

Spicy Sausage Combines Well

Sausage's spicy flavor makes it a logical combination with meat, vegetables, macaroni and noodles. Making one of these dishes is especially easy with the quick brown and serve sausages on the market today.

With such a combination dish, all that is needed to round out a good meal will be a salad of greens with crusty bread and a simple fruit dessert.

Sausage Creole
 1 package (1/2 lb.) brown and serve sausage
 1/2 cup rice
 2 tablespoons chopped green pepper
 1/4 cup chopped onion
 1 teaspoon salt
 1 10 1/2-ounce can condensed tomato soup
 1 cup water

Cook the rice in a covered skillet in boiling water for 10 minutes. Drain. Add the green pepper, onion, salt, water and soup (set aside 1/4 cup soup to be added later). Cover and cook slowly for 15 minutes, stirring occasionally. Place sausage over top of the rice mixture. Spread the remaining 1/4 cup soup over the top. Cover and cook 15 minutes. Serve hot from skillet.

Use Chicken and Turkey Bones in Soup

Don't throw away those chicken and turkey bones. Make a delicious soup with them. Or, if you are frying chicken, save the back and neck for this soup.

Chicken Bone Soup
 Ingredients:
 4 quarts water
 Bones from cooked or uncooked chicken or turkey
 1 tablespoon salt
 1/4 teaspoon black pepper
 1 stalk celery and leaves
 1 onion
 1 cup uncooked white rice
 Method: Put the water, bones, salt, pepper, celery and onion in a large soup kettle. Simmer for 2 1/2 to 3 hours. If bones are from an uncooked chicken or turkey, simmer until the meat left on the bones is tender.
 Lift out the bones, celery and onion. Cool quickly and store in the refrigerator until time to serve. Skim off fat when it congeals on top of soup.
 When ready to serve, add the rice. Bring the soup to a boil. Turn the heat as low as possible. Cover with a lid and leave over this low heat 20 minutes or until the rice is tender.
 Pull off any meat left on the bones and add to the soup before serving. Top with finely chopped parsley, if desired.
 This recipe makes about 12 one cup servings.

Bakery Specials

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Butterscotch and Rice Pudding Good

Rice desserts are always family favorites. Here is one with the butterscotch flavor.
Quick Butterscotch-Rice Pudding with Whipped Cream
 1/2 cup uncooked white rice
 1/2 teaspoon salt
 1 1/2 cups water
 1 cup milk
 1/2 cup sugar
 1 teaspoon vanilla
 1 package butterscotch instant pudding mix
 Milk as called for in pudding directions.
 Sweetened whipped cream, if desired.

Method: Put the rice, salt and water in a 2-quart saucepan. Bring to a vigorous boil. Turn the heat as low as possible. Cover with a lid and leave over this low heat for 14 minutes. Stir in the milk. Cook over this low heat 14 more minutes or until most of the milk is absorbed and the mixture is creamy. Stir in the sugar and vanilla.
 Make up the instant pudding following the package directions. Stir in the rice before the pudding sets. Cover and store in the refrigerator until time to serve.
 Serve with sweetened whipped cream if desired. Garnish whipped cream with chopped red or green maraschino cherries or toaster chopped nuts.
 This recipe makes 6 to 8 servings.

Hash of Turnips and Tuna is Good

Canned tuna combines nicely with many vegetables for tasty main dishes.
 Here is one using tuna and turnips.
Tuna-Turnip Hash (Makes 6 servings)
 1/4 cup butter or margarine
 1/4 cup chopped parsley
 1/4 cup chopped onion
 2 7-oz. cans solid-pack tuna
 1 1/2 cups sliced, cooked yellow turnip
 1/4 teaspoon thyme
 1/4 teaspoon salt
 Melt butter or margarine; add parsley and onion and cook until onion is lightly browned. Add remaining ingredients and heat to serving temperature, stirring occasionally.

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