

Frosting Suggestion

To keep in step with the times, the newest thing in cake 1 teaspoon vanilla topping is Mock Coconut Frost- 1½ cups corn soya shreds times, the newest thing in cake

LING COD

Ib. 67°

POULTRY

FRESH FILLET OF RED SNAPPER LL 39

FILLET of SOLE LD. 59

Pan Ready

FRYERS

Mock Coconut Frosting

2 egg whites

1% cups sugar

11/2 teaspoons light corn syrup cup cold water teaspoon salt

ing. As its name implies, no coconut is actually used. Golden brown corn soys ahred is substituted.

The flavor, slightly nuity, is combined in the flavor, slightly nuity is constantly with the flavor, slightly nuity is constantly with the flavor, slightly nuity is constantly with the flavor of the flavor of

FRESH FISH ... THE FINEST IN TOWN!

FRESH CHINOOK SALMON

.....Lb. 29 | SALMON By the piece, Lb. 49c

FRESH 4 to 6 lb. Av. Baking Turkeys Lb. 79

216 N. Commercial

NOW! Remove tarnish in seconds without rubbing

Oven-Ready Hens

Dressed end Drawn

Peach Lemon Cups Favorite Dessert

One of our favorite desserts for now is "Peach Lemon Cups." Each serving has a canned peach half in lemon of the rosy meat for followcustard in the bottom and is covered with a delicious cakeup meals. That kind of lucky like layer. Turn these out of break makes a cook feel happy their baking cups to serve.

with you.

for keeps.

Asparagus

servings.

gus has a fresh springlike look.

Tastes that way too. And it's ready in about 20 minutes thanks to that quick soup

sauce). You'll want this recipe

cup cubed cooked ham

1 pound asparagus spears, cooked (fresh, frozen or 1

No. 2 can)

Mushroom Creamed Ham on

Peach Lemon Cups
4 to 5 canned peach halves
2 tablespoons butter or mar-

garine % cup sifted all-purpose flour

teaspoon salt tablespoons lemon juice teaspoon grated lemon rind...

% cup milk

2 eggs Drain peaches thoroughly and dice enough to make 1 cup Melt butter and blend in sugar, flour and salt. Stir in lemon juice, rind and milk. Separâte eggs. Beat egg whites until stiff; beat yolks slightly. Add yolks to batter and mix well; then fold in whites. Fold in peaches. Pour into greased custom of the stiff of

tard cups and set in pan of hot water. Bake in moderate oven (350 degrees F.) 35 min-utes. Cool thoroughly. Turn

recommended that we eat it at least once a week. Liver is a bargain in good nutrition at almost any price.

Here's a way of pleasing the family and of stretching 1½ pounds of sliced beef liver to make six servings.

Liver Patties

pounds sliced beef liver eggs

Sliced Halibut 53

cup cracker crumbs teaspoons salt

4 tablespoons butter or mar-

Drop liver silces into bolling sugar with the hot rice and water, turn off heat and let stand 2 minutes or so; drain, remove outer membrane and thick veins from liver silces, crief liver and combine with unbeaten eggs, cracker crumbs mixture into a greased dessert and salt. Shape into 6 large or mold. Or, after chilling, serve in individual dessert dishes and pan-fry in skillet in 2 ts.

about 8 minutes, until sort and yellow. Sprinkle ½ cup of flour over them and stir lightly until blended. Add 2½ cups milk and cook over moderately low heat, stirring constantly until sauce boils and thickens. Add salt and pepper to taste and pour over liver patties. Six servings.

After Easter Leftovers Ham on Easter, then the rest



Cream Ham (left from Easter) in a scrumptious quick sauce made with condensed mushroom soup. Serve over buttered asparagus on crisp toast.

Hot Fudge 1 can (1% cups) condensed cream of mushroom soup % cup milk Sauce on tablespoons diced pimento Rice Dessert

sweet rice dessert with a hot over their servings.

How yummy and good, to dribble a hot and chocolaty sauce over a snow white and chilly deligious. This receipt the springer of the sauce over a snow white and chilly deligious. With Liver Patties

Nutritionists constantly remind us of the importance of liver in our diet. It is so important, in fact, that it is highly recommended that we sat it at ingredients for Cooker.

3 cups hot cooked rice 1/2 cup beet or cane sugar 1/2 pint whipping cream ½ teaspoon vanilla Ingredients for Hot Fudge

1 tablespoon butter or

margarine 1 ounce (square) unsweet ened chocolate

14 cup boiling water

1 cup beet or cane sugar 14 teaspoon vanilla

teaspoon salt
Method for making Sweet

garine Rice: Thoroughly mix the Drop liver slices into boiling sugar with the hot rice and

Creamy Onion Sauce

Cook 1½ cups onions in ½
cup of butter or margaine for about 5 minutes, until soft and sir until the chocolate and stir until the chocolate and sir until Soft and Soft and

water graually, stirring constantly. Heat to boiling. Add the sugar and simmer stirring until dissolved. Add the vanilla and salt. This receipe makes 1 cup hot fudge sauce.

Rice Dessert

When a treat for the gang is the order of the day or when the dessert problem is staring you in the face, reach for the rice box and fix in a jiffy, this simply marvelous sweet rice dessert with a hot over their servings.

One of the reasons that "Stuffed Prune Salads" continue to be popular at our house is that we vary the fill-ing from time to time. The re-cipe given below is a long-time favorite and makes a very pretty salad. Select large prunes or else allow several more per serving and fill with the carrot, pineapple and coconut filling. Top with garnish of mayonnaise.

Stuffed Prune Salads

16 large cooked prunes cup grated carrot 1/2 Cup crushed pineapple 2 tablespoons shredded

coconut teaspoon salt

Salad greens Mayonnaise

Slit each prune down one and pan-fry in skillet in 2 ta-blespoons butter or margarine; rice until firm.

Method for Making Hot conut and salt. Stuff prunes side until brown.

Method for Making Hot conut and salt. Stuff prunes side until brown.

Variations. For Cake Frosting

Today we turn to the experts when it comes to luscious trimmings for cakes. Home economists for western beet sugar products devoted a great deal of time and careful study developing many quick, sure, easy-to-make frostings and we've picked out a special one to decorate your spring-time table. First, however, let's review, with the sugar experts, some basic rules for good frost-Strawb. ing.

Assemble all ingredients to be used in recipe; measure in standard measuring cups and

Choose a cooking pan large enough to allow contents to boil freely w hout running over. Pan should have a tightfitting lid.

Dissolve sugar, stirring well with other ingredients before placing over heat. Hot liquid

Cover pan during first 5 minutes of cooking; steam inside til cool, about 2 minutes.

melts down stray crystals from sides of pan and prevents grain

Use a clean spoon each time frosting is tested for doneness, otherwise undissolved sugar crystals may, find their way into the frosting and make it

sugary. Don't stir the syrup. Cook frostings a degree or so higher, a firmer stage, in rainy weather.

Beat boiled frostings vigor. ously to make them light and fluffy. Use electric or rotary beater first, then beat with a spoon. Continue beating until frosting is firm enough to

Strawberry Frosting A generous topping for large angelfood or sponge cake.

In top of double boiler com-bine I cup sugar, ½ cup sliced fresh or frozen (thawed and drained) strawberries, ½ teaspoon salt, I egg white at room temperature; beat with rotary or electric beater to blend well and dissolve sugar.

Place over boiling water and continue beating until frosting stiffens and holds its shape; about 4 minutes. Remove from

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