Capital Women

6-Capital Journal, Salem, Ore., Monday, February 6, 1950

WU Groups List Events For Week

First week of the spring se-mester, which opened Monday, will be a busy one for Willam-ette university groups.

Mu Phi Epsilon, women's nasponsoring a Valentine party and dance at the music school on Friday evening, at 8.30 o'clock. Miss Betty Kuhlman is president of the chapter.

The Apparatus of the Chapter of the property o

Liberty Woman's Club Entertained

Liberty—Mrs. Carl Bell was hostess to the Liberty Woman's club at her home on West Browning avenue. Mrs. William Harrison and Mrs. Louis Kurth

"Miss Margaret McDevitt, art supervisor in the schools, is to talk on the art of poster making for the Tuesday gathering.

Those unable to attend the

Valentine Party

The Royal Neighbors of America Sewing club will meet at the home of Mrs. Zula Webb, 1265 North 17th, Wednesday. There will be a dessert luncheon at 1 'clock

This is the annual Valentine will be a busy one for Willamette university groups.

Thursday evening brings continuance of the Associated Students of Willamette university bridge tournament at Phi Delta Theta house.

o'clock. Miss Betty Kuhlman is president of the chapter.

Two dances are slated for Saturday evening — Pl Beta Phi's Valentine dance at the chapter house, and Bishop House's dance.

School teachers interested the poppy poster program are the poppy poster Tuesday evening at 6:30 o'clock at the American Legion club by the poppy poster committee of Capital Unit No. 9, American Legion and Capital Chapter Ch auxiliary.

Mrs. W. W. Woodruff is chair-man of the poppy poster committee.

Harrison and Mrs. Louis Kurin were assistant hostesses.

The Girl Scout cookie sale will start the latter part of February, it was reported. Mrs. calling Mrs. Woodruff at 35742.

Mervin Seeger spoke on the Cub Scouts and told of January because dance on Friday, February are danced month.

Plans were made for the club's 25th anniversary, to be held on February 24, at the Liberty Church of Christ on Skyline Road. A special invitation is extended to all former members of Lester Clark, Mrs. Wilbert the club. A special program is being planned.

Mrs. James Falk and Mrs. Charles Moore, Mrs. Paul Mrs. Wayne Blaco are in charge of the committee for clothes for needy school children.

The club voted to give \$5 to the March of Dimes, It was announced that the Liberty Com
many interesting places in Oregoles (Horadian American Substance) and places in Oregoles Herald and Express, as the speaker. She is the only woman id daily. "Aggle." as she is called by associates and friends, had handled about everything in the lawy of big local stories in Los on Charles Moore, Mrs. Paul Wishart, Mrs. Wayne Blaco are in charge of the committee for clothes for needy school children.

The club voted to give \$5 to the March of Dimes. It was announced that the Liberty Com
Stacey, Mrs. Carl Bell and Mrs. Louis Kurth.



British Peer, Bride Cut Cake—The Marquess of Milford aven, a British peer, and his bride, the former Mrs. Romaine Dahlgren Simpson, cut the wedding cake at a reception fol lowing their marriage in Washington. The reception was held Washington society leader, (AP Wirephoto)

Breakfast Menu Variety Easy

Variety in food and serving ideas will keep breakfast an interesting and appetite-appealing meal. Here's a basic breakfast of mixed vegetable juices, corn flakes, milk, Danish pastry, and butter. Attractive and interesting cups or mugs and other colorful dishes add zest to the meal.

Nutritionists suggest these foods as basic for the morning of meal: Fruit, cereal, milk, bread and butter. This basic breakfast iguides in cans; frozen fruit conventional conventions of the distribution of the distributio

adults. Here's what you're getadults. Here's what you're getshelves, there are almost two
ting: Important B vitamins,
minerals, energy-giving nutrients, and top-quality protein,
and top-quality protein,
cat cereals which offer an ecoGovernment nutritionists report
that recent studies show that we need about 16 of the day's pro-tein allowances from the break-fast meal. This basic breakfast provides the most economical way to get this one-third of the day's protein allowance.

Now that we've given you a pattern for the breakfast meal. you don't need to feel that the same fruit, the same cereal milk, plain bread and butter need to

School teachers interested in

Those unable to attend the

Meryin Seeger spoke on the Scouts and told of January being Crusade month.

Mrs. Wilbert Wurth, president of the club, asked all members who are still in need of cards to contact Mrs. Roland Seeger as soon as possible.

Plans were made for the club's Plans were made for the club's anniversary, to be held on gon.

Mrs. Wilbert Wurth, president of the Community hall for all teenagers of the Liberty and all teenagers of the Liberty and contact Mrs. Roland Seeger as soon as possible.

Mrs. W. J. Hall showed colored slides of Victoria, B. C., and many interesting places in Oregon.

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oorting experiences and how to 'tackle" the public. She said those in newspaper work have to hang on to their sense of humor. In another comment she said students in schools prepar-ing for journalism should be ing for journaism s n o it d be taught more psychology in or-der to be prepared to meet and understand people. Much of her talk was given over to "they really happen" incidents in the city news room of a metropoli-tan daily, and she told the ex-periences in winning out on the periences in winning out on the point to have pictures taken in the court rooms. "The courts are supported by the taxpayers, and supported by the taxpayers, and the representatives of the public in the courtroom—all the public cannot get in there to observe how the courts function—are the newspapers," Mrs. Underwood said.

Five warms.

Ingredients: 1 cup corn meal, ½ teaspoon baking soda, ½ teaspoon salt, 1 egg (beaten), 1 to cup buttermilk. Method: Mix corn meal, baking soda and salt together well. Add the beaten egg and butter.

per salad. Peel them just before serving, cut in half, and arrange blue cheese has been crumbled, tons,

Today's Menu

Head Local RNA Group-Mrs. F. M. Hoyt, above, is the new oracle for the local Royal Neighbors of America lodge, in-stallation having been held last week. (Jesten-Miller studio

Pecan Date Squares

Ingredients: 1¼ cups sifted all-purpose flour, 1 teaspoon baking powder, ½ teaspoon salt, ½ cup shortening, 1 cup honey, 1 teaspoon vanilla, 3 eggs, 1 vup sliced pitted dates, 1 cup sliced pecan nutmeats, confectioner's

ugar.
Method: Mix and sift flour Method: Mix and sift flour, baking powder and salt. Mix the shortening, honey and vanilla until creamy. Beat in eggs one at a time. Add the dry ingredients and blend. Add dates and pecans and stir just enough to distribute evenly. Spread in a greased 9x12-inch pan. Bake in a moderate (350 F.) oven until golden brown, 30 to 35 minutes. Cool in pan. Cut into 1x3-inch Cool in pan. Cut into 1x3-inch bars and roll in confectioner's sugar. Makes 3 dozen.

Breakfast
Cereal with Stewed Fruit
Lacy Corn Meal Pancakes
Maple Syrup
Crisp Bacon Beverage
Lacy Corn Meal Pancakes
Ingredients: 1 cup corn meal,
½ teaspoon baking soda, ½ teaspoon salt, 1 egg (beaten), 1 to
1¼ cups buttermilk.

Five women were presented the Portland Theta Sigma Phi yearly "women of achievement" pancake onto a well greased Hillsboro, publishing; Kay West awards—Mrs. Emma McKinney,
Hillsboro, publishing; Kay West,
Portland, radio; Mrs. Margaret
Sharp, Portland, education; Miss
Nell Unger, Portland, library;
Marian Miller, Portland, newspaper writing
Among upstate guests attending the formal affair at the Benson hotel were

For a different soup garnish them on a bed of watercress or other salad greens. Pour over a French dressing into which Serve as you would bread crou-

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Judge Brand DAR Speaker

A large group of members and guests attended the Febru-ary meeting of Chemeketa chap-ter, Daughters of the American Revolution, Saturday afternoon at the home of Mrs. Charles A.

