

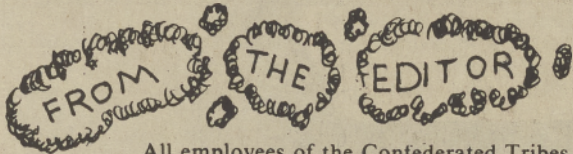
Editorial E Coosh EEWA:

(The way it is)
Letters to the Editor—



"Spilyay Speaks"

Bravettes express gratitude to community



All employees of the Confederated Tribes of Warm Springs who are Group Medical participants received a letter recently from Charles Nathan, Insurance Manager. The letter refers to a Health Care Cost Management plan that will cut costs and will become effective October 1, 1985.

What is being explained is mandatory out-patient surgery. Scheduling surgery to be performed in a doctor's office and returning home the same day will eliminate the high daily charges of staying in the hospital. In the letter there was a page of out-patient surgical procedures listed in alphabetical order that would apply and can be done in the doctor's office. Week-day surgical admission with surgery scheduled within 24 hours, out-patient testing, hospital bill review, are simple but effective ways to save on health care costs without sacrificing the quality of care you'll receive.

The Tribes have been moving toward self-insurance in the fields of medical coverage and in Workmen's Compensation. In the past three years it has resulted in a sizeable premium savings for the Tribes and an improvement in the speed of handling claims that improves the Tribes' image to outside providers. When a new opportunity comes along, day surgery or out-patient surgery is now available to our employees in central Oregon. The Tribes are attempting to call attention to this cost saving by encouraging its use. It will be to your advantage.

When a procedure qualifies for out-patient surgery and the employee takes advantage of this, the Tribal medical plan will pay up to 90 percent of all reasonable and customary charges, with no deductible to apply.

If any of the listed surgical procedures are performed in a hospital, a payment of 50 percent of all reasonable and customary charges will be made, the deductible will apply. The charges will not apply to the co-insurance limit. The real purpose here is to encourage employees to use the out-patient method.

This cost saving feature also provides a built-in monetary incentive for employees who find errors on their hospital bills. If an employee finds over charges, inappropriate charges, multiple charges for the same services or charges for services not received, he will receive 50 percent of the amount he saves the plan per hospital admission.

When you are admitted to the hospital, ask the staff to have a copy of your bill ready for you when you leave. Review item for item to make sure you haven't been charged incorrectly. If you suspect a billing error, contact the hospital immediately, explain the discrepancy and ask for an adjusted bill to be sent to the insurance office of the Confederated Tribes and a copy for yourself. With both the original and the adjusted bill in hand call the insurance office to apply for your reward. This must be done within a reasonable time.

Learn about Diabetes Oct. 2

Diabetes Awareness Day, October 2, will be a day of learning for those who wish to participate. The workshop beginning at 8:00 a.m. will include films, guest speakers, glucose testing, a demonstration on appropriate traditional and modern food choices, ideas for control-

ling diabetes through diet and exercise, family coping skills and self-responsibility.

Sponsored by the Warm Springs Health and Welfare Committee further information may be obtained by calling 553-1161, 205. No fee will be charged.

Toe Ness

SS SS SS

A small boy went up to the movie box office to go in to see the movie. The cashier refused to sell him a ticket. He said, "You should be in school, shouldn't you?" The boy answered, "It's all right, I've got the measles." YIKES!

SS SS SS

What's the main difference between baseball and politics? Well, in baseball, if you get caught stealing, you're out! YIKES!

SS SS SS

Teacher: "If your mother gave you a large apple and a small one, and told you to share with your brother, which one would you give him?" Johnnie: "You mean my big brother or my little brother?" YIKES!

SS SS SS

A girl asked Spilyay, "Will you marry me?" His answer was, "No, but I'll always admire your good taste!" YIKES!

SS SS SS

Spilyay Tymoo welcomes articles and letters to be published from its readers. All letters, preferably 300 words or less, must include the writer's signature and address. Thank you letters and poetry will be published at the editor's discretion.

All letters are the opinion of the writer and do not reflect in any way the opinion of Spilyay Tymoo. Spilyay Tymoo reserves the right to edit all copy OR refuse publication of any letter that contains libelous material.

To the Editor,

First of all, I would like to thank the members of Bravettes. They are Louise, Lana, Lupe, Tonya, Janell, Bubi, Val, Lynn, Robin, Wanda, Deanie, Marin, Crystal, Ellie and Anita. Thank you for making this a good season. Remember, we have the team that can do it! Your sticking it out for the season is well appreciated, you have the potential and always strive for improvement. On behalf of the Bravettes, I would like to take this time to thank these people for their support and donations throughout the year. Tribal Council, Kah-Nee-Ta and manager Garland Brunoe, Zane Jackson, Elton Greeley, Dan Macy, Warm Springs Chevron

and George Clements, Bruce Brunoe Logging Company, Mike Clements, Charlotte Shike, Lepha Marie Smith with our thrift shop, Bernice and Art Mitchell and family, Prunee and Silas Williams and family and the entire community for their support. Also, thank you for letting us use the administration building for our fund raising activities. We sincerely appreciate your support and it's good for us to know that you are behind us.

Congratulations to Lana Shike and Robin Parker for making the tournament All-Stars at Nationals. Your performance was super!

