### Barbecued Dish After Holidays

Here's a suggestion for a change from the holiday turkey — "Barbecued Lamb and Olives." The lamb is cut into cubes and cooked in a wonder ful, tangy barbecue sauce and onlons. Rich ripe olives are added just 15 minutes before serving. This is delicious served on hot steamed rice. Barbecued Lamb and Olives Barbecue Sauce:

- clove garlie 1 cup tomato catsup
- 1 cup water brown sugar
- 2 tablespoons brown sug \* (packed) 2 tablespoons Worcestershire sauce
- teaspoon salt 1 teaspoon dry mustard 1 teaspoon chili powder 1 teaspoon prepared horseradish Dash cayene pepper
- 1 pound lamb shoulder Oil

BEEF ROAST

BEEF STEAK

**GROUND BEEF** 

**SHORT RIBS** 

SIRLOIN TIP

Arm Cut - Blade Cut - Rump

### Parslied Vegetables

Cook 3 cups diced or alivered, raw white turnips together raw carrots in one inch boiling salted water, covered, for 20 minutes or until tender. Drain, saving liquor for soup or sauce

Meanwhile, melt 4 table spoons minced parsley, 1/2 teaspoon salt and dash of pepper. Pour over vegetables and mix lightly with fork. Six servings

### **Braised Celery**

Plenty of excellent quality celery. You've probably some left over from the relish tray or stuffing. Wash equivalent of 3 bunches of celery hearts and remove top leaves. Cut each head lengthwise through heart, making 6 pieces. Cut in half in necesary to fit casse-role. Arrange 1 medium on-ion, gliced, and 1 carrot, slic-ed, with generous sprig of par-1 pound lamb shoulder
Oil
6 small onions
2 cup ripe olives
Lay celery on top; dot with garbeneous spring of parsley in bottom of casserole. Lay celery on top; dot with tablespoon butter and sprinkle with salt and pepper. Add 1 cup for source of the companies of

RANDALL'S MARKET 1288 State St. Ph. 3-6489

### Shrimp Jambalaya Hit On Creole Cooking List



Shrimp Jambalaya - Creole dish for a buffet supper.

**в. 29**°

**в. 43**°

lb. 29°

**1b.** 55°

Shrimp Jambalaya
Ingredients: 2 pounds shrimp,
2 tablespoons salad oil, 1½ cups
diced smoked lezn raw ham
(sliced thin), ¼ cup butter or
margarine, 1 green yepper (chopped), 2 medium-sized onions
(chopped), 1 clove garlic (minced), 1 bay leaf (crumbled), 2
cups uncooked converted-typerice, 1 cup strained court bouillon (to start with), one No. 2½
can tomatoes, salt and pepper
and cayenne (to taste), onion
rings.

and cayenne (to taste), onion rings.

Method: Cook shrimp in court bouillon. Shell and devein. Heat oil in 12-inch skillet. Add ham and brown. Remove butter to remaining oil in pan. Add green pepper, onion, garlie and bay leaf: cook until onion is partly tender and lightly browned. Add rice; cook and stir constantly until browned. Stir in 1 cup court bouillon, tomatoes and reserved ham. Cover skillet and simmer, stirring with fork occasionally. boullion, tomatoes and reserved ham. Cover skillet and simmer, stirring with fork occasionally, about 30 minutes or until rice is cooked. Add salt, pepper and cayenne. If mixture becomes too dry before rice is cooked, add more court bouillon—you m ay need ½ cup extra. When rice is cooked, stir in shrimp; if shrimp are large, cut in two lengthwise. Turn into casserole; garnish with onion rings. Place in hot (425F) oven just long enough to heat shrimp—5 to 10 minutes. Makes 8 servings.

Court Bouillon for Shrimp Ingredients: 1½ quarts water, ½ stalk celery, 1 carrot (sliced), juice of lemon, 1 teaspoon salt, a few peppercorns.

Method: Put water in saucepan. Add all ingredients and bring to hoil. Add shrimp. Let water come to boil; simmer 2 to 5 minutes. Drain shrimp, reserving court beguillon.

utes. Drain shrimp, reserving

### Ranch House Stew Supreme

This beef main dish will oe a favorite with your family and especially with those "would be cowboys." They will love this way of eating their vegetables and meat together, and will beg to have this he-man dish-ranch house stew-again and again. Ranch House Stew

Ingredients: 14 cup flour 11/2 lbs. beef stew meat

(cut in 112-inch cubes)

cup water

2 teaspoons salt 4 teaspoon pepper 1 cup onions, coarsely

chopped a cup uncooked rice 2 cups sliced carrots 1 No. 2 can tomatoes

17 cups water

flour. Use all the flour. If any is left, sprinkle it over the meat in the skillet. Melt the butter or margarine in a skillet or large saucepan. Add the beef and brown well on all sides. Add the ½ cup of wa-ter, salt and pepper. Bring to a boil. Turn the heat down. Cover and simmer about 2 to 212 hours or until the meat is tender. During the last 45 minutes of the cooking time. add the onions, rice, carrots, tomatoes, and the 1% cups of water. Cook covered over a low heat until the rice is tender. Add additional water, if

Method: Roll the beef in the

desired, to make a thinner This recipe makes 8 gener ous servings.

A deliciously flavored warm beverage to delight small fry during holiday week; or any other time for that matter. Bet

Just scald 6 cups milk in

### Apple Crisp Is Tasty for Dessert

You'll like this easy apple Ingredients: One 1-pound crisp for the family dinner description of the

teaspoon cinnamon, % cup but-butter and work in with pastry

## food that's tops in

# GOOD GROCERY BUYS

VEGETABLES Stacks of Crisp, Fresh Vegetable Specials

10 lbs: Snoboy Deschutes 10 lbs. Boiling Onions

Spinach in cello bags .... 2 for 25 c Head Lettuce - Endive -

lomaine - Celery - Celery

Hearts - Tomatoes - Cauliflower - Broccoli -Radishes - Green Onions -Carrots - Turnips - Rutabagas - Green Peppers -Brussel Sprouts - Solid Cabbage - Parsnips - Yams Hubbard Squash - Sweet

Potatoes

**FRUITS** Rome Beauty Apples

3 m. 25c Yakima Delicious and Winesaps

Florida Pink and Hatural Grapetrult California Grapefruit Avecados - Tangerines

Tea Garden Preserves

Sunkist Oranges and Lemons

Apricot — Apricot-Pineapple Cherry - Grape - Apple Butter Large 24-oz. Jars Jar FREE with Dezen Assorted

Special on Peaches YELLOW PREESTONE

### SANTIAM CUT BEANS No. 303 ... 2 cans 43c WALLA WALLA PEAS No. 305 ... 2 cans 35c STARR WHOLE BOILED ONIONS ... 2 cans 45c HUNT'S TOMATO PASTE 6 or ... 3 for 25c A9c HUNT'S TOMATO JUICE 46 or. 2 for 49c SOLID PACK TOMATOES Hunt's 2 for 49c REAL BRAND PRUNE JUICE 24 or. 2 for 55c MANDARIN ORANGES 11 or. 2 for 33c OREGON PRUNES Large ...... 2 1bs. 49c S&W PRUNES LATE DATES 1 Ib. ...... 39c CAL. BLACK FIGS 12 07 23c 23c WONDERFOOD MARSHMALLOWS 16 02. . . . 29c BLUE BELL POTATO CHIPS Large box ..... 48c NESTLES MILK KRAFT SALAD OIL Full Quart 63c PLANTER'S COCKTAIL PEANUTS 2 cans 65c SUNMAID SEEDLESS RAISINS 15 oz. 21c SPRY SHORTENING 3 lbs. 89c MARSHMEL-O-CREME 10 02. 35c SKIPPY DOG and CAT FOOD 3 02.00. 25c LOG CABIN SYRUP 24 oz. 57c "ALL" DETERGENT 10-1b. pkg. \$2.69 SOIL-OFF 24 or 39c 12 Gal. 79c BOOK MATCHES 2 pkg. 29c DUTCH CLEANSER 3 cans 29c

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Blue Plate Cove Oystors 5 ex. 43c

Gillnetter Large Oysters 10 oz. 43c

Tiny Tot Sardines 2 cans 59c

Maine Sardines 3 cans 25c

Pacific Pearl

2 com 79c Pacific Pearl Smoked Oysters 2 cans 75c

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Sliced Beets No. 303

Tomato Juice 46-oz. can

PHEASANT

PHEASANT

Catsup

Aerowax

Ajax Cleanser

Occident Flour

Peanut Butter swift's

LIMIT

Green Beans No. 303 2 for 29'

L for LJ

2 for 25

10 lbs. 79

12-oz. **29**°

24-sz. 29

1/2 Gal. 30'

Salad Veg.

55c

MEAT

U. S. CHOICE AND GOOD Beef Roast Arm

**b.** 400

Sausage

₽. 49c

Chops & Steaks 15. 49

Quart 59° Shoulder Roast 1b.

<sub>в.</sub> 15° Stew

<sub>ո</sub>։1.19 Stewing Hens

FOOD MARKET

120 S. Lancaster Dr. - Ph. 3-4489

Prices Effective Fri., Sat. and Sunday

## **ROUND STEAK**

BONED SIRLOIN II. 63°

T-BONE STEAK Ib. 47°

18. 39c BABY BEEF LIVER

FRESH BEEF TONGUES or HEARTS ...... 29c

EASTERN OREGON HEREFORD LOCKER BEFF

FRONT QUARTER

Steak and Roast

HIND QUARTER HALF OR MHOLE

Lb. 241/2° Lb. 321/2° Lb. 261/2°

Ginger Cream Drink

father will like it, too. Goes well with any plain cookie or

Macaroni and Spaghetti Purex

double boiler; add 4 or 5 table-spoons honey and 1/4 to 1/2 tea-spoon ground ginger. Serve vith blob or whipped cream