## Capital Women

Edited by MARIAN LOWBY FISCHER

Announcement is made by Mr. lies and weekly new and Mrs. Chester G. Parke of be given . . . Announcement is made by Mr. and Mrs. Chester G. Parke of the engagement of their daughter, Miss Mary Evelyn Parke, to Lt. Robert Elwood Graf, U. S. army, son of Mr. and Mrs. Ben D. Graf of Portland. A June wedding is planned. Miss Parke is studying voice in Pasadens. Calif. Lt. Graf attended Oregon State college where he is a member of Phi Sigma Kappa. He is a graduate of West Point and is now doing graduate work at California Institute of Technology following his return from two and one-half years duty in the Philippines.

MILITARY ORDER of the Modern of the Durnle Heart suxiliary is meet-

Purple Heart auxiliary is meeting with Mrs. Eimer Byer, 2410
North Fourth, at 8 o'clock on Wedding Tuesday

Wedding Tuesday social time.

### Today's Menu

FAMILY DINNER Boneless Pork Shoulder Butt Lemon-Glazed Carrota Baked Potatoes

Creamed Spinach Bread and Butter Cookies Beverage Lemon-Glased Carrots

Ingredients: 1 bunch (7 to 10) medium-size carrots, ½ cup boiling water, ½ teaspoon salt, ¼ cup lemon juice (1 large lem-on), 4 tablespoons sugar, 2 tablespoons butter or margarine.

Method: Pare or scrape car-

rots and cut into coin-shaped slices about 14-inch thick. Put in small saucepan and pour wa-ter over them; add salt, cover and cook rapidly until barely tender-about 5 minutes. Remove carrots with slotted spoon move carrots with slotted spoon. To liquid remaining in saucepan, add lemon juice, sugar and
butter; stir until sugar is dissolved. Boil gently, stirring several times, until sauce is reduced to about % cup. Add cooked
carrots and reheat rapidly,
watching carefully, until sauce
is almost entirely reduced and
carrots are glazed; this will take
only a few minutes. Makes 3
to 4 servings.

Dr. Will J. Thompson Optometrist. Office Reopened at Riverdale Examination in Afternoon or Eve. by Appointment Fer Appointment Phone 4-4057

## Miss Ruth Holtzman and Wed in Portland Rites

YOUR FURNITURE LIKE NEW Phone 2-7001 4020 State St



Monthly Recital

Wednesday Evening

\$2995

Fourth in the series of monthly recitals presented by the Salem Federated Music clubs will
be Wednesday, March 11 at 7:30
p.m. at the Willamette university music hall.

Students appearing are: Cheryl Fleischman, Jane Porter, Susan Humphreys, Jo Anne Hicks,
Linda McClaughry, Rollin Beaver, Opal Vaughn, Mary Jane
Wilson, Sandra Cords, Valerie
Green, Diane Cooley, Manetta
Moore, John Gibbens, Jacqueline

Betty Fags.

Counsellors represented are
mrs. Alice Arnold, Miss Ruti
Bedford, Miss Gladys Biue, Mrs.
Ronald Craven, The Crescende
Club, Mrs. David Eason, Mrs. J.
N. Francis, Mrs. C. C. Gilbert
Mrs. Harvey Gibbens, Mrs. David Eason, Mrs. Frank Parcher,
Mrs. Frank Parcher,
Mrs. Alice Arnold, Miss Ruti
Bedford, Miss Gladys Biue, Mrs.
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Service Arnold, Miss Gladys Biue, Mrs.
N. Francis, Mrs. C. C. Gilbert
Mrs. Harvey Gibbens, Mrs. Frank Parcher,
Mrs. Frank Parch

NEWS FOR WOMEN

AN Ambassador Pashions ORIGINAL

Pert and Polka Dotted

With the new spring spirit of youthful simplicity! Dot on detachable linen collar and pep-lum tab. Two-piece effect. Of fine rayon masterpiece. Navy-Black, 121/2-241/2.



## Youthful Elegance SUBTLE FIGURE FLATTERY BY

## Ambassador Fashions

That two-way, all-purpose ensemble—of fine rayon masterpiece. A complete dress, smart and youthful for every occasion. With its own bolero, it's a complete ensemble. Contrasting linen trim on jacket and dress. Navy and black, 12½-24½.

