

Ham Loaf In Candied Form Good

Spring is just around the corner but that doesn't stop home-makers from putting a few fresh touches on family and company meals.

Dull appetites become razor-sharp when whetted by this Candied Ham Loaf. Ground meats present many mealtime variations.

An intriguing menu that would complement this Candied Ham Loaf might include mashed sweet potatoes, buttered peas, Waldorf salad, cloverleaf rolls. For dessert you might like to serve a lemon layer cake with coffee or milk.

Ground meat works menu magic in that it has become a top favorite from savory sausage patties for a hearty breakfast to a glamorous meat loaf for a festive dinner party.

Candied Ham Loaf
 2 pounds ground ham
 1 pound ground beef
 2 cups whole wheat bread crumbs
 1 cup milk
 2 eggs, slightly beaten
 1 teaspoon dry mustard
 1/2 teaspoon salt
 1/2 cup brown sugar
 1/2 teaspoon ground cloves
 Soak bread crumbs in milk. Add eggs. Combine ground ham, ground beef, mustard, salt and bread mixture. Mix well. Mix together brown sugar and cloves and spread in bottom of 8x8-inch loaf pan. Pack mixture in pan. Bake in a moderate oven (350 F) for 1 1/2 hours. Turn upside down to serve.
 Yield: 10 to 12 servings.

Many Ways Told For Sour Cream

Nowadays guaranteed fresh, commercially soured cream is readily available at the dairy counter or from the milkman; it is a favorite garnish or delectable ingredient in many recipes.

Whipped sour cream makes a tangy garnish for such soups as pea, bean or beef. Add horse-radish and/or other flavoring and it becomes an excellent meat sauce. It is frequently used as the base for a fine tart cucumber sauce for fish. Add sour cream to the drippings from braised pork chops, veal chops or perhaps country fried round steak for a gravy that really can't be beat. Whipped or unwhipped sour cream is well-liked in salad dressing.

It also makes excellent sauces for vegetables; try stirring it into cooked, seasoned green beans; add bits of chopped pimiento for additional eye appeal.

In quick breads, cakes and cookies it can not only replace the milk called for but may replace part or all of the fat. In these baked products, soda is used to replace all or part of the baking powder (figuring 1/2 teaspoon soda to 1 cup of sour cream).

Sweet Muffins With Sour Cream Favorites

Wheat germ is added for taste and nutrition in these muffins:
Sweet Muffins
 1 cup brown sugar
 1/2 cup shortening
 2 eggs
 1 cup sifted all-purpose flour
 1/2 teaspoon salt
 1 teaspoon baking powder
 1 teaspoon soda
 1 cup sour cream, or soured milk
 1 cup wheat germ
 Cream the sugar and shortening; beat in eggs. Sift flour, salt, baking powder and soda. Add the dry ingredients to the creamed mixture alternately with the sour cream. Fold in wheat germ. Fill greased muffin tins. Bake in hot oven, 400 degrees, 15 to 18 minutes. Recipe makes 12 muffins.

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It's a Simple, Easy to Enter CONTEST . . .

Follow These Contest Rules . . .

1. The president or chairman of your organization must register your organization with an IGA store which makes each member eligible to win a prize for your organization.
2. Write in 25 words or less, how your organization would spend \$500.00 for your community. Each member in good standing will be eligible to enter this contest, and only one winner per club.
3. Each entry must show the name and address of the store where the member shops. Should your organization win a prize, the store listed on your entry will also win a prize.
4. Attach an IGA label (any IGA product) to each entry and mail on or before midnight March 15th, to:

COMMUNITY PRIZE CONTEST
 P. O. Box 1420
 Chicago 90, Illinois

Club Members Bonus Prize . . .

Salem IGA Stores will give a Bonus Prize to the individual member who wins a prize for their organization. \$50.00 in cash if they win the first prize for their organization, \$25.00 if their entry wins second prize and \$15.00 in cash if their entry wins the third prize for their organization.

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Employees of IGA Stores, Lana Lane Trailers, IGA Supply Depot and their families and persons under 18 years of age are not eligible to register. Prize gift drawing at Radio KGAY, 2220 Coral Avenue, Monday, March 11, 6 p.m. You need not be present to win.



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