

COCC winter term classes announced

Monday	Tuesday	Wednesday	Thursday	Saturday
Assertiveness Training Joan Schmidt 7:00 - 9:00 p.m. 1/10 - 2/14 Community Center \$12.00	Seascapes in Oil Debbie Wolfe 6:30 - 9:30 p.m. 1/11 - 2/23 Community Center \$42.00	Seascapes in Oil See Tuesday Vegetable Gardening Martin Zimmerman 7:00 - 9:00 p.m. 2/16 - 3/9 Adult Learning Center \$8.00	Traditional Indian Beadwork Caroline Tohet 7:00 - 9:00 p.m. 1/13 - 3/10 Community Center \$18.00	One Day Only First Aid for Nurses Heidi Smith Feb. 28 9:00 a.m. to 4:00 p.m. Jeff. Co. Fairgrounds \$6.00
Auto Mechanics Ken Lydy 7:00 - 10:00 p.m. 1/10 - 2/28 Tribal Garage \$24.00	Pine Needle Baskets Nancy Garrison 7:00 - 9:00 p.m. 1/11 - 3/8 Adult Learning Center \$18.00	Auto Tune-up & Maintenance Ken Lydy 7:00 - 9:30 p.m. 1/12 - 3/2 Tribal Garage \$21.50		
One-Night-Only-Classes				
Easy Family Finance Reba Powell 7:00 - 10:00 p.m. Jan. 31 or Feb. 28 Adult Learning Center \$FREE\$	CREDIT CLASSES		SPECIAL EVENT!! Indian Film Festival Adult Learning Center Thursday, January 5 7:00 - 9:00 p.m. EVERYONE WELCOME	
Horse Feeding and Nutrition Heidi Smith 7:00 - 9:00 p.m. Feb. 21 4-H Daycare \$2.00	Individualized Math Basic Math Algebra I Algebra II Math 100 (4 credits) Jack Gallagher Monday and Thursday 7:00 - 8:40 p.m. Adult Learning Center 1/6 - 3/19	Principles of Economics Econ. 202 (3 credits) John Trujillo Tuesday/Thursday 5:00 - 6:20 p.m. Community Building 1/6 - 3/19		
Tuition for credit classes is \$19.50/credit hour All people 16 years of age or older may take COCC Community Ed. classes Senior Citizens pay half tuition				
Students MUST pay BEFORE attending classes Register at the Adult Learning Center Monday, January 3—9:00 a.m. to 7:00 p.m. Tuesday, January 4—9:00 a.m. to 1:00 p.m. Wednesday, January 5—9-12:00 a.m. Thursday, January 6—9:00 a.m. to 1:00 p.m. Friday, January 7—9:00 a.m. to 1:00 p.m. If there is not sufficient class enrollment by Friday at 1 p.m., classes will be cancelled.				
Happy New Year offering from COCC to the W.S. Community FILMS FOR SENIORS: Jan 27, Feb. 10, 24, Mar. 10 - Thursdays 1-2 p.m. BROWN BAG FILM SERIES: Jan. 25, Feb. 8, 22, March 8 - Tues. 12-1:00 All films will be shown at the Adult Learning Center				

Begin the new year of 1983 with a promise to do something for yourself. You can expand your mind this winter and enjoy yourself by taking a community education class through Central Oregon Community College. After all, "that's what education means, to do what you've never done before." Everyone 16 years of age and older is welcome to take a class through the community education program.

Central Oregon Community College winter term registration week will be Monday, January 3-Friday January 7. That week will be highlighted by an **Indian Film Festival**, Wednesday, January 5, from 7 to 9 p.m.

Two credit classes are scheduled to begin during registration week if there is sufficient enrollment. **Independent Math Lab**, 4 credits, will again be instructed by Jack Gallagher. Jack's previous students really "enjoy his low-key, uncomplicated and patient method of teaching." John Trujillo is lined up to teach **Principles of Economics**, a 3 credit class, Econ 202. Students interested in these two classes should complete registration before class begins January 6.

Due to problems and the significant time-waste factor in collecting registration fees, no student may attend a credit or non-credit class until registration and payment have been completed. This also means that authorization to bill the Tribes or other agencies must have all the necessary signatures before a student will be allowed to attend class, or secure a spot in a class with limited enrollment. Credit classes require 12 students and non-credit classes require 9 students this term. It is very important to register by the

Friday of registration week as that is the time to cancel classes with insufficient enrollment. Warm Springs Coordinator, Nancy Pitt warns that, "This term, I must adhere to the college time-lines and officially cancel classes on Friday, January 7 that do not have enough paid and enrolled students."

