

# Use of Copenhagen questionable

by R. Corky Covington

Early this summer I read a tragic account of five young men who had planned a weekend of rafting on a Western Montana river. The news article summarized each individual's background but for some reason only one of the profiles stands out in my mind. It is that of a young cowboy I'll call Freckles. Freckles, like his four companions, was considered a survivalist by those who knew them, each had been an outstanding athlete in high school. Most, if not all, would have survived to tell of their experience given any other kind of situation, their friends feel, but as it turned out all five drowned inside a van. Their van had gone into a river where the raft race they were to have attended was held the following day.

The details of this tragedy now are less important than the profile and image which Freckles projected. He was described by his young, now-widowed, common-law wife as being a rugged outdoorsman who was familiar with rivers and canoes. He was a good father to their eleven-month old daughter who will always wonder why her

daddy left with his friends and will not ever return. He was also a good provider who never missed a day of work at the mill and only held back the price of a can of "Cope" from his weekly pay. His wife recalls that he never liked any of the other brands which he felt were for wimps.

Freckles projected the familiar young, muscular, tough and serious but yet fun-loving stereotype image of many rodeo cowboys. The image is only completed by adding the ever present faded circle on the back pocket of the Wranglers he wore. This image is one which has been around for a long while. Chris LeDoux, a professional Bareback rider and western singer from Wyoming has recorded at least two songs which depict cowboys and cowgirls as Copenhagen chewers. The words of one song goes something like: "Copenhagen makes me feel so good! Copenhagen, like I knew it would. I put a little chew in my mouth, so slurping and a 'slobbering all around the house..." He finishes up proclaiming "Cope" as a cure-all for warts, coughs, freckles, runny nose and other common problems.

Now resting in that great cowboy hall of fame only the memory and image of Freckles remains with those who ever met and knew him. Very possibly among these are some very young cowboys and cowgirls who are trying to develop a liking for Copenhagen so that they can wear the circle on their hips. The power of suggestion is apparent as one looks around in any given community. Young and older folks alike buy and chew a lot of smokeless tobacco. No doubt they derive a certain amount of satisfaction, relief and relaxation from these as we all do when we use many other kinds of substances and medications. There is also no doubt that a certain amount of habit is involved where users began to rely upon their friends occasionally for the pinch that satisfies.

Compared to a lot of other substances which are put into the mouth, smokeless tobacco may seem more beneficial than harmful. Facts regarding this indicate otherwise and there is concern about the earlier age at which children began "chewing." Unfortunately what smokeless tobacco does or causes cannot be readily seen so many feel

there are no related dangers. Much of what is involved here termed either acceptable or not by parents, medical providers, peers, educators, merchants and others is based upon values and attitudes. Studies may eventually show how extensive the harmful effects are and greater concern will result. It is meanwhile difficult to do preventative education to a potentially nonreceptive consumer group who are inspired by idols to maintain this American tradition.

How do you feel about this as either a young person who chews, a parent, or as an otherwise interested person?

We would like to be able to determine how the community feels about this growing health concern and provide some of the viewpoints in followup articles. These viewpoints will be presented with the opinions of local medical service providers in addition to facts from a recent study.

Please address your views to: The Wellness Program, The Confederated Tribes, of Warm Springs, Oregon 97761 or phone 553-1161, ext. 205.



Rip and wait

Spilyay Tymoo photo by Shewczyk

BIA Roads Department works to renovate road near Kah-Nee-Ta lodge. Work will continue for two weeks as asphalt is recycled, oil and a seal coat added. The road to the lodge will also be resurfaced.

## Team appreciative of community support

To the Editor,

The Bravettes would like to express their appreciation to Tribal Council, Elton Greeley, Charlotte Shike, and the men's Warm Springs team for their sincere support while the Bra-

vettes team was at the Nationals.

The Bravettes are now preparing to participate in the National Fast-Pitch tournament in Reno, Nevada, September 6-8.

Sincerely,  
Teddy Tanewasha

## Thank you so much for encouragement

Friends, relatives and other well-wishers,

I would like to let these people know that it was their words of encouragement and luck that helped me make it through that last mile of the Cascade Lakes Triathlon last week up near Bend.

