



TOWERING STALKS — Dave Berry proudly shows off his Texas corn growing in his garden at the Warm Springs trailer court. The corn is sweet, according to Berry, and most stalks are already over six feet high. The corn is just one example of his excellent gardening talent since he grows watermelon, cantalope, horseradish, all types of lettuce and many other edible vegetables and fruits.
Spilyay Tymoo Photo by Behrend

How does Berry's garden grow?

Dave Berry attributes his green thumb and successful garden to "lots of work, water and fertilizer." His garden is an oasis in the trailer park, with his mobile home surrounded by vegetables, lawn and colorful flowers.

The Berrys have been employees at Kah-Nee-Ta since 1970 and in 1977 the employee trailers were moved to the

Warm Springs trailer park. In 1977, Berry retired due to health reasons, thus leaving plenty of time for yard work.

Berry spends many hours planning and working in his garden, beginning in early spring with a tiller. The garden produces much more than he and his wife Mary could ever eat. "I give a lot of it away and George (Schneider) gives some

of it to the old folks."

Berry, a born and raised Texan, grows "good old Texas corn", with ears that reach 12 inches or more and stalks about seven feet tall. He also nurtures okra and cotton, which traditionally grow in the South, and many other edible fruits and vegetables.

Berry planted the okra and cotton just to see if they would grow here. Last year's early frost prevented the cotton balls from fully developing, but he's proud of the white puffs hanging in the kitchen. "The okra was delicious," he beamed. "We fry it in corn meal."

Berry also boasts of 40 pound watermelons and ten pound cantalope, both of which were as "sweet as sugar."

To keep livestock from raising havoc, Berry has installed an electric fence around the perimeter to protect his hard work. However, there is little he can do about the abundant grasshoppers and potato bugs, since he is reluctant to use commercial insecticides.

Berry beams with pride when talking about his garden, for obvious reasons. According to him, there's nothing better than home grown food.



COTTON BOLL — Berry planted cotton in his garden last year just to see if it would grow. Sure enough it did, but frost got to it before it could fully develop. This year, he planted more, and is in hopes of displaying it at Kah-Nee-Ta just as a conversation piece.
Spilyay Tymoo Photo by Behrend

Extension Notes

from
Pennie Albrandt
and Clint Jacks



Keep cool with clothing

The amount of clothing people wear has a significant effect on their summer comfort. Although less clothing is usually cooler, other factors are important, too.

In hot weather, the body perspires. The perspiration evaporates, cooling the body. Clothing that will allow a good flow of air across the skin, loose garments with large neck and sleeve openings and styles that don't cling to the body are cooler to wear.

Absorbent fibers such as cotton, linen also help take perspiration away from the body. Blends of these fibers with manmade fibers make use of the absorbent property of cotton and linen.

Fabric constructions that are open will also allow perspiration to evaporate. Loose weaves and knits permit the passage of air for additional comfort.

Other tips for keeping cool with clothing: Wear light colors. Dark colors tend to absorb sunlight, while light colors

reflect it. Psychologically, cool colors like light blues and greens feel cooler than warm colors like orange, yellow, and pink.

Eliminate layers of clothing. Leave off undershirts, full slips, sport coats, and ties as much as possible. Layering blocks the movement of air to the skin.

Wear sandals or open shoes without nylons or heavy socks. Open footwear allows heat to escape and perspiration to evaporate. If you must wear socks, wear cotton ones.

Choose water-repellent rather than waterproof rainwear for summer. A raincoat that won't let water in won't let body heat and moisture out, either.

Wear a hat to shade you from direct sun. Choose a wide-brimmed straw hat or other fiber or construction that will allow air to move in and out.

Avoid wearing a lot of accessories like neck scarves and belts. These add extra layers that block air movement across the skin.



Fair tickets available

The Oregon State Fair is just around the corner and tickets at the door are \$3.00. Now you can buy adult tickets for \$2.50 at the Extension Office and support the 4-H Club Foundation at the same time. 50¢ from each ticket sold goes to the 4-H Club Foundation, plus you save 50¢.

Buy a ticket and come watch Warm Springs 4-H Demonstrations at the 4-H Center, Fair Grounds on the 30th of August. Only 100 tickets are available at this price so hurry!

Consumer Info

Various packets that include consumer information for shopping and buying housing and home furnishings, are now available FREE from the Warm Springs Extension Office. Stop by the Old Ad. Building and pick up your packet of information on any of the following subjects: Home Building, Home Remodeling, Home Heating Conservation, Kitchen Planning, Home Buying, Wood Furniture, Upholstered Furniture, Rugs and Carpets, Resilient Floor Coverings, Window Treatments, Mobile Homes, and Heating With Wood.

Save money on men's shirts

In a study on men's shirts in three price ranges, it was found that lower price shirts showed better quality in colorfastness, wrinkle-free appearance, and fabric strength. The difference between lower price shirts and higher price shirts was in construction failures at pockets, and hems on the lower price shirts.

To save money, buy lower

price shirts and reinforce pockets by sewing over the manufacture's stitching for the top 1/2-1 inch of the pocket with your sewing machine. To reinforce pockets even more, stitch a triangle at the top of the pocket about 2-3 stitches on each side of the triangle.

When hem stitching starts to wear, restitch the hem with your sewing machine.

Committees reviewed

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force. Should Tribal Council members or tribal employees be allowed to sit on committees? Should councilmen be ex-officio members?

Financial accountability is another fuzzy area that needs to be tightened up, feels Clements. Who should sign off on budget expenditures? If the chairman is responsible for maintaining the budget, then perhaps he should have sole authority for check-signing, with spending decisions made by committee action, suggested Clements. Too many fingers in the pie have made accountability almost impossible for some committees.

Meet and meet and meet

Accountability in performance is also a concern, especially in Ken Smith's mind. "Sometimes committees are producing," he said, "but sometimes committees just meet and meet and meet and we have to ask what they have accomplished....are the results worth the money budgeted?" (In the last ten years, over a

million dollars have been appropriated to committees).

Imbalances in committee workloads and productivity, overlaps in activities, and conflicts with tribal departments may be solved by some consolidation or elimination of committees along with the sorting out of committee and departmental responsibilities, said Smith. "It won't be easy. It will be a touchy thing," noted Smith but he assured that the finger was not being pointed at any individual or group. Instead, he hopes that some of the hard feelings that have developed during years of misunderstanding and duplication will be eliminated as expectations become more clear.

The committee review task force is due to present its recommendations to Tribal Council by September 1. Between now and then, committees, Council and management will be asked to do some soul-searching that may result in a sounder, more effective committee system.