

What are pit and fissure sealants?



by Sandy Boers
IHS Dental Hygienist

Often, when a child comes into our clinic for a routine exam, we will suggest that certain teeth be treated with Pit and Fissure Sealants. Usually, these teeth have either nothing wrong with them or they are just beginning to decay. What, then, are pit and fissure sealants? Why is it necessary to treat

healthy teeth with them?

Pit and fissure sealants are thin plastic coatings that cover and protect the chewing surfaces of back teeth. These are the surfaces most likely to decay because they contain small pits and narrow grooves (fissures). Food and germs get into the grooves and cannot be completely removed by brushing, flossing or other oral hygiene measures. As a result, the pits and grooves become breeding grounds for decay-causing germs. Sealants close off these areas so that food particles and germs are unable to settle in.

Ideally, sealants are applied to the permanent molars just after they've erupted, before they have gotten a chance to decay. Because of this, children between the ages of five and fourteen

benefit most from sealants. Applying sealants is a very easy procedure. Total treatment time is about twenty minutes and does not require any numbing or drilling. Once in place, sealants can be seen if the back teeth are examined closely. However, they will not be seen when your child talks or smiles.

Sealants should be checked once a year to make sure that they aren't worn off. While sealants aren't permanent, they should remain in place long enough to get your child through their cavity-prone years. Remember, sealants are good, but they're better when they are made a part of a total preventive dental program that includes: Brushing and flossing; regular dental check-ups; good nutrition.

News from Tribal Court

The Police Department will no longer be taking monies for Tribal Court fines. This is effective immediately. This means that people will have to come directly to the Court to pay any fine they may owe. It also means that people will have to make a better effort to pay a fine when it is due because the Court hours are Monday thru Thursday 8-5 p.m. and Friday 8-noon. The Court would like to comment all those folks that are taking care of their Court obligations! Thank You. You are saving the Tribe money and time by assuming your responsibility. The Court Administration staff have been very busy, between processing cases, refining the "processing" procedures/policies end of things. Great job staff! So far between January and June, 1985 we've opened 1,202 cases; during this same time last year the Court had 1,158 new cases. There is a problem within these new cases however; 516 cases had to be reopened because people did not comply. Everytime you do not appear as ordered, everytime you do not pay as ordered, everytime you do not comply

with any other type of order from the Court, your case has to be reopened again. This costs your Tribe a lot of money in processing and time.

As some of you may have noticed by your direct dealings with the Court, we have reached the point that we are able to get cases referred back into Court quicker when non-compliance occurs. Usually, warrants for arrest are ordered. The Court prefers that people take care of their responsibilities so that this does not have to happen.

The Court respectfully invites you to take advantage of our offer to come up to the Court and become aware of processing and the Court System in general. We are not the enemy, but are here to oversee the laws of the Tribe. Usually, when people don't understand something, their first instinct is anger or harsh criticism. A lot of people also feel that justice is not served when they do not win their case. Justice is having your day in Court and have your case heard and judged. Any decision of the Court can be appealed in the higher Tribal Court. The Court Administration branch.

has had a complaint procedure since early 1983 for the purpose of responding to complaints on departments and staff after investigating the matter. This is all done in writing. Working in a Court system is not an easy job because we are continually criticized no matter what is done; nor is it always a pleasant job. It is stressful, demanding, and very challenging. Someone has to do the job. You have one of the most progressive and hard working Courts in the country. Please, respect it—it is an important part of your tribal government.

On the Docket

Confederated Tribes

vs.

Jackie Gabriel
Order to Show Cause
Case No. CR276-85

To: Jackie Gabriel

You are hereby ordered: To be and appear before the Warm Springs Tribal Court on the 9th day of September 1985, at the hour of 2:00 p.m.

In Answer To: Show Cause: Why

For sale to tribal members only.

1967 Starcraft Jupiter-16' aluminum boat—Starting bid: \$2,000 firm includes: 80HP Johnson Super-SeaHorse w/single control 1200# Tee-Nee single axle trailer Partial canvas top.

Starting date for bids: August 19, 1985

Closing date: September 3, 1985

Bid Opening Date: September 4, 1985

Instructions for placing bids:
1. Name and address of bidder, including phone number.
2. Description of item bidding on.

3. Amount of bid. (Bids not meeting minimum starting price are immediately disqualified).

the suspended sentence of 6/26/85; 30 days jail should not be imposed for failure to pay \$75.00 fine WSTC200.615.

If you fail to appear as so ordered, you will be charged with contempt of court and a warrant will be issued for your arrest.

Dated: August 5, 1985

Richard G. Frederick
Tribal Judge

Confederated Tribes

vs.

Terry Williams
Order to Show Cause
Case No. CR237-85

To: Terry Williams

You are hereby ordered: To be and appear before the Warm Springs Tribal Court on the 9th day of September 1985, at the hour of 2:00 p.m.

In answer to: Show Cause: Why the suspended sentence of 6/24/85; ten days jail should not be imposed for failure to pay \$50.00 fine WSTC200.615.

If you fail to appear as so ordered, you will be charged with contempt of court and a warrant will be issued for your arrest.

Date: August 5, 1985

Richard G. Frederick
Tribal Judge

Confederated Tribes

vs.

Saffie Ortega
Order to Show Cause
Case No. CR242-85

To: Saffie Ortega

You are Hereby Ordered: To be and appear before the Warm Springs Tribal Court on the 9th day of September 1985, at the hour of 2:00 p.m.

In Answer to: Show Cause: Why the suspended sentence of 6/24/85; ten days jail should not be imposed for failure to pay \$50.00 fine WSTC200.615.

If you fail to appear as so ordered, you will be charged with contempt of court and a warrant will be issued for your arrest.

Dated: August 5, 1985

Richard G. Frederick
Tribal Judge

"No-nonsense" approach taken at COCC

Reprinted from The Bulletin

Central Oregon Community College is taking a "no-nonsense" approach to Native Americans attending the college, an official said Wednesday.

Students from the Warm Springs Indian Reservation are now being tested before enrolling at COCC to see if they can handle college courses, said John Weber, dean of instruction, during a board meeting.

In the past, there was "a lot of

handholding of Native American on the COCC campus," he said, with students continually re-enrolling in classes they had failed.

"There is much more of a no-nonsense approach at Warm Springs now. Assessment is done before they send students to campus," said Weber.

In June, the college hired Geoffrey Bury as the new coordinator of instructional services for Warm Springs.

"We were looking more for

someone with counseling skills to actually help prepare them (for college)," said Bill Lindemann, dean of student services.

COCC will hold a college preparation workshop August 28 and 29 for Warm Springs students attending any Pacific Northwest college.

COCC President Fred Boyle said leaders of the Confederated Tribes of Warm Springs have been invited to meet board members on campus in early October or November.



Seasonal beauty

Spilyay Tymoo photo by Shewczyk

Natural summertime beauty will soon be fading only to be replaced by the beauty of the fall season. Take the time to enjoy the wonders that are present during the seasonal changes.



Geo-Quiz

The last geo-quiz was correctly identified by Winona Spino. Correctly identify the location of this geographic formation and win a year's subscription for yourself or a friend. Call 553-1644 or 553-1161, ext. 274 with your answer.

Bidding open to members

This information is to be placed in a sealed envelope with the description of the bid item noted on the envelope. This may either be mailed or brought into the Property Office located at the Industrial Park (4th blue building). If mailing, please place sealed bid envelope inside a mailing envelope noting "Bid" on the outside of the mailer.

The boat, with trailer and motor, will be sold "As Is". All sales are for "Cash Only."

Individual placing highest bid will be selected. In case of a tie,

the earliest bid will be sealed. No information will be given out as to the number of bids, or who received the sale item. Tribal members processing loans for bids through Credit, must have certification from that office.

The boat is available for viewing in warehouse lot at the Industrial Park.

Starting date for general public bids: September 9, 1985
Closing Date: September 23, 1985
Bid Opening Date: September 24, 1985

All sales must be finalized within twenty-four (24) hours of bid acceptance.

Bible School

Vacation Bible school will be held at the Warm Springs Presbyterian Church August 19 through 23. The daily sessions will start at 9 a.m. and conclude at 11:30.

Featured will be music, crafts, games, Bible lessons and snacks. All are invited to attend. There is no charge.

For more information contact Dorothy Earl at 553-1161, extension 241.

Help for Vets

Attention disabled American veterans. There will be a representative of the disabled American Veterans field service unit at the Warm Springs Community Center on Tuesday, August 20 to offer assistance to veterans. Offered will be benefits counseling and claim files. Assistance is free to all veterans.

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Commission rejects proposal

ject to Indian fisheries in the Columbia and Deschutes rivers.

Bakke noted that the Deschutes is now managed for wild steelhead. This means that sportsmen fishing the river must release wild fish but may keep hatchery stock. Since steelhead from the White River would propagate naturally, and therefore lack hatchery marks, anglers would also be required to release them.

Because of this, wrote Bakke in testimony submitted in advance, "We anticipate that the Commission will eventually be visited with a request to abandon wild steelhead management on the Deschutes so that sports fishermen can harvest unmarked White River steelhead in the Deschutes.

Bakke encouraged the Commission not to feel compelled to adopt the proposal on the grounds that the \$500,000 already spent would otherwise be wasted. Those funds provided information needed for an informed decision, and they also produced valuable genetic data, he said.

Harry Wagner, chief of fisheries for ODFW, responded to some of Bakke's arguments. In particular, he reminded the commissioners that half of the Columbia Basin's spawning grounds for anadromous fish have been

eliminated by dams; therefore, it is appropriate to introduce salmon and steelhead into waters where they did not occur historically.

Commissioner William Neel expressed several reservations about the project. He was concerned that funds for operation and maintenance would require periodic approval by Congress. He didn't believe every stream should become an anadromous fish hatchery. And he wondered whether the \$4.3 million might be spent on a more significant project in the Deschutes system, such as successfully laddering Billy Chinook Dam, which has eliminated access of anadromous fish from hundreds of miles of historic spawning habitat on the Deschutes, Metolius and Crooked rivers.

John Donaldson, director of ODFW, told the Commission that the White River project was one of many peices, but a significant one, in the Power Council's grand plan to re-establish fish runs in the Columbia Basin.

The seven commissioners were then polled on their positions. They rejected the White River Falls project by a vote of four to three.

Meeting held for college orientation

August 16 at 2:00 p.m. Geoffrey Bury will be conducting a meeting for student trainees and any interested college students who may want to know more about the "Orientation to College" session to be held August 28 and 29.

Sponsored by Central Oregon Community College and the Warm Springs Office of Training Services the session will cover the common problems students face when entering college by orientating the students on how to pick a major, define college terms, and library research skills. Bury will also help the students understand the various financial aid forms and choosing a college.

Students who will be participating in this trip will be offered

the chance to raft down the Deschutes River and spend the night in the dormitories. Students will be expected to bring their own towels for this event.

Anyone who is interested in participating in this orientation session should attend the meeting or contact Geoffrey Bury at 553-1428.

Church Services

Blessed Kateri Tekakwitha
Warm Springs
Reverend Leo F. Weckerle
Confession prior to Mass
Sunday Mass begins at 8:30 a.m.

Reorganized Church of
Jesus Christ of Latterday Saints
Elder. Clint Jacks
Tel: 475-6616
Worship—10:00 a.m.

Warm Springs Presbyterian Church
James P. McGugin, Interim Pastor
Tel: 553-1237
Sunday Worship and Church School 10:00 a.m.
(Lord's Supper—First Sunday)

Warm Springs Full Gospel Church
Orr Johnson, Pastor
Sunday School—10:00 a.m.
Worship Services—11:00 a.m.
Sunday Evening Service—7:30 p.m.
Bible Study—Wednesday—7:30 p.m.

Warm Springs Baptist Church
Allen Eston, Pastor
Tel: 553-1267
Sunday School—10:00 a.m.
Morning Worship—10:00 a.m.
Bible Study: Wednesday, 8:00 p.m.