Letter to the Editor—

"Spilyay Speaks"  

My dear friend,

I have been thinking real hard about all the months of the month's list may have brought out in the past few years of your life. Though I cannot understand it myself, I can tell you that alcohol and drugs have had a lot to do with the disrupter thinking that this was the "true way out." I know how you feel about your family, you had great love for each and every one of them. I know you loved life and I loved the friends that you had. I cried for all of you who were left, but you had made many people who cared. After everything was all over and done with, the funeral and your grave (I know you wouldn't have wanted a fuss but...I...I was really hurt and just thought about what I could have done to help you.

Session to begin Jan. 14.  

A series of Chemical Substance Education classes will be required for young people 12-20 years of age.

The first classes will be offered at West Springs on January 14 at 4:00 p.m. at the West Springs Community Counseling Center. The second session will be on February 18.

The five classes will include an introduction to addiction, an explanation of the stages of disease, chemical substance information, self-help: biological substance, chemical substance information, part II: a family disease enabling denial, refusal skills, and, youth and the law in West Springs.

The class is conducted by alcohol and drug prevention consultant, Cris Cruz, with one class conducted by juvenile coordinator, Susan Weaton. For more information and registration call Cruz at 333-2267.

Dr. Rhoades suspended June 21 as director of the Indian Health Services. Dr. Rhoades was suspended June 21 as director of the Indian Health Services.

However, his suspension was overturned by the Indian Health Service. Dr. Rhoades was suspended June 21 as director of the Indian Health Services.

As these days go by I am more determined to show some of the Lord and do His will. I would like to be able to reach more of my friends and relations. Including the younger generation to tell them that alcohol and drugs aren't doing them any favors except making them look older and not attractive. Their spirits will be black when they and others do.

In the Bible it says that we are not fighting against flesh but spirits. I believe that it makes people understand this they will be able to sustain a better understanding of their feelings when they are sad, depressed, jealous, bitter, angry, scared, etc., etc. By getting around drunk they don't understand that they are "opening" the door to their spirits and are inviting them in their life by "just being good." They should be told that they need help.

My friend, I am going to move you terribly and why when your birthday has come and gone and now the holidays are upon you. I pray that your loved ones will have peace to show and care for them during what is supposed to be "family time" and the season of belief. Thanksgiving because I don't know what it was in your heart only God knows that. But I can't fulfill your heart's desire to be a part of a lot of people's hearts for a long time to come.

Love your friend,  
Toni Aguilar

---

HSH Director reinstated  

ROODES REINSTATED AS DIRECTOR OF THE INDIAN HEALTH SERVICES.

Dr. Edward Rhoades, suspended June 21 as director of the Indian Health Services in the Department of Health and Human Services, was reinstated December 31, with a reprimand. The Wyoming Post reported that Donald J. MacArthur, acting assistant secretary for health, made the announcement.

Rhoades, the first Indian to head the IHS, was charged with drunkenness, and was subsequently fined $533,000 in his daughter under the IHS college scholarship program. MacArthur and Rhoades were reportedly still in bed, failing to exercise due care to avoid the appearance of conflict of interest.

Shike, Miss Warm Springs

Continued from page 1

Estroma and Sandra Danzea  

Shike previously attended Long  

Broadton Community College at  

Des Moines, Iowa, before attending  

The state's largest and most  

The two men were arrested in  

Two women were arrested one  

Two women were arrested one  

Doctors keep telling us to get lots of fresh air, but they never tell us where to find it, YIKES.

---

Spilyay Tommo welcomes articles and letters to be published from its readers. All letters, preferably 300 words or less, must include the writer's signature and address. Thank you letters and poetry will be published at the editor's discretion.

All letters are the opinion of the writer and do not reflect in any way the opinion of Spilyay Tommo. Spilyay Tommo reserves the right to edit all copy or refuse publication of any letter that contains libellousmaterial.