlawfully or upon Reservation premises."

With summer drawing numerous visitors to the area Reservation residents may come upon someone who is trespassing. Many times the trespasser is unaware of his or her violation. Action by the resident would include politely informing the trespasser of the violation. If there is refusal to leave a reservation resident may commence action by informing law enforcement officials of the violation and/or issue a complaint against that person through the Tribal Court. The court will then have a summons delivered to that person.

Community Church Services

Blessed Kateri Takakwitha
Reverend Leo F. Weckerle
Confession prior to Mass
Sunday Mass: 8:30 a.m.

Reorganized Church of Jesus Christ of Latterday Saints
Clint Jacks, Elder
Worship: 10 a.m.
Telephone: 475-6616

Warm Springs Baptist Church
Allen Elston, Pastor
Sunday School: 10 a.m.
Morning Worship: 10 a.m.
Bible Study:
Wednesdays, 8 p.m.
Telephone: 553-1267

Warm Springs Full Gospel Church
Orin Johnson, Pastor
Sunday School: 10 a.m.
Worship Services: 11 a.m.
Sunday Evening: 7:30 p.m.
Bible Study:
Wednesdays, 7:30 p.m.

Warm Springs Presbyterian Church
Rick Ribeiro, Pastor
Sunday School and
Sunday Worship: 10 a.m.
Bible Study:
Wednesdays, 7 p.m.
Alcoholics Victorious:
Tuesdays, 7 p.m.
Presbyterian Men's Group
2nd and 4th Sunday 7 a.m.
Deschutes Crossing
Telephone: 553-1237

Rules for IHS eligibility change

The Department of Health and Human Services today proposed new regulations governing eligibility for health services provided by the Indian Health Service (IHS).

These rules are intended to set limits on the eligible service population enabling the IHS to better focus its services for those who qualify for IHS care. These rules also will enable the IHS to allocate resources among beneficiary groups based upon clearly defined local service populations. In addition, substituting more precise eligibility requirements applicable to both direct and contract health services will enhance coordination of patient care in IHS and non-IHS facilities.

The regulations apply to IHS direct health services as well as services purchased from non-IHS hospitals and health care providers under contract.

According to the proposed rules, an eligible person must be: a member of a federally recognized Indian tribe or eligible for membership in a recognized tribe, of one-quarter or more American Indian or Alaska Native ancestry and a resident in a designated health service delivery area. If a person is not a member of a federally recognized Indian tribe

or eligible for membership in one, the individual must be of one-half or more Indian or Alaska Native ancestry and reside within a designated health service delivery area.

Under current rules, published in 1956, health services may be provided to persons of Indian descent who "belong to the Indian community served" by the local IHS health facility and program. No established degree of Indian ancestry (blood quantum) is required, and the term "Indian community" is not defined. To be eligible for contract health services (services purchased from non-IHS hospitals and providers), a person not only must be eligible for direct care from the IHS but also must reside within a designated contract health service delivery area and either be a member of a local tribe, or if not a member, reside on that tribe's reservation or have close social and economic ties with the tribe.

During the four-month comment period, the IHS will hold public meetings in each of its 12 administrative areas so that interested persons may express their views on the proposed rules. The times and places of meetings will be announced locally.

Howlak Tichum

Wilson Bobb, Jr.

Enrolled member of the Yakima Nation and the Confederated Tribes of Grand Ronde, Wilson Bobb, Jr., 65, of Wapato, Washington died Monday, June 16 at the Emerald Convalescent Center in Wapato.

Bobb was born to Wilson and Annia (Thompson) Bobb in Grand Ronde, Oregon December 24, 1920.

He attended school at the Chemawa Indian School in Salem, Oregon before moving to the Yakima Valley in the 1920s. He attended school in Wapato and worked for the Yakima Nation. He also worked at the C. C. camps in Warm Springs. He entered the army in the late 1940s. He returned to Wapato where he worked for the Mt. Adams Furniture Company. He retired from the furniture company only a few months ago.

Bobb was a member of the Catholic Church. He was an outdoorsman and especially enjoyed baseball.

Surviving Bobb are three brothers Emerson Bobb of Toppenish, Issac Bobb of White Swan and Steve Bobb of Grand Ronde; two sisters Caroline Sitton Strong of Wapato and Edna Bobb of Seattle; numerous nieces and nephews (Levi Bobb, Leroy Bobb and Barbara Bobb of Warm Springs, and numerous grand-nieces and grand-nephews.

Dressing ceremonies were held Tuesday, June 17 at the Merritt Funeral Home in Wapato. Vigil services followed at 6 p.m. Burial was at Grand Ronde Cemetery in Grand Ronde, Oregon at 11 a.m. on Wednesday, June 18.

Herbert Lee Naugher

A long time Jefferson County resident, Herbert Lee Naugher, 77, died June 14, 1986 at Mt. View Hospital Home in Madras, Oregon.

Naugher was born April 7, 1909 in Sieverville, Tennessee. In 1942 he and his family moved to Warm Springs from Levenworth, Washington. He worked for Wilson Lumber Company, assisting in building the mill now known as Warm Springs Forest Products Industries. In 1964 he and his family moved to Metolius. He continued to work at the Warm Springs mill until 1972 when he retired.

Surviving him are his wife Jettie of Metolius; a daughter Margaret Johnson of Sweet Home, Oregon; three sons Jack Naugher of Sandy, Bruce Naugher of Stanfield, Oregon and David Naugher of Madras; a brother Andy Naugher of Lake Monroe, Florida; a half-brother Roy Stinnett of Dalton, Georgia; two-half sisters Lenora Peden and Rose Brooks of Cautta, Georgia and seven grandchildren.

Services were held Tuesday, June 17 at Madras Evergreen Chapel with burial following at Mt. Jefferson Memorial Park Cemetery in Madras.

Laddie Jordan

Warm Springs residents were saddened to hear of the death of longtime supporter and friend of the Tribe Laddie Jordan. Jordan died June 11 at St. Charles Medical Center in Bend. He was 59.

Following service in the Navy during World War II, Jordan owned Jordan Sales in Redmond for about 30 years. For the past two years, he was in the real estate business with his son Bill.

Jordan had a distinct interest in the Warm Springs Tribe and was actively involved in Indian participa-

tion at annual Deschutes County fairs and encampments.

Survivors include three sons, two daughters, one stepdaughter, twelve grandchildren, two brothers and a sister. He was preceded in death by his wife, Connie, April 16, 1986.

Services were held June 14 at the Powell Butte Christian Church with Warm Springs spiritual leaders officiating. Burial was at the Redmond Memorial Cemetery.

Memorials to the Warm Springs Student Fund, P.O. Box C, Warm Springs, Oregon 97761, attention Levi Bobb, would be appreciated.



Trespassing

A houseboat is moored on land owned by the Confederated Tribes of Warm Springs. Trespass ordinances allow citizen involvement with special procedures outlined in the tribal code.

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All Warm Springs tribal members will receive the Spilyay Tymoo at no cost. Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs.