

Container gardening-a new 4-H project

Container gardening, the newest 4-H horticulture project, will be introduced to 4-H leaders and members this fall, according to Doris Brackett, Oregon State University Extension agent in Warm Springs.

Growing plants in containers has long been an option in the 4-H flower and vegetable gardening projects. However, the new project recognizes the fact that many families do not have space for a "traditional" garden and the practice of using plants as decorations both indoors and outdoors.

The new project materials, as well as suggestions for learning activities for 4-H gardening clubs were introduced at a regional meeting in Hillsboro, October 5 to interested adult volunteer leaders. Louise M. Jackson, Warm Springs 4-H leader, was among those who attended. This was one of two regional trainings for 4-H agents and key leaders who can in turn introduce the new materials to other 4-H leaders

in their home counties.

"Although the scale is different, the scientific principles of plant growth and propagation are the same whether the plants grow in the traditional garden or in containers," emphasizes Bill Boldt, OSU Extension youth specialist.

Horticulturists in the schools of agriculture at OSU, Washington State University and the University of Idaho were involved in developing the new educational materials.

The new container gardening projects cover all forms of plants which can be grown in containers from tomatoes to cactus to daffodils. An experimental container gardening option is offered to young people who have experience in horticulture.

Boldt expects container gardening to still be a feature of many 4-H flower and vegetable growing projects because it offers activities and chances to study plant life during the

winter months when outside work is impossible.

In fact, the options available to young people in 4-H horticulture projects are limited only by time and interest of leaders and boys and girls in grades four through twelve, the specialist points out.

Some 4-H families are discovering that growing vegetables at home not only enhances the families meals, but can be an economic benefit, as home grown can help stretch the family's food budget.

Young flower growers have expanded their learning beyond just growing and showing flowers to include learning how to make arrangements and how to use dried plant materials for long-lasting arrangements which they can keep or give to others as gifts.

More information about the new container gardening project as well as other 4-H horticultural projects is available from the Warm Springs office of the OSU Extension Service.

Extension Notes



from Pennie Albrandt, Lee Hamilton and Doris Brackett

Plan ahead for graduation



Graduation expenses may include such things as: cap and gown rental, year-book, class ring, photograph, graduation announcements and invitations, gifts, and long-distance telephone calls. Proms expenses may include: tickets, clothing, hair styling, flowers, dinner, after-prom parties, and transportation.

During the senior year, there may also be costs involved in preparing for the year ahead, such as non-refundable fees to accompany college application forms, fees for college entrance examinations, and transportation and other expenses to visit college campuses, trade and technical schools. Plan ahead to meet these extra expenses that may occur during the last one or two years to high school. The student may be able to pay for part of them through earnings from a part-time job or by setting aside a regular amount each week from an allowance.

However graduation and other costs are met, the family should plan ahead to avoid a possible last-minute dilemma regarding finances. This will keep the event the happy time it's meant to be.

Beating the cash crunch

If you have high school junior or senior in your family, you probably have a high school graduation in your future. High school graduation is a happy and much anticipated occasion for most families, but it can turn out to be a time of financial frustration if it catches the family unprepared for the costs involved. It's wise to plan ahead and be ready for the expenses involved in graduation proms.

Life-time skills learned in 4-H

4-H Cooking Club—the first meeting of the year is October 26th from 5:30-6:30 p.m. The club will discuss when and how often to meet at the meeting; it will be held in the 4-H Room (Daycare Basement).

4-H Sewing Crafts Club—The first meeting is October 21st from 7:00-8:00 p.m. at the 4-H room. The club will meet every other week (the first and third Thursdays of each

month) from 7:00-8:00 p.m. through December 16th, then start up again after New Year's.

4-H Outdoor/Ski club—The first two meetings of the year have been scheduled for November 3rd and November 17th. The first meeting will be an organizational meeting to begin planning ski trips. A movie, "Learn to ski" will be shown at the second meeting on the 17th. Both meetings are at 5:00 p.m. in the 4-H room.

