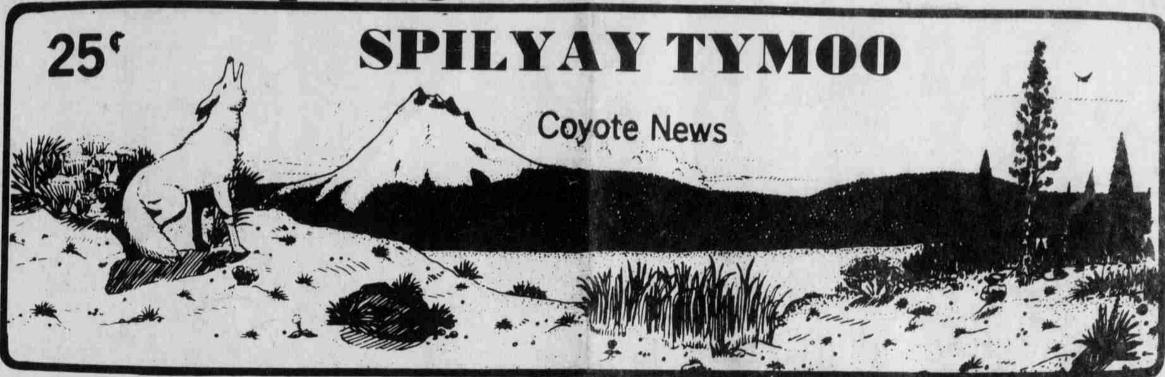
U.S. Postage Bulk Rate Permit No. 2 Warm Springs, OR 97761

Warm Springs News



VOL. 11 NO. 2

WARM SPRINGS, OREGON 97761



Hepatitis cases increase in '85

With the news that Oregon is in the midst of a hepatitis epidemic, hundreds of Oregonians, especially those in the metropolitan area, have gone to health clinics to receive gamma globulin shots. Central Oregon has not been immune to the virus, say local health officials.

According to Linda Allen, Jefferson County Health director, the Madras office saw 40 cases of hepatitis A in 1985. late August through December. "That's 20 times over our fiveyear average." Prior to 1985, the state average for reported hepatitis A cases was 655. In 1985, 1,848 cases of hepatitis A were reported, or three times the average.

Indian Health Service sanitarian Wayne Potter said that 46 cases of hepatitis A were seen at the clinic in 1985, 40 of which were seen from August through December. This far exceeds the seven cases seen in 1984, the ten cases seen in 1983 and the eight cases seen in 1982.

There are three types of hepa-

WEATHER

LOW

24

titis, A, B and non-A, non-B. Type A, or infectious hepatitis, is the most common and is primarily transmitted through oral fecal contact. Washing your hands thoroughly with soap and water after using the bathroom and before preparing foods is the best way to prevent spreading the virus.

Hepatitis B is less common and is transmitted through body fluids, the blood and by using most of which were seen from needles used by someone else. Non-A, non-B hepatitas is rare and serious. It is neither type A or B but a virus all of its own.

> Symptoms of hepatitis include, but are not limited to, nausea, vomiting, vague abdominal discomfort, dark urine, clay-colored stools, loss of appetite and fatigue. Jaundice sets in toward the end of the infection. Children can sometimes have no symptoms and adults are usually hit harder by the virus.

Gamma globulin shots are administered to people who have been in contact with a known hepatitis case. But, just because you are around someone with hepatitis, it doesn't necessarily mean that you'll get hepatitis. Spread of the disease is most common among household members and food-sharers. Gamma globulin shots must be given within two weeks after exposure to the virus. According to Allen, a person is infectious two weeks before symptoms set in and one week after the onset of jaundice.

As for diet, it is recommended that the patient eat well-balanced meals. It is also helpful to eat smaller meals more often than three meals a day as large meals may cause nausea. If the patient can't tollerate food, it is recommended they drink Instant Breakfast or milkshakes.

As a precaution, the Jeffer- being discouraged. son County Health department has required that the schools not allow home-baked foods in the classrooms until the epidemic tact with a hepatitis case, it's is under control. "Baked goods best to contat the IHS clinic in are a real good way to transmit Warm Springs at 553-1196. You hepatitis," said Allen. It's not so can also call the Jefferson County much the preparation, but the Health department at 475-2266. handling of the food after it's The health department charges baked that spreads the virus. \$3 for gamma globulin shots. Food-sharing at lunch is also

If you are eligible for PHS services and you are unsure if whether you've come into con-

Offices to be closed Monday

The Bureau offices and the IHS Clinic in Warm Springs will be closed Monday, January 20 in honor of Martin Luther King's birthday—Business will resume Tuesday, January 21.

Buckle up the kids or face fines-

"Ignorance of the law" is not lied with manufacturer-equipped Oregon Legislature in its 1985 session passed Senate Bill 340, which makes it mandatory that all children under the age of 16 must wear seat belts when tra- by a maximum fine of \$50. veling in a vehicle that weighs less then four tons.

