Capital ${ }^{\text {d }}$ Journal BERNARD MAINWARING, Editor and Publish
GEORGE PUTNAM, Editor Emeritus
Published every ofternoon except Sunday at 280 North
Church St. Phone 4.6811

 There Are Capable Patients in the State Hospital The person worth knowing, from whom you can gain
Thing by acquaintance and conversation, is where $y$
him in the office, the college, the church, at your
a lot of places. And Jet us add, the mental hospital.
The usefulness of the person who is a patient in a The usefulness of the person who is a patient in a ment
institution, in a vast number of cases, is not at an end. He
she can work or play, enjoy friends, and, though mentally think deeply into lifes foibles and problems, its comedy an
tragedy, and its hidden meanings. Cravings lean to friendship More than before the truth of this appears after perusal of
some copies of "The Lamplighter," mimeographed magazin Hospital.
Mainly
verse, news its contributors are hookpital patients-comment
veriews-almost all the things found in any other periodical of school or institution. Some of the con-
tributors are members of the hospital staff. An article by Dr. T. Staprans mentions an improved public
understanding of those who are mentally sick. He stresses
freedom of the patients. Of this he says: reedom of the patients. Of this he says:
"It pertains not only to more freedom
hospital area, such as ground parole and other privlegeges, but more important, to the freedom of the pationt to feel at liberty
to expross all potentialitics hidden in his individuan personality. Tt has been customary in the past to conclude that people
entering state hospitals with mental and emotional problems erly, and, therefore, should be treated as irresponsible prop- indi-
viduals. of course, this is not true. Every one of them, with
(ew exceptions, sre respectable individuals, often having past successsul lives, professional skills, intelligence, and high
moral aspirations. Putting to work these assets of the individ ual patient helps him as well as others. One of the methods
of promoting his assets is in reassuring lim of freedom as much as possible. The idea is not just in giving the patient the right to adjust himself within the hospital's four walls,
its routine and personnel, but to learn to live as a successful Dr. Staprans goes into self-government among the patients
and mentions that several wards have promoted it success Among the best contributions from patients is under the caption We Saw the State Fair," where they visited exhibits
and attractions "without leash or restraint," to quote one of them.
Ida Boelimer, director of recreation at the hospital, com.
iments that "it is interesting to read how much is done in gits, how many civic and social clubs and organizations offer mentally ill.
"One of the best ways a group could help would be to invite patients to their home... One of their greatest concerns been hospitalized in $n$ mental institution
made to feel thy are useful and accepte Salem has its groups and individunis who help the mentally the Christmas spirit.
'The Big Thaw' in Russia
$\qquad$
 Wext hem Murning pormpone the history nh trategy, but there hass breen illtuo changze fla
 Bulganin and Khrushchev is more brilliant. more significant, ore desirable and more dangerous
Stalifn's"
"peaceful co-existence ever wis.
Mr. Sulzb
region affec
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Sovidet Uni
and Centr
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