The Bravettes plan to have fund raising events throughout the year. We are looking forward to next season. We hope to attend Slo-Pitch Nationals in Yakima and work toward attending both Fast- and Slo-Pitch NIAA Nationals in 1986. We are definitely planning on traveling to Oklahoma City for the Fast Pitch Nationals in 1986.

Sincerely,
Teddy Tanewasha, Bravettes Coach

Looking for penpals

Are there any young Indian people who would be interested in becoming penpals with young Germans?

The young Germans are interested in the American Indians, cultures and traditions.

If anyone is interested please send your name, address, and age to this address.

Dr. Robert F. Kingsley
Obersteiner Straße 19
6600 Saarbrücken-Rodenhof
Telefon (0681) 49 81 52

Or you may contact the Culture and Heritage Department at 553-1161, ext. 290 or stop by and see us. Our department will forward the information that you give us.

Powwow postponed

The powwow recognizing American Indian Day scheduled for Friday, September 27, has been postponed until Friday, October 4 due to recent deaths in the community. Everyone is invited to attend the powwow, which will begin at 1:30 p.m. at the school.

Support appreciated

To the Editor,

My mother and I would like to take this opportunity to express our thanks and appreciation to all the generous community members, employees, Tribal Council, Health and Welfare committee members, and my family for buying tickets from me in my running for Tygh Valley Powwow Brave. If it were not for you I would not have had the pleasure of winning the Title.

Thank you to my Elders and the Powwow committee for encouraging me to enter and helping

me to again be in contact with the public and my people. I received a very beautiful Pendleton vest with my name on it, an Eagle Feather, a beaded crown, a shiny ribbon shirt made by "Pebbles" (Thank you, Pebbles), and a percentage of my tickets sales. I had a lot of fun being in the Grand Entries and just taking in Tygh Valley. Again, thank you and I love all of you.

Respectfully,
Gary Curtis Wahpat and my Mother.

Enjoyed Kah-Nee-Ta visit

Gentleman:

I have just returned from a two day visit at Kah-Nee-Ta and wanted to let you know how much I enjoyed it.

We were treated with warmth and courtesy wherever we went.

Congratulations

Trena A. Currie and David J. Crowe exchanged wedding vows in Reno, Nevada September 11, 1985.

Trena A. Currie is the daughter of the late Victor Charles Currie, Sr. of Hobbema, Alberta, Canada and Aldine P. Currie, Shoshone-Bannock of Fort Hall, Idaho, now residing in Warm Springs. David J. Crowe is the son of the late Clifford J. Crowe of Warm Springs and Regina Wahsisi of Toppenish, Washington.

Pastor to be absent

The Rev. James P. McGugin, Interim Pastor at the Warm Springs Presbyterian Church, will be on vacation and a leave of absence for several weeks beginning September 23. In his absence those desiring counseling or other services from the church should contact on the following: Marie Smith at 553-1121, ext. 411; Karen Smith at 553-1196 or Dorothy Earl at (work) 553-1161, ext. 241 or (home) 475-3428.

Services will be held as schedule (Sunday, 10 a.m., gathering together to sing and prepare and 10:30 a.m. for worship and classes for children.) For most of the Sundays visiting pastors will be present to bring the message of the morning. Mr. McGugin will be in the pulpit Sunday, November 3.

Share feelings at meetings

To treatment center participants,

As president of our chapter, I would like to invite you to attend our monthly meetings and participate in our chapter functions.

One of the concerns I have had is that some of the other treatment center's in-patients do not have a very lengthy after-care program and no support group for outside functions. Our association is open for you to join and to work with.

We meet the first Monday of every month and immediately following is the AA meeting. Our chapter is trying to get involved with all sorts of activities, things to occupy your time that was previously used for drinking or using. Some personal self-history has been presented to the grade school classes concerning what the disease did and can do.

Jerry Sampson, President
Warm Springs Serenity Lane Alumni

Acceptance

George,

Yes, I will marry you!

Valerie

Rummage sale

The Warm Springs Community Center will be having its back to school rummage sale September 28. It is to be held in front of the Community Center. Sign up now.

Reserve tables

Tables for the Christmas Bazaar are reserved on a first come, first serve basis so sign up as soon as possible. A charge of \$15 will hold the table and will be refunded when the table is claimed. For those who have already paid \$5 an additional \$10 must be submitted.

Let us know

Young people are often involved in activities and receive honors that few people hear about. These people should receive recognition, and we, at Spilyay Tymoo would like to highlight those young people.

If you know a young person of any age who should receive recognition please drop us a note or give us a call: Spilyay Tymoo, P.O. Box 735, Warm Springs, Oregon 97761, (503) 553-1644.

August Tribal Council attendance

	Number attended	Number absent	Number absent for delegation
Jackson, Zane—Chairman	8	4	0
Frank, Delbert Sr.—1st Vice	8	0	3
Clements, Mike—2nd Vice	8	2	1
Wallulatum, Nelson—Wasco Chief	0	10	1
Heath, Delvis Sr.—W.S. Chief	7	1	3
Kalama, Nick—Paiute Chief	sick leave	—	—
Calica, Larry	8	0	3
Frank, Jacob, Sr.	6	4	1
Henry Vernon	4½	5½	1
Johnson, Ellen	8	0	3
Mitchell, Bernice	7	4	0

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SUBSCRIPTION RATES: ONE YEAR \$6.00

All Warm Springs tribal members will receive the Spilyay Tymoo at no cost. Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs.