

Cadets begin first week with research projects

(written by the youths participating in the Juvenile Department Cadet Program)

Drugs are harmful

There are many different types of drugs, and just about all of them can be harmful to the body. The age when a person usually starts taking drugs is when he or she is about kindergarden age. They will start out with sniffing and as they get older they will move to harder drugs.

The most common drug that is used on the Reservation is (1) alcohol, (2) marijuana, (3) prescription medicine and (4) sniffing.

When a drug affects a person, it affects them differently, mostly depending on the type of drug. Alcohol goes into the blood stream and takes about 10 to 15 minute to affect someone, depending on

if they ate or not.

Sniffing affects the lungs and takes about one minute to start affecting the brain. It will eat the brain cells and causes brain damage and it may kill you. Marijuana will usually take 5 to 10 minutes to affect you. It can make you hungry, or make you crave food.

There are many ways a person could take a drug, for instance they could "shoot it" "snort it" "smoke it", or even "drink it". A person won't do drugs unless they have someone else to do it with, and they will usually do it just to be the part of the group.

Carol Shadley
Dorothy Shadley
Lorraine Suppah
Leslie Charley

Alcoholism is treatable

Alcoholism is a drug which involves many races and ages. There are ways to get help on our Reservation in Warm Springs, Oregon. We have an Alcohol Outreach Program where people that go there are from court order or on a voluntary basis because their life has become unmanageable or they have started a drinking abuse pattern.

Some of the warning signs include the following: Blackouts, sneaking drinks, gulping drinks, frequent intoxication, resenting reference to drinking, morning-after discomfort, frequent blackouts, resent interruption of drinking occasion, guilt. Most people after day after day drinking depend upon it. They give more and more excuses.

The Alcohol and Drug Treatment Center helps the person to get a job and helps them with themselves awareness, nutrition and a deal they call holistic awareness, which involves the mind, body, and spirit. The mind—for information on why they are

drinking and the body—for their diet they give them only natural foods. The spirit—so the person who comes in on their religion and culture. The person who lives there gets two hours of individual counseling and two hours of group therapy.

The Alcohol Treatment Center has room enough for 18 people but will be making room for 26. They are considering a detox place for next year. Many people take antabuse who stay there. The antabuse is taken only when the patient and counselor consider it. That's for the in-patient. The out-patient takes antabuse for two months.

A.C.O. is a crisis counselor. The counselor goes out to help the alcoholic which has fallen off the wagon. There is also a labor manager who has workshops to other work places for bosses to determine or to find out if one of his employees has a problem so they can control it before it becomes a big problem.

Etta Arthur

Interview: Alcohol Counselor

The alcohol center, located on the Warm Springs Reservation, serves the residing people a place to go to if they have a problem with alcohol. The age groups are from 25-55. No one under the age of 18, stated Mr. Parker.

When a person gets put into alcohol program they sometimes do not like the rules they have to abide by, says Bob, because they won't be able to drink in this alcohol program while they are in here at any time. Every Tuesday and Thursday they have a meeting with the people that have been put in there and they discuss their problems about drinking and try to solve as much as they can.

There are two main reasons they talk about, says Bob, and number one is that they feel that they're worth nothing and, number two, they feel like that no one cares or loves them. The alcohol program has helped many people stop drinking but a few people that have been in there have not stopped drinking.

About 40 percent of the people do come back to this program, says Bob, because once they feel it's getting out of

hand, they come back for some help and try to solve the drinking problem they have. They also talk about their health and their body spirits that are really important to them.

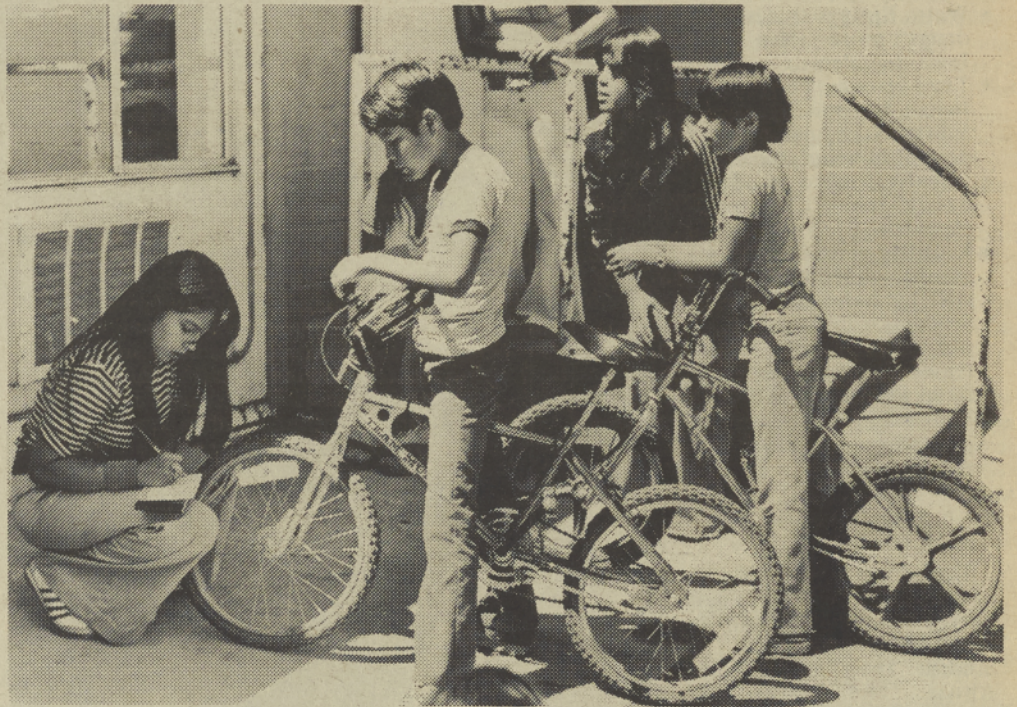
They all have certain chores they have to get done between 8 and 10 p.m. and all lights have to be out at 11:00 p.m. and no later than that, says Bob. Some of them get along pretty good and they have no problems on getting along with each other.

They also lose a lot of things that are close and dear to them once they start drinking again.

But once they are in this alcohol program they can sometimes get those back but they also feel like they lost their freedom, says Bob.

Bob says they don't lose their freedom at all because they get to do the things they want to sometimes and they still get to do all the Indian Cultural things like that because we have no right to say they can't, says Bob. They have the right to do the Indian activities because it's for the Indian and no one can stop them from doing it.

Ruthy Anderson
Lucinda Yazzie
Raymond Shike Jr.
Peco Courtney



Cadet Ruth Anderson recorded information on Sheldon Sutterlee's bike to aid in recovering it if it's stolen, while Larry Macy waits his turn. Cadets issue licenses to bike owners every Wednesday, although they find about four or five coming in each day. The cadets working with the juvenile department as part of the summer work program are: Peco Courtney, Ray Shike, Jr., Etta Arthur, Ruth Anderson, Carol Shadley, Dorothy Shadley, Lorraine Suppah, Leslie Charley, Lucinda Yazzie and Sheila Wahnetah.

Spilyay Tymoo Photo by Stwyer

Reports: The Tribal Group Home

The Group Home, located on Warm Springs campus is now in its ninth year of business. Any juveniles thirteen to eighteen years of age with any kind of problem are welcome to the group home, (whether a minor problem or have a family problem and need a place to stay).

The Group Home has a limit on how many juveniles they can take at one time, (I believe it's 12). During the day the kids attend summer school or work with various jobs they may find. Their privileges depend upon each juvenile's behavior, if they are cooperative and good they will be placed on level one, as there are three levels, later on mentioned.

For the first two weeks in the group home, the juveniles have no privileges and cannot leave the home alone unless it's absolutely necessary. It's very important for each and every child on the Reservation to know that the home is there for their benefit, and is exactly what it is, a home for all youngsters with a problem they need to be worked out.

The Tribal Court can only limit you to 90 days at the group home. Other than the one here, the closest group homes are at Portland and Prineville.

Most of the juveniles living there are from the Reservation. Very rarely do they get outsiders. Warm Springs is very fortunate to have a Group Home, most reservations don't. One of the advantages to having one on our Reservation is our court has some choices on what they do.

They can send them back home, foster care or to the group home, and if one don't work they could send them to another place and as a last resort, a state agency.

The other courts just send them home or to a state agency

without trying to solve the real problem, then the problem just gets worse and you lose complete control.

Another advantage is for good behavior. There are three levels: Level 1, special privileges and could check out for the weekend. Level 2, travel only with staff, Level 3, no privileges at all. Thursday all have meetings and discuss levels which they will be on for the week.

The Group Home is a good place for young people to go. There are many people you can go to and talk to there. Everyone tries to help each other. It is also a good place for families to go to. Families that have problems at home, such as children problems and maybe even drinking problems.

The Group Home is an interesting place to visit. You can talk to the kids that stay there and you can talk to the counselors. It's a good place, and it does help the kids that go

A majority of juveniles at the Group Home are there because of family problems or runaways or both. The Tribal Group Home is run on a psychological and physical therapy, like if someone had come in drunk they would first ask why did you get drunk instead of who got you drunk. So Warm Springs is really lucky to have a Group Home.

Raymond Shike, Jr.
Peco Courtney

there. It's not a place just for kids who get into trouble, but it's a place for everyone.

It's also like a shelter home. For instance, if you didn't have a place to stay, you could go there. The kids that do stay there have a set of rules they live by and it's up to them and the counselors that they live up to them.

The rules are strict but they are set up to help the kids and everyone else that lives there.

Carol Shadley

The Group Home is a place where the kids can go to when they need a place to go. Most of the kids are from the ages of 13 to 18. The group Home only limits 12 to stay there. The staff is 7, which have different shifts.

There are different levels but they all consider themselves as one. They have a two-week restriction when they first go in. Behavior depends upon what level they would be in. Level 1 is privileges for two hours of free time. Level 2 is when they can go somewhere, but only supervised by staff. Level three is no privileges at all. Every Thursday they evaluate the kids on what level they would be in. They also have daily

routine which goes from 6:30 to 7:00 in the morning which are various routines—I mean details which they have to do before they can go anywhere.

Most of the kids that come to the group home don't get along at their own home or was abused or neglected. The counselors try to work things out with the children and parent but they also work close to the police, judges and the parents for many of the kids who stay there have problems in those areas. The group home is not a detention hall or jail, it is a home. I believe we are very fortunate to have a place like that for kids to go.

Etta Arthur