Justice James T. Brand of the state supreme court was the guest speaker, discussing his experiences when he presided over the U.S. tribunal in Germany and reviewing highlights of the trials for the war criminals. Out of the war trials has come a set of international rules to protect humanity's inallenable rights, racial, political and religious freedom, Judge Brand said, adding, the rules are there but no means of enforce-Justice James T. Brand of the there but no means of enforce ment—and there should be a system of enforcement of these recognized laws.

Additional numbers on

Election of a delegate and al-ternate to the continental con-gress was conducted with Mrs. C. E. Roblin and Mrs. J. G. Helt-

zel being named.

Mrs. Ruth Herndon, chapter regent, appointed Miss Lois Mulcahy as junior member chair

A change has been made in the February and March meetings. The committee named for ings. The committee named for February will serve in March with the meeting to be in the home of Mrs. David Wright as is in the year book. The Girl Pilgrims will be guests at this meeting. There will be a speaker from the educational department.

groom, Mrs. John Doubrava as matron of honor, Mrs. John Strawn as best man, Miss Ar-lene Strawn as ringbearer and Mrs. W. Doubrava as flower girl. Games were played and re-freshments served. Gifts were opened with Miss Lillian Bronec and Mrs. Wencel Doubrava assisting.

Present were Mrs. Anna Kauf-

skillet. Bake until brown, turning once. Siir batter before pouring each time; if it gets thick, add a little more butter milk. Makes 6 servings. Mrs. Marjand, library: Marjand miller, Portland, newspaper writing.

Among upstate guests attending the formal affair at the Benson hotel were Mrs. Regina Ewalt, Miss Alene Phillips and Mrs. Robert M. Fischer, Jr., all of Salem; Mrs. A. L. Strand, Corvallis.

**YOMARCO women are meeting for a no-host luncheon Tuesday at the home of Mrs. C. H. Sawyer, 805 North 5th at 1:15 o'clock.

**MRS. ELVERA BEARD will be hostess to the Spiritualist.

**Sillet. Bake until brown, turning once. Siir batter before before pouring each time; if it gets thick, add a little more butter built more butter milk. Makes 6 servings.

**MRS. EARL SNELL returned the latter part of the week from a stay in Portland at the home of the son and daughter-in-law Dr. and Mrs. William E. Snell and had as week-end guests her twin grandchildren. Bill and Danna Snell. They returned to Portland, Monday, and Mrs. George Grimps, Mrs. E. Piper, Mrs. A. O. Soderholm, Mrs. George Zeek, Mrs. Nick Sabe, Mrs. Edward Kelley, Mrs. John Strawn Dubrava, Mrs. Politand, Mrs. An orchid was presented by Mr. and Mrs. Robert Coleman and Mrs. Robert Coleman and Mrs. Robert Coleman and Mrs. Robert Wandhew, Mrs. Albert Bround Art. Robert William E. Snell and had as week-end guests her twin grandchildren. Bill and Danna Snell. They returned to Portland, Monday, and Mrs. Society Mrs. A. O. Soderholm, Mrs. George Zeek, Mrs. Nick Sabe, Mrs. Edward Kelley, Mrs. John Strawn Danna Arlene, Miss Leni Doubrava, Mrs. Robert Vandehey, Mrs. Paul Bizon, Mrs. Ray Sanders, Mrs. Ed Yoder and Missessian as a crisper, browner skin than eright the provided the presentation from the pour man, Mrs. John Kaufmann, Mrs. Robert Coleman and Mrs. Robert Mrs. All Mrs. Albert Pirkl, Mrs. John Sandares, Mrs. E. Piper, Mrs. A. O. Soderholm, Mrs. Coordinate the presentation from the pour man, Mrs. Albert Present were Mrs. Anna Kaufmann, Mrs. Robert Coleman and MRS. ELVERA BEARD will be hostess to the Spiritualist Sunflower club, Thursday, at 1 p.m. at her home, 550 Tryon.