IN SALEM, IT'S

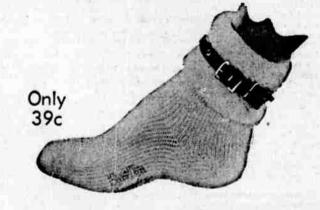


# IT'S NEW!



She'll Be Your Slave for Life in This New Dog-Collar Leather

> ANKLET See It at Miller's This Week



Bonnie Doon Sock Collar on Snuggler

HOSIERY DEPARTMENT

lillers

# Harold H. Saltzman Are

Mrs. Flynn Faught, grand representativ.

Set for March 28 and 29 in Salem is the annual spring workwho will attend are: Hanna Rosa of for Oregon Press Women will attend are: Hanna Rosa of the Court — Mrs. Donald Patton, royal matron; Joseph Johnston, royal patron; Mrs. Brownie Bangert, associate matron; Paul Gilpert, associate matron; Paul Gilpert, associate matron; Paul Gilpert, associate matron; Paul Gilpert, associate patron. Cherry president of the group . The Court — Mrs. Carl Guenther, morning and afternoon sessions on that Saturday will be given group in the pattern of the group and Mrs. Helen McLeod presented him with a gift. Other guests were Mrs. Elsie Townsend, vice-president of the Ladies Auxillary Patriarchs Militant of Oregon Press Women for the Ladies Auxillary Patriarchs Militant of Oregon; Lynn Hill, district deputy grand patriarch of the Ladies president the past year; Carroll Monroe street. A buffet luncheon Ford, the secretary-tresaurer.

Set for March 28 and 29 in Mrs. Helen McLeod presented him with a gift. Other guests were Mrs. Elsie Townsend, vice-president of the Ladies Auxillary Patriarchs Militant of Oregon Press Women and Mrs. Helen McLeod presented him with a gift. Other guests were Mrs. Elsie Townsend, vice-president of the Ladies Auxillary Patriarchs Militant of Oregon Press Women were Mrs. Elsie Townsend, vice-president of the Ladies Auxillary Patriarchs Militant of Oregon Press Women were Mrs. Elsie Townsend, vice-pressident of the Ladies Auxillary Patriarchs Militant of Oregon Press Women and Mrs. Stuart Johns, 3790 Mrs. Helen McLeod presented him with a gift. Other guests were Mrs. Elsie Townsend, vice-pressident of the group and Mrs. Helen McLeod presented him with a gift. Other guests were Mrs. Elsie Townsend, vice-pressident of the Ladies Auxillary Auxillar Court — Mrs. Carl Guenther, morning and afternoon sessions for yal matron; Elmer T. Boyer, on that Saturday will be given over to workshops dealing with Cabe, associate matron; Robert Nickens, associate patron.

Duo Engaged

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Committee for the group among dailowing the business session.

HOSTESS to the Drama class on Tuesday will be Mrs. Merrill A wedding for Tuesday evening will be that of Miss Lee Shepard and David Chamber-noon.



## "Hot flashes" of change of life stopped or strikingly relieved

in 63-80% of the cases in doctors' tests!

Those suffocating "heat waves"
— alternating with nervous, clammy feelings — and accompanied often by restless irritability and nervousness — are well-known to women suffering the functionally-caused distress of middle life "change"!

You want relief from such suf-

of middle life "change"!
You want relief from such suffering. And—chances are—you
can get it. Thrilling relief!
Thanks to two famous Lydia
Pinkham medicines!
"Indoctors' tests, Lydia Pinkham's
compound and Tablets brought
relief from such distress in 63 and
40% (respectively) of the cases
tested. Complets or striking relief!
Amazing, you say? Not to the
many thousands of women who
know from experience what these
Lydia Pinkham medicines can do!
Their action—setually—is very

Their action — setually—is very modern. They exert a scientifically calming, soothing effect!

Try Lydia Pinkham's on the basis of medical evidence! See if you, too, don't gain blessed relief from those terrible "hot flashes" and weakness so common in "change of life."



Santa Carrie