Thanks to Eddie, Kanim, Satish, Jr., for believing. Also

to my aunt and uncle (Louise and Wilkins). And to Aherns and Bills Home Center, the good people who sponsored me.

I'm going to take a team next year, anyone interested let me know.

Leo Hellon

P.S.—And A very, very special thanks to Vickie.

## World-wide freedom varies

Sometimes we take for granted the freedoms we as citizens of the United States have. Freedom of the press is one of those freedoms. We may say what we like, when we like.

At times journalists are viewed as being impersonal and insensitive to events. Television sometimes tends to invade one's privacy. But as Thomas Jefferson stressed while drafting the Bill of Rights, we must protect the press for better or worse so that it remains a free press.

Ours is one of 36.32 percent of the world's presses that can claim to be free. Almost half, 43.64 percent of the world's countries have tightly controlled presses. The remainder are categorized as being in-between.



## Master's degree in health beneficial

"The advantages of getting a Masters Degree in Public Health are many" according to a representative from the MPH Program at the University of California, Elaine Walbroek, "Not the least is the possibility of better paying and more challenging positions."

According to Walbroek, "In a study done of the Indian graduates from UC, Berkeley with an MPH degree as to positions held and salaries received following graduation, we found interesting examples of what it meant to have an MPH degree. For a student who graduated in 1973 with \$9,000 being the highest paid position held prior to entering the MPH program, we found ten years later that the Indian professional was making \$42,000. In another instance a 1983 graduate in two years was making \$27,000, a 50 percent increase over the last position held before entering graduate

school, which salary was \$18,000. In fifteen years, another graduate went from \$24,000 before graduate school to a salary of \$55,000 per year. We found the people who stayed in the health field had 50 percent to 100 percent salary increases. And most important, almost all of them are working in Indian-related positions with Indian Health Service, with tribal or reservation programs, with urban agencies serving Indian people doing exciting and challenging work."

The requirements for admission are: an undergraduate bac-

calaureate degree from an accredited college or university; an acceptable grade point average as an undergraduate; taking the Graduate Record Examination (GRE); submitting applications by February 1, 1986.

It was pointed out that assistance can be given by the Berkeley MPH Program for American Indians/Alaska Natives in submitting applications and in securing financial assistance.

Information can be secured by writing or calling the program's office (415-642-3228/collect).

## Defensive driving class offered

Central Oregon Community College will be offering a community education class in Defensive Driving September 5 to October 3. Clifford L. Jenkin will be the instructor.

Each Monday and Thursday for four weeks at 5:30 p.m. the

students will meet at the Community Center to study defensive driving techniques, equipment checks, a review of the Oregon Driver's manual. The course will be offered again in October. Call Justice Services for more information.



Cyclists enjoy salmon bake

Spilyay Tymoo photo by Shewczyk

The Retreads, an over 40 years of age motorcycle club, enjoyed a salmon bake at Kah-Nee-Ta during their stay in Central Oregon. The nationwide annual convention had 175 participants.

## Numerous class offered through COCC

Community Education through Central Oregon Community College provides the opportunity to continue learning. The fall schedule offers 35 classes in Madras for varying interests.

### Monday

Woodworking Shop will be held from September 23 to November 18, 7-10:00 p.m. at Madras High School. Tuition is \$29.00.

Painting in oils is a nine week course from 1-4:00 p.m. held at the Community Education office. Tuition is \$27.00.

Holiday Microwave meets October 7 to October 21 at Madras High School from 7-10:00 p.m. Tuition is \$9.00.

Guitar extends from September 23-November 25, 7-8:30 p.m. at Madras High School. Tuition is \$15.00.

Computer Literacy is a three credit class held September 23 to December 9, 6:30-9:50 p.m. at Madras High School. Tuition is \$58.50.

Adult Learning Center allows students the opportunity to obtain a high school diploma or G.E.D. Class is scheduled September 23 to December 9, 9-12:00 noon and/or 6:30-9:30 p.m.

Red Cross First Aid runs October 7 to October 28, 7-9:00 p.m. at Buff Elementary gymnasium. Tuition is \$8.00.

