

## Tuna Pie Good Dish

meal and round it out with a colorful tossed salad.

Tuna Spring Ple

(Makes 1 10-inch pie)
3 6% ounce cans white meat tuna
1 chicken boullion cube
\$4 cup boiling water
2 tablespoons butter or margarine margarine

cup all-purpose flour 4 cup heavy cream 3 medium-sized onions slices

1/4 cup grated Parmesan

% cup shredded Swiss

margarine over low heat; add tuna oil and flour and blend. Add chicken bouillon, cream and onion slices. Cook over low heat until thickened, stirring constantly. Remove onion slices; add cheese and stir until melted. Add lemon juice, chill sauce, salt, parsley and tuna; mix well. Pour into unbaked pie shell. Bake in moderately hot oven Bake in moderately hot oven (400 degrees) 30 to 35 min-utes, or until pastry is done and cheese is browned and bubbly.

Makes 6-8 servings.

### Try Low Calorie Party Suggestion

What could be more welcome to those of us who have to watch our waist lines than these fine-tasting "Low Calories Party salads?" Three cheers for these very special salads which have only 41 calories per serving. The teaflavored gelatin base gives a most alluring flavor and adds most alluring flavor and adds

no calories.

Low Calories Party Salads

1 (No. 2) can unsweetened
fruit cocktail

4 cup boiling water

1 teaspoon chopped fresh mint salad greens

For Spring

Canned tuna goes glamourous in this delicious recipe for Tuna Spring Pie.

Company coming for supper tonight? Serve this wholesome meal and round it out with a colorful tossed salad.

Salad greens

Drain fruit cocktail thoroughly. Pour boiling water over tea and allow to stand 3 to 4 minutes. Remove tes bag. Soften gelatin in lemon juice and dissolve in hot tea. Stir in juice from fruit cocktail. Cool until slightly thickened. Stir in mint and fruit. Spoon into individual models. fruit. Spoon into individual molds and chill until firm. Unmold and chill until firm.

Makes 5 (-ounce) individual 41 calories per serving.

Sandwich Filling Uses Easter Eggs

Egg salad sandwiches, fortunately, are among the fa-vorites of sandwich eaters and here are ways of using up some of those colorfully dyed Easter eggs after they've ser-ved their decorative purpose.

1 tablespoon lemon juice
2/2 to cup chill sauce
2 tablespoons chopped parsley
2 tablespoons chopped parsley, 2 tablespoons chopped sweet pickles or drained pickle relief, well-chilled

Drain tuna, reserving 3 tablespoons oil for use in cheese sauce. Dissolve chicken bouillon cube in boiling water. In a saucepan, melt butter or margarine over low heat; add tuna oil and flour and blend.

Yed their decorative purpose.

Combine 4 hard-cooked finely chopped eggs with 2 tablespoons chopped sweet pickles or drained pickle relief, we consider their decorative purpose.

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Combine 4 hard-cooked finely chopped eggs with 2 tablespoons chopped parsley, 2 to 3 tablespoons salad dressing. Add to taste. Spread for 5 sand-wiches or 10 slices of bread.

Egg Salad Varations

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Egg and Bacon. Add 4 slices crisply cooked chopped bacon to filling.

Egg and Olive. Add 2 table-spoons chopped green olives

to filling.

Egg and Deviled Ham.

Spread deviled ham on bread and top with Egg Salad Sandwich filling.

