

Simnasho students rewarded with trip to coast

Discovering is what the Simnasho 4-H "Discovery Club" does best. Spring vacation provided an opportune time for the club members who are also Simnasho students to have some new encounters. Proceeds from the 3rd Annual Mini-Marathon provided the funds.

Fourteen students and Simnasho elementary teacher Rich Little did their best to fill their five day trip with as many new experiences as possible. They began their journey Friday, March 13th after school arriving at Greg and Darlene Foster's home in Portland in time for dinner. Darlene is Matilda Mitchell's daughter. After a few hours at the Portland rollerrink the students divided up and spent the night with various families in the Portland area.

Oregon Museum of Science and Industry was the first stop for the students followed by a trek through the Portland zoo. Late in the afternoon exhausted teacher and students piled into the 4-H van and headed towards Astoria.

In Astoria they toured the Astor Column and Fort Clatsop.

They also had the chance to see a movie, "Windwalker," in an ornate, antiquated theatre which impressed the students according to Mr. Little.

The next two nights were spent in Seaside. The motel that the students stayed in had



The Reward— Many hours of work went into sponsoring the 3rd Annual Simnasho Mini-Marathon. They were rewarded by using the money they made to visit some places in Oregon they seldom if ever see. The Portland zoo was one of the first stops during their spring vacation trip.

Spilyay Tymoo photo by Shewczyk

a swimming pool where the students spent much time. Other activities in Seaside included a night beach walk, a visit to an arcade, an excursion to an aquarium where the students fed the seals, an hour's ride on rented bicycles and ride

on the bumper cars.

Before heading in the direction of Warm Springs on the final day another stop on the beach was in order. The students got permission to take their shoes off and feel the sand between their toes. Ramona

Meanus found a perfect sand dollar on the beach which was quite an event for the children. And on the way home the van was pulled over to the side of the road so all the students could watch the whales swimming off the coast.

Impressions left on the mind's of the Simnasho students varied. Each one had a favorite event to reflect upon. Spencer Poitra enjoyed "seeing all the places that Lewis and Clark went," he said. Starla Green commented that she had "never seen whales in real life."

Willard Poitra liked the Astor Column, the bumper cars and the swimming pool. Ramona Meanus liked finding a whole sand dollar. Joshua Currey liked seeing a jelly fish on the beach. Lillie Meanus liked seeing a bald eagle at the zoo. John Ross enjoyed the bumper cars and seeing the whales. Anthony Allen liked seeing the whales and the movie "Windwalker." Corey Thomas especially liked riding the bicycles at Seaside and seeing the whales. Zeppy Rudy enjoyed seeing Fort Clatsop and all the buildings and he's "glad Mr. Little took us to stay in motels," he said.

Being responsible for fourteen students grades one through four is no easy task but teacher Rich Little had no qualms about beginning the adventure and was glad he took the students to the coast. He feels the trip has resulted in bringing them closer together. He says, "the more things we attempt as a group the closer it brings us together. The students are learning that the harder they work the more we get to do. It is a real life type of thing."

Mini-Marathon supporters deserve thanks

To the Editor,

Over four weeks ago 16 students were accepting the final responsibilities of an event known as the "Simnasho Mini-Marathon. Along side those hard working Grade School students were 19 parents, the staff at Simnasho Grade School, the Simnasho Grade School 4-H "Discovery" Club Leaders, and several communities full of volunteers also accepting the many responsibilities involved in this annual event.

Each year management of the run changes with improvements ranging from transportation of runners to the type of pencils used at registration. Each year the Simnasho Mini-Marathon has become better. It has grown to become something that all are proud of and all are part of. No one ever really imagined that it would develop into an event so rewarding and exciting.

It should be made known to the public the groups, businesses, and individuals that have joined together in support of the runs. Without their enthusiastic backing the Simnasho Mini-Marathon would be just another run or less, just a dream. Instead it is known as one of the best organized runs in the state and full of many exciting and worthwhile extras.

Here is a list of groups, business, and individuals that deserve a good patting on the back for a job well done:

Simnasho Grade School 4-H "Discovery" Club, Simnasho Simnasho Lincoln's Memorial Powwow Committee

Warm Springs Lions Club, Warm Springs
Warm Springs, Oregon State Extension Service, Warm Springs
Kah-Nee-Ta Resort, Warm Springs
Winona Strong, Warm Springs
Warm Springs Community Center, Warm Springs
Jerry Sampson, Warm Springs
Warm Springs Fire/Safety Department, Warm Springs
Pay Less, Bend
Warm Springs Forest Products, Warm Springs
Warm Springs Police Department, Warm Springs
Juniper Guide Service, Powell Butte
Prince's Automotive, Madras
The White Buffalo, Madras
Evergreen Chapel, Madras
Rainbow Market, Warm Springs
Spilyay Tymoo, Warm Springs
Warm Springs Chevron, Warm Springs
The Flower Station, Madras
Andrew David, Warm Springs
Oscar's Sporting Goods, Madras
Guy Davis, Chevrolet, Madras
Hatfields Department Store, Madras
Rhodes Shoe Shop, Madras
Coast to Coast, Madras
Miller Ford, Madras
Madras Floor Covering, Madras
Olsen's Saddle Shop, Madras
Rexall Drug, Madras
Our Place, Madras
Roger's Drug Store, Madras
Western Auto, Madras
Ahern's Grocery, Madras
Erickson's Stationery, Bend
Erickson's Grocery, Madras
First Christian Church, Madras
A & W Drive-In, Madras
Turners Ben Franklin, Madras

Quality Sounds, Madras
M & M Tires, Madras
Harry Phillips, Warm Springs
Dee Blasengame, Madras
Iva Lee Greeniger, Warm Springs
Janet Holcomb, Warm Springs
Lala Delude, Madras
Jeff Bradley, Madras
Norman James, Madras
Carolyn Cruz, Madras
Julie Halladey, Bend

On behalf of Corey Thomas, Janice & George Clements, Anthony Allen, Scotty, Jaymie Harvey, Ruth Harvey, Lillie Meanus, Ramona Meanus, Sammy & Millie Colwash, Jason Woodside, Mike & Pat Darcy, Joseph Rudie, Nancy Waite, Joshua Currey, Marsha Shewczyk, Starla Green, Casey Green, Sterling & Lucinda Green, Rena Suppah, Spencer Poitra, Willard Poitra, Emil Williams, Lester & Peggy Poitra, Timothy Yahtin, Chesley & Amelia Yahtin, John Ross, Connie Ross, Kirk Park, Dale Spencer, Nancy Tailfeathers, Lorena Bill, Clydell Gilbert, and myself, Rich Little, I wish to express our appreciation.

As result of the unbelievable support, we have been able to observe a great joining of communities. Socially it has brought together many peoples all of whom are helping to promote the health and education of young and old.

The most important person who deserves the greatest acknowledgement possible is of course "the runner." To the individual who worked so hard at preparing for and accepting challenge,

I thank you all,
Rich Little

Care of baby teeth is important



In an effort to inform the community about items of common dental interest, a series of articles on facts everyone should know about dental health will be presented.

Question: At what ages should I take my son for his first dental checkup? What can I do to make it a pleasant experience.

Answer: It's a good idea to take your son to the dentist after all of his baby teeth have appeared, usually around three years of age. A visit to the dentist at this early stage is very important in that it can help establish a good dental attitude that may last a life-time.

The Head Start/Day Care classes often visit the dentist but it is the parent's responsibility to make sure their child is seen at the proper time.

The care of your son's primary teeth is very

important, for they are needed for chewing, speech, and an attractive appearance. The first teeth help hold the space to allow proper positioning of the permanent teeth. Decayed baby teeth are the most common cause of crowded permanent teeth and the need for expensive orthodontic treatment.

You can help make your son's first visit to the dentist one that is pleasant and anxiety-free by carefully explaining beforehand what to expect. Talk about the upcoming visit with a positive attitude as you would about other new experience for your child. You will want to tell him that the dentist will look at his mouth and take x-ray pictures to find out how his teeth are growing.

Explain how they will give his teeth a special cleaning and put some tooth protecting flouride on them. At the Warm Springs Dental Clinic no fillings or extractions are ever done on a child's first visit.

At the time of your son's first visit it will be determined when he will need another appointment. This will depend on the condition of his teeth and whether or not flouridated water is available to him.

When careful plans are made for a child's first visit to a dentist, chances are it will be a pleasant experience for him and that he will look forward to future visits.