The law became effective

a good defense in court. The seat belts. This applies to passengers in both the front and back seats.

Failure to obey the law is a class D infraction, punishable

The 1985 Legislature failed to pass Senate Law 355 which would require all occupants of a vehicle to wear seat belts. Suppor-It requires all children to be ters of that bil plan to continue "buckled up" in vehicles supp- - working on this bill.

Hunters asked to return ceded tags-

partment is asking all the hun- of people without a telephone. ters who have picked up State so we do need those tags back. Ceded Deer/Elk tags and reser- Also, there are alot of Columvation Deer/Elk tags-Please bia River Hunting and Fishing sign and drop your tags off at the office. We are trying to do a survey on how well the hunting seasons were, but, we cannot do that unless you turn those tags old Administration Center, and

We are now doing a random

The Natural Resources De- phone survey, but there are alot Licenses to be picked up if you sent for one. Our 'new' office is now located in the old white Commisary building behind the next to the Police Department.

Budgets posted through resolution, proposal-

in September, 1985, that has been broken into two seperate parts. The newly posted budget reflect no major reduction in appropriations except for the deletion cost-of-living increases for emplo-

tion #7067 December 12, 1985. Included in the resolution were estimated revenues totalling \$21,154,506. Not included were outside revenues such as contracts, grants and fees. Prior to 1986, outside funding was integrated into the budget showing an offset in expenses for individual tribal departments. However, in 1986, the budgeting format was changed to show total costs and outside funding

It was stressed in resolution million.

was shown as revenue.

It's not a new budget, but #7067 that the "failure to mainmerely a restatement of the 1986 tain tribal government operaoperating budget that was posted tions and services would result in irreparable harm to the Confederated Tribes and its enrolled members which could include, but not be limited to: 1) the deterioration of tribal assets and of the proposed three-percent resources; 2) the erosion of tribal governmental authority and sovereignty; 3) loss of employ-The three-month budget, which ment; 4) reduced or eliminated appropriates just over \$3 mil- services; and 5) loss of confilion for the first three months of dence and credibility of the 1986, was adopted through resolu- Confederated Tribes as a stable institution.'

The separate nine-month budget, is an \$11.6 million proposal. Tribal Council did not adopt the proposed appropriations through a resolution. Public meetings are planned for February to gather tribal member input. Tribal Council will take action to appropriate tribal funds for expenditure in accordance to this posted budget. Tribal Council may amend or reduce the appropriations, but they may not exceed the \$11.6

Valentines encouraged

true romantics at heart. We think a true show of affection, like doing the dishes when your true love is sick in bed with a temperature of 105, is really touching. And, if your loved one scrimps and saves every last dime to buy you a gift certificate at "Oil Can Harry's," terrific! Whatever keeps the two of you happy, we're all for it!

But, if you have a flair and a hankering for sweet words of love and adoration, please consider our "Page for the Passionate." Our February 14 edition will carry all those notes to the lovelorn and the passionate, the loveable and the question-

Special, and even not so special, valentines will be accepted by our office through February 7. There will be no charge, we

We at Spilyay Tymoo are only ask that the valentines be reasonable in length and statement (Nothing obscene, please.)

We encourage you all to put pen to paper and create a truly unique and touching message for the one(s) you love. Something like roses are red, voilets are black, why don't you get the heck off my back, would be considered cute, if not bizaare.

Remember, valentines will not be accepted after February 7.

Alcohol Program

Following is a list of what will be presented and who will present

Week I-January 29 1986 Social Aspect: Driving and drinking by: Evelyn Nequatewa and Anita Davis.

Week II-February 5, 1986 Medical Aspects and Disease concept by: Willy Fuentes and Charlotte Herkshan.

Week III-February 12, 1986 Drug Awareness by: Caroline Cruz and Tedi Tanewasha.

Week IV-February 19, 1986 Psychology of Substance Abuse by: Jim Quaid.

Week V-February 26, 1986 Step I of AA/Film by: Urbana

Play to be presented at church

A.C.T., which stands for Assoresides in Redmond. ciated Christian Thespians, will be bringing an original come- plays for almost three years dy drama to the Warm Springs now and has toured the "Rebel Baptist Church on Sunday night, Rouser" play in Central Oregon January 19th, 1986. The play and in the Willamette Valley entitled, "Rebel Rouser" deals including the Portland area. with inner conflict and is presented in a style that will be appealing to most everyone. Rita Betti, a talented, writer who the play and a short message

A.C.T. has been performing

The program begins at seven p.m. on the 19th at the Warm Springs Baptist Church, and Rebel Rouser" was written by will include some singing before

after the performance by Pastor Neal Mason who is in the cast. Please come to the performance and bring a friend. If you miss the performance on the 19th, the play will be presented again on the 26th but this time in Bend at the Nazerene Church. As a note of interest, the cast includes two local radio personalities, Joe Boyer from KRCO and Ron (Michaels) Furby from

the new KWSI.