

Capital Journal

Salem, Oregon, Thursday, June 21, 1951

FOOD SECTION

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Let's Celebrate!



Fourth of July, the first holiday of summer, is one that demands a celebration. It's a day for little parties at home. The 'teen-agers especially look forward to a gathering of friends, perhaps to watch the evening fireworks, and to partake of light refreshments.

Red, white and blue crepe paper nutcracks or other novelty, as a table decoration, lend a festive air. You might serve small cakes cut in star shape and, of course, a refreshing beverage.

On a warm evening ginger ale is truly thirst-quenching and cooling. Any good drinks can

Tropical Torte Topped with Icing, Coconut

This delicious Tropical Torte is a light, smooth two-layer cake, filled with a tasty, mellow custard mixture, topped with a creamy vanilla icing and fluffy, snow-white coconut.

Layer Cake
 1/2 cup butter or margarine
 1 1/2 cups beet or cane sugar
 3 eggs
 3 cups cake flour
 4 1/2 teaspoons baking powder
 3/4 teaspoon salt
 1 cup milk
 1 1/2 teaspoons vanilla extract.

Cream together butter or margarine and sugar. Add eggs one at a time, beating after each. Sift together flour, baking powder and salt. Add alternately with milk to creamed mixture. Add vanilla extract. Pour into 2 greased 9" layer pans. Bake in moderately hot oven (375°F) 25 to 30 minutes. Cool 5 minutes. Remove layers from pans, cool on wire rack.

Custard Cream Filling
 1/2 cup cane or beet sugar
 2 tablespoons flour
 Few grains salt
 1 cup milk
 2 egg yolks
 1 teaspoon vanilla extract

Mix together sugar, flour and salt. Scald milk; add to sugar mixture. Cook over boiling water, stirring constantly, until thick. Beat egg yolks; add hot custard mixture. Cook over hot water, 3 minutes, stirring constantly. Add vanilla extract. Cool.

Boiled Icing
 1 cup beet or cane sugar
 1/2 cup water
 1 teaspoon vinegar
 2 egg whites

be made from fresh fruit juices, combined with ginger ale, the ginger ale adding zest to the drinks. Here is a delightful drink that you can make with fresh or quick frozen raspberries.

Red Raspberry Julep
 1 cup raspberries
 1/2 cup lemon juice
 Ginger ale
 Press raspberries through the food mill or sieve. Add lemon juice. Divide among 3 tall glasses. Fill glasses with ice cold ginger ale. Stir gently to mix.

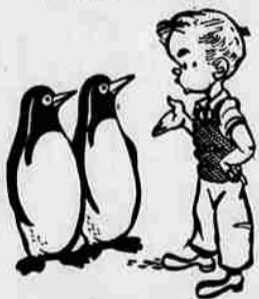
1/4 teaspoon vanilla extract
 Boil together, sugar, water and vinegar to 238°F., or until syrup spins a long thread. Beat egg whites stiff; gradually add syrup, beating constantly until frosting holds shape. Add vanilla extract. Fold into Custard Cream Filling.

Cold Salads Tasty For Summer Meals

For variety in your summer menus try these tempting recipes. There is nothing better on a hot day than an ice cold salad.

Green and Yellow Salad Bowl
 3 hard boiled eggs
 6 green onions
 French dressing
 Assortment of salad greens (lettuce, endive and water-

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cross broken in generous pieces)
 Arrange salad greens in salad bowl with eggs cut in wedges, green onions placed at random and French dressing poured over the entire contents. Serves 6.

Frozen Pear Salad
 Lay drained canned pear halves in refrigerator tray.

Spread with 2 packages cream cheese whipped with five tablespoons French dressing and a little pear juice. Freeze and serve on salad greens.

Seashore Salad
 4 oz. macaroni
 3/4 cup grated tuna
 1/2 cup diced celery

1/2 cup diced sweet pickles
 1/2 cup dressing
 Chopped parsley
 Salad greens

Add 1 tablespoon salt to actively boiling water (3 quarts). Gradually add macaroni and cook until tender (about 10 min.) Drain and rinse in cold

water. Drain thoroughly. Combine macaroni, tuna, celery, pickle and salad dressing. Toss lightly to mix well. Arrange on salad greens in bowl or on individual salad plates. Sprinkle with chopped parsley. Chill.

Shoestring potatoes are good with this salad.

Try Junior's Foods
 When you reach for junior's chopped beets for his dinner, take a can or jar for your dinner, too. Add some butter, seasonings, a little sugar, vinegar and chopped parsley to junior chopped beets. Or, you will find

heated junior chopped green beans with crumbled crisp bacon, diced hard-cooked egg and seasonings added, good eating. Perked up with seasonings or spicy sauces, many of the junior chopped vegetables make good dishes for mom and dad.

food values

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The VISTA MARKET



We give you MORE FOR EVERY MEAT DOLLAR YOU SPEND!

SWIFT'S	Shoulder	No Internal Bone	Pork
EASTERN	Roast CENTER CUT	Pork Loin Roast	Sausage 100% PURE
PORK	45c lb.	69c lb.	45c lb.

SWIFT'S	Pot Roast	Short Ribs	Sirloin Steaks
U.S. CHOICE	No Internal Bone	LEAN AND MEATY	Well Trimmed
BEEF	74c lb.	39c lb.	89c lb.

ARMOUR'S	DUBUQUE'S PICNIC	DUBUQUE'S MISSISSIPPI
Bacon Broken Slices	HAM Fully Cooked lb.	Sliced Bacon
25c lb.	49c	49c lb.

THE HAM WITH A FINE FLAVOR

NEBERGALL'S SKINLESS	KRAFT'S MILD CHEDDAR CHEESE	Fresh Fryers PAN READY
WEINERS Cell-Pack lb.	59c lb.	1.19 and 1.39 Each

LEG O' SPRING	CUTLETS AND CHOPS	VEAL CROWN ROAST
LAMB 84c lb.	VEAL 89c lb.	79c lb.

FULLY TRIMMED

BY TEST!
 21% MORE VITAMIN A
 23% MORE VITAMIN B-1
 PICSWEET
 than in MARKET-FRESH PEAS
 25c

FROZEN FOODS

Orange Juice 6-oz. can 25c
 SWEET PICKENS
 Brussel Sprouts or Lima Beans Pkg. 19c

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 THE Best FOR SALADS and Pickling
 PROPERLY AGED CONTROLLED ACIDITY FACTORY SEALED
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COFFEE
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Dial Soap
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CASHMERE BOUQUET Soap
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FAB large pkg. 32c
 No Rinsing Needed

VEL large pkg. 32c

AJAX Cleanser
 2 cans 25c

SUPER SUDS
 large pkg. 32c

CERTO
 BOTTLE 21c

GARDEN-FRESH fruits-vegetables

Oranges 220 SIZE SUNKIST	2 doz.	69c
Potatoes U.S. No. 1 "A" SHAFTER WHITES	10 lbs	45c
Lemons 360 SIZE SUNKIST	doz.	39c
Onions NEW CROP MELLOW MEDIUMS	3 lbs	25c

Syrup Pennant
 2 lb. jar 19c

FRESH SUPPLY IN OUR REFRIGERATOR
 DELICIOUS Southern Biscuits 2 Packages ROLLED... CUT... READY FOR YOUR OVEN 25c
BALLARD Oven Ready Biscuits

FUN TO EAT... and mighty good for em, too!

Vary summer meals with Porter Fril-lets, Saladettes, Midget Sea Shells, and Kurle-Q Noodles. Your grocer stocks them all.

The Noodle that won't slide off the fork!

Porter FRIL-LETS
 FRESH-EGG NOODLES

COOKING TIME 6 1/2 MINUTES