

Good Fillings For Sandwiches, Easy to Make

Here is an idea that will delight the children, yet it is planned to save time and effort for busy mothers. Individual lunches are packed in clean sandpails, which with the accompanying shovels, may be used for later play. A variety of delicious and nourishing sandwiches are suggested, using both whole wheat and enriched bread. Baker's cookies accompany the ice cream dainties for dessert. Celery or carrot sticks are included for taste and texture contrast, and milk is provided for the beverage. The foods are wrapped in gay waxed paper and tucked in the pails with the sandwiches on top. Children's lawn or beach parties offer excellent opportunities for this novel lunch idea. On housecleaning, washing, or ironing days the family youngster can be sent to the backyard, or neighborhood park, carrying their lunches, thereby giving mother an opportunity to work without interruption.

sandwiches.
Egg Salad-Olive Filling
 6 hard-cooked eggs, chopped
 2 tablespoons sliced, stuffed olives
 1/4 cup mayonnaise
 1/2 teaspoon onion salt
 1/2 teaspoon salt
 Dash pepper
 1/4 teaspoon dry mustard
 1/2 teaspoon Worcestershire sauce
 Combine chopped eggs, olives, mayonnaise, onion salt, salt, pepper, mustard and Worcestershire sauce.
 Yield: 1 cup, or filling for 5 sandwiches.

Date-peanut Butter
 1/2 cup chopped, pitted dates
 1/2 cup peanut butter
 1/4 cup mayonnaise or salad dressing
 Combine dates, peanut butter and mayonnaise.
 Yield: 1 cup, or filling for 5 sandwiches.

Cottage Cheese - pineapple
 1/2 cup cottage cheese
 1/4 cup crushed pineapple
 Combine cottage cheese and pineapple.
 Yield: 1/4 cup, or filling for 4 sandwiches.

A Salad to Make For Large Group

For a large crowd, here's a tasty salad dish to prepare:
Deviled Cabbage Salad
 (Serves 50)
 5 1/2 lbs. eggs, hard-cooked
 3 tablespoons sugar
 1 1/2 tablespoons salt
 1/2 cup brown mustard, prepared
 1/2 cup vinegar
 1 cup mayonnaise
 1 gallon cabbage, shredded
 2 cups sweet pickles, chopped
 12 1/2 lbs. tomatoes
 50 cups lettuce
 Watercress
 Crackers
 1. Mash egg yolks fine; add sugar, salt, mustard, vinegar and mayonnaise. Blend well.
 2. Chop egg whites. Combine with cabbage and sweet pickles; blend into egg yolk mixture. Chill.
 3. Cut tops off tomatoes; scoop out insides. Refill with cabbage mixture. (Use leftover tomato in soup or stewed tomatoes.)
 4. Serve on crisp lettuce. Garnish with watercress if desired.
 5. Accompany with crackers.

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