### **Peanut Butter in** Biscuit Adds Bit

Aside from the food values, peanuts have decided appeal on the basis of flavor. They are especially good when baked in cookies, cakes, biscuits or rolls. Here we use peanut butter. Feanut Butter Biscuits

2 cups enriched flour, sifted
4 teaspoons baking powder
4 teaspoons peanut butter
2 tablespoons shortening
Milk

Sift dry ingredients and rub avored gelatin base gives a sort alluring flavor and adds to calories.

ow Calories Party Salads

1 (No. 2) can unsweetened fruit cocktail

4 cup boiling water

1 tea bag
1 envelope (1 tablespoon plain gelatine
2 tablespoons lemon junce

Sift dry ingredients and rub the peanut butter and shortening into the flour with tips of fingers. Make a well in this dry mixture and, stirring from center, slowly add enough milk to make a soft dough. Knead slightly, pat to about ½ inch thickness on lightly floured board. Cut in rounds. Bake in 400 degree oven for 15 minutes or until lightly browned.

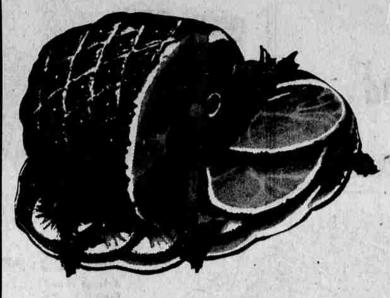
... the first yellow margarine with food value in every single ingredient!

Everything in today's Nucon is good for you! No henzoute preservative, no synthetic flavor! Even any color comes from Nature, from golden savotene, rich in vitamin A. Delicious, fresh-tasting Best Mayonnaise. Next time you buy, buy NUCOAl



FIRST IN QUALITY

ALL Nutrition! ALL Natural Flavor! Always Thrifty!



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# STEAKS

SIRLOIN T-BONE

ORCUTTS MARKET and STATE STREET MARKET will be closed Easter Sunday. VISTA MARKET will be open for your convenience.

IGA VEGETABLE

Sno-Kreem Shortening

3 Lb.

BETTY CROCKER

YELLOW

IGA STANDS FOR FANCY QUALITY WITH MONEY BACK GUARANTEE Asparagus Tonder Spoars CORN It's Fancy PEACHES IGA Ripe 'n' Ragged
Heavy Syrup—Tastes Like "Home Canned" RAISINS Soodless



Large Bottle (Plus Bottle Deposit)

EASTER HAMS



Featuring Armour's Star - Swift's Premium Rath's - Cascade - Nebergall's - Morrell's Pride - Hormel's Ready to Serve - Morrell's E. Z. Cut, fully ready to eat. - All sizes, 10 to 16 pounds.

ARMOUR'S

SLICED BACON Pound

FRANKS

Skinless

Link Sausage

12-oz.

Colored Pan Ready

**Fresh Fryers** 

1-16. 14-ox

SPECIAL PRICES EFFECTIVE FRIDAY, SATURDAY, SUNDAY, APRIL 3-4-5

Whole Marshall Frozen

# STRAWBERRIES 12-02. 1

**Apple Sauce Fruits for Salad** Pumpkin **Hot Roll Mix** BAKER PREMIUM 1/2-lb. 43c Chocolate DROMEDARY MIX 14-0Z. 27c **Gingerbread** 

2-lb. pkg. Fisher's Cake Flour FREE! With purchase of

**Blend Flour** 

Cherries ₩ 24c QUALITY HALL ... 24c **Saladettes** TAYLOR **Sw. Potatoes** 

IGA SLICED Ma. 2 29c **Pineapple** WHITE STAR

can 29c Tuna Bifo Size BAKER PREMIUM Pkg. 29¢ Cocoanut

OCEAN SPRAY CRANBERRY

Serve with Chicken or Turkey

TREE TEA SPECIAL



TREE 48 bags 1/2 lb. pkg. ... Less 10c with Coupon Mailed to You

CAMPFIRE MARSH-MALLOWS PEPSODENT TOOTH

VERNELL'S, 7-oz. Pkg. BUTTERMILK CANDY

49c

.63c

Reg. 47c 69°

CRACKERS Lb. Pkg.

IGA Reserver the Right To Limit Quantities

**Mixed Fruit** 



VISTA

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IGA STORE AT 1230 STATE STREET **ORCUTT'S** 

IGA STORE AT