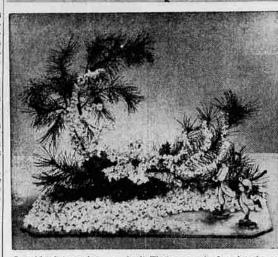
Winter pears make a fine sup-



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A Pop Corn Centerpiece



played two pianon numbers.

Mrs. H. J. Ostlind, state chairman of American Indians, reported on a Christmas eve visit to the chief of the Celilo Indians and his wife. Mr. and Mrs. Ostlin took a carload of gifts contributed by Salem people to this tribe. Among the gifts so welcomed by the chief was a large amount of deer meat from the lockers of interested friends and a 15-pound box of beads, as well as clothing and cash.

Mrs. P. T. Bouffler, chapter chairman of the DAR magazine, read an article on the life of Lincoln.

Election of a Addition.

of pop corn.

pop corn six inches down; on another two about four and a above. A mound of pop corn half inches down, and on another two about three inches down, skier coming into the picture.

mrs. P. T. Bouffler, chapter chairman of the DAR magazine, read an article on the life of Lincoln.

Election of a delegate and alternate to the continental conditions.

Por fection.

For this arrangement, you'll two cones peeking out to the left. Place on a mirror and let your pop corn snow fall at random. Any figure you may have handy which fit in with a winternate to the continental conditions. ter scene can be placed on clear On two of the wires string ed space at right where two

Mrs. Walter Smith is chair-

Couple Honored On 50th Anniversary

Aurora - Laurel chapter No. o'clock at the club house. Mrs. 113, Order of Eastern Star of Henry Roe Cloud, who has been Canby, honored Mr. and Mrs. a teacher among the Indians Frank Dodge in observance of and is well informed on Indian their 50th wedding anniversary, affairs, will be the speaker. with a special musical program, gifts and a wedding cake. man of the refreshment com

Mrs. Ellis Mitchell, Mrs. A. L. Beck and Mrs. Ross Rider were in charge of the musical program.

The chapter's gift to the honored couple was presented by the worthy matron, Mrs. Atchi-son. Mrs. W. H. Thompson made the presentation from the



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SINGER SEWING CENTER 130 NORTH COMMERCIAL Plan for Festival

With the success of the junior ompetitive festival of last year as an incentive, the Oregon Federation of Music Clubs, in cooperation with the National Federation, is already formulating plans for the 1950 activities. It is expected there will be much greater response from cities over the state than formerly, ac-

over the state than formerly, according to Mrs. Mary L. Craig, who has accepted the chairman-ship again, appointed by Mrs. Mae Ross Walker, president.

The date has been set for April 13 to 15, the location to be announced later. Possession of the annual junior division of the bulletin of National Federation Festivals is essential, it is reported. They, as well as entry blanks, may be secured free from Sheet Music Service, Sherman-Clay, J. K. Gill's, the music room of Central library, or by writing to Mrs. Craig. 7223 S. E. Tolman street, Portland.



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with a special musical program, gifts and a wedding cake.

Mrs. Hall S. Lusk and Mrs.
Eric Horlin were additional guests, Saturday, along with guests who were on the program.

The Valentine motif was carried out in the tea table decorations. Mrs. W. E. Hanson poured.

Bridal Shower

Hubbard—Miss Helen Bronec, daughter of Mike Bronec of Hubbard, was honored at a recent bridal shower at her home here. Miss Bronec will marry Elmer Kaufman on Feb. 9.

A mock wedding cake.

Mrs. Dodge is a charter member of the chapter, organized in 1914. Mr. Dodge was the first mittee and will be assisted by Mrs. Joe Oberson, Mrs. Goorad Lund, Mrs. Guy Travis and Mrs. Cecil Morrison.

Mrs. Joseph Atchison, worthy salt and pepper, and drop by more did by more di Gifts presented to Mr. and Mrs. Dodge included a large gold plate from the chapter, a vase from the Past Matrons club and a pot of yellow tulips from Mrs. Dodge's "silent sister."

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