4-H Dog Club—The first meeting is Monday, November 1, at 7:00 p.m. in the 4-H room. Please, no dogs at this meeting, but bring at least one parent.

Rockin' 4-H livestock club—meets every second Tuesday of the month. The next meeting is on November 9th, from 7:00 to 8:00 p.m., in the 4-H meeting room. This years club calendar is printed and available to the members.

All day energy fair scheduled

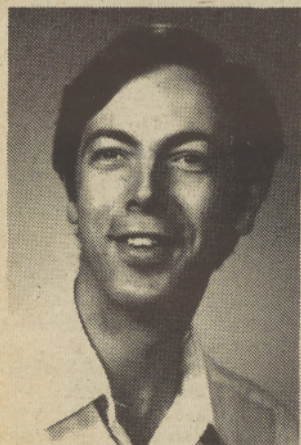
Do you want to be one of the people in Warm Springs with a lower electric bill this winter? If so, you will want to attend the all-day Energy Fair to be held in the entrance of the New Tribal Administration building on Wednesday, October 27 from 10:00 a.m. to 5:00 p.m.

The fair is sponsored by the Tribal Housing and Warm Springs Extension Service departments and will feature handouts, information and

displays for the public on using a woodstove and heat pumps correctly, storm windows, and weatherization for all types of homes. Booths, displays, handouts and answers to questions will be provided by the Tribal Housing department, Warm Springs Extension Service, Jefferson County S.A.V.E. committee and Dave McGowen, Extension Service energy agent for Central Oregon.

McCowen works in Deschutes, Jefferson, Crook, Wheeler, Wasco, Sherman and Gilliam counties. He is a director of Central Oregon renewable resources and has served as a member of the Oregon Solar Advisory Group, chairman of the Deschutes County Citizens' Advisory Committee on Energy and a member of the Sun Day committees in 1978 and 1979.

In 1973, McCowen earned a bachelor's degree in mechanical engineering at General Motors Institute. In 1974, he received a Master's degree in mechanical engineering at Cornell University. He was a project engineer for the General Motors Engineering staff in Michigan for five years before moving to Oregon.



The OSU Extension Service added energy as a program area in 1980. Energy agents work on a three-part education program: energy management for small business, a "Master Conservor" volunteer program to provide sources of reliable information on energy and a consumer response activity to answer questions.

McCowen will present the following programs at the following times during the Energy Fair:

- 10:00-10:15 a.m.—Storm Windows
- 12:00-12:15—Woodstoves
- 3:00-3:15 p.m.—Home Weatherization
- 4:00-4:15 p.m.—The Heat Pump

This is a great opportunity for you for someone in your family to gather information needed to do some simple weatherization to your home and SAVE on heating bills this winter and in the future. Be sure to attend this event! For more information call the Warm Springs Extension Service office at 553-1161, extension 238.

Family Lifelines—



Easing strain of divorce for preschoolers

Probably few people would disagree that children suffer more from a divorce than anyone else involved, a child's age affects how he or she may react to the parents' divorcing and preschoolers have an undeveloped ability to reason, think, and talk. They only know that their world is upset by their separation from a loved one. Young children see themselves as the center of the universe. That makes it difficult for them to understand

they are not the cause for divorce.

Children of preschool age have not yet learned emotional control. Their sorrow or feeling of abandonment is often acted out in babyish behavior or anger and hostility toward the remaining parent or toward other children and teachers in a day care center. Their behavior is the only way they know how to respond to a bewildering situation. The child knows that dad or mom is gone but may not understand the fact the parent won't be back.

Reasoning cannot help a child of this age, but lots of touching, comforting, and time with a preschooler is essential to help them grow accustomed to their changed world. They desperately need assurance of parent's continuing love because losing love is their greatest concern in the preschool years.

Have a safe Halloween!!