There are 10 Community Education classes from which to choose in Warm Springs during winter term. Course outline and supply lists are available at the Adult Learning Center for the asking.

For people into the horse scene there will be two classes taught by Madras veterinarian Heidi Smith. **First Aid for Horses** will meet for six hours, Saturday, February 26. It will inform students of ways to prevent accidents and/or health problems, what to do when problems do arise and how to prepare a "First Aid Kit for Horses." Other topics addressed will be: emergency treatment, worming and vaccination, hoof care, proper riding techniques, proper tying, and much more. Tony Suppah Warm Springs Animal Control Officer, took this class fall term and said, "It was great. It was really beneficial for my job."

Horse Nutrition and Feeding is a two hour, one evening session. Heidi will cover 1) anatomy and physiology of the digestive tract, 2) basic feed constituents and their sources, 3) relative nutritional needs for growth and stress, 4) deficiencies and medical problems, 5) parasitism and 6) designing programs for individual horses or groups of horses.

For all you beginning missed is Martin Zimmerman's **Vegetable Gardening**. It will run four weeks from February 16 to March 9. Here is a golden opportunity to get a jump on

the spring rush of trying to get those little seeds into the ground, get the know-how while the snow is on the ground from an expert. Topics include: concepts of plant growth, starting transplants, climate concerns, soil/plant relationship, soil testing and soil fertility, plant/water relationships, tillage, vegetable variety selection, planting, garden layout, succession planting, insects and disease control. Warm Springs soil has proven that with some work and savvy you can have a fine, productive

garden for the whole family to enjoy.

Assertive Training is a class with an important contribution to make to our lives and our community. Assertiveness means a method of communication where you are able to state your opinions and feelings, while at the same time, respecting the rights of yourself and others. Joan Schmidt, Preventions Specialist from Jefferson County Mental Health Department, has received top-ranking from students who took this course in Redmond and Madras. The course addresses the problems which non-assertive communication styles create. Students will learn to discriminate between styles of communication, identify human rights with respect to self and others, change behavior and thought patterns in a safe, supportive environment and will practice assertive behavior in a supervised setting.

Another new class for Warm Springs is **Auto Mechanics**, to be taught by Warm Springs Tribal Garage mechanic, Ken Lydy. This class is for those who have already taken Auto Tune-Up or have previous mechanical experience with cars or trucks. The class will take an in-depth look at the various systems of a motor vehicle. These areas are: chassis, cooling system, fuel system, ignition system, engine block and heads, electric system and drive-train. **Auto Tune-Up and Maintenance** is offered this term, too. Students learn to tune-up their own rig, do minor repairs and gain insight into how the entire system works. Ken discusses how to choose a mechanic and guidelines to help you know if you are receiving good, honest care. Former students got great satisfaction from the money-saving aspect of this class; many repeat it, learning more each time.

Easy Family Finance, taught by Reba Powell, will be offered on two different evenings free of charge. Reba helps students to make home budgets, to keep records of expenses, and how to maintain a valid checkbook. Reba stresses that she is sharing things that she has refined over the years and that work for her.

Students may also sign up for Madras, Redmond and Bend classes community education classes at the Warm Spring Adult Learning Center. Two new special features to help ease "winter's confinement" are a **Film Series for Seniors**, alternate Thursdays beginning January 27 from 1-2 p.m. at the Senior Building and **Brown Bag Film Series** at noon alternate Tuesdays beginning January 25.

Caroline Tohet's **Traditional Indian Beadwork** class is being offered on Thursday evenings. This provides a fine opportunity to learn from an excellent and respected teacher. Enrollment is limited, so sign-up early. Local artist, Nancy Garrison will teach her method of making **Pine Needle Baskets**. Her work is beautiful and we are grateful she is willing to share her knowledge with the community. Again limited enrollment will be enforced. Debbie Wolfe, Warm Springs Elementary teacher, will offer to teach the painting of **Seascapes** to anyone interested. She has been painting ten years, working specifically on seascapes the last five years. She studied with noted seascape artists Von Baseman, Alexander and Robinson. She works from memory of childhood days on the coast, as well as pictures. Carpooling arrangements may be made for those who live in Madras. The class requires a Tuesday and Wednesday evening attendance for seven weeks. Let's hope there are nine dedicated oil painters out there.

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Learning to braid is the first step in making horse gear. Using nylon cord COCC community education instructor John Sharp helps Stanley Simtustus do some fancy braiding.
Spilyay Tymoo photo by Shewczyk