

### A Peach Melba for Summer Day

This "Peach Parfait Melba" is a dessert that will really taste wonderful on a summer day. Notice how easily the peaches-and-cream molds go together. Start with a can of cling peach slices, a lemon, a package of flavored gelatin and a store-bought package of ice cream. It takes very little measuring and hardly any effort to put them together. At serving time, unmold and top with the fresh strawberry sauce. It's a pretty dessert to serve in glass dishes.

#### Peach Parfait Melba

- 1 package lemon-flavored gelatin
- 1 cup boiling water
- 1/4 cup syrup from canned cling peaches
- 1 pint vanilla ice cream
- 1 teaspoon grated lemon rind
- 2 tablespoons lemon juice
- 1 1/2 cups canned cling peach slices

#### Strawberry Topping:

- 2 cups strawberries
  - 3 tablespoons granulated sugar
  - 1/4 cup syrup from canned cling peaches
- Dissolve gelatin in boiling water. Stir in peach syrup. Add ice cream in chunks, and stir until it melts. Blend in lemon rind and juice. Chill about 15 minutes. Drain peaches thoroughly and dice. Unmold and serve with strawberry topping.

#### Barbecued Luncheon Meat in Quick Dish

For a hot weather treat, you'll like Barbecued Luncheon Meat with Corn. This is another one-dish delight which spares you all but a few minutes in the kitchen.

Of course, canned luncheon meat is good served cold. A favorite trick is to cut it in slices and toss with salad greens or other vegetables for a hearty meat salad. Or chop it and combine with bread crumbs and rice for a meaty stuffing for tomatoes, green peppers and egg plant. And luncheon meat shredded with a coarse grater adds a ham-like flavor to all sorts of favorite casserole dishes... macaroni and cheese.

- Speed Apple Glazed Meatloaf
- 2 12-ounce cans luncheon meat
- Whole cloves
- 1/2 cup firmly packed brown sugar
- 1/4 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 2 tablespoons vinegar
- 1 No. 3 can applesauce

Place meat together to form loaf in shallow baking pan. Score with sharp knife, making diagonal lines 1/4 inch apart. Place a whole clove in the center of each square. Combine brown sugar, cinnamon and nutmeg in saucepan. Moisten with vinegar and stir to a smooth paste. Add applesauce; blend well. Place 1/4 cup of applesauce mixture over scored meatloaf. Bake in moderate oven (350 degrees F.) 45 minutes. Heat remaining mixture and serve with meatloaf. Yield: 8 servings.

#### Delicious Sauce

Here's a rich delicious prune sauce to serve over hard ice cream: Combine a cup of chopped pitted cooked prunes with a cup of cooking liquid, 1/2 cup each crushed pineapple and brown sugar and 1 teaspoon cornstarch. Cook slowly about 5 to 10 minutes. Serve hot or cold.

#### For Lunch Pail

A small jar with a tight fitting screw top enables you to give the youngsters a flavorful treat of pineapple in their lunchboxes. Just spoon slightly drained tidbits into the jar. Then place two thicknesses of waxed paper over the top so it hangs over the edge a little and screw the lid on tightly.

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