

Creamed Shrimp and Eggs Always Good

Here is a dish that is simplicity itself to prepare. Loaded with good shrimp nutrients and flavor, serve it in "toast cases" for an added touch of interest.

- Creamed Shrimp and Eggs**
 2 1/4 tablespoons butter or margarine
 2 1/4 tablespoons flour
 1 1/2 cups milk
 salt and pepper
 1 to 1 1/2 cups cooked or canned shrimp
 4 hard cooked eggs
 6 toast case
- Melt butter or margarine in heavy saucepan. Add flour and stir until smooth. Add milk and cook over medium heat, stirring constantly, until thickened. Season with salt and pepper (you might also like to add a bit of Worcestershire or sherry). Add shrimp and sliced eggs and reheat. Serve in these:

Toast Cases
 Cut sliced bread in large rounds and press into muffin pans. Toast until brown in moderately hot oven, 375 degrees, (ten to fifteen minutes). Brush with melted butter or margarine before browning. Makes 6 servings.

Miniature Pot-Roasts

Braised beef shanks are pot-roasts in miniature. Brown them in lard or drippings in a heavy utensil. Then add 1/4 cup of liquid (tomato juice may be used), cover and cook slowly until they are tender — 3 1/2 to 4 hours. Add more liquid as necessary during cooking. About 45 minutes before the end of cooking time, add whole potatoes to the meat. When cooked thicken the liquid for gravy.

Dessert Trick

Here's a delicious quick trick with muscatel wine. Drain canned cling, peach halves and pineapple chunks. Place a peach half cup side up in a stemmed sherbet glass and fill with 3 or 4 pineapple chunks. Chill thoroughly. Just before serving, pour room-temperature muscatel over all. The dessert looks pretty and tastes superb.

Meal for 'Gang'

Next time junior announces that some of his cub scout chums are going to be on hand around high noon on Saturday, serve them some raisin and carrot salad set in scooped out hot dog buns, together with a hearty lima bean and tomato casserole. Prune cookies for dessert, and everybody's pleased as punch.

Hearty Bean Soup

A hearty lima bean soup never goes begging. Such a soup and a dessert is all that a truly good luncheon requires. A few thin slices of left-over frankfurters floating on top of the soup like sailboats give added interest and eating pleasure.

Broiled canned cling peach halves are wonderful standby to dress up meat loaves. For additional flavor and interest cover each peach half with a glaze consisting of 1/2 teaspoon each of honey and tart red jelly with a sprinkling of ground cloves. Broil as usual.

A different Taste

We think the creamed chipped beef we serve at our house has special charm. Just before it leaves the kitchen we add a generous amount of cubed avocado. You'll be pleasantly surprised with the richness and lovely color the semitropical fruit gives this entree.

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