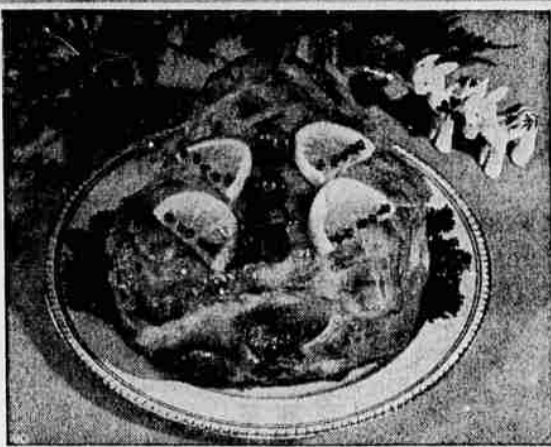


Baked Orange Picnic



Similar to ham in appearance and flavor, a smoked picnic is an ideal buy for the small family. Bake a smoking picnic as you would a ham, but allow slightly longer cooking time per pound (30 to 35 minutes per pound) as it is a less tender cut. Shown here is a smoked picnic baked and glazed with a brown sugar and orange coating.

Neatest little package of goodness and economy on the market is a smoked picnic. First cousin to a smoked ham, the picnic comes from the fore-quarter of the animal, while the ham is from the hindquarter. It is similar in appearance and flavor to a ham but weighs several pounds less.

Because of its size, a smoked picnic is ideal for the small family and is as easy to prepare as a ham. With a brown sugar glaze and a few perky garnishes, a picnic is every bit as festive as a ham for a company meal. The smoked picnic requires somewhat longer cooking time per pound than a ham because it is more muscular.

Smoked picnics, sometimes called "calf hams," are available in two types — uncooked and cooked (ready-to-eat). Like a cooked ham, the ready-to-eat

picnic requires only heating through — approximately 10 minutes per pound.

Here's how to prepare a handsome and good tasting smoked picnic:

Baked Orange Picnic
Smoked picnic, 4 to 6 pounds
¾ cup brown sugar
Grated rind and juice of 1 orange
Orange slices
Whole cloves

Place picnic on a rack in a pre-heated 325° F. oven. For an uncooked picnic, bake 30 minutes to the pound; heat a cooked picnic 10 minutes per pound. Half an hour before the end of

the baking time, remove picnic from the oven. With a sharp knife, cut the fat surface into squares or diamonds (score). Mix brown sugar with orange juice and rind and spread over fat. Using whole cloves, stick a few half orange slices and maraschino cherries on the ham and finish baking. The last 10 minutes, increase the oven heat to 400° F. to finish browning.

If desired, substitute pineapple juice for orange juice and garnish with a pineapple flower made from a slice of pineapple cut into wedges to form petals and a maraschino cherry for the center.

Leftover picnic may be used as you would use leftover ham — sliced cold for dinner or on a platter of cold cuts for a buffet supper, scalloped with potatoes, made into sandwiches, or ground and used in a variety of ways. The picnic bone may be cracked and used like a ham bone to make a big kettle of split pea or navy bean soup.

Here are a couple of good ways to use up left over ground smoked picnic:

Smoked Picnic-Banana Specialty
3 green tipped bananas
2 tablespoons melted butter or margarine

Prepared mustard
1½ cups ground leftover meat
¾ cup medium thick cheese sauce

¾ cup dry bread crumbs

Peel bananas and cut in half. Place on bottom of greased casserole. Brush bananas with melted butter or margarine and spread lightly with mustard. Cover bananas with ground ham and pour cheese sauce over all. Top with buttered bread crumbs and bake for 30 minutes at 350° F.

Next time you make oatmeal muffins try adding some finely cut dates to the batter.

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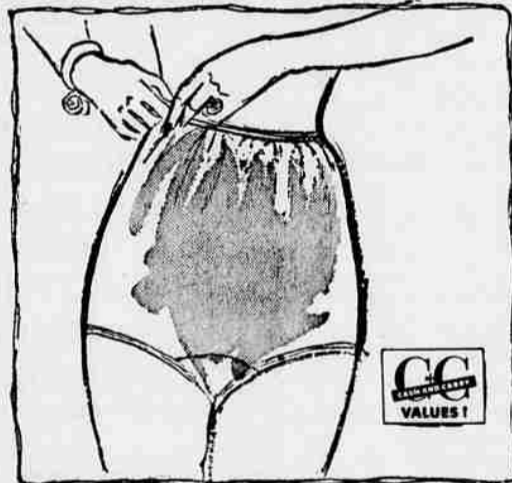
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