New Career Directions will be held November 12 to November 19, 1-4:00 p.m., 213 3rd St. Tuition is \$6.00.

Write Your Life Story runs from October 1 to November 5, 4:30-6:30 p.m. at the Community Education office. Tuition is \$12.00.

Typing I and Refresher, held October 1 to November 7, 7-9:00 p.m. at Madras High School, has a tuition of \$27.85.

Relating A Couple will be held October 1 and October 8 from 7-9:00 p.m. with a tuition of \$6.00 and a material's fee of \$7.00.

9:00 p.m. Tuition is \$12.00. Astronomy with a tuition is \$12.00 is held from October 1 to November 5, 7-9:00 p.m. at Madras High School.

English as a Second Language is held two nights a week from September 24 to December 12, 7-8:30 p.m. There is no tuition.

Clogging will be held from September 24 to November 12, 7-8:30 p.m. at Culver High School. Tuition is \$12.00.

Auto Tune-Up will be held at the Warm Springs tribal garage from September 24 to November 12, 6:30 to 9:30 p.m. Tuition is \$24.00.

Word processing will be held October 30 to November 27, 6:30 to 9:30 p.m. at Madras High School. Tuition is \$15.00.

Welding is scheduled for October 2 to November 20, 7-10:00 p.m., Culver High School. Tuition is \$41.00.

English Riding will be held from September 25 to November 20, 5:30 to 7:30 p.m. at the Jefferson County Fairgrounds. Tuition is \$18.00.

Applied Accounting I is a three credit class to be held at Madras High School September 25 to December 11.

Adult Learning Center will be held September 25 to December 11, 9-12:00 noon and/or 6:30 to 9:30 p.m.

### Thursday

Yoga will be held at Madras High School, September 26 to October 31 7-8:30 p.m. Tuition is \$9.00.

Word processing has a tuition fee of \$15.00. It is to be held September 26 to October 24, 6:30-9:30 p.m. at Madras High School.

Pottery/Ceramics requires a \$12.00 lab fee. It will be held from October 3 to November 21, 7-10:00 p.m. at Madras High School. Tuition is \$24.00.

Tuition for Cross-Country skiing is \$11.00. Two classroom sessions will be held November 14 to 21. Two four-hour ski tours are scheduled November

23 and December 7.

Country Christmas requires some sewing experience to make Christmas crafts. The class is held September 26 to November 21, 7-9:30 p.m. at Madras High School. Tuition is \$20.00.

Early Days in Madras includes one three-hour field trip. It is held from September 26 to October 31, 7-9:00 p.m. at Madras High School. Tuition is \$15.00.

The Lunch and Learn Series gathers for lunch at the Meet Market from 12:00 to 1:00 p.m. Subjects to be featured are Images of Peru, a slide lecture by Vicki Haertel on October 10, Logging History of Central Oregon by Ward Tonsfeldt on October 17 and A Tour of Turkey, a slide lecture by Al Ratz on October 24

**Saturday**  
Racewalking will be a limited size class to be held from October 19 to November 2, 3-5:00 p.m. at Madras Jr. High gymnasium. Tuition is \$6.00.

Real Estate and Value is a six hour class held October 5 beginning at 9:00 a.m. Held at the Community Education office tuition is \$6.00.

Furniture Refinishing, held October 5 to October 19, 9:00 a.m. to 12:00 noon has a tuition of \$6.00. It will be held at the Fairgrounds.

Seagulls by the Sea is an oil painting workshop scheduled for September 26, 9:30 to 4:30 at the Community Education office. Tuition is \$6.00.

A \$6.00 tuition fee is required for the Teddy Bear Workshop October 19, 9:00 to 4:00 p.m. It will be held at the Community Education office.

Waterfowl Landscape is to be held November 9, 9:30 to 4:30 p.m. Tuition is \$6.00. Location is the Community Education office.

Greeting Card Workshop will be held on Saturday November 2 from 9:00 to 4:00 at the Community Education office.

For more information call 475-2136 or stop by the Community Education office at 213 